# COUNTY PROFILE: Allegany County, Maryland

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
+3.9	1878	81.5	81.4	79.8	Female
+8.4	1600	76.7	76.8	75.6	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

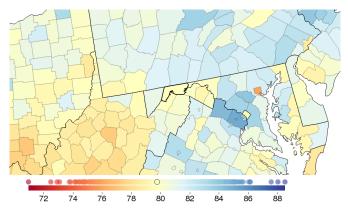
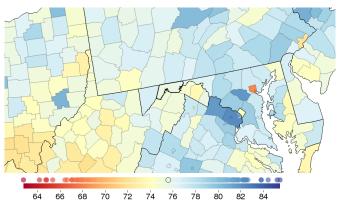


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Allegany County</b>	Maryland	National	National rank	% change 1980-2014
Female	778.7	647.6	667.8	2019	-16.7
Male	1057.2	906.0	930.1	1865	-33.0

Fig. 3: Female all-cause mortality, 2014

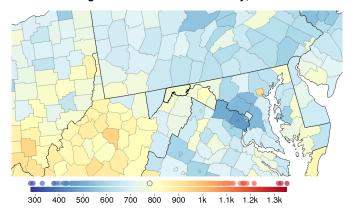
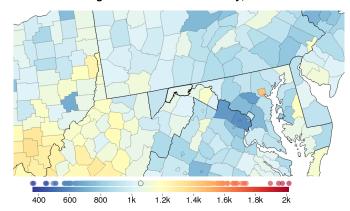


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Maryland	Allegany County	Sex
-43.0	2742	124.9	122.1	185.4	Female
-57.0	2508	191.5	185.6	257.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

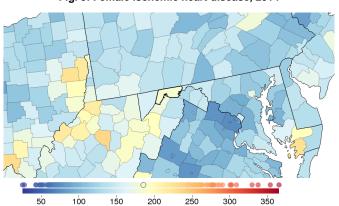


Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
-22.7	2765	47.4	48.5	66.3	Female
-41.3	2163	48.8	49.7	57.5	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

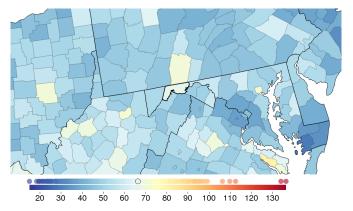
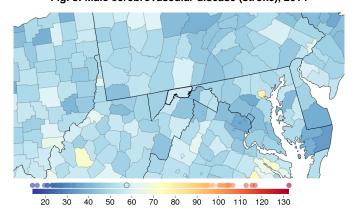


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Maryland	Allegany County	Sex
+20.9	1227	43.8	42.5	44.3	Female
-36.5	1464	67.6	62.0	75.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

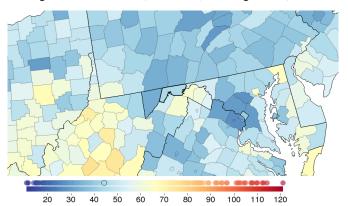
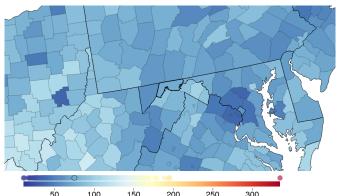


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



# FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
-34.0	1292	25.9	26.8	25.0	Female
-6.6	2588	0.3	0.5	0.4	Male

Fig. 11: Female breast cancer, 2014

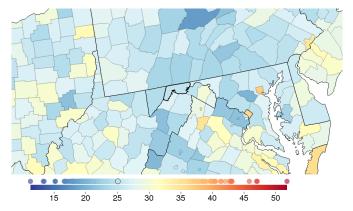
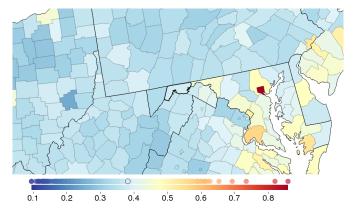


Fig. 12: Male breast cancer, 2014

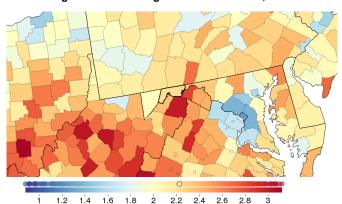


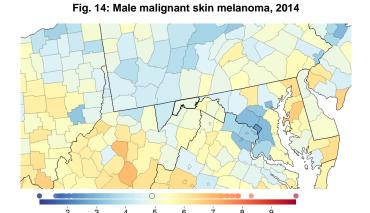
# FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Allegany County</b>	Maryland	National	National rank	% change 1980-2014
Female	2.2	1.8	1.9	1920	-3.9
Male	4.9	4.2	4.5	1594	+18.8

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
+14.6	1489	49.6	49.6	54.3	Female
+15.8	1972	63.8	62.2	73.4	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

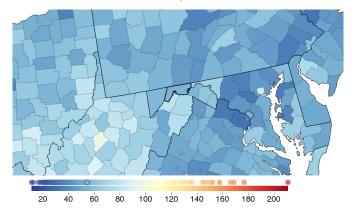
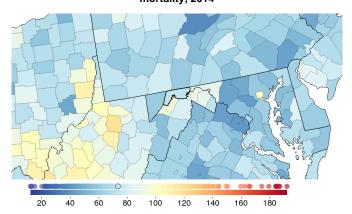


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



# FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
+67.9	2813	9.0	11.6	14.0	Female
+11.1	1539	30.9	41.6	32.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

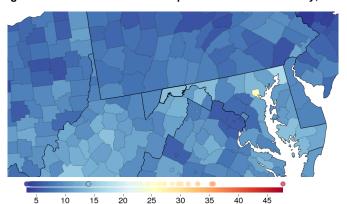
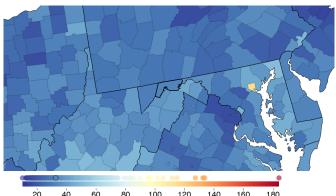


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
-31.2	679	8.1	6.0	9.3	Female
-51.5	315	19.8	15.8	16.4	Male

Fig. 19: Female transport injuries mortality, 2014

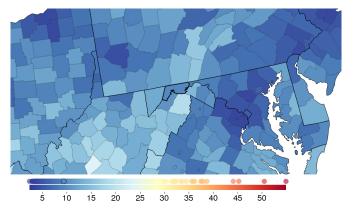
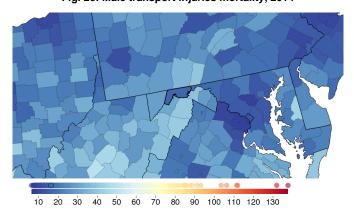


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Allegany County</b>	Maryland	National	National rank	% change 1980-2014
Female	4.9	3.4	8.2	517	+451.5
Male	14.5	10.9	18.7	1409	+403.8

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

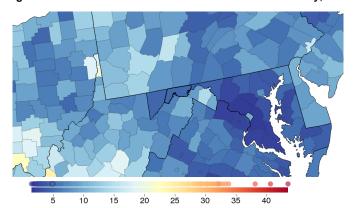
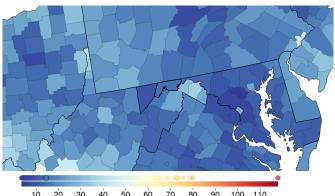


Fig. 22: Male mental and substance use disorders mortality, 2014



# FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Maryland	<b>Allegany County</b>	Sex
+24.0	1702	11.8	9.5	12.8	Female
-2.7	1813	22.2	17.9	23.8	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

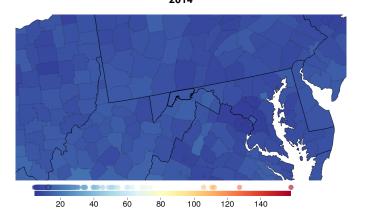
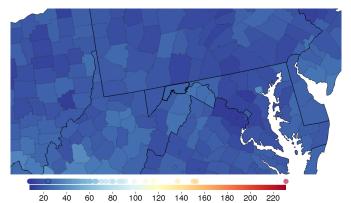


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

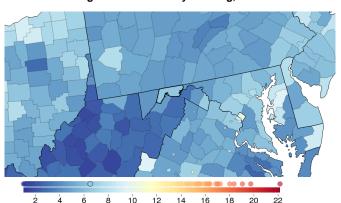


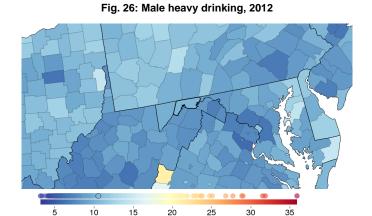
# FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Maryland	<b>Allegany County</b>	Sex
+41.6	2107	6.7	6.4	6.5	Female
+26.5	1668	9.9	8.7	10.5	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Maryland	<b>Allegany County</b>	Sex
+12.2	2028	12.4	13.3	12.8	Female
-4.2	1475	24.5	23.9	23.7	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

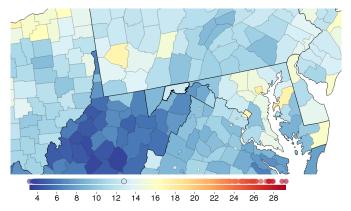
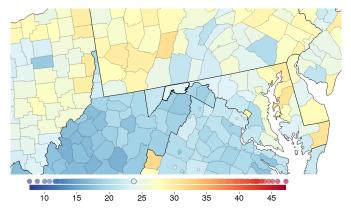


Fig. 28: Male binge drinking, 2012

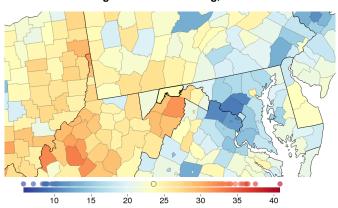


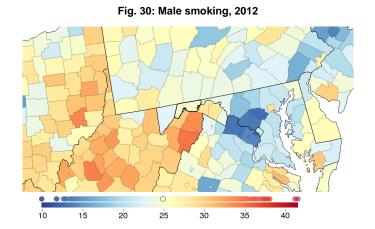
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	Maryland	Allegany County	Sex
-8.0	2101	17.9	16.3	23.6	Female
-6.7	1418	22.2	20.3	24.9	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





# FINDINGS: OBESITY

% change 2001-2011	National rank	National	Maryland	Allegany County	Sex
+35.9	1844	36.1	36.9	39.7	Female
+31.4	1531	33.8	33.9	37.4	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

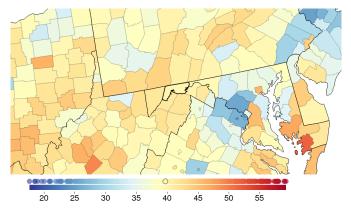
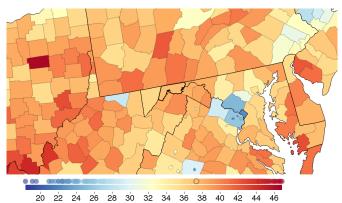


Fig. 32: Male obesity, 2011



# FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Maryland	Allegany County	Sex
+15.8	1670	52.6	51.7	49.7	Female
-5.8	952	56.3	55.4	56.4	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

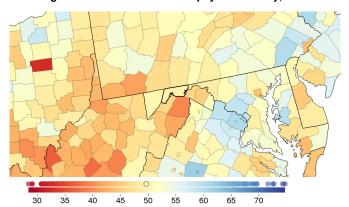


Fig. 34: Male recommended physical activity, 2011

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