# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

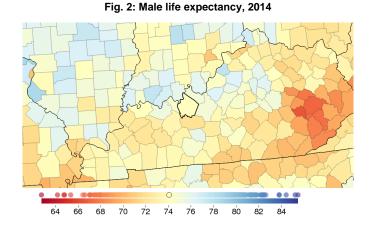
Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

# FINDINGS: LIFE EXPECTANCY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	78.5	78.8	81.5	2462	+1.7
Male	74.1	73.7	76.7	2208	+6.2

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	874.0	827.2	667.8	2687	-2.1
Male	1160.3	1168.6	930.1	2394	-22.5

Fig. 3: Female all-cause mortality, 2014

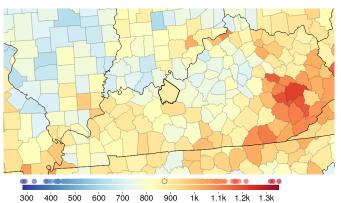
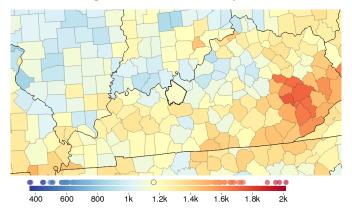


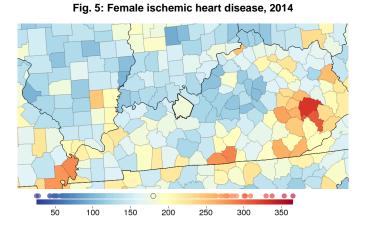
Fig. 4: Male all-cause mortality, 2014

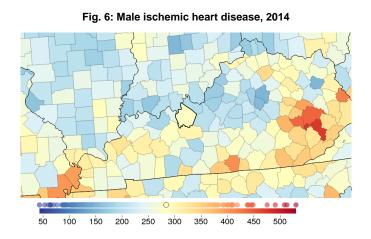


### FINDINGS: ISCHEMIC HEART DISEASE

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	180.1	149.9	124.9	2666	-39.6
Male	283.6	235.3	191.5	2784	-46.4

rate per 100,000 population, age-standardized, 2014





# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	63.7	55.3	47.4	2648	-50.3
Male	56.2	55.4	48.8	2021	-62.9

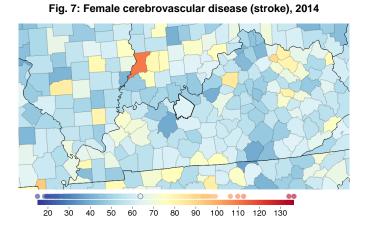
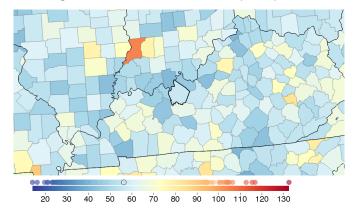


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	78.0	67.8	43.8	3085	+146.7
Male	115.6	113.1	67.6	2834	-4.1

rate per 100,000 population, age-standardized, 2014

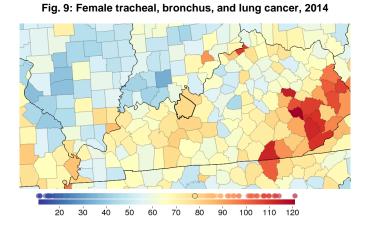
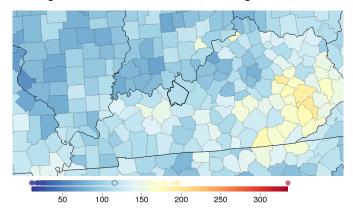
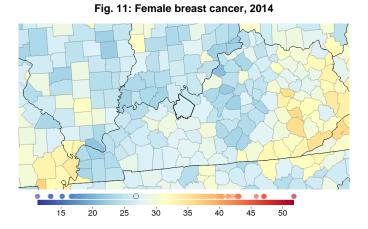


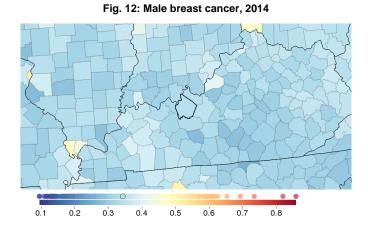
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



### FINDINGS: BREAST CANCER

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	26.8	27.6	25.9	1891	-10.6
Male	0.3	0.3	0.3	2115	-4.3

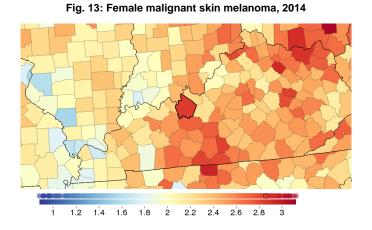


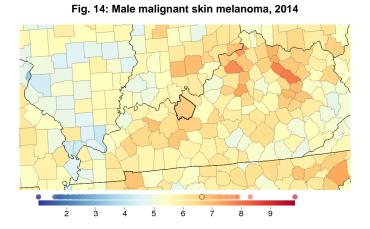


### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	2.9	2.3	1.9	3100	+28.4
Male	6.6	5.6	4.5	3034	+83.6

rate per 100,000 population, age-standardized, 2014





# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	76.3	62.9	49.6	2767	+86.0
Male	71.2	78.4	63.8	1833	+54.7

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

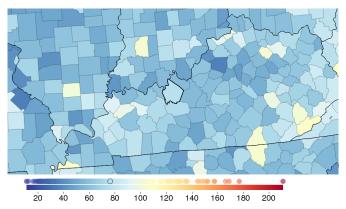
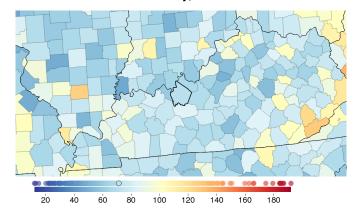


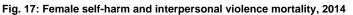
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	8.9	10.3	9.0	1284	+12.6
Male	42.6	35.4	30.9	2589	+33.7

rate per 100,000 population, age-standardized, 2014



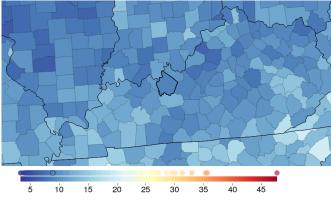
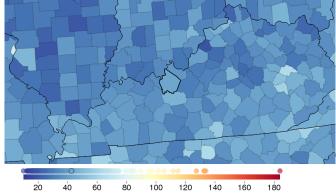


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	18.1	12.7	8.1	2465	-2.0
Male	41.9	29.1	19.8	2467	-20.7

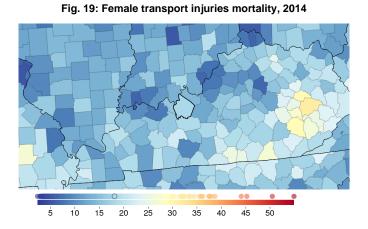
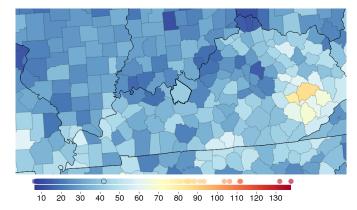


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	10.0	15.0	8.2	2159	+788.5
Male	17.7	29.1	18.7	1940	+429.2

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

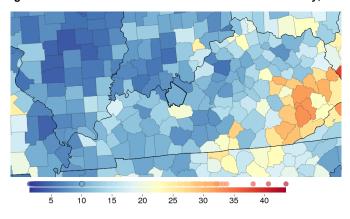
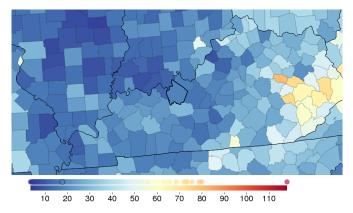


Fig. 22: Male mental and substance use disorders mortality, 2014

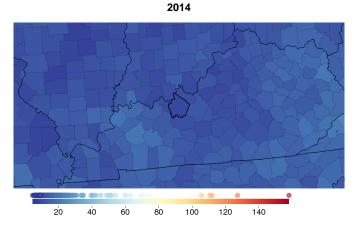


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

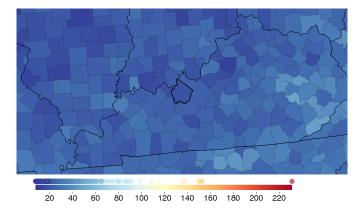
Sex	Breckinridge County	Kentucky	National	National rank	% change 1980-2014
Female	9.1	13.2	11.8	457	+30.4
Male	17.8	25.4	22.2	830	+13.4

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



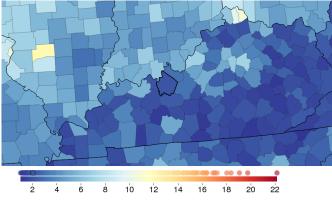
### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

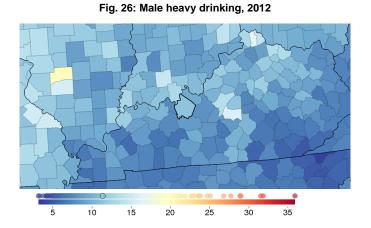


### FINDINGS: HEAVY DRINKING

Sex	Breckinridge County	Kentucky	National	National rank	% change 2005-2012
Female	2.0	4.6	6.7	171	+47.9
Male	11.4	10.0	9.9	2022	+71.0

prevalence (%), age-standardized, 2012





### FINDINGS: BINGE DRINKING

Sex	Breckinridge County	Kentucky	National	National rank	% change 2002-2012
Female	6.5	9.5	12.4	462	+111.4
Male	19.9	21.0	24.5	722	+63.3

prevalence (%), age-standardized, 2012

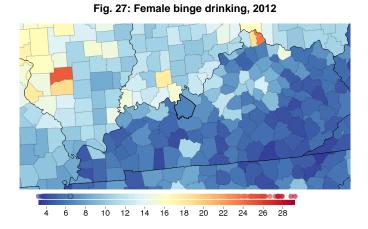
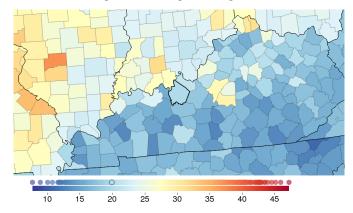
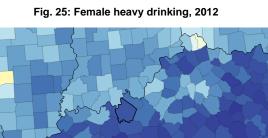


Fig. 28: Male binge drinking, 2012

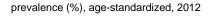


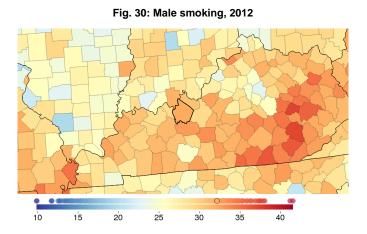


## FINDINGS: SMOKING

Sex	Breckinridge County	Kentucky	National	National rank	% change 1996-2012
Female	28.4	26.0	17.9	2955	-13.8
Male	32.2	28.8	22.2	2984	-14.4

Fig. 29: Female smoking, 2012





### FINDINGS: OBESITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 2001-2011
Female	40.5	39.3	36.1	2026	+17.9
Male	38.1	37.5	33.8	1856	+35.0

prevalence (%), age-standardized, 2011

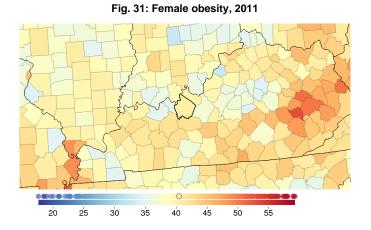
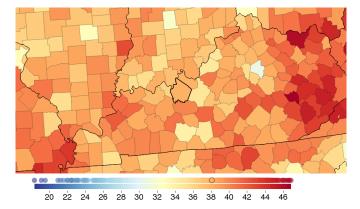


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Breckinridge County	Kentucky	National	National rank	% change 2001-2011
Female	42.3	45.8	52.6	2635	+42.2
Male	43.1	49.9	56.3	2965	+6.5

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

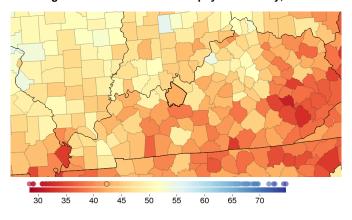
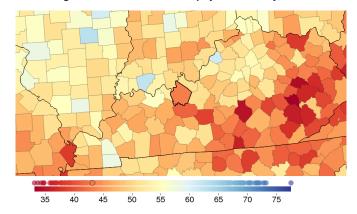


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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