# COUNTY PROFILE: Arapahoe County, Colorado

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+4.2	636	81.5	82.2	82.1	Female
+8.7	521	76.7	78.2	77.9	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

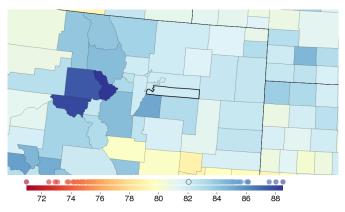
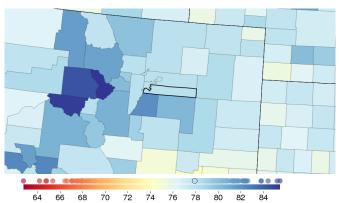


Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
-20.9	592	667.8	620.2	626.5	Female
-35.5	519	930.1	842.0	855.7	Male

Fig. 3: Female all-cause mortality, 2014

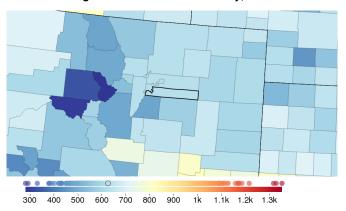
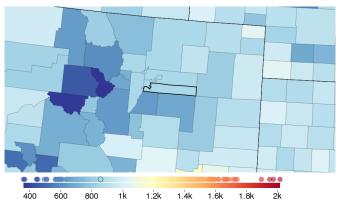


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Arapahoe County</b>	Colorado	National	National rank	% change 1980-2014
Female	93.2	91.9	124.9	386	-51.4
Male	148.8	145.1	191.5	316	-62.9

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

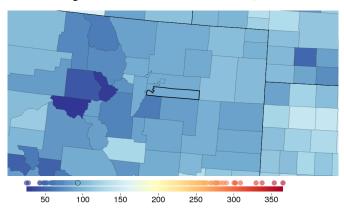
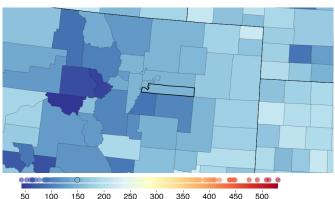


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
-27.0	1176	47.4	48.9	48.1	Female
-45.3	470	48.8	44.3	41.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

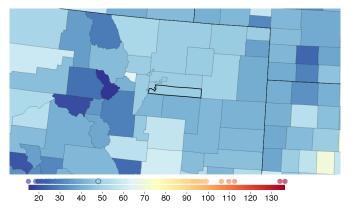
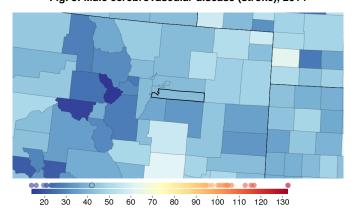


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Arapahoe County</b>	Colorado	National	National rank	% change 1980-2014
Female	35.0	34.5	43.8	439	+27.8
Male	44.3	44.8	67.6	175	-46.9

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

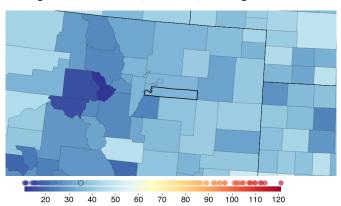
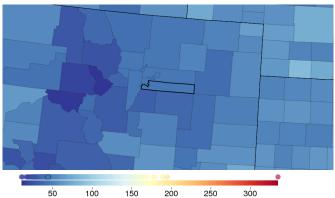


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
-31.4	495	25.9	22.4	22.6	Female
-21.6	692	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

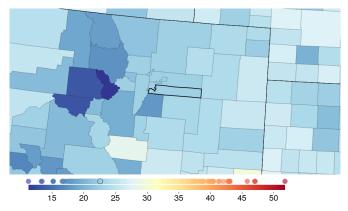
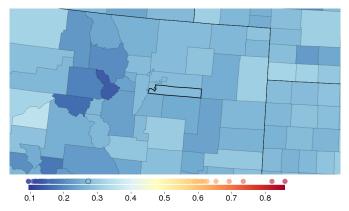


Fig. 12: Male breast cancer, 2014

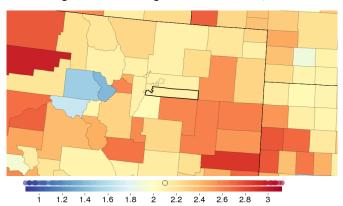


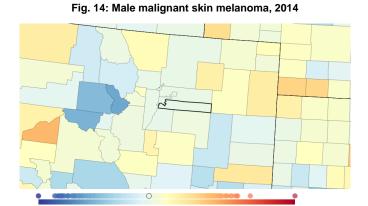
#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+6.9	1514	1.9	2.2	2.1	Female
+18.5	1500	4.5	4.9	4.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+13.0	202	49.6	36.0	35.5	Female
+12.3	351	63.8	47.0	49.3	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

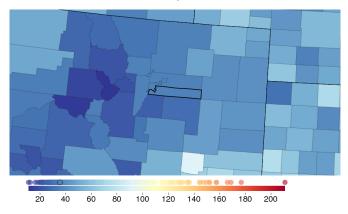
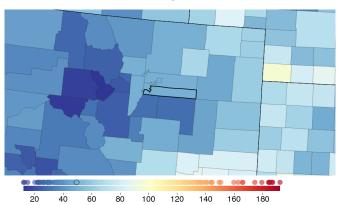


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Arapahoe County</b>	Colorado	National	National rank	% change 1980-2014
Female	11.7	11.9	9.0	2319	-13.6
Male	33.8	35.7	30.9	1711	-23.9

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

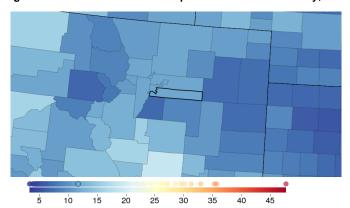
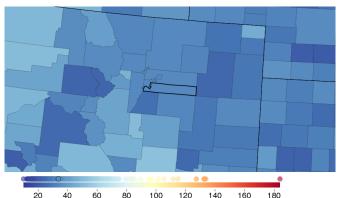


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
-50.6	276	8.1	7.8	6.7	Female
-53.4	300	19.8	18.0	16.3	Male

Fig. 19: Female transport injuries mortality, 2014

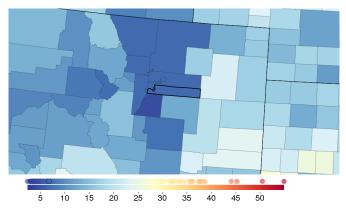
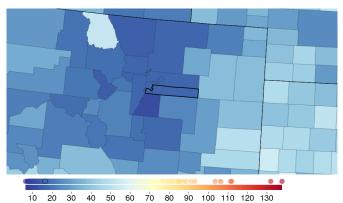


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+264.4	2242	8.2	9.9	10.4	Female
+151.1	2361	18.7	19.8	21.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

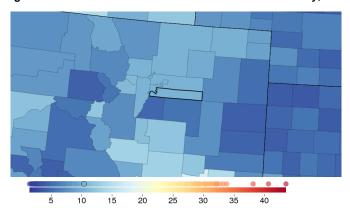
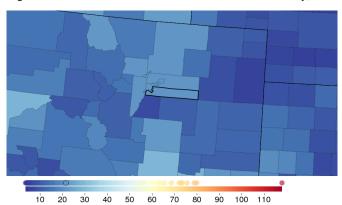


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+14.0	2290	11.8	14.3	14.8	Female
+14.0	2068	22.2	23.8	25.4	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

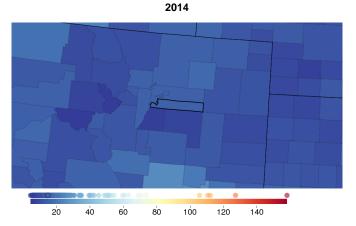
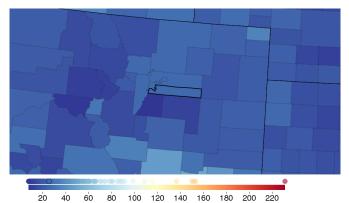


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

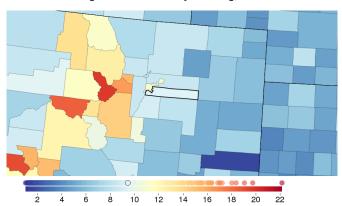


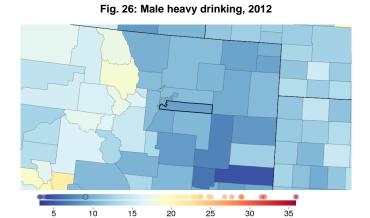
## FINDINGS: HEAVY DRINKING

Sex	<b>Arapahoe County</b>	Colorado	National	National rank	% change 2005-2012
Female	9.4	8.8	6.7	2878	+53.9
Male	9.0	10.5	9.9	1036	+19.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+32.5	2615	12.4	14.6	15.6	Female
-3.8	1847	24.5	25.9	25.7	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

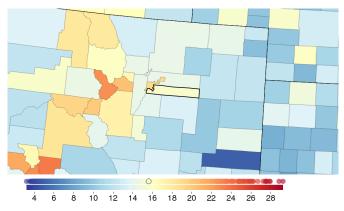
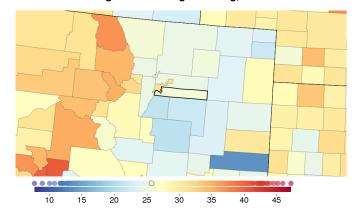


Fig. 28: Male binge drinking, 2012

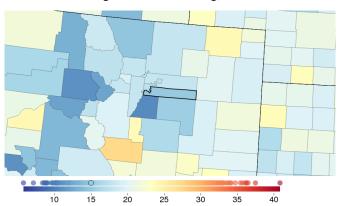


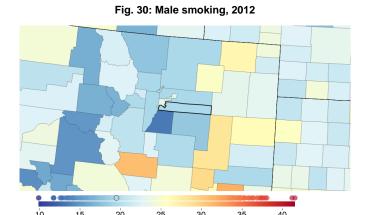
## FINDINGS: SMOKING

% change 1996-2012	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
-29.6	195	17.9	16.9	15.0	Female
-17.1	222	22.2	20.1	19.5	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Colorado	<b>Arapahoe County</b>	Sex
+29.1	60	36.1	27.7	27.2	Female
+29.5	34	33.8	26.8	25.7	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

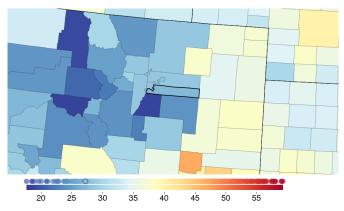
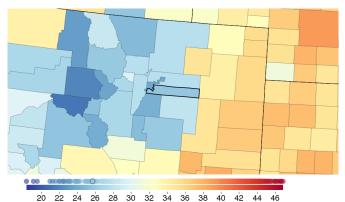


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Arapahoe County</b>	Colorado	National	National rank	% change 2001-2011
Female	62.0	62.7	52.6	124	+9.6
Male	66.2	64.7	56.3	53	+3.2

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

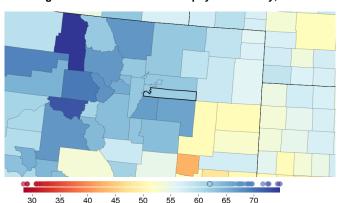
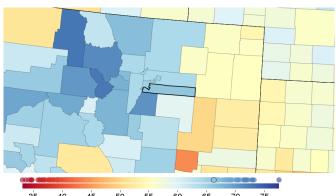


Fig. 34: Male recommended physical activity, 2011



## **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Arapahoe County, Colorado. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

