# COUNTY PROFILE: Brooks County, Texas

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

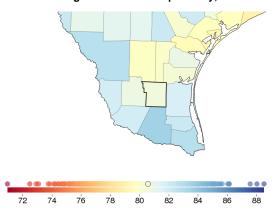
Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

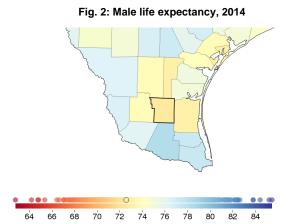
#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
+3.1	1448	81.5	80.8	80.6	Female
+3.9	2631	76.7	76.2	72.6	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014





FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Texas	Brooks County	Sex
-12.5	1573	667.8	694.2	729.1	Female
-10.6	2788	930.1	954.8	1276.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

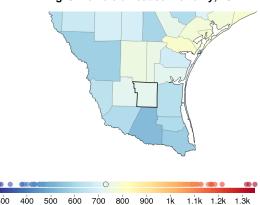
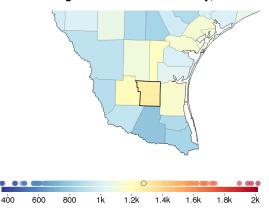


Fig. 4: Male all-cause mortality, 2014

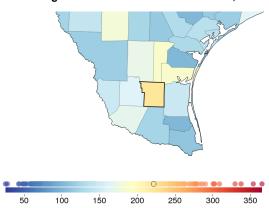


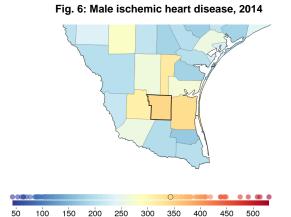
### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-24.0	3029	124.9	127.2	221.5	Female
-31.6	3077	191.5	197.7	343.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-53.0	270	47.4	52.0	38.0	Female
-42.6	2296	48.8	54.0	59.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

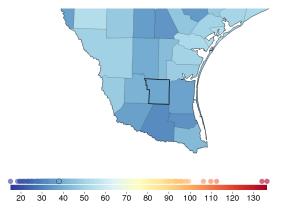
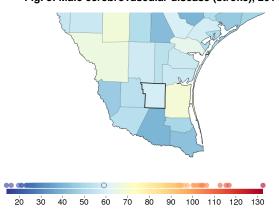


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Brooks County</b>	Texas	National	National rank	% change 1980-2014
Female	22.2	38.4	43.8	50	-18.3
Male	71.7	62.9	67.6	1300	-25.6

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

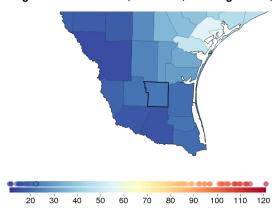
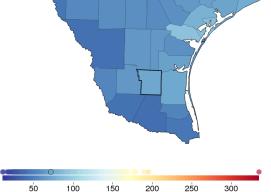


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-2.4	1460	25.9	25.6	25.5	Female
-5.8	629	0.3	0.3	0.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 11: Female breast cancer, 2014

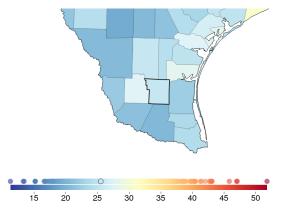
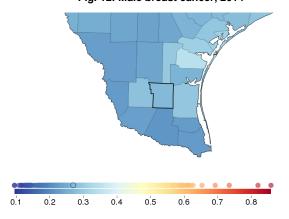


Fig. 12: Male breast cancer, 2014

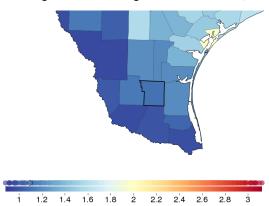


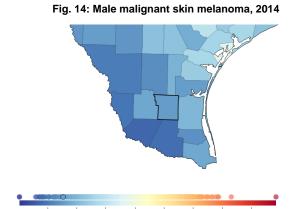
### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-22.7	21	1.9	1.6	1.1	Female
+0.9	52	4.5	4.0	2.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
+27.8	2678	49.6	55.9	73.9	Female
+47.0	3009	63.8	66.9	105.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

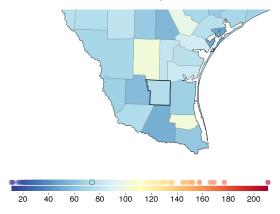
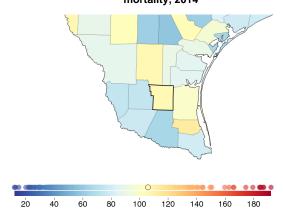


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-9.5	508	9.0	8.4	6.9	Female
-18.2	2689	30.9	28.8	44.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

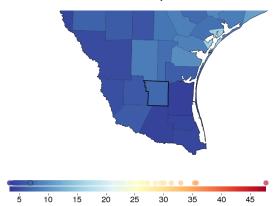
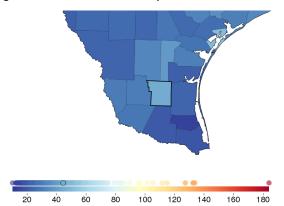


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
-7.6	2451	8.1	9.5	18.1	Female
-31.5	2511	19.8	24.3	42.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

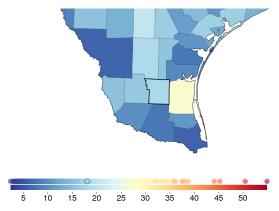
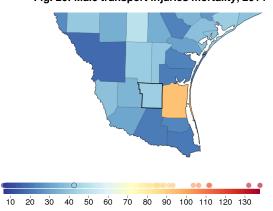


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
+308.0	193	8.2	6.4	3.7	Female
+231.9	1459	18.7	13.9	14.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

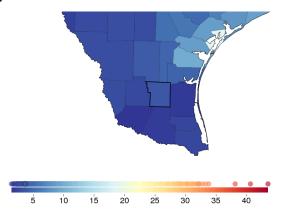
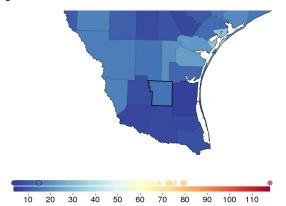


Fig. 22: Male mental and substance use disorders mortality, 2014



### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Brooks County</b>	Sex
+79.1	3107	11.8	14.5	28.4	Female
+82.7	3135	22.2	27.7	91.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

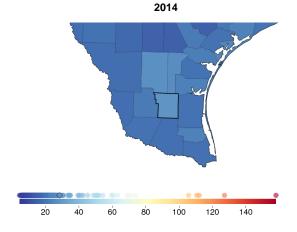
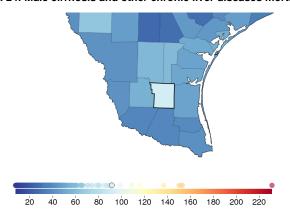


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

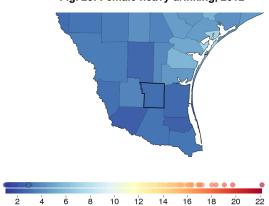


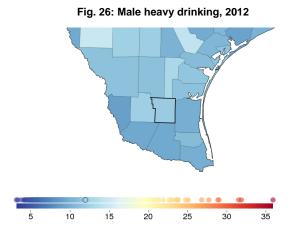
## FINDINGS: HEAVY DRINKING

Sex	<b>Brooks County</b>	Texas	National	National rank	% change 2005-2012
Female	2.9	5.3	6.7	481	+42.3
Male	12.0	9.5	9.9	2237	+19.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012



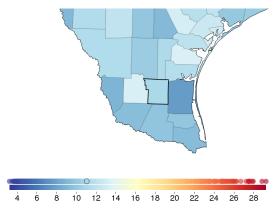


FINDINGS: BINGE DRINKING

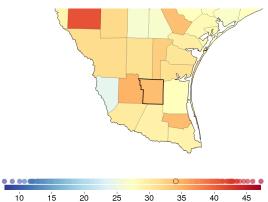
% change 2002-20	National rank	National	Texas	<b>Brooks County</b>	Sex
+34	1620	12.4	10.8	11.0	Female
+8	2896	24.5	24.5	34.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012





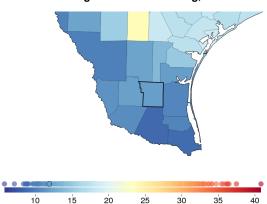


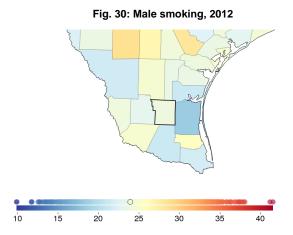
## FINDINGS: SMOKING

Sex	<b>Brooks County</b>	Texas	National	National rank	% change 1996-2012
Female	11.9	15.1	17.9	54	-32.6
Male	23.9	22.1	22.2	1109	-17.7

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



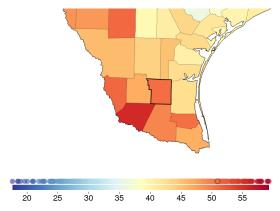


FINDINGS: OBESITY

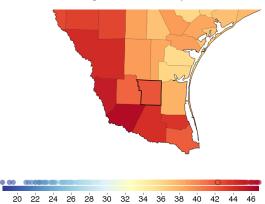
% change 2001-2011	National rank	National	Texas	<b>Brooks County</b>	Sex
+28.8	3041	36.1	38.9	50.9	Female
+42.5	2997	33.8	36.0	42.3	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011







### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Texas	<b>Brooks County</b>	Sex
+13.5	2903	52.6	49.5	38.6	Female
+0.1	3005	56.3	54.1	42.4	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

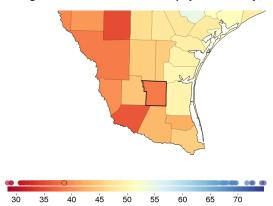
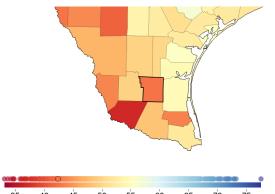


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Brooks County, Texas. Seattle, WA: IHME, 2016.

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