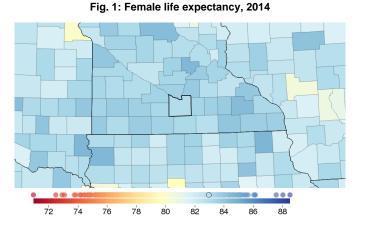
# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

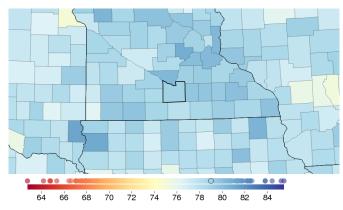
## FINDINGS: LIFE EXPECTANCY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	83.0	82.9	81.5	298	+3.1
Male	79.0	78.9	76.7	217	+8.4



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	600.5	590.4	667.8	428	-15.0
Male	808.4	817.3	930.1	299	-36.6

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

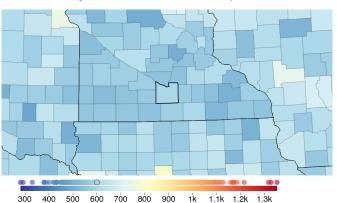
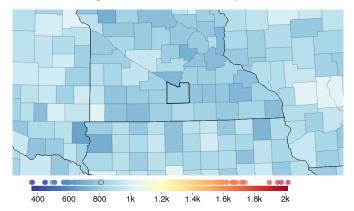


Fig. 4: Male all-cause mortality, 2014

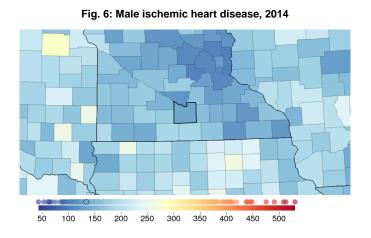


# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	72.6	75.5	124.9	82	-59.7
Male	133.9	130.7	191.5	147	-70.0

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	42.6	43.2	47.4	587	-47.2
Male	45.0	44.8	48.8	761	-55.9

rate per 100,000 population, age-standardized, 2014

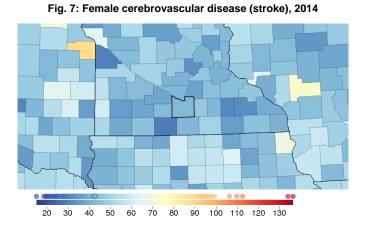
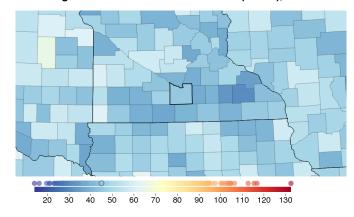


Fig. 8: Male cerebrovascular disease (stroke), 2014



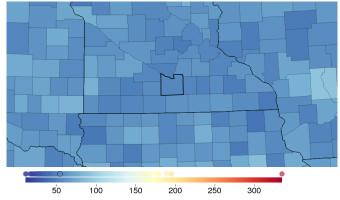
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	43.9	42.3	43.8	1178	+99.6
Male	54.1	58.7	67.6	451	-29.1

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	24.4	23.0	25.9	1022	-32.6
Male	0.3	0.3	0.3	411	-23.9

rate per 100,000 population, age-standardized, 2014

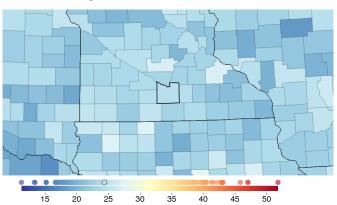


Fig. 11: Female breast cancer, 2014

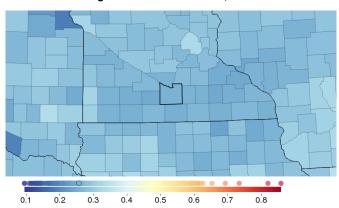
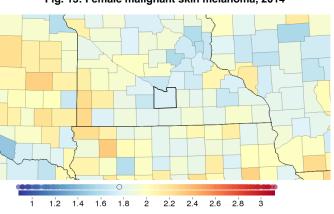


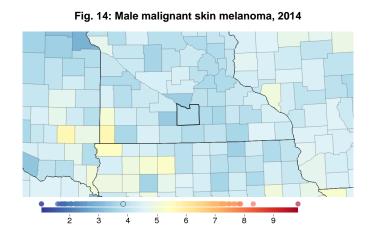
Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	1.8	1.8	1.9	549	+7.0
Male	3.8	3.9	4.5	487	+19.2

rate per 100,000 population, age-standardized, 2014





# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	45.2	42.6	49.6	767	+103.8
Male	62.8	57.9	63.8	1210	+49.2

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

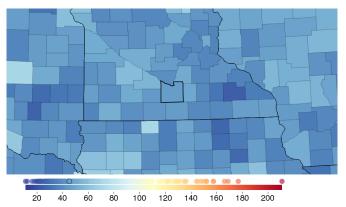


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

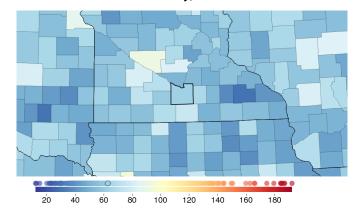
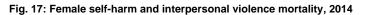


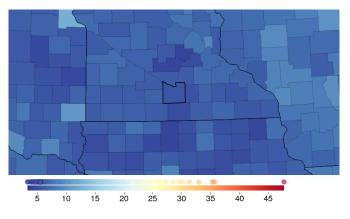
Fig. 13: Female malignant skin melanoma, 2014

## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Blue Earth County	Minnesota	National	National rank	% change 1980-2014
Female	5.5	7.3	9.0	107	+7.7
Male	23.3	23.3	30.9	441	+12.5

rate per 100,000 population, age-standardized, 2014

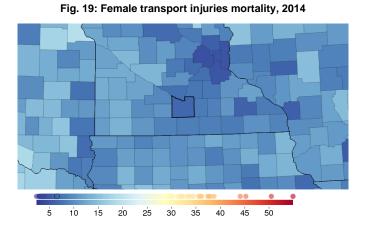




FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	6.5	7.0	8.1	254	-40.7
Male	15.6	15.2	19.8	265	-46.7

rate per 100,000 population, age-standardized, 2014





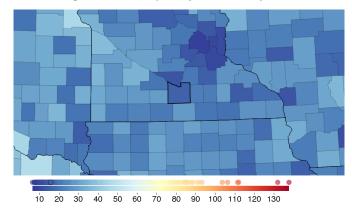
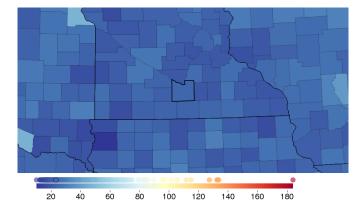


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	4.1	6.2	8.2	313	+166.1
Male	10.2	13.7	18.7	626	+179.3

rate per 100,000 population, age-standardized, 2014



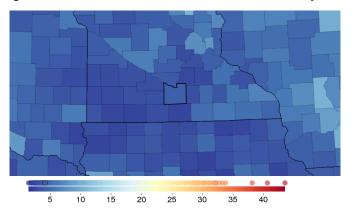
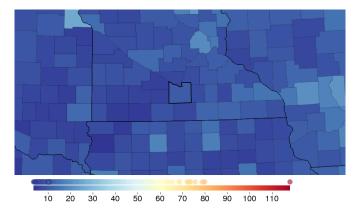


Fig. 22: Male mental and substance use disorders mortality, 2014

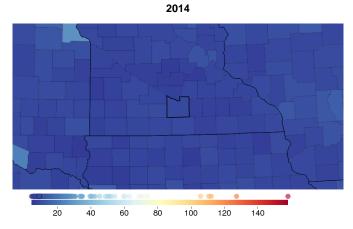


## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

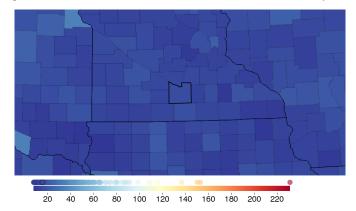
Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 1980-2014
Female	9.1	9.6	11.8	462	+4.4
Male	15.3	15.6	22.2	452	-8.0

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

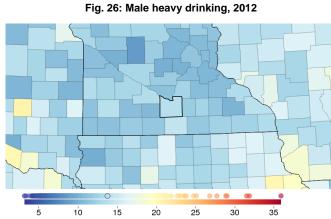


## FINDINGS: HEAVY DRINKING

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 2005-2012
Female	7.1	8.4	6.7	2311	+38.9
Male	13.8	11.6	9.9	2755	+33.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012



#### FINDINGS: BINGE DRINKING

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 2002-2012
Female	16.4	17.3	12.4	2750	+9.6
Male	33.0	30.2	24.5	2821	+0.8

prevalence (%), age-standardized, 2012

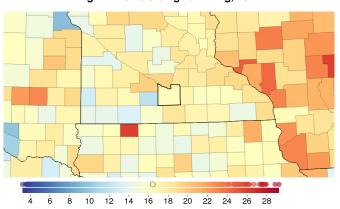
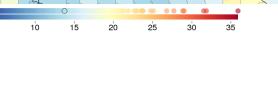
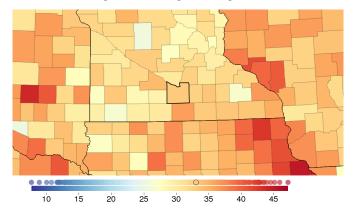


Fig. 27: Female binge drinking, 2012





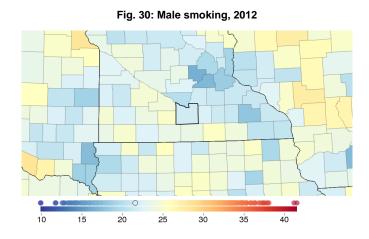


# FINDINGS: SMOKING

Sex	Blue Earth County	Minnesota	National	National rank	% change 1996-2012
Female	18.7	17.5	17.9	690	-8.4
Male	21.6	21.0	22.2	505	-18.1

40 10 15 20 25 зо 35

#### prevalence (%), age-standardized, 2012



## FINDINGS: OBESITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 2001-2011
Female	34.7	33.3	36.1	559	+34.1
Male	33.2	33.4	33.8	367	+23.9

prevalence (%), age-standardized, 2011

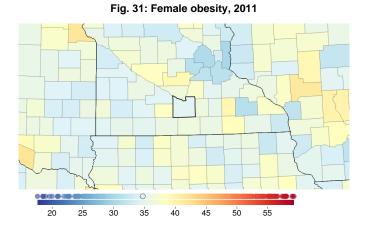
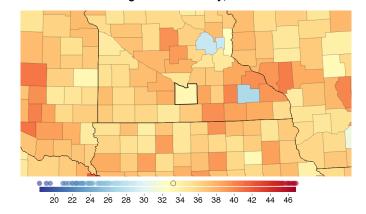


Fig. 32: Male obesity, 2011

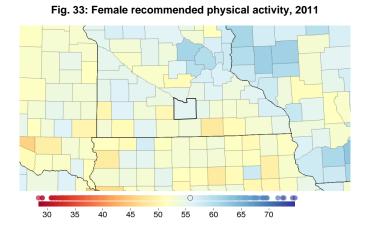


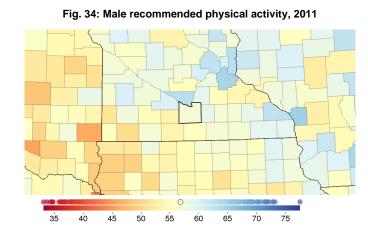


#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Blue Earth County</b>	Minnesota	National	National rank	% change 2001-2011
Female	55.8	56.8	52.6	624	+4.5
Male	56.8	59.8	56.3	856	-9.7

prevalence (%), age-standardized, 2011





## **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Blue Earth County, Minnesota. Seattle, WA: IHME, 2016.

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