# COUNTY PROFILE: Beltrami County, Minnesota

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+3.3	1088	81.5	82.9	81.2	Female
+7.9	1507	76.7	78.9	75.8	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

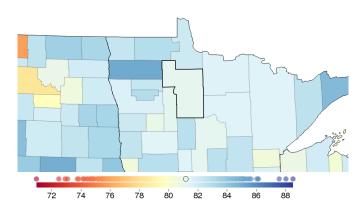
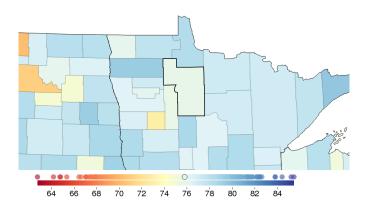


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
-13.4	1066	667.8	590.4	677.3	Female
-29.2	1296	930.1	817.3	972.7	Male

Fig. 3: Female all-cause mortality, 2014

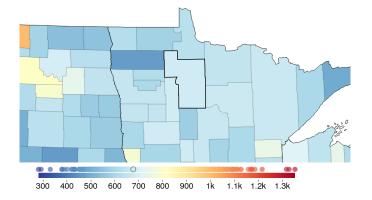
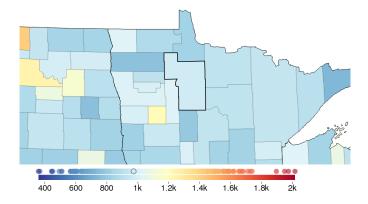


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
-56.7	221	124.9	75.5	84.7	Female
-66.8	382	191.5	130.7	153.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

50 100 150 200 250 300 350

450

Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
-48.0	813	47.4	43.2	45.1	Female
-53.5	1305	48.8	44.8	49.5	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

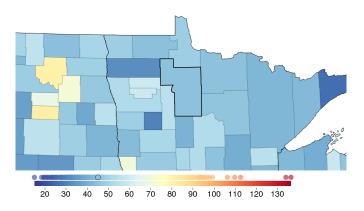
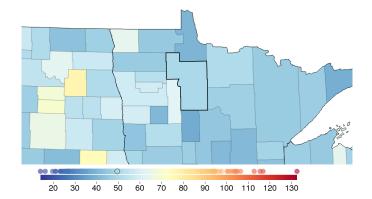


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Beltrami County</b>	Minnesota	National	National rank	% change 1980-2014
Female	51.1	42.3	43.8	1951	+78.4
Male	76.1	58.7	67.6	1516	-8.1

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

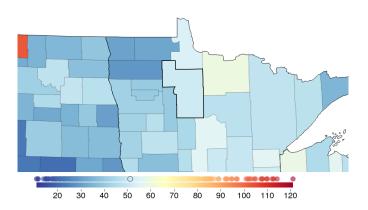
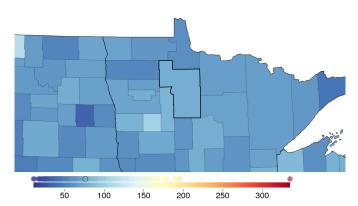


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
-40.6	90	25.9	23.0	19.7	Female
-16.2	148	0.3	0.3	0.2	Male

Fig. 11: Female breast cancer, 2014

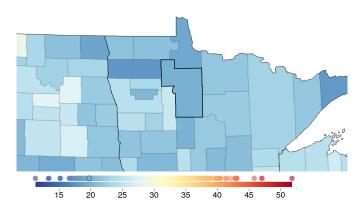
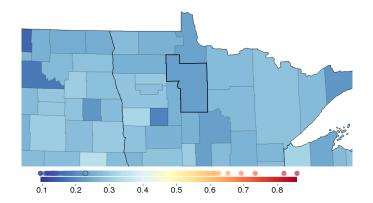


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Beltrami County</b>	Minnesota	National	National rank	% change 1980-2014
Female	1.5	1.8	1.9	204	-9.4
Male	3.4	3.9	4.5	235	+29.9

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

1 1.2 1.4 1.6 1.8 2 2.2 2.4 2.6 2.8 3

Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+79.6	1327	49.6	42.6	52.1	Female
+75.1	2263	63.8	57.9	78.2	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

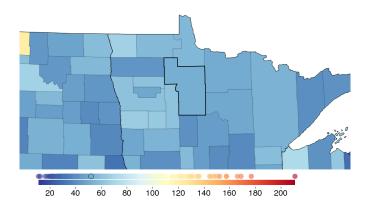
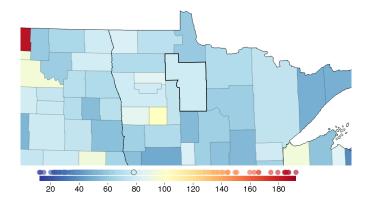


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+60.2	2546	9.0	7.3	12.5	Female
+40.4	2634	30.9	23.3	43.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

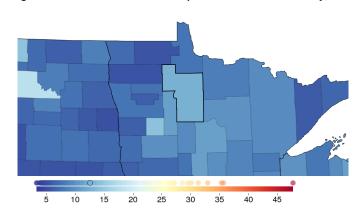


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
-31.3	1695	8.1	7.0	14.0	Female
-50.7	1339	19.8	15.2	28.5	Male

Fig. 19: Female transport injuries mortality, 2014

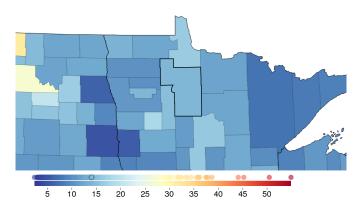
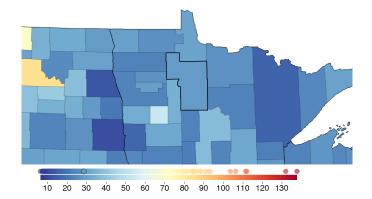


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+626.2	2594	8.2	6.2	12.7	Female
+222.1	1799	18.7	13.7	16.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

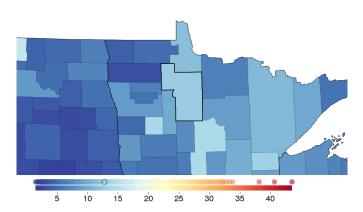
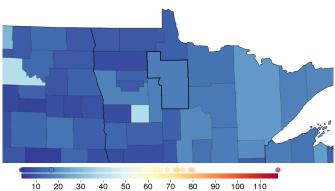


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+25.4	1904	11.8	9.6	13.4	Female
+8.2	1488	22.2	15.6	21.8	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

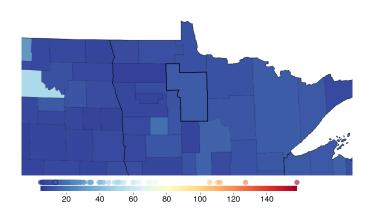
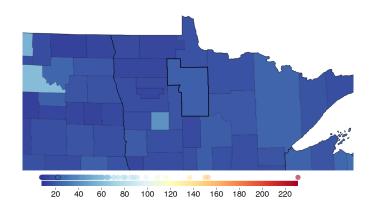


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



# FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+21.2	1694	6.7	8.4	5.4	Female
+30.1	2839	9.9	11.6	14.5	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

2 4 6 8 10 12 14 16 18 20 22

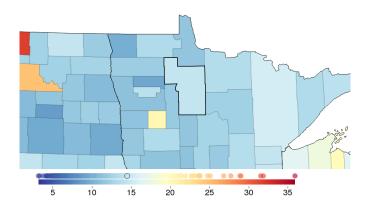


Fig. 26: Male heavy drinking, 2012

FINDINGS: BINGE DRINKING

Sex	<b>Beltrami County</b>	Minnesota	National	National rank	% change 2002-2012
Female	14.3	17.3	12.4	2359	-4.1
Male	32.5	30.2	24.5	2790	+0.0

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

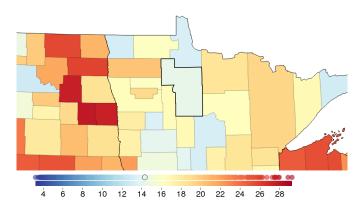
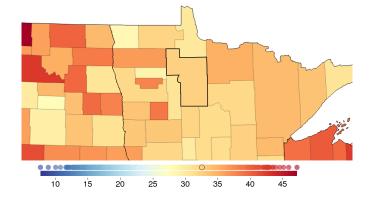


Fig. 28: Male binge drinking, 2012



# FINDINGS: SMOKING

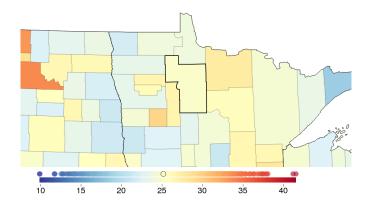
% change 1996-2012	National rank	National	Minnesota	Beltrami County	Sex
+4.0	1816	17.9	17.5	22.6	Female
-2.6	1504	22.2	21.0	25.2	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

10 15 20 25 30 35 40

Fig. 30: Male smoking, 2012



#### FINDINGS: OBESITY

% change 2001-2011	National rank	National	Minnesota	<b>Beltrami County</b>	Sex
+26.9	1259	36.1	33.3	37.3	Female
+16.8	676	33.8	33.4	35.1	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

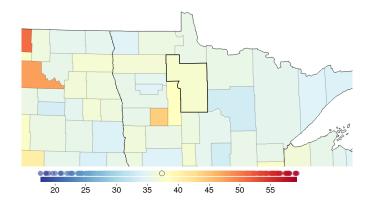
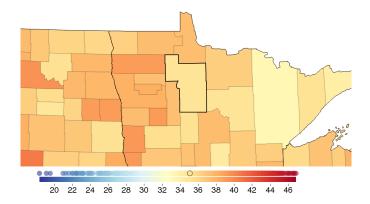


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Beltrami County</b>	Minnesota	National	National rank	% change 2001-2011
Female	52.8	56.8	52.6	1135	+5.1
Male	58.1	59.8	56.3	635	-2.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

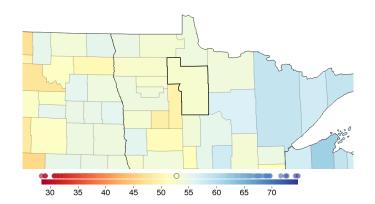
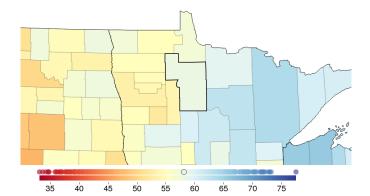


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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