

COVID-19 Results Briefing

The Eastern Mediterranean Region

December 15, 2022

This document contains summary information on the latest projections from the IHME model on COVID-19 in the Eastern Mediterranean Region. The model was run on December 15, 2022, with data through December 12, 2022.

There are surges in many countries in the region due to the high percentage of susceptible individuals in the population. This is due to low vaccination rates, waning immunity from vaccines and previous infections, low mask wearing, high mobility, and seasonality of the virus. We estimate that about 97% of the population in the region have been infected by SARS-CoV-2 at least once. The detection rate remains very low in the region due to limited testing.

The change of policy in China away from zero-COVID will result in a rapid rise of infections and deaths. Clearly, the policy environment in China, with a population with lower immunity than essentially all other countries, will likely determine the global epidemic in the next four months.

Our model projects 352,000 cumulative reported deaths due to COVID-19 on April 1 in the Eastern Mediterranean Region. This represents 3,300 additional deaths from December 12 to April 1. Daily reported COVID-19 deaths are projected to rise to 40 by March 20, 2023. We do not project stress on hospitals in the region in the coming months from COVID. However, reports of increased infections of RSV and influenza in the region combined with COVID-19 may pose stress on the medical systems.

Our reference scenario does not include the emergence of new Omicron subvariants. The emergence of a new variant with immune escape and increased severity is the most concerning possibility. Even without increased transmissibility, a variant with sufficient immune escape could replace Omicron, and increased severity could return the world to the much higher death rates of 2021. Continued waves of Omicron subvariants that increase immunity levels in the population may actually reduce the risk of such an event.

From a policy perspective, global surveillance is critical so that the emergence of a new variant that is more severe is identified early, allowing various governments to prepare and respond. Global surveillance, however, is becoming less intense. The best measure of transmission now is hospital admissions, but there is less reporting, not more, of COVID-19 hospital admissions. Existing tools (vaccination, monoclonals, and antivirals) should be widely available and will help mitigate the impact of COVID-19.

Current situation

- Daily infections in the last week increased to 1,458,000 per day on average compared to 1,264,000 the week before (Figure 1.1).
- Daily reported cases in the last week increased to 2,000 per day on average compared to 1,800 the week before (Figure 2.1).

- Daily hospital census in the last week (through December 12) increased to 3,300 per day on average compared to 3,000 the week before.
- Reported deaths due to COVID-19 in the last week increased to 10 per day on average compared to eight the week before (Figure 3.1).
- Total deaths due to COVID-19 in the last week increased to 110 per day on average compared to 89 the week before (Figure 3.1). This makes COVID-19 the number 19 cause of death in the Eastern Mediterranean Region this week (Table 1). Estimated total daily deaths due to COVID-19 in the past week were 11.1 times larger than the reported number of deaths.
- The daily rate of reported deaths due to COVID-19 is greater than 4 per million in no countries and no subnational locations (Figure 4.1).
- The daily rate of total deaths due to COVID-19 is greater than 4 per million in no countries and no subnational locations (Figure 4.2).
- We estimate that 97% of people in the Eastern Mediterranean Region have been infected at least once as of December 12 (Figure 6.1). Effective R, computed using cases, hospitalizations, and deaths, is greater than 1 in 15 countries and five subnational locations (Figure 7.1).
- The infection-detection rate in the Eastern Mediterranean Region was close to 0% on December 12 (Figure 8.1).
- Based on the GISAID and various national databases, combined with our variant spread model, we estimate the current prevalence of variants of concern (Figures 9.1-9.6). We estimate that the Alpha variant is circulating in 14 countries and seven subnational locations, that the Beta variant is circulating in one country and no subnational locations, that the Delta variant is circulating in 19 countries and six subnational locations, that the Gamma variant is circulating in no countries and no subnational locations, that the BA.1/BA.2 variants are circulating in 21 countries and seven subnational locations, and that the BA.5 variant is circulating in 21 countries and seven subnational locations.

Trends in drivers of transmission

- Based on self-reported mask use data collected in the COVID-19 Trends and Impact Survey, an estimated 8% of people are projected to always wear a mask when leaving their home. Mask use after June 24, 2022, is a statistical forecast.
- As of December 12, seven countries and no subnational locations have reached 70% or more of the population who have received at least one vaccine dose, and five countries and no subnational locations have reached 70% or more of the population who are fully vaccinated (Figures 12.1 and 12.2). 54% of people in the Eastern Mediterranean Region have received at least one vaccine dose, and 48% are fully vaccinated.
- In our current reference scenario, we expect that 397.4 million people will be vaccinated with at least one dose by April 1 (Figure 14.1). We expect that 51% of the population will be fully vaccinated by April 1.

Projections and scenarios

We produce three scenarios when projecting COVID-19. The **reference scenario** is our forecast of what we think is most likely to happen:

- Vaccines are distributed at the expected pace. Brand- and variant-specific vaccine efficacy is updated using the latest available information from peer-reviewed publications and other reports.
- Future mask use will decline to 50% of the minimum level it reached between January 1, 2021, and May 1, 2022. This decline begins after the last observed data point in each location and transitions linearly to the minimum over a period of six weeks.
- Mobility increases as vaccine coverage increases.
- Mandates will be reimposed at the maximum level of mandates in the post-ancestral period once the death rate has reached an algorithmic minimum threshold of daily reported deaths for a given location.
- 80% of those who are fully vaccinated (two doses for most vaccines, or one dose for Johnson & Johnson) receive an additional dose six months after becoming fully vaccinated, and 80% of those who receive an additional dose receive a second additional dose six months later.
- Antiviral utilization for COVID-19 risk prevention has reached 80% in high-risk populations and 50% in low-risk populations between March 1, 2022, and June 1, 2022. This applies in high-income countries, but not low- and middle-income countries, and this rollout assumption follows a similar pattern to global vaccine rollouts.

The **80% mask use scenario** makes all the same assumptions as the reference scenario but assumes all locations reach 80% mask use within seven days. If a location currently has higher than 80% use, mask use remains at the current level.

The **antiviral access scenario** makes all the same assumptions as the reference scenario but assumes globally distributed antivirals and extends coverage to all low- and middle-income countries between August 15, 2022, and September 15, 2022.

Infections

- Daily estimated infections in the **reference scenario** will rise to 2,810,670 by January 31, 2023 (Figure 16.1).
- Daily estimated infections in the **80% mask use scenario** will rise to 1,511,480 by March 9, 2023 (Figure 16.1).
- Daily estimated infections in the **antiviral access scenario** will rise to 2,810,670 by January 31, 2023 (Figure 16.1).

Cases

- Daily estimated cases in the **reference scenario** will rise to 7,460 by February 9, 2023 (Figure 16.2).

- Daily estimated cases in the **80% mask use scenario** will rise to 3,980 by April 1, 2023 (Figure 16.2).
- Daily estimated cases in the **antiviral access scenario** will rise to 7,460 by February 9, 2023 (Figure 16.2).

Hospitalizations

- Daily hospital census in the **reference scenario** will rise to 9,090 by February 18, 2023 (Figure 16.3). At some point from December through April 1, no countries will have high or extreme stress on hospital beds (Figure 18.1). At some point from December through April 1, no countries will have high or extreme stress on intensive care unit (ICU) capacity (Figure 19.1).
- Daily hospital census in the **80% mask use scenario** will rise to 4,750 by March 22, 2023 (Figure 16.3).
- Daily hospital census in the **antiviral access scenario** will rise to 7,870 by February 18, 2023 (Figure 16.3).

Deaths

- In our **reference scenario**, our model projects 352,000 cumulative reported deaths due to COVID-19 on April 1. This represents 3,300 additional deaths from December 12 to April 1. Daily reported COVID-19 deaths in the **reference scenario** will rise to 40 by March 20, 2023 (Figure 16.4).
- Under our **reference scenario**, our model projects 2,150,000 cumulative total deaths due to COVID-19 on April 1. This represents 25,000 additional deaths from December 12 to April 1 (Figure 16.5).
- In our **80% mask use scenario**, our model projects 351,000 cumulative reported deaths due to COVID-19 on April 1. This represents 1,600 additional deaths from December 12 to April 1. Daily reported COVID-19 deaths in the **80% mask use scenario** will rise to 20 by January 5, 2023 (Figure 16.4).
- In our **antiviral access scenario**, our model projects 352,000 cumulative reported deaths due to COVID-19 on April 1. This represents 2,900 additional deaths from December 12 to April 1. Daily reported COVID-19 deaths in the **antiviral access scenario** will rise to 30 by March 20, 2023 (Figure 16.4).
- Figure 17.1 compares our reference scenario forecasts to other publicly archived models. Forecasts are widely divergent.

Model updates

We have updated our reference scenario to assume that mandates will be re-imposed at the maximum level of mandates in the post-ancestral period once the death rate has reached an algorithmic minimum threshold of daily reported deaths for a given location.

For the foreseeable future, we will not be updating our model or producing COVID-19 estimates. These will be the final briefing documents we produce until further notice.

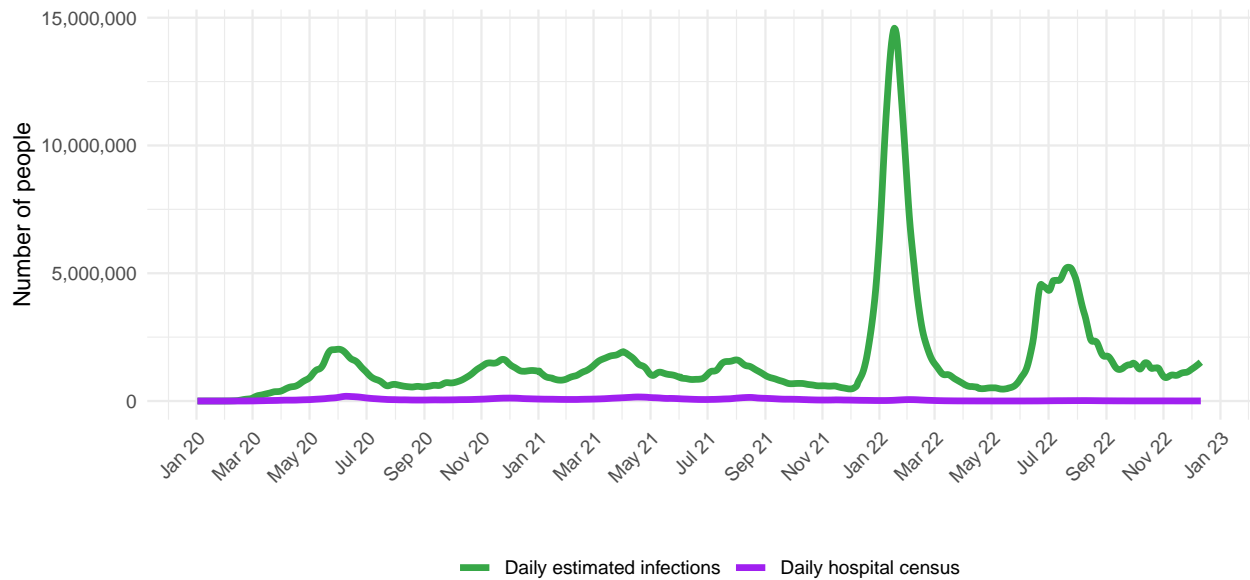
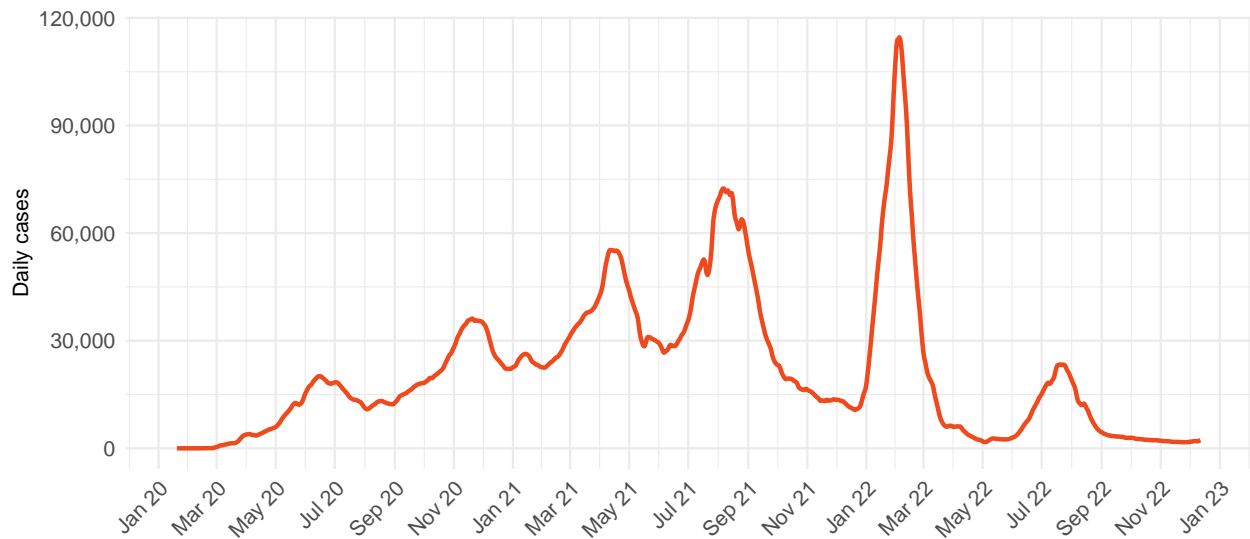
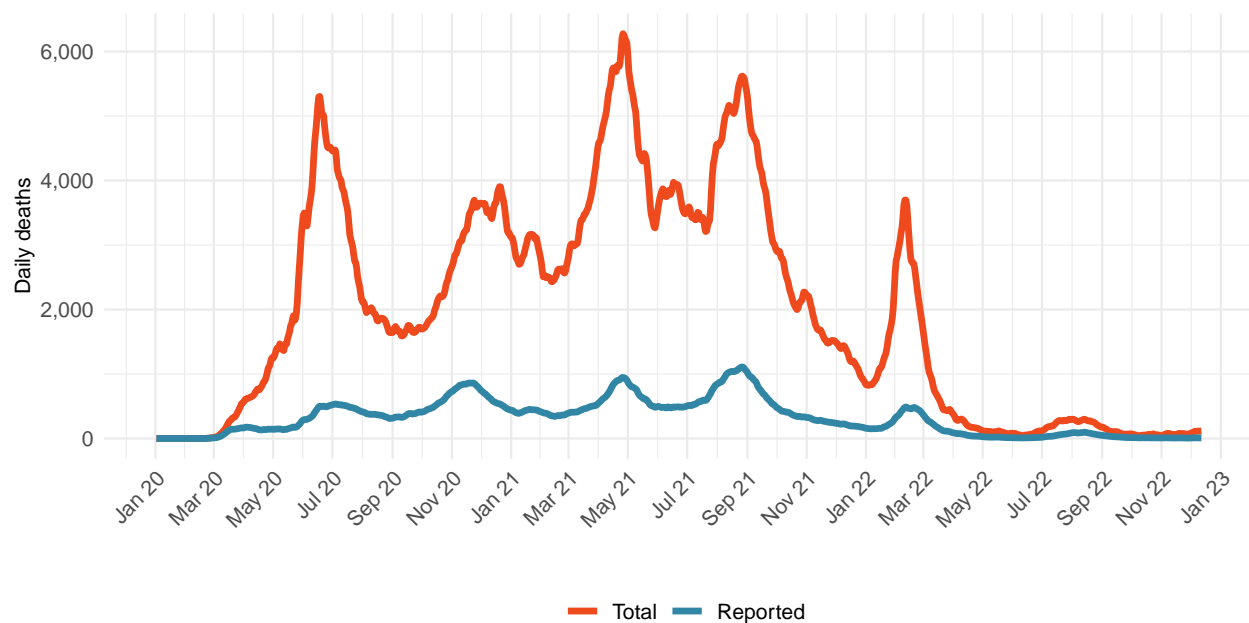
Figure 1.1: Daily COVID-19 hospital census and estimated infections

Figure 2.1: Reported daily COVID-19 cases, moving average


Table 1: Ranking of total deaths due to COVID-19 among the leading causes of mortality this week, assuming uniform deaths of non-COVID causes throughout the year

Cause name	Weekly deaths	Ranking
Ischemic heart disease	15,912	1
Neonatal disorders	7,028	2
Stroke	6,729	3
Lower respiratory infections	3,385	4
Road injuries	2,935	5
Cirrhosis and other chronic liver diseases	2,806	6
Chronic kidney disease	2,501	7
Diabetes mellitus	2,403	8
Diarrheal diseases	2,386	9
Chronic obstructive pulmonary disease	2,315	10
COVID-19	801	19

Figure 3.1: Smoothed trend estimate of daily COVID-19 deaths

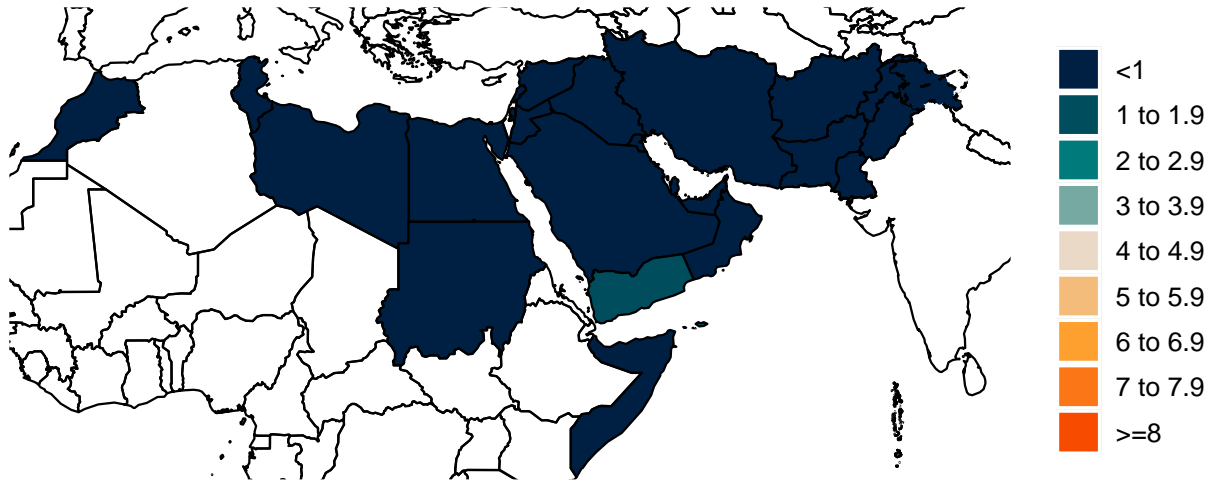


Daily COVID-19 death rate per 1 million on December 12, 2022

Figure 4.1: Daily reported COVID-19 death rate per 1 million



Figure 4.2: Daily total COVID-19 death rate per 1 million



Cumulative COVID-19 deaths per 100,000 on December 12, 2022

Figure 5.1: Reported cumulative COVID-19 deaths per 100,000

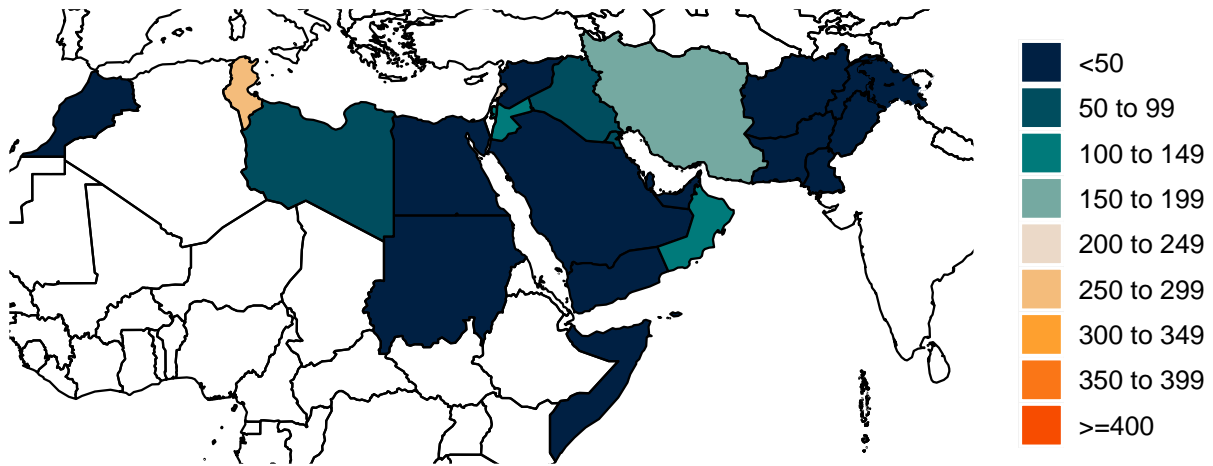


Figure 5.2: Total cumulative COVID-19 deaths per 100,000

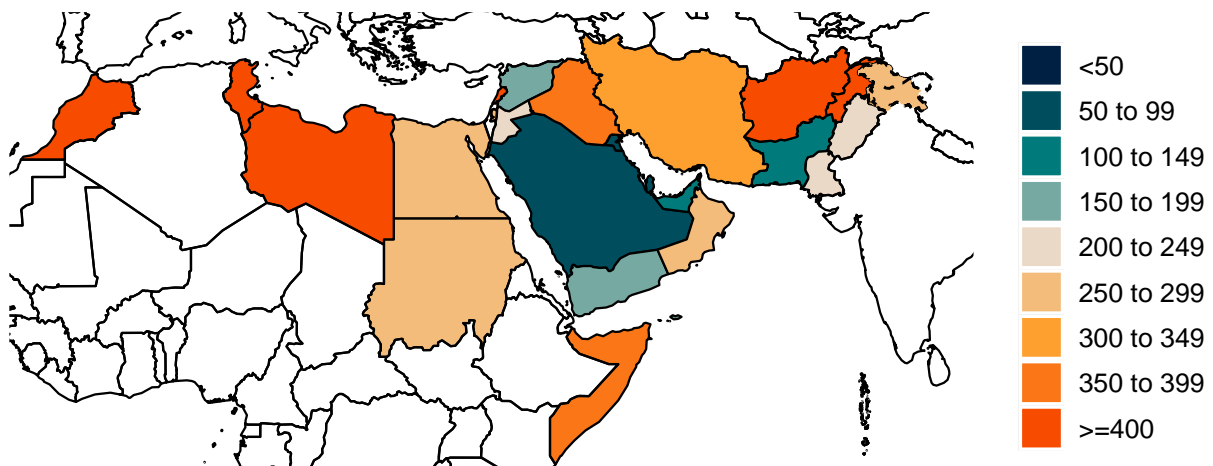


Figure 6.1: Estimated percent of the population infected with COVID-19 on December 12, 2022

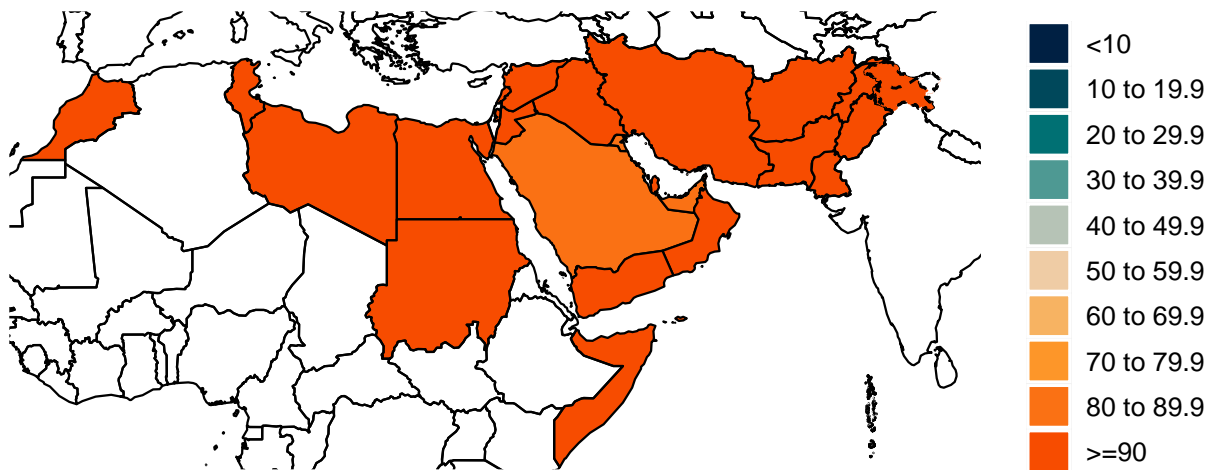


Figure 7.1: Mean effective R on December 1, 2022. Effective R less than 1 means that transmission should decline, all other things being held the same. The estimate of effective R is based on the combined analysis of deaths, case reporting, and hospitalizations where available. Current reported cases reflect infections 11-13 days prior, so estimates of effective R can only be made for the recent past.

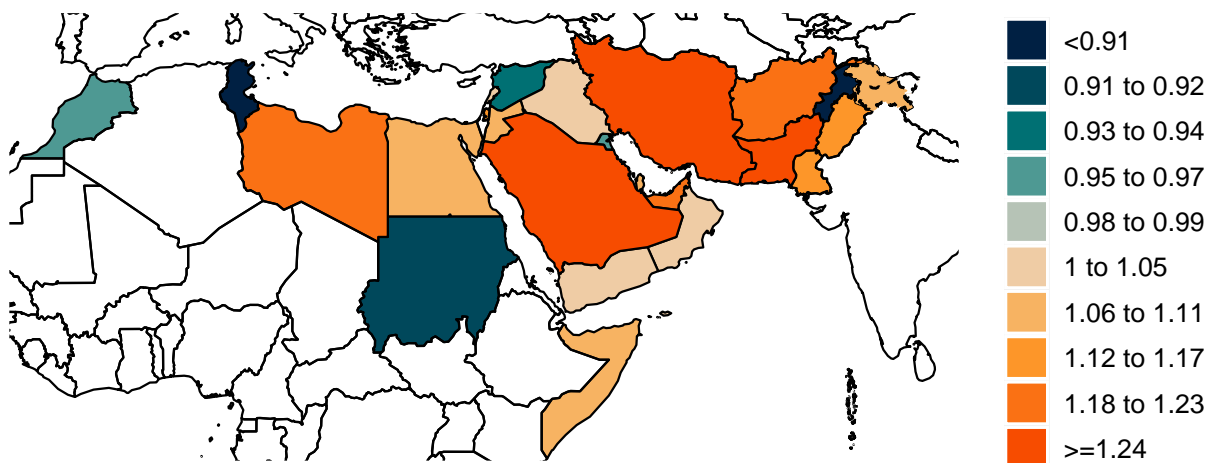
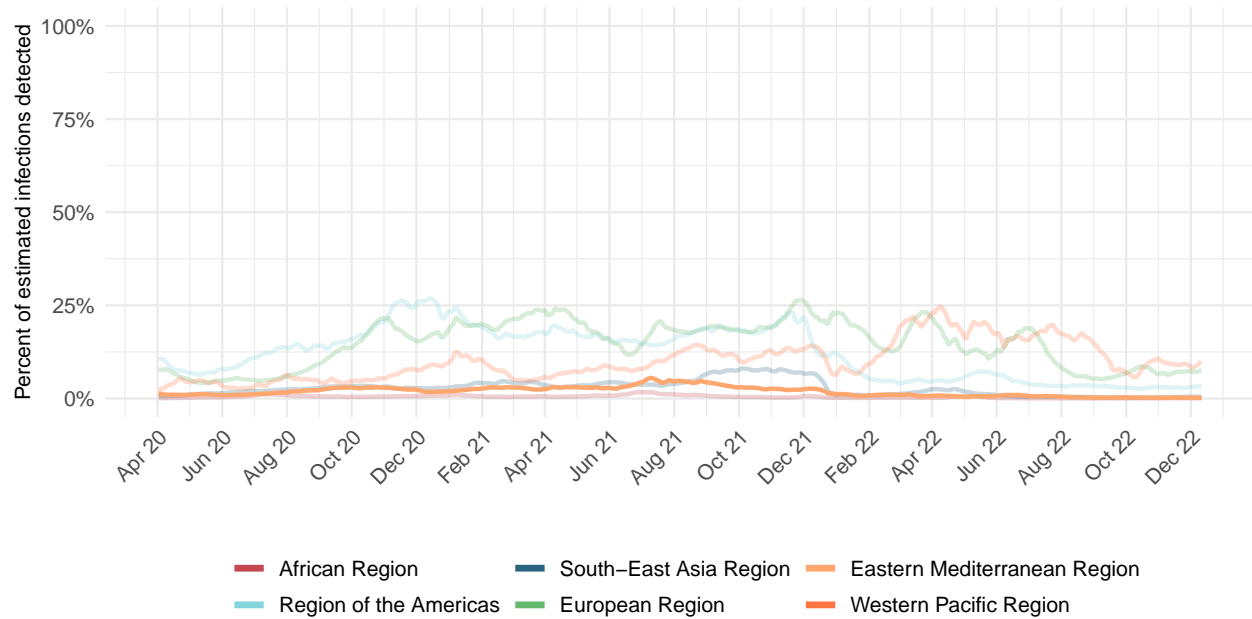


Figure 8.1: Percent of estimated COVID-19 infections detected. This is estimated as the ratio of reported daily COVID-19 cases to estimated daily COVID-19 infections based on the SEIR disease transmission model. Due to measurement errors in cases and testing rates, the infection-detection rate can exceed 100% at particular points in time.



Estimated percent of circulating SARS-CoV-2 for primary variant families on December 12, 2022

Figure 9.1: Estimated percent of new infections that are Alpha variant

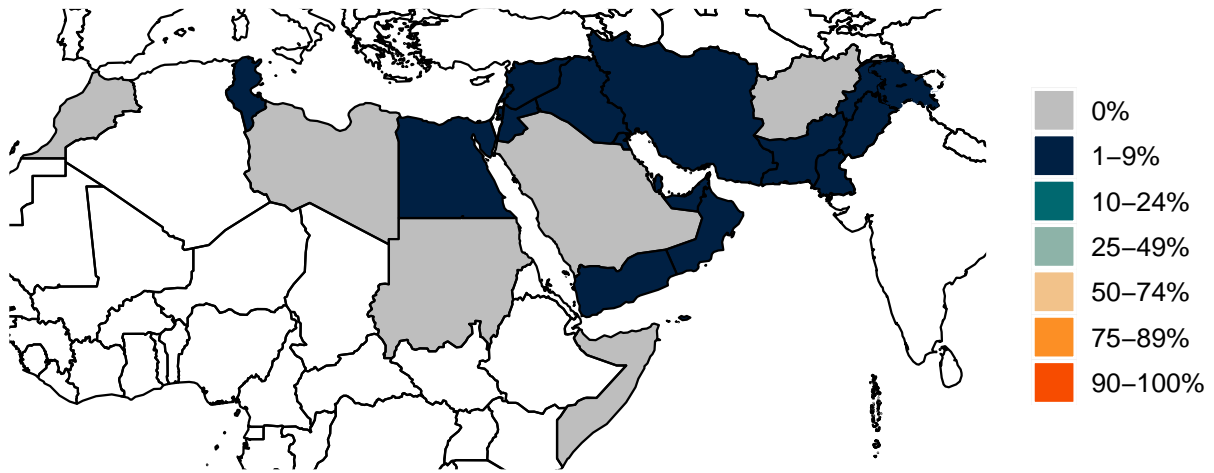


Figure 9.2: Estimated percent of new infections that are Beta variant



Figure 9.3: Estimated percent of new infections that are Delta variant

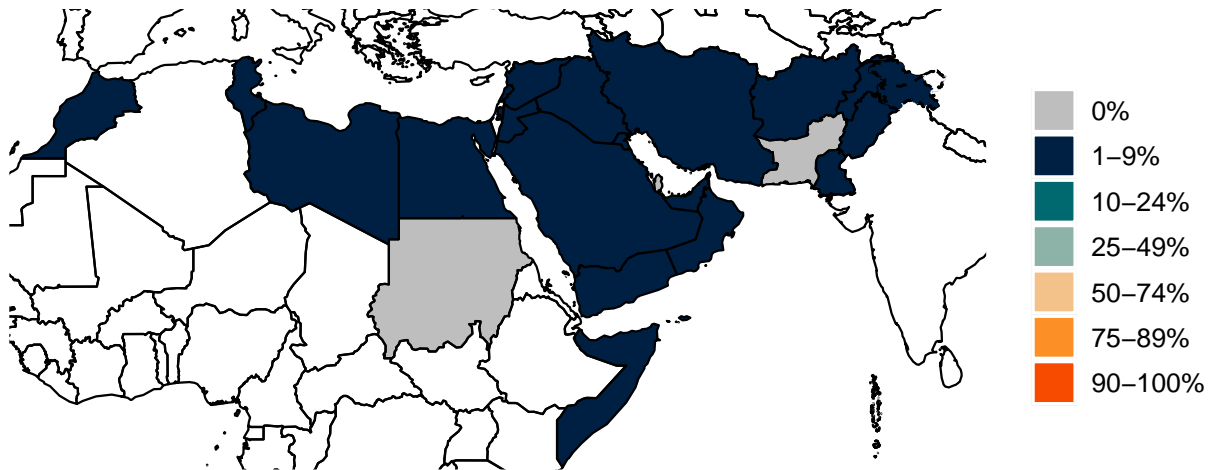


Figure 9.4: Estimated percent of new infections that are Gamma variant



Figure 9.5: Estimated percent of new infections that are BA.1/BA.2 variant

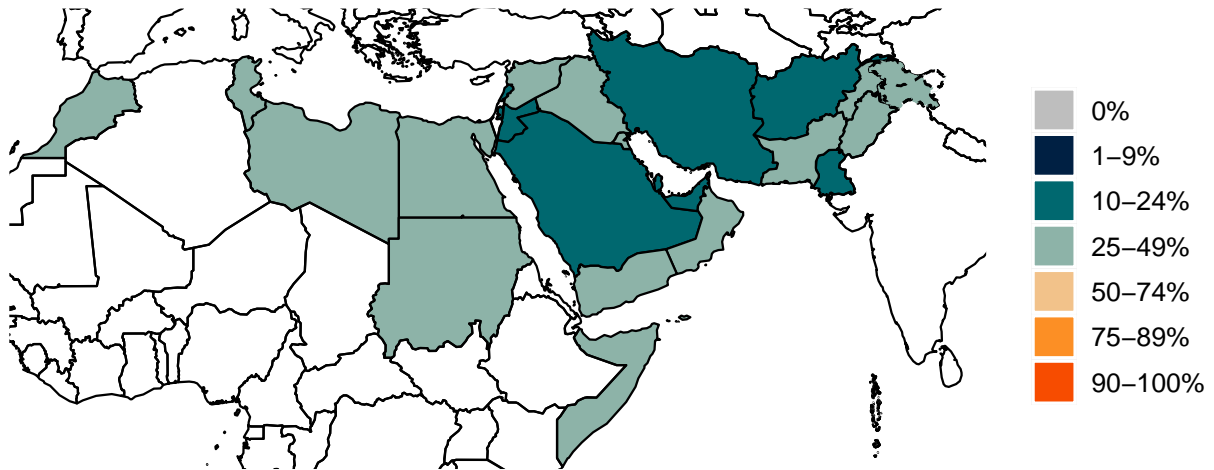


Figure 9.6: Estimated percent of new infections that are BA.5 variant

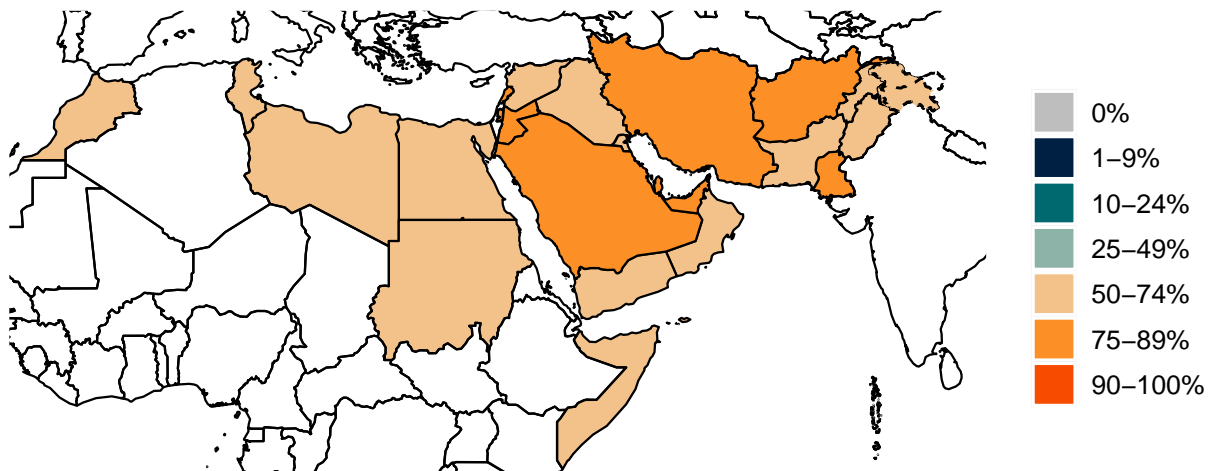
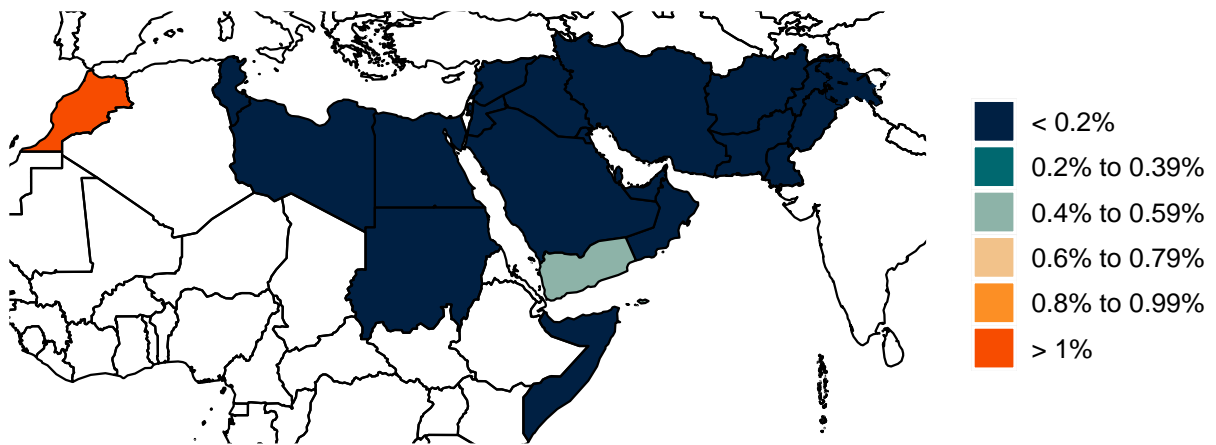


Figure 10.1: Infection-fatality rate on December 12, 2022. This is estimated as the ratio of COVID-19 deaths to estimated daily COVID-19 infections.



Critical drivers

Table 2: Current mandate implementation



*Not all locations are measured at the subnational level.

Figure 11.1: Trend in the proportion of the population reporting always wearing a mask when leaving home

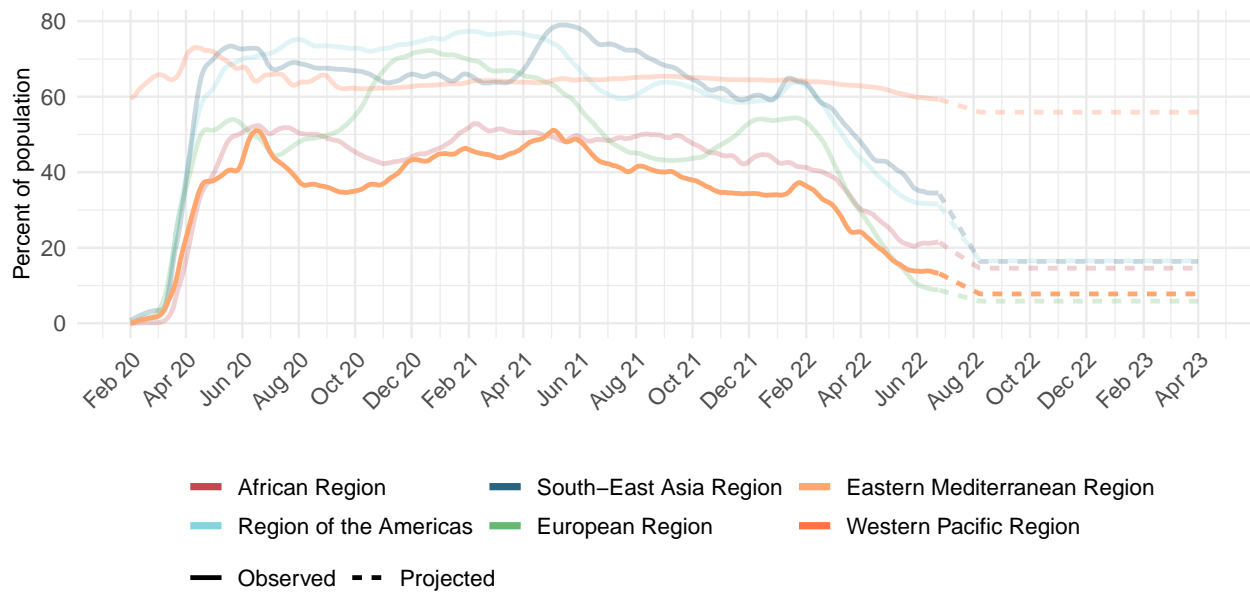


Table 3: Estimates of vaccine effectiveness for specific vaccines used in the model at preventing severe disease and infection. We use data from clinical trials directly, where available, and make estimates otherwise. More information can be found on our [website](#).

Vaccine	Effectiveness at preventing													
	Ancestral		Alpha		Beta		Gamma		Delta		BA.1/BA.2		BA.5	
	Severe disease	Infection	Severe disease	Infection	Severe disease	Infection	Severe disease	Infection	Severe disease	Infection	Severe disease	Infection	Severe disease	Infection
AstraZeneca	94%	63%	94%	63%	94%	69%	94%	69%	94%	69%	71%	36%	71%	36%
CanSino	66%	62%	66%	62%	64%	61%	64%	61%	64%	61%	48%	32%	48%	32%
CoronaVac	50%	47%	50%	47%	49%	46%	49%	46%	49%	46%	37%	24%	37%	24%
Covaxin	78%	73%	78%	73%	76%	72%	76%	72%	76%	72%	57%	38%	57%	38%
Johnson & Johnson	86%	72%	86%	72%	76%	64%	76%	64%	76%	64%	57%	33%	57%	33%
Moderna	97%	92%	97%	92%	97%	91%	97%	91%	97%	91%	73%	48%	73%	48%
Novavax	89%	83%	89%	83%	86%	82%	86%	82%	86%	82%	65%	43%	65%	43%
Pfizer/BioNTech	95%	86%	95%	86%	95%	84%	95%	84%	95%	84%	72%	44%	72%	44%
Sinopharm	73%	68%	73%	68%	71%	67%	71%	67%	71%	67%	53%	35%	53%	35%
Sputnik-V	92%	86%	92%	86%	89%	85%	89%	85%	89%	85%	67%	44%	67%	44%
Other vaccines	75%	70%	75%	70%	73%	69%	73%	69%	73%	69%	55%	36%	55%	36%
Other vaccines (mRNA)	91%	86%	91%	86%	88%	85%	88%	85%	88%	85%	67%	45%	67%	45%

Percent of the population having received at least one dose (12.1) and fully vaccinated against SARS-CoV-2 (12.2) by December 12, 2022

Figure 12.1: Percent of the population having received one dose of a COVID-19 vaccine

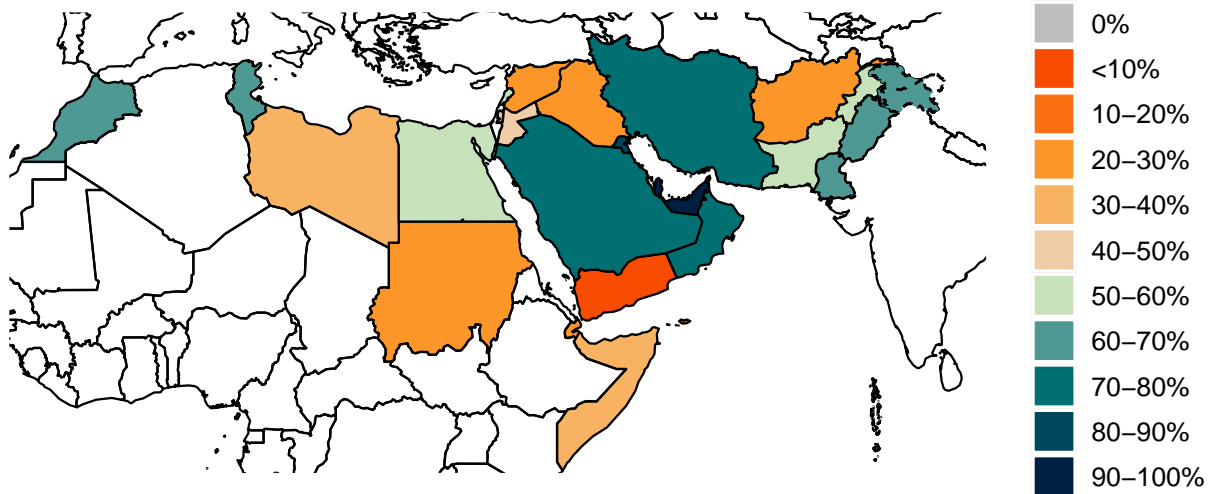


Figure 12.2: Percent of the population fully vaccinated against SARS-CoV-2

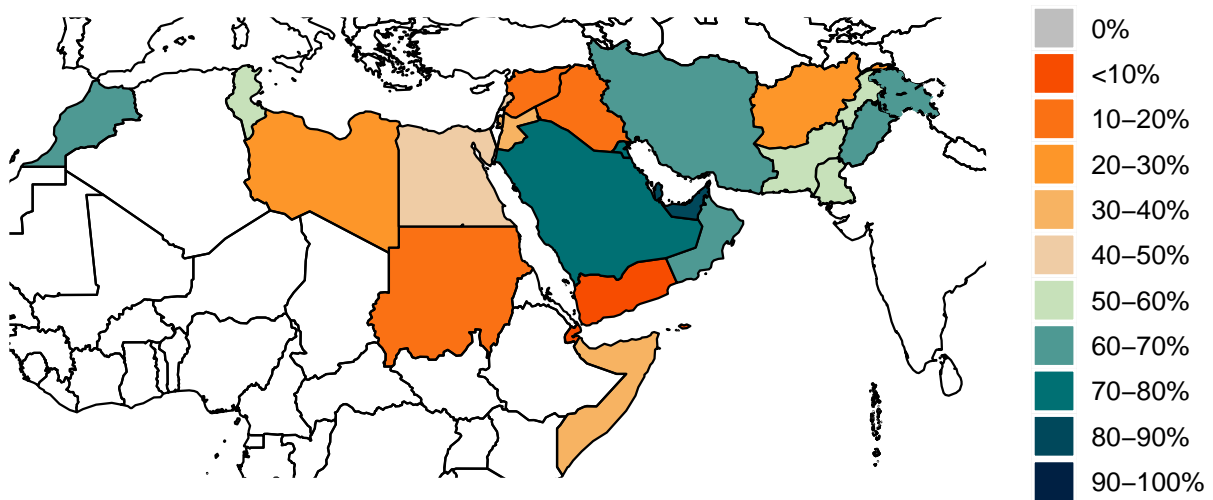


Figure 13.1: Estimated proportion of the total population that is not vaccinated but willing to be vaccinated as of June 24, 2022

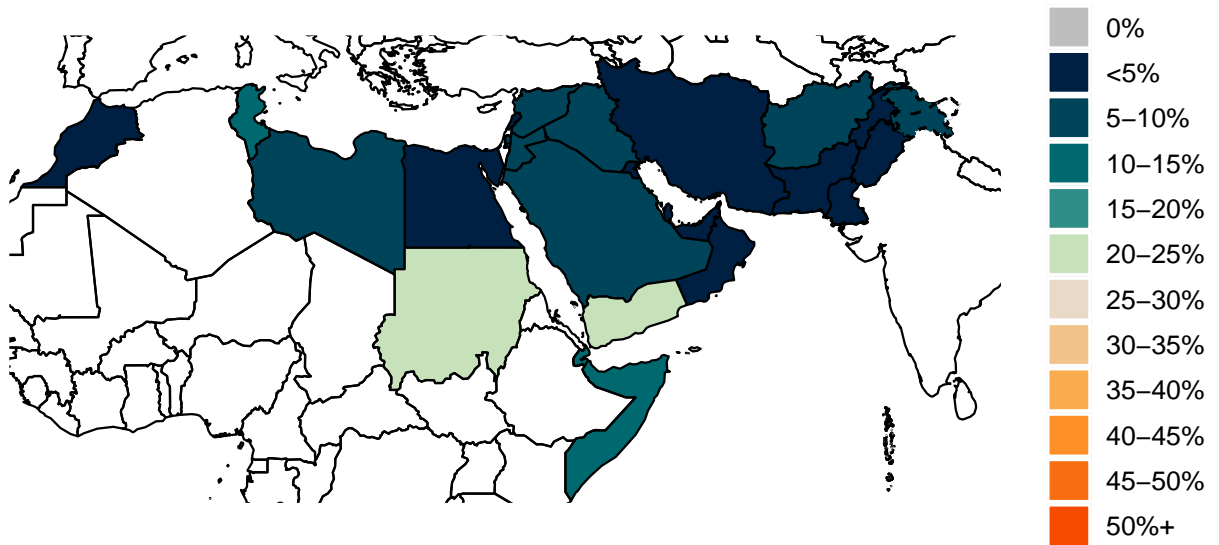


Figure 14.1: Percent of people who receive at least one dose of a COVID-19 vaccine and those who are fully vaccinated

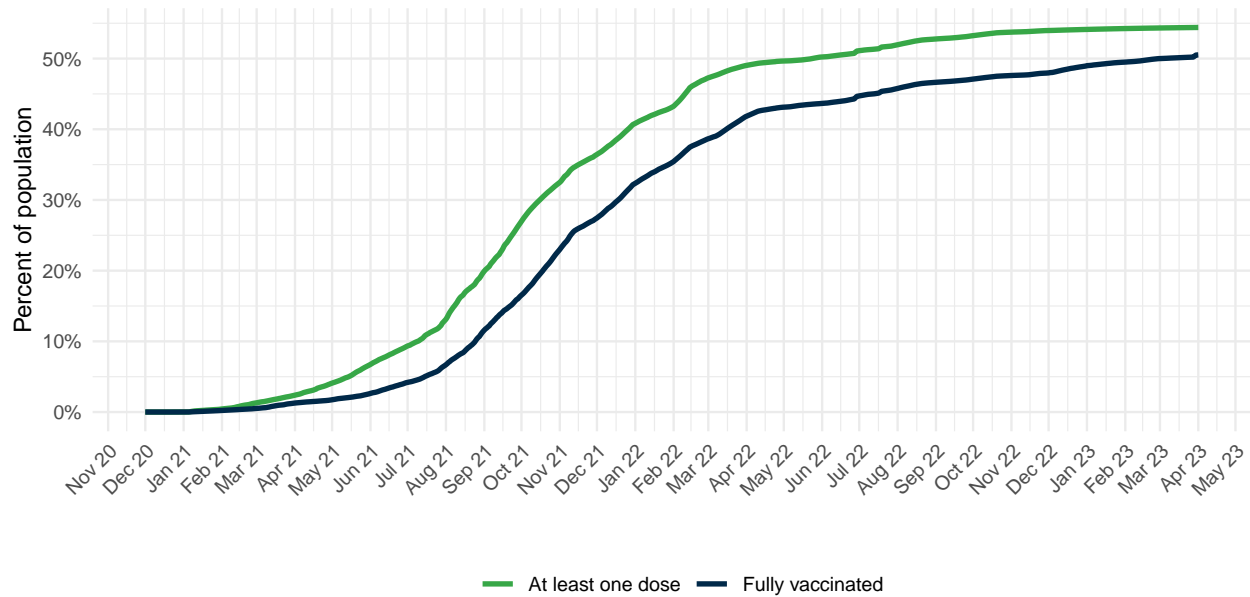
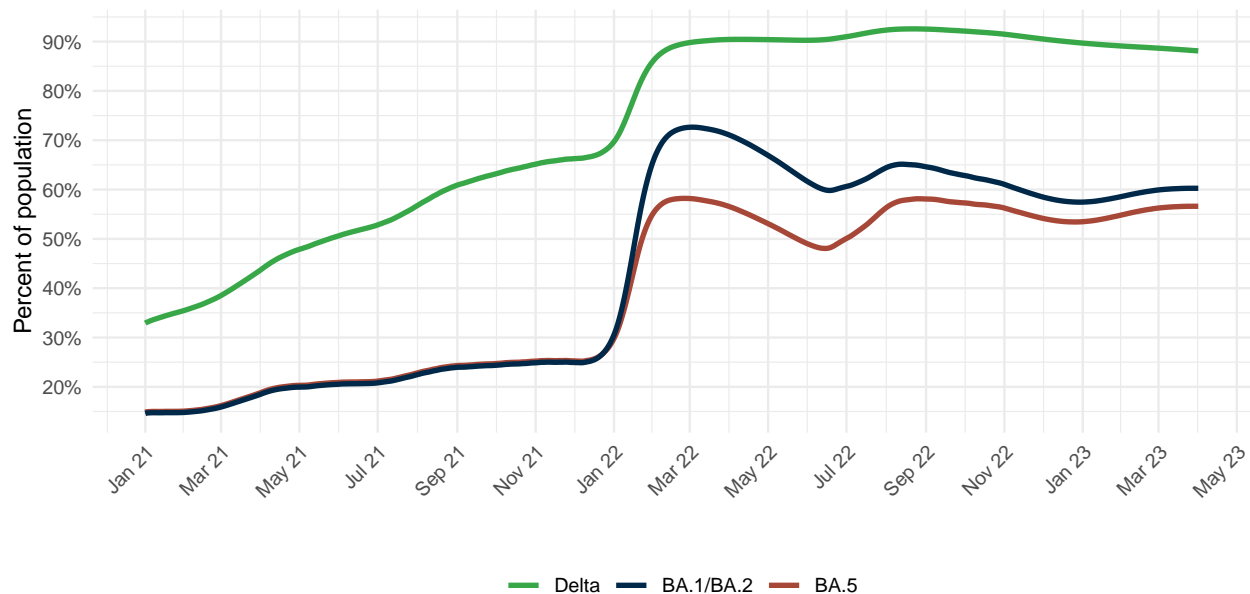


Figure 15.1: Percent of people who are immune to Delta, BA.1/BA.2 or BA.5. Immunity is based on protection due to prior vaccination and infection(s). Moreover, variant-specific immunity is also based on variant-variant specific protection.



Projections and scenarios

Figure 16.1: Daily COVID-19 infections until April 01, 2023 for three scenarios

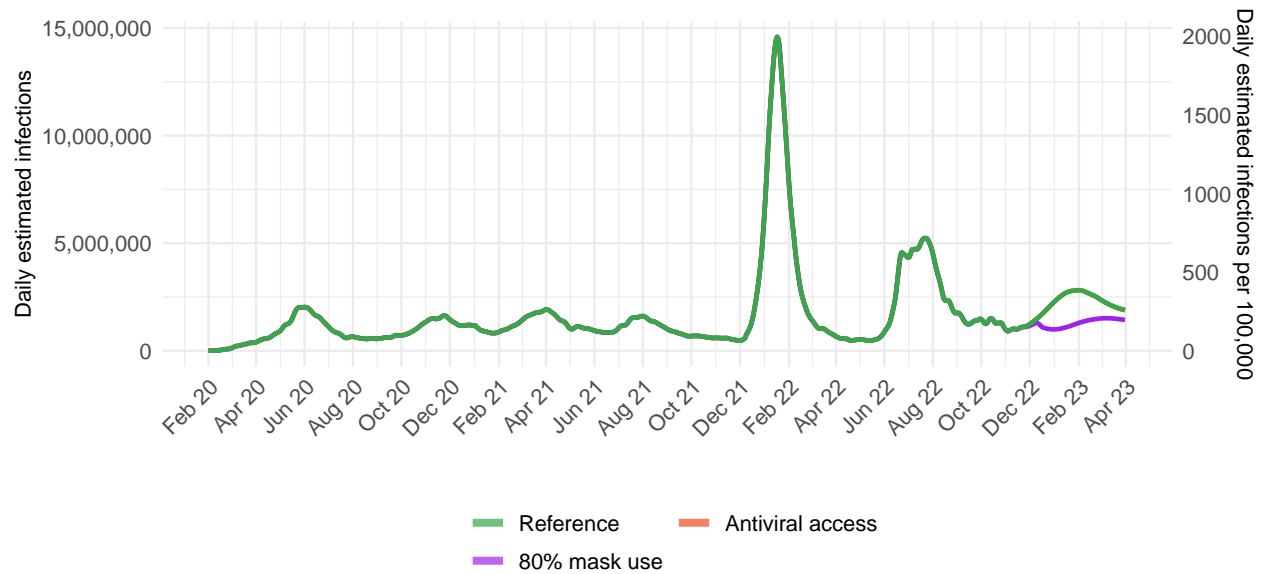


Figure 16.2: Daily COVID-19 reported cases until April 01, 2023 for three scenarios

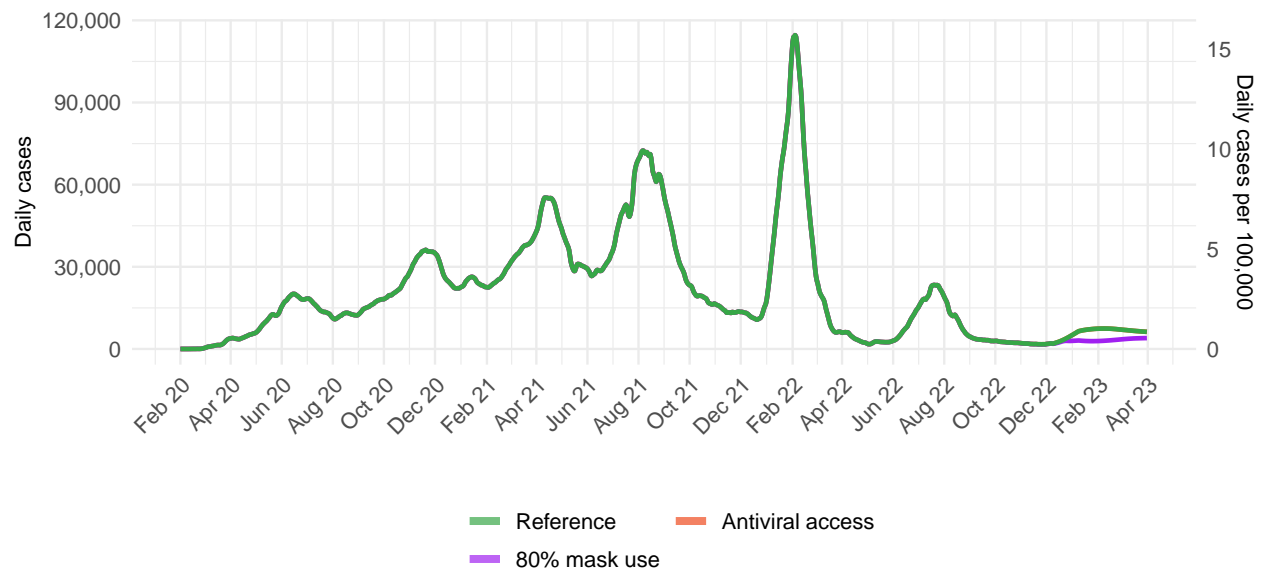


Figure 16.3: Daily COVID-19 hospital census until April 01, 2023 for three scenarios

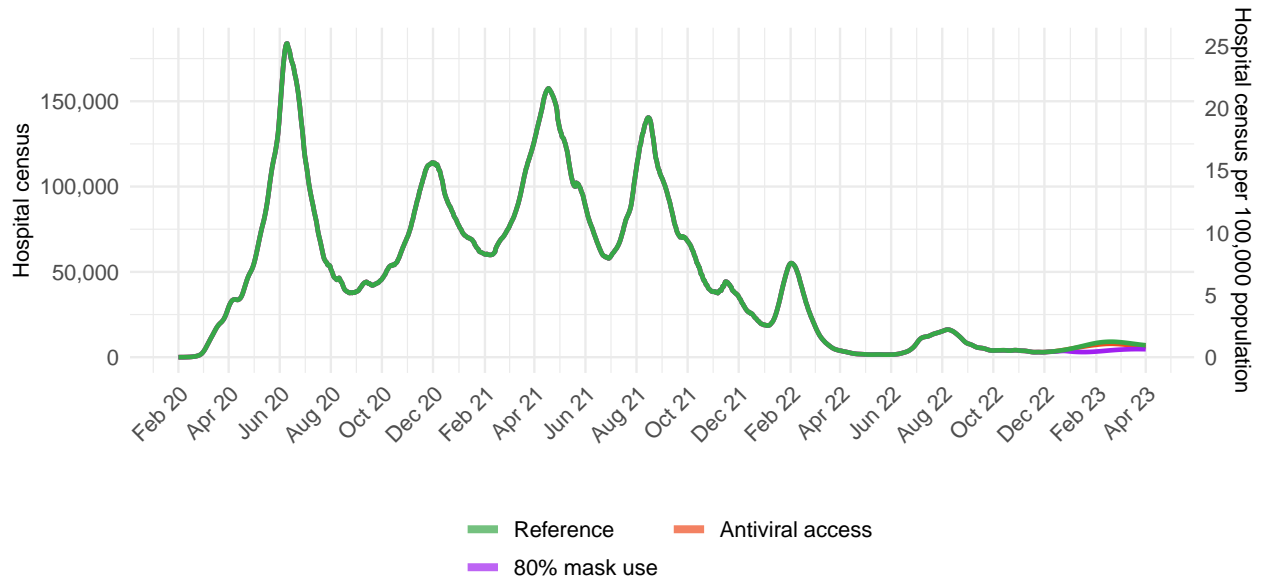


Figure 16.4: Reported daily COVID-19 deaths per 100,000

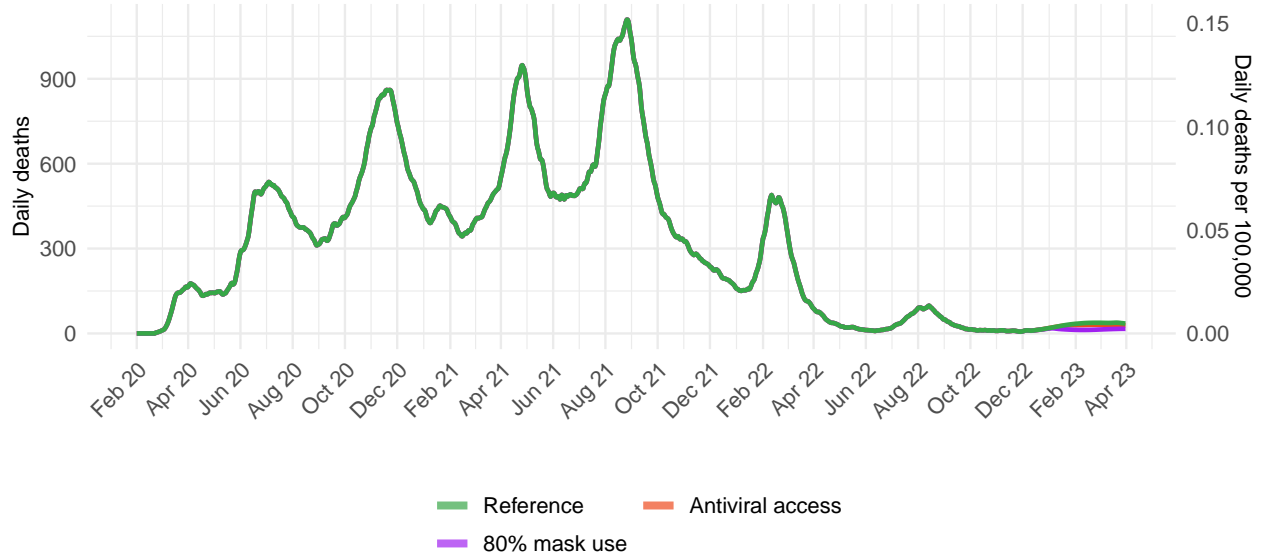


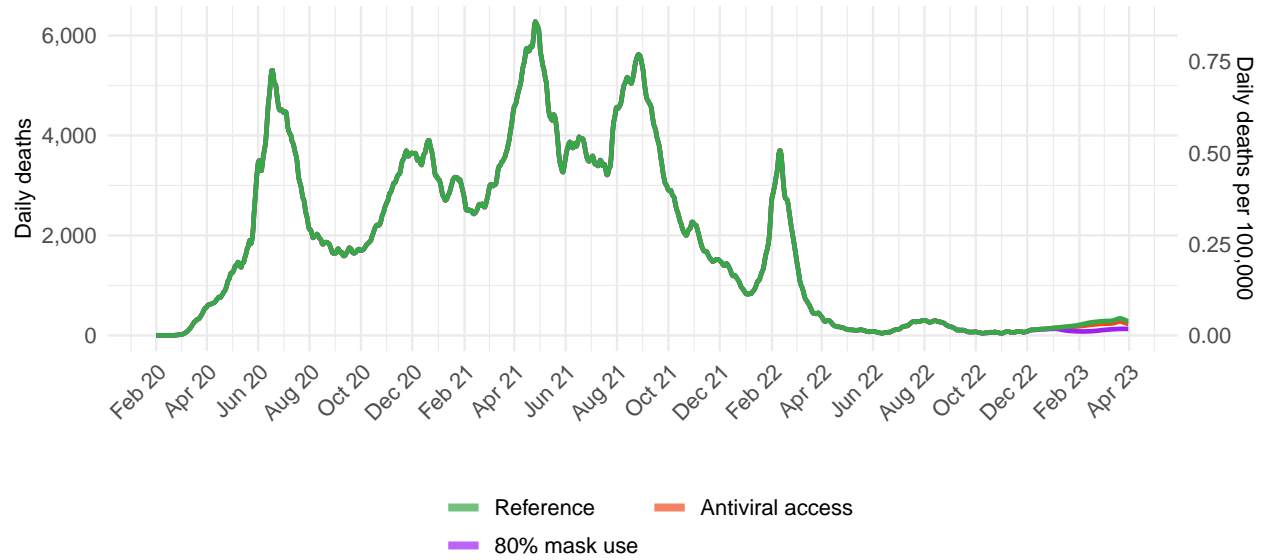
Figure 16.5: Total daily COVID-19 deaths per 100,000

Figure 17.1: Comparison of reference model projections with other COVID modeling groups. For this comparison, we are including projections of daily COVID-19 deaths from other modeling groups when available, last model update in brackets: the SI-KJalpha model from the University of Southern California (SIKJalpha) [December 5, 2022]. Regional values are aggregates from available locations in that region.

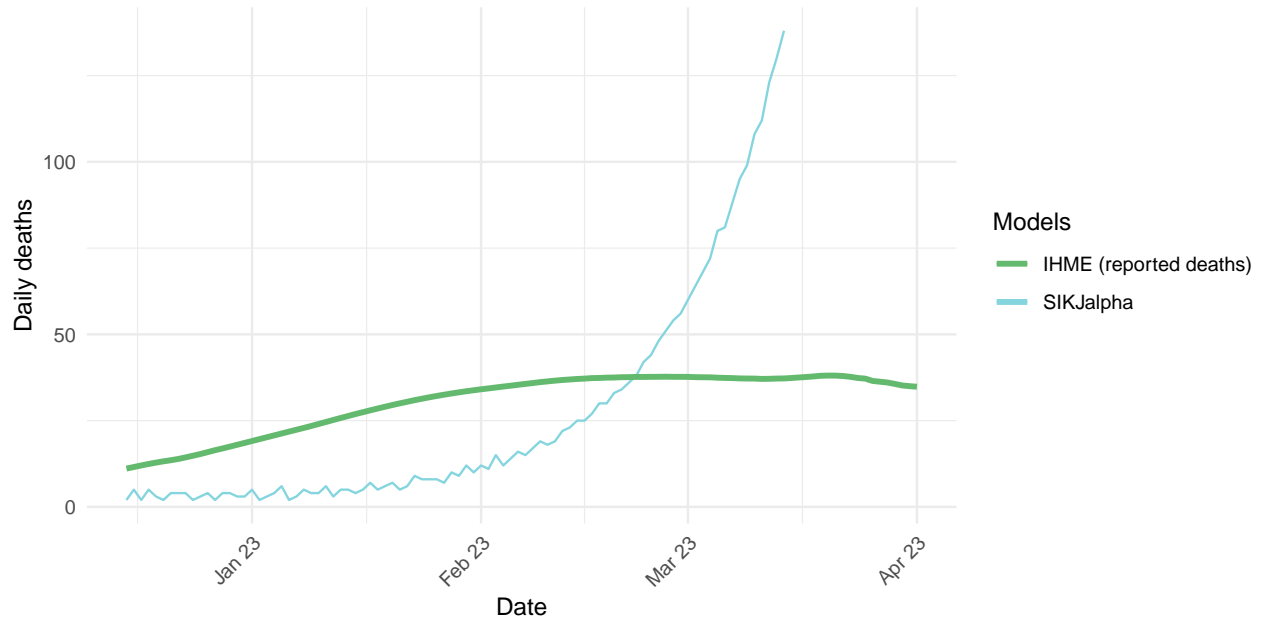


Figure 18.1: The estimated inpatient hospital usage is shown over time. The percent of hospital beds occupied by COVID-19 patients is color-coded based on observed quantiles of the maximum proportion of beds occupied by COVID-19 patients. Less than 5% is considered *low stress*, 5-9% is considered *moderate stress*, 10-19% is considered *high stress*, and 20% or greater is considered *extreme stress*.

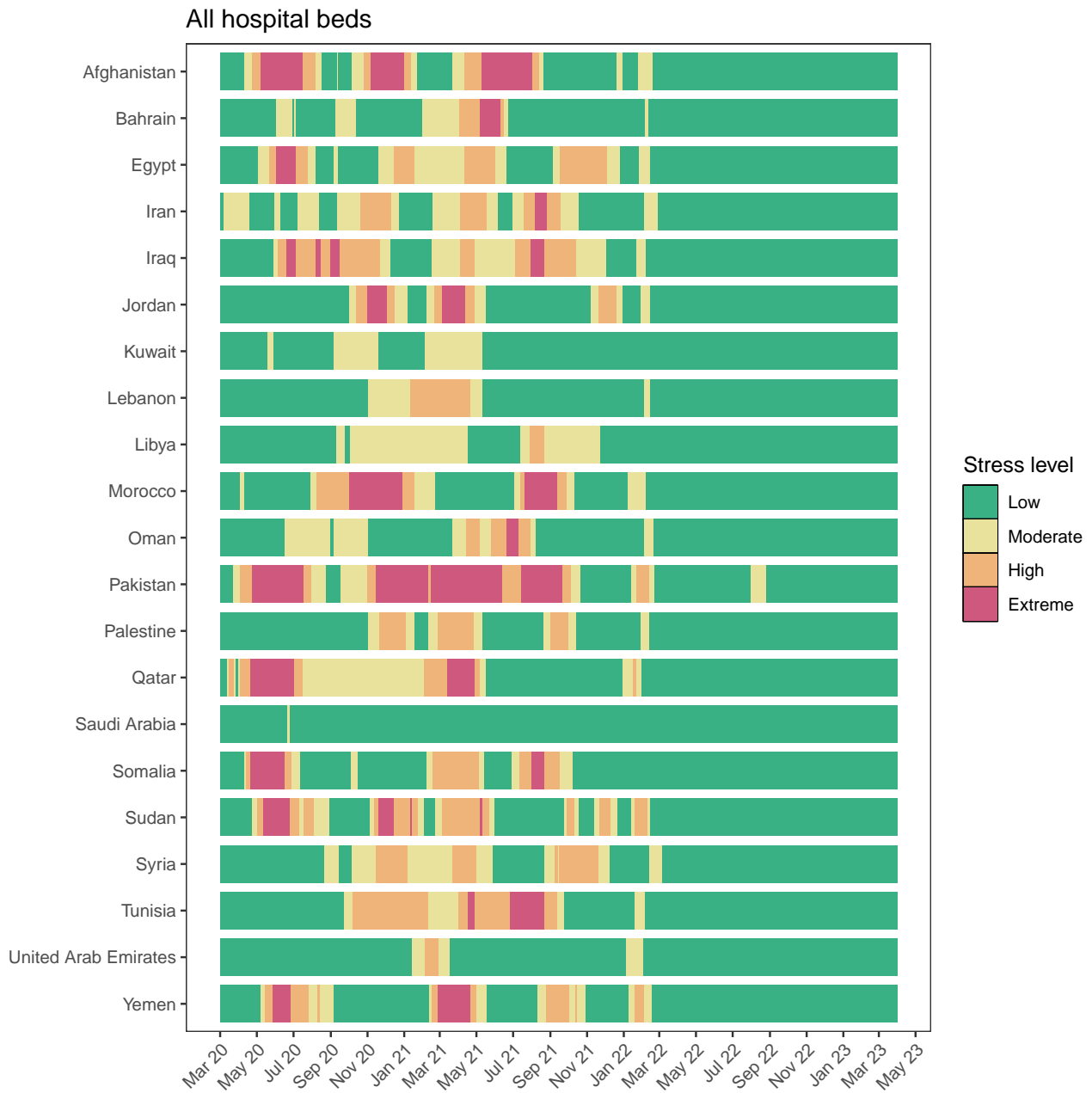
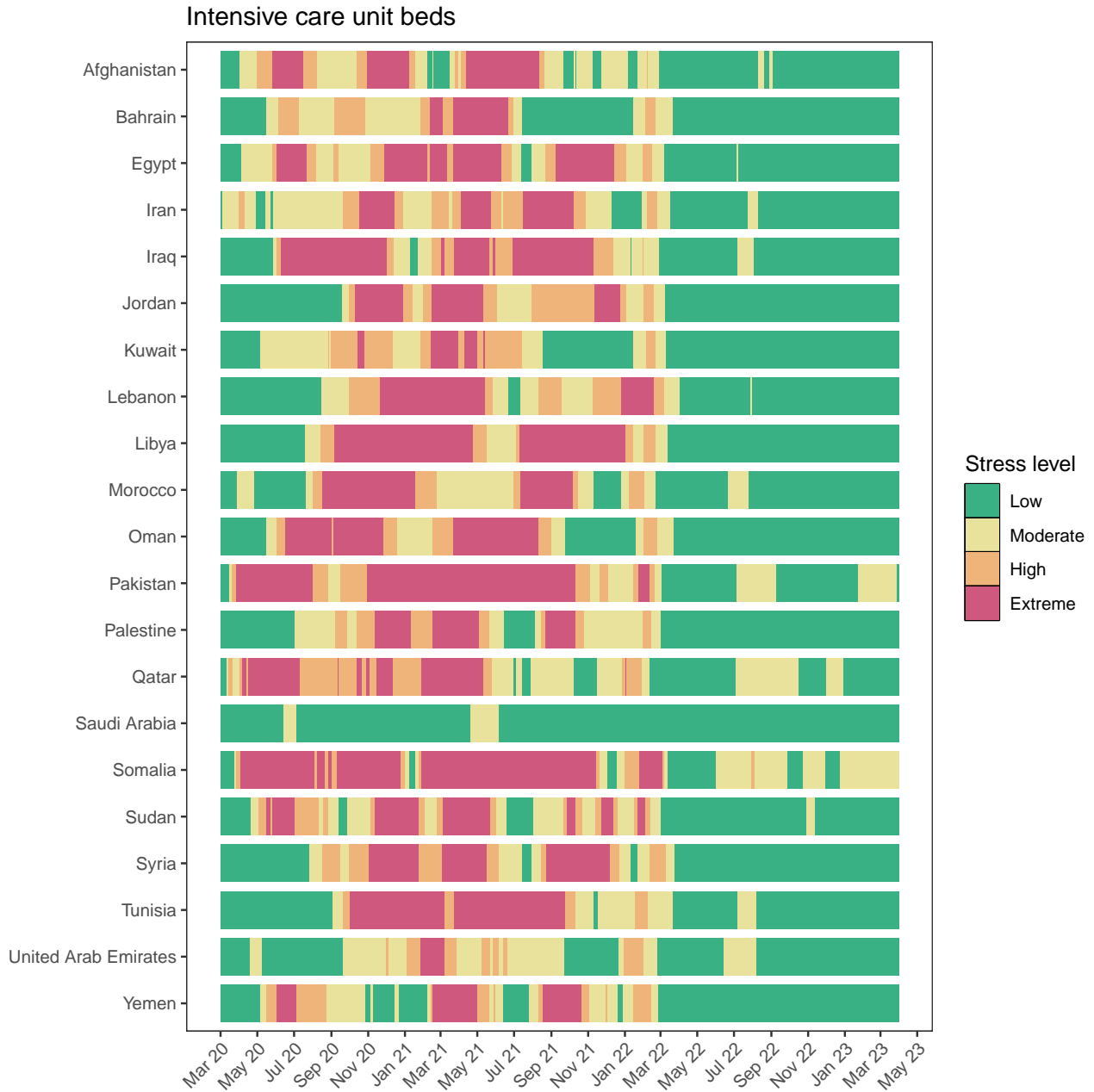


Figure 19.1: The estimated intensive care unit (ICU) usage is shown over time. The percent of ICU beds occupied by COVID-19 patients is color-coded based on observed quantiles of the maximum proportion of ICU beds occupied by COVID-19 patients. Less than 10% is considered *low stress*, 10-29% is considered *moderate stress*, 30-59% is considered *high stress*, and 60% or greater is considered *extreme stress*.



More information

Data sources:

Mask use and vaccine confidence data are from the [The Delphi Group at Carnegie Mellon University and University of Maryland COVID-19 Trends and Impact Surveys](#), in partnership with Facebook. Mask use data are also from [Premise](#), the Kaiser Family Foundation, and the [YouGov COVID-19 Behaviour Tracker](#) survey.

Genetic sequence and metadata are primarily from the GISAID Initiative. Further details available on the COVID-19 model [FAQ page](#).

A note of thanks:

We wish to warmly acknowledge the support of [these](#) and others who have made our COVID-19 estimation efforts possible.

More information:

For all COVID-19 resources at IHME, visit <http://www.healthdata.org/covid>.

To download our most recent results, visit our [Data downloads page](#).

Questions? Requests? Feedback? Please contact us at <https://www.healthdata.org/covid/contact-us>.