## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

## FINDINGS: LIFE EXPECTANCY

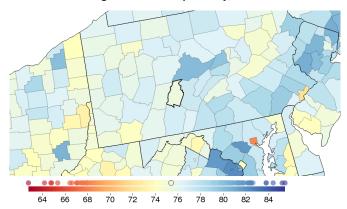
| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 80.7         | 81.1         | 81.5     | 1352          | +4.9               |
| Male   | 75.4         | 76.3         | 76.7     | 1694          | +8.5               |

 72
 74
 76
 78
 80
 82
 84
 86
 88

Fig. 1: Female life expectancy, 2014

life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

| Sex    | <b>Blair County</b> | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|---------------------|--------------|----------|---------------|--------------------|
| Female | 714.1               | 678.5        | 667.8    | 1424          | -23.7              |
| Male   | 1065.7              | 966.1        | 930.1    | 1926          | -33.2              |

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

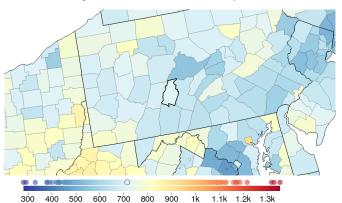
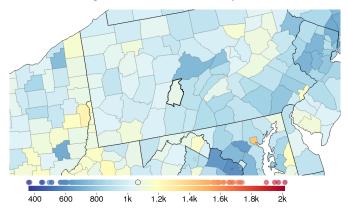


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 147.3        | 131.8        | 124.9    | 2008          | -56.8              |
| Male   | 246.8        | 203.1        | 191.5    | 2353          | -60.9              |

rate per 100,000 population, age-standardized, 2014

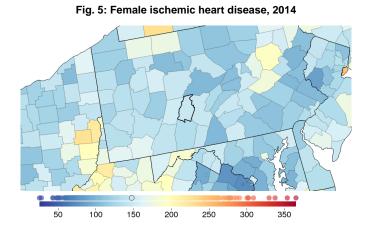
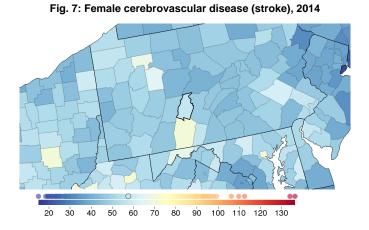


Fig. 6: Male ischemic heart disease, 2014

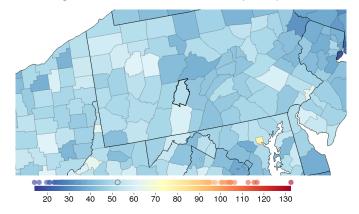
## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 57.5         | 49.0         | 47.4     | 2213          | -36.0              |
| Male   | 52.4         | 50.8         | 48.8     | 1621          | -45.9              |

rate per 100,000 population, age-standardized, 2014



#### Fig. 8: Male cerebrovascular disease (stroke), 2014



## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 42.3         | 45.1         | 43.8     | 1025          | +39.1              |
| Male   | 83.3         | 72.7         | 67.6     | 1854          | -25.7              |

rate per 100,000 population, age-standardized, 2014

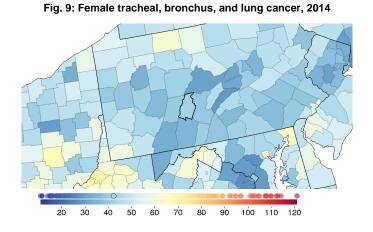
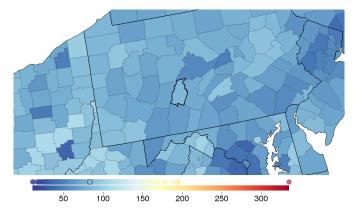


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



## FINDINGS: BREAST CANCER

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 27.0         | 27.1         | 25.9     | 1955          | -36.6              |
| Male   | 0.4          | 0.4          | 0.3      | 2496          | -1.9               |

rate per 100,000 population, age-standardized, 2014

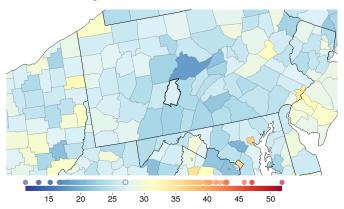
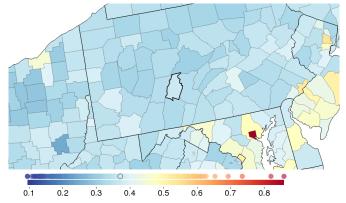


Fig. 11: Female breast cancer, 2014

Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 2.1          | 2.1          | 1.9      | 1653          | +4.0               |
| Male   | 3.8          | 4.6          | 4.5      | 445           | +19.0              |

rate per 100,000 population, age-standardized, 2014

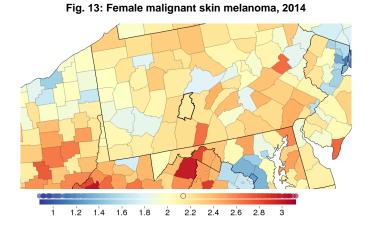
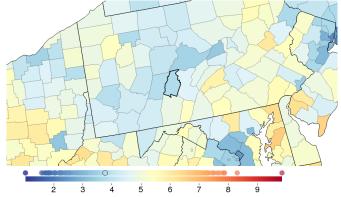


Fig. 14: Male malignant skin melanoma, 2014

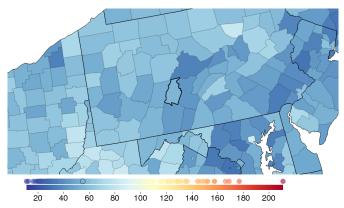


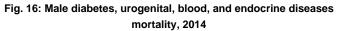
## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

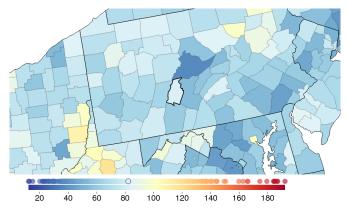
| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 54.9         | 50.7         | 49.6     | 1535          | +1.7               |
| Male   | 82.1         | 66.7         | 63.8     | 2455          | +20.2              |

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014



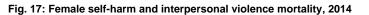


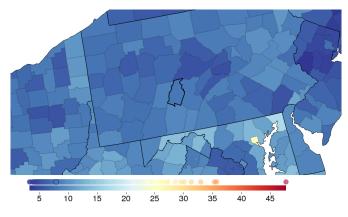


## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 7.9          | 8.4          | 9.0      | 864           | +16.3              |
| Male   | 26.6         | 31.4         | 30.9     | 775           | -1.5               |

rate per 100,000 population, age-standardized, 2014





# FINDINGS: TRANSPORT INJURIES MORTALITY

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 8.9          | 7.0          | 8.1      | 610           | -25.3              |
| Male   | 22.6         | 17.3         | 19.8     | 797           | -37.6              |

rate per 100,000 population, age-standardized, 2014

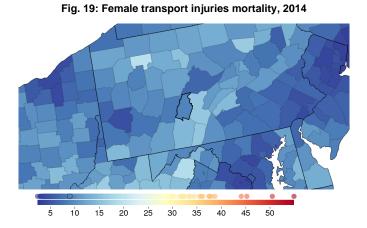


Fig. 20: Male transport injuries mortality, 2014

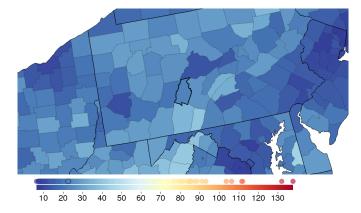
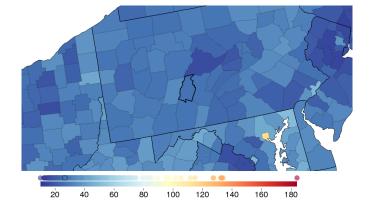


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 11.2         | 10.0         | 8.2      | 2390          | +1018.9            |
| Male   | 22.3         | 23.3         | 18.7     | 2447          | +506.9             |

rate per 100,000 population, age-standardized, 2014



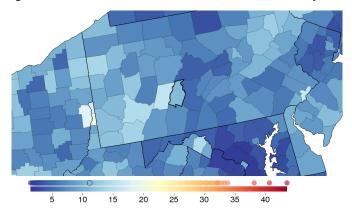
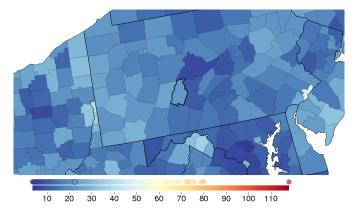


Fig. 22: Male mental and substance use disorders mortality, 2014

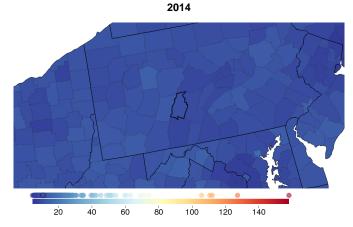


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

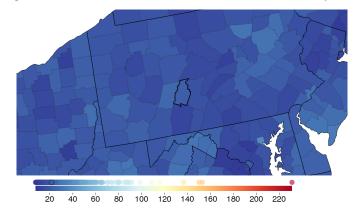
| Sex    | Blair County | Pennsylvania | National | National rank | % change 1980-2014 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 10.8         | 11.2         | 11.8     | 1000          | +4.8               |
| Male   | 21.5         | 20.6         | 22.2     | 1422          | -13.3              |

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



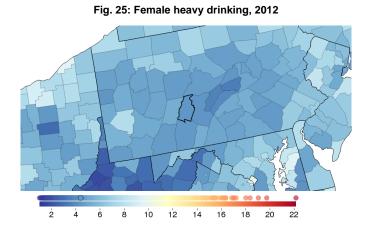
#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

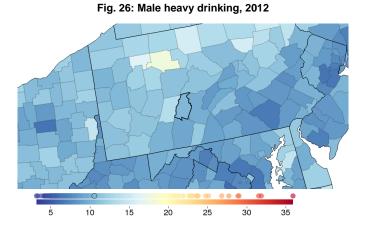


## FINDINGS: HEAVY DRINKING

| Sex    | Blair County | Pennsylvania | National | National rank | % change 2005-2012 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 4.4          | 5.9          | 6.7      | 1170          | +25.8              |
| Male   | 10.6         | 10.3         | 9.9      | 1669          | +16.2              |

prevalence (%), age-standardized, 2012





## FINDINGS: BINGE DRINKING

| Sex    | Blair County | Pennsylvania | National | National rank | % change 2002-2012 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 12.4         | 13.3         | 12.4     | 1936          | +6.6               |
| Male   | 26.4         | 27.1         | 24.5     | 1955          | -2.8               |

prevalence (%), age-standardized, 2012

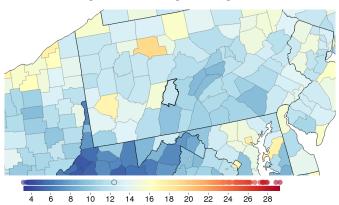
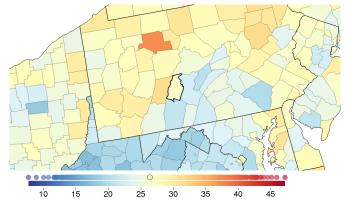


Fig. 27: Female binge drinking, 2012

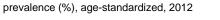
Fig. 28: Male binge drinking, 2012

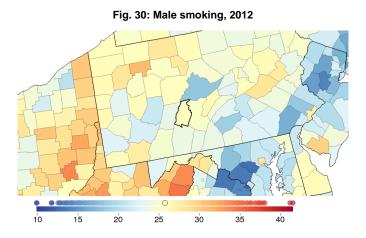


## FINDINGS: SMOKING

| Sex    | Blair County | Pennsylvania | National | National rank | % change 1996-2012 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 21.6         | 20.8         | 17.9     | 1488          | -23.9              |
| Male   | 25.7         | 23.4         | 22.2     | 1659          | -12.3              |

Fig. 29: Female smoking, 2012





## FINDINGS: OBESITY

| Sex    | Blair County | Pennsylvania | National | National rank | % change 2001-2011 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 42.8         | 37.6         | 36.1     | 2496          | +34.2              |
| Male   | 38.3         | 35.3         | 33.8     | 1965          | +36.4              |

prevalence (%), age-standardized, 2011

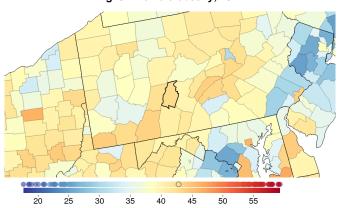
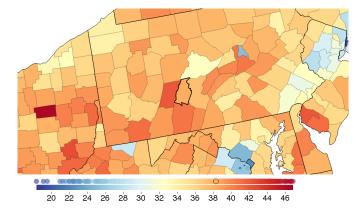


Fig. 31: Female obesity, 2011

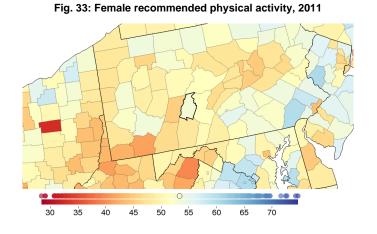
Fig. 32: Male obesity, 2011

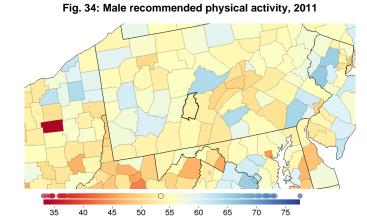


#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

| Sex    | Blair County | Pennsylvania | National | National rank | % change 2001-2011 |
|--------|--------------|--------------|----------|---------------|--------------------|
| Female | 53.3         | 51.2         | 52.6     | 1027          | +16.3              |
| Male   | 53.4         | 55.8         | 56.3     | 1590          | -11.1              |

prevalence (%), age-standardized, 2011





#### CITATION:

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