

# COUNTY PROFILE: Buchanan County, Iowa

## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (<http://vizhub.healthdata.org/subnational/usa>).

## FINDINGS: LIFE EXPECTANCY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 81.7            | 81.9 | 81.5     | 813           | +3.2               |
| Male   | 76.9            | 77.5 | 76.7     | 989           | +6.6               |

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

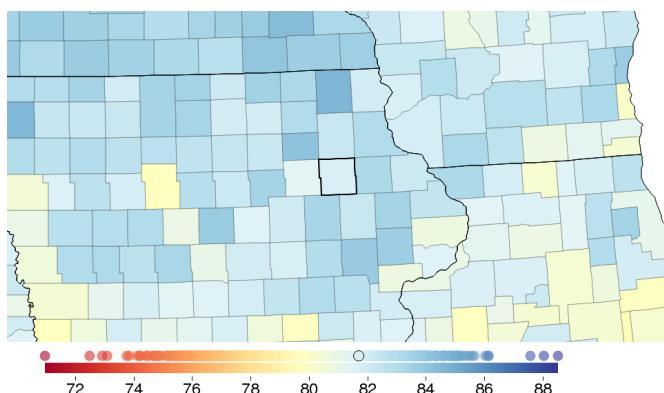
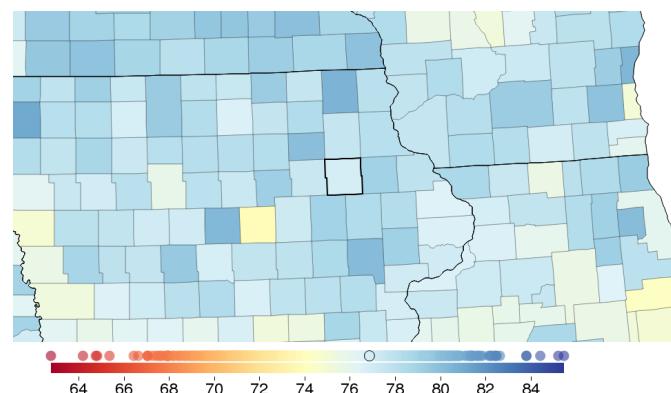


Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

| Sex    | Buchanan County | Iowa  | National | National rank | % change 1980-2014 |
|--------|-----------------|-------|----------|---------------|--------------------|
| Female | 669.4           | 645.3 | 667.8    | 987           | -14.6              |
| Male   | 962.4           | 908.2 | 930.1    | 1224          | -27.2              |

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

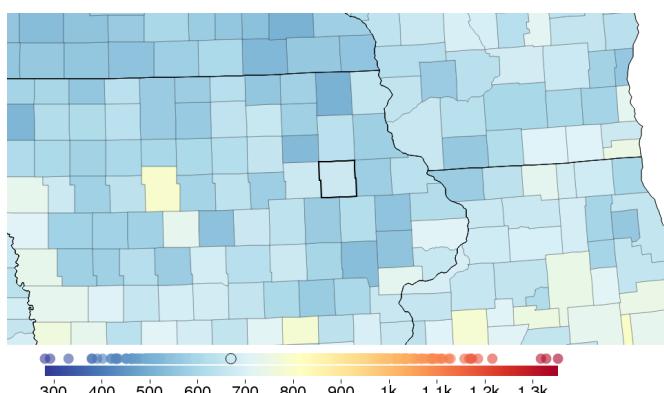
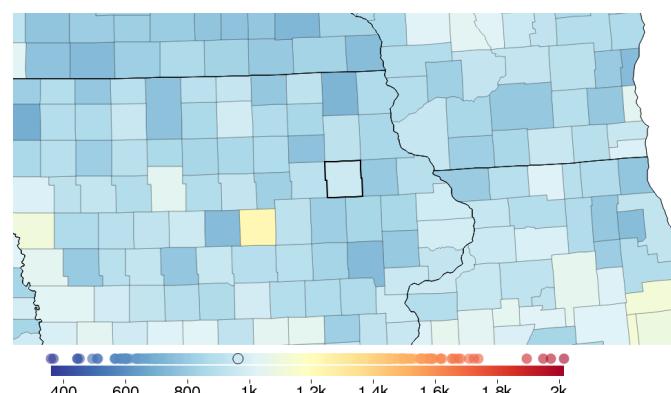


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

| Sex    | Buchanan County | Iowa  | National | National rank | % change 1980-2014 |
|--------|-----------------|-------|----------|---------------|--------------------|
| Female | 133.9           | 121.6 | 124.9    | 1582          | -50.6              |
| Male   | 222.7           | 196.9 | 191.5    | 1909          | -53.2              |

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

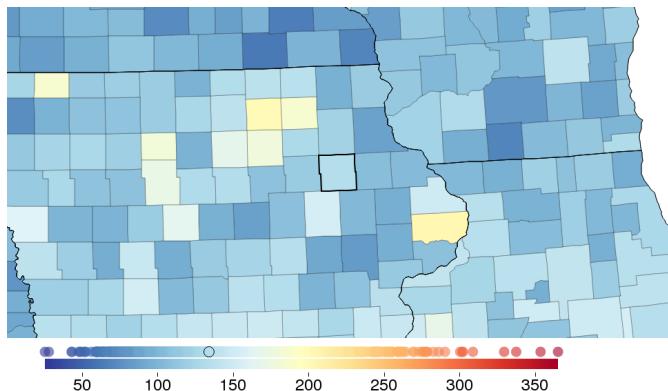
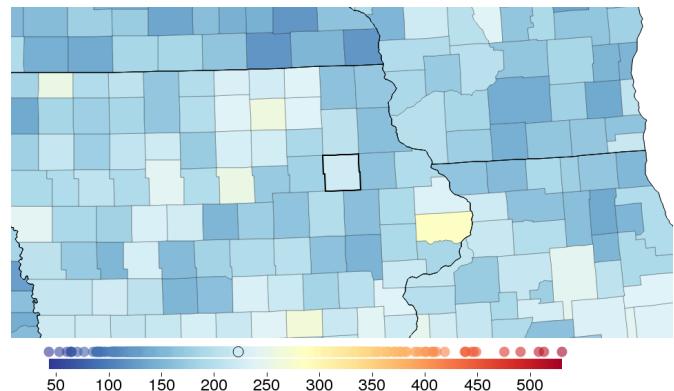


Fig. 6: Male ischemic heart disease, 2014



## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 48.1            | 48.5 | 47.4     | 1171          | -33.2              |
| Male   | 46.7            | 49.4 | 48.8     | 954           | -52.6              |

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

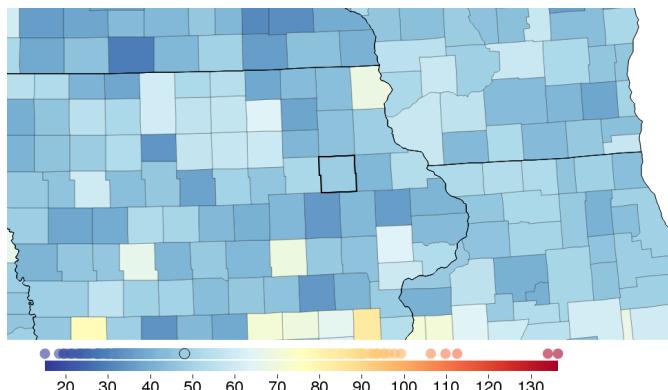
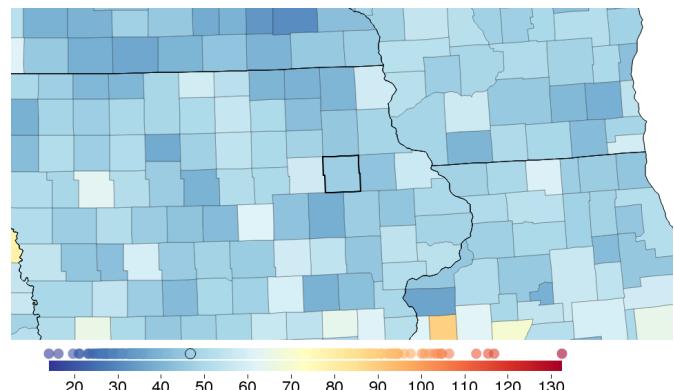


Fig. 8: Male cerebrovascular disease (stroke), 2014

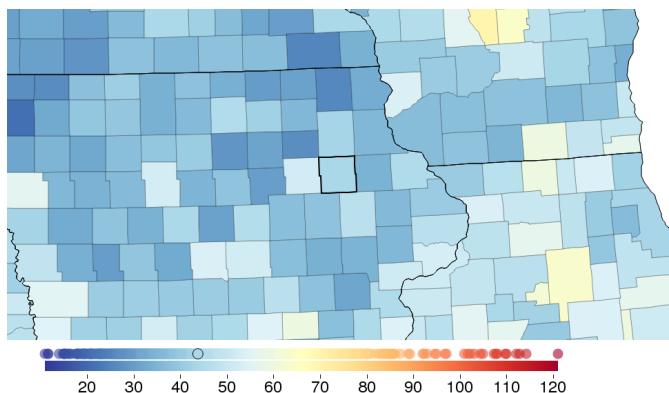


## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

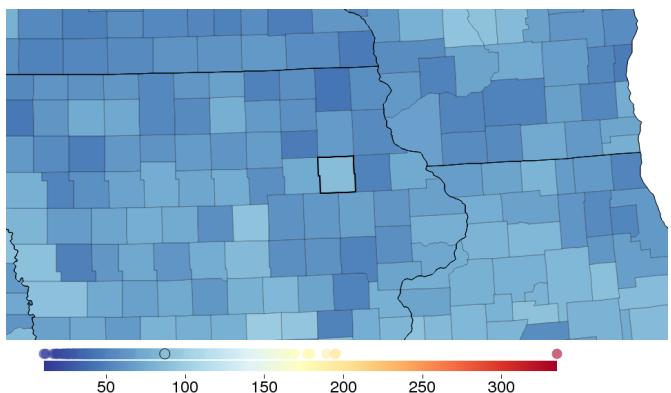
| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 43.7            | 44.1 | 43.8     | 1156          | +90.8              |
| Male   | 87.0            | 70.0 | 67.6     | 1990          | -5.9               |

rate per 100,000 population, age-standardized, 2014

**Fig. 9: Female tracheal, bronchus, and lung cancer, 2014**



**Fig. 10: Male tracheal, bronchus, and lung cancer, 2014**

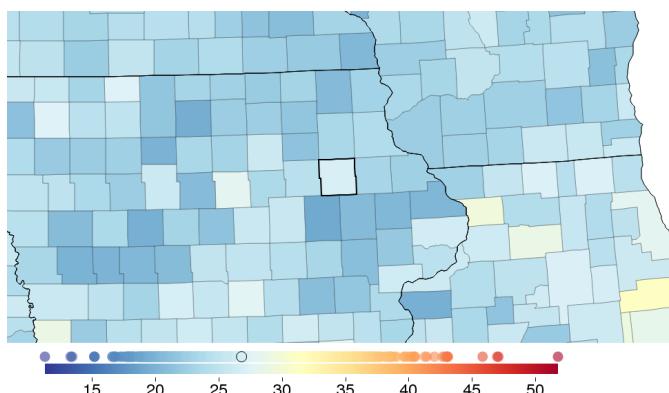


## FINDINGS: BREAST CANCER

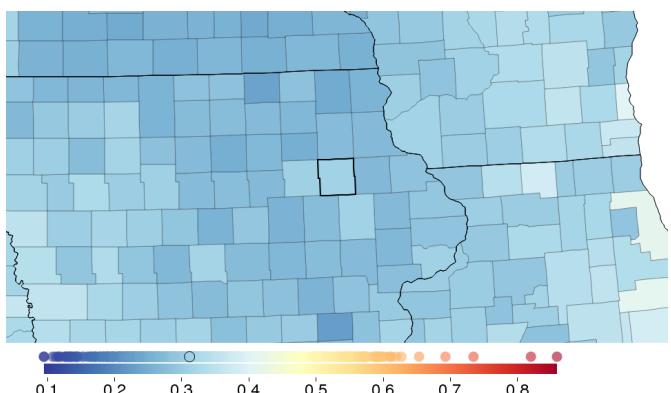
| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 26.8            | 23.7 | 25.9     | 1873          | -24.7              |
| Male   | 0.3             | 0.3  | 0.3      | 1524          | -6.4               |

rate per 100,000 population, age-standardized, 2014

**Fig. 11: Female breast cancer, 2014**



**Fig. 12: Male breast cancer, 2014**



## FINDINGS: MALIGNANT SKIN MELANOMA

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 2.3             | 2.0  | 1.9      | 2093          | +23.7              |
| Male   | 5.0             | 4.4  | 4.5      | 1745          | +61.8              |

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

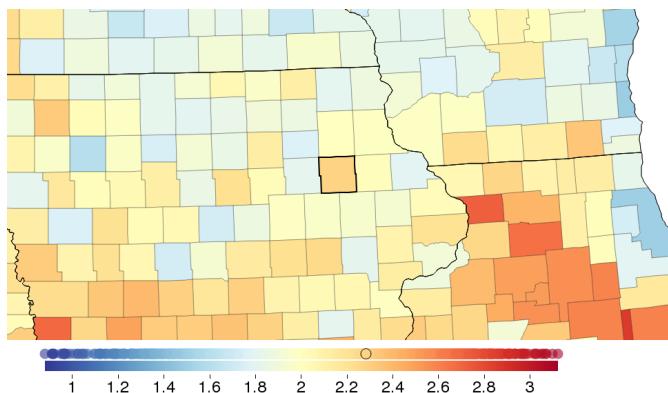
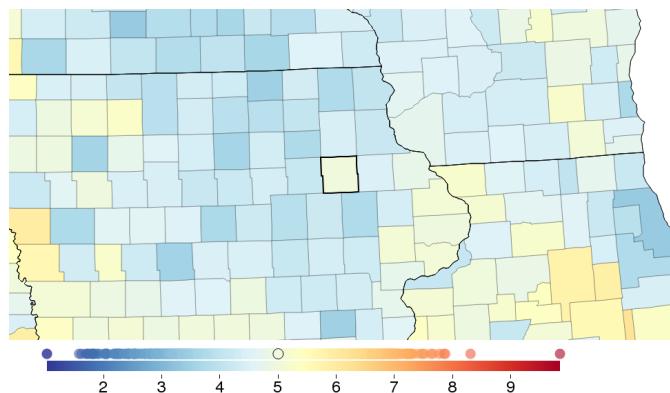


Fig. 14: Male malignant skin melanoma, 2014



## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 59.7            | 44.3 | 49.6     | 1914          | +78.8              |
| Male   | 76.4            | 55.2 | 63.8     | 2148          | +51.1              |

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

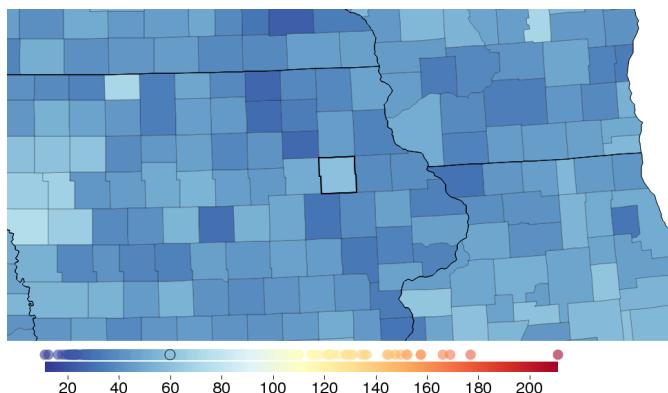
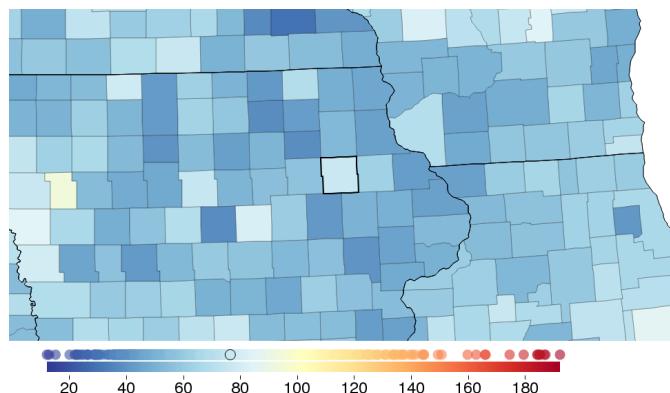


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 6.4             | 7.4  | 9.0      | 351           | +2.0               |
| Male   | 23.3            | 24.5 | 30.9     | 437           | -6.0               |

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

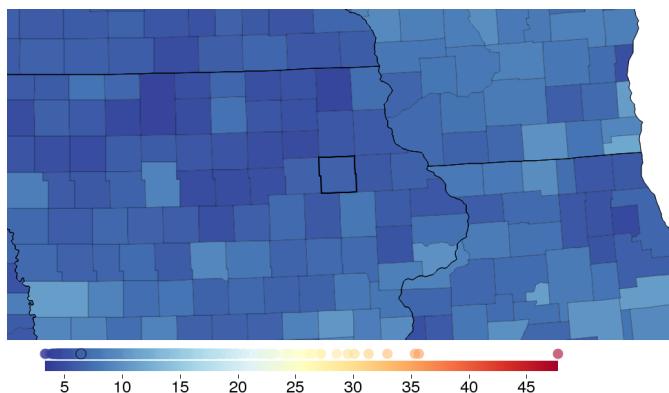
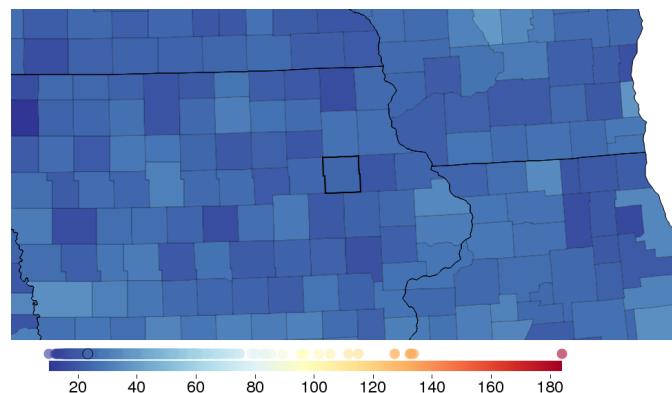


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: TRANSPORT INJURIES MORTALITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 9.3             | 8.7  | 8.1      | 665           | -32.0              |
| Male   | 23.6            | 19.1 | 19.8     | 870           | -35.9              |

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

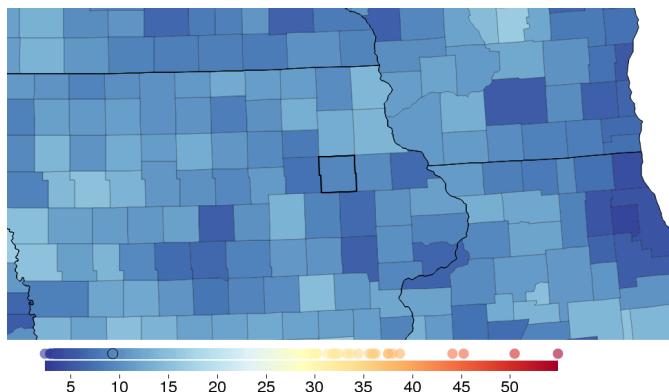
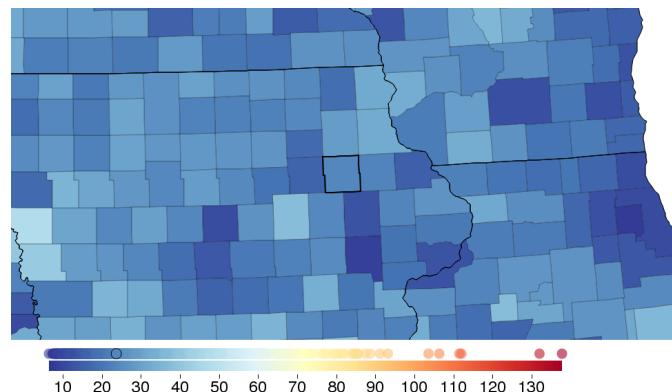


Fig. 20: Male transport injuries mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female |                 | 4.5  | 5.5      | 8.2           | 395<br>+306.1      |
| Male   |                 | 6.0  | 11.9     | 18.7          | 81<br>+143.5       |

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

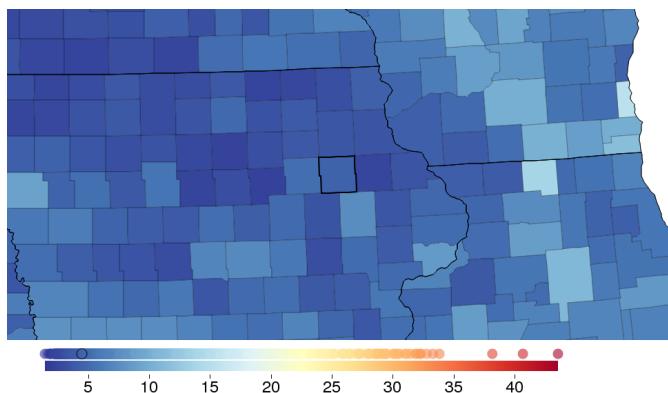
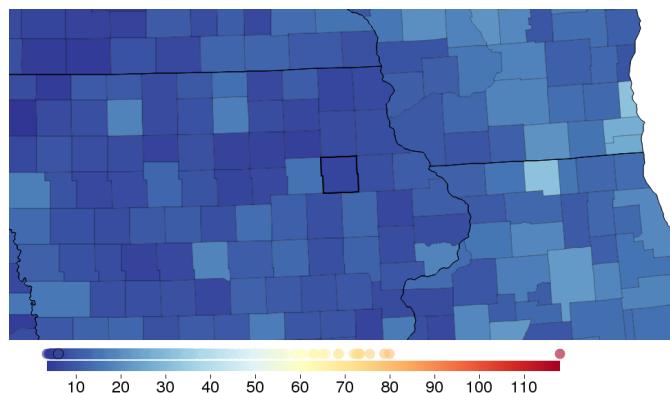


Fig. 22: Male mental and substance use disorders mortality, 2014



## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 1980-2014 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female |                 | 8.2  | 9.0      | 11.8          | 218<br>+20.2       |
| Male   |                 | 15.2 | 15.6     | 22.2          | 447<br>+1.0        |

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

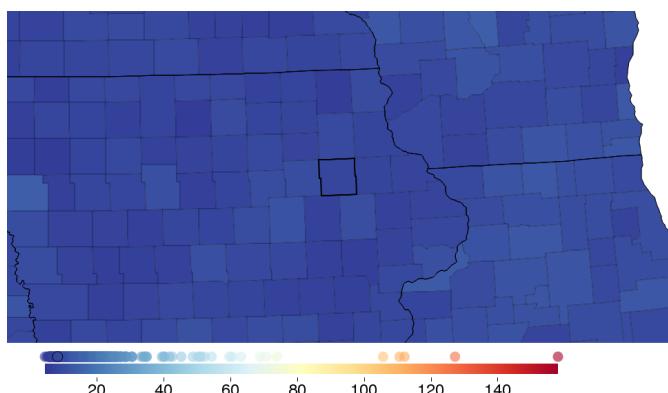
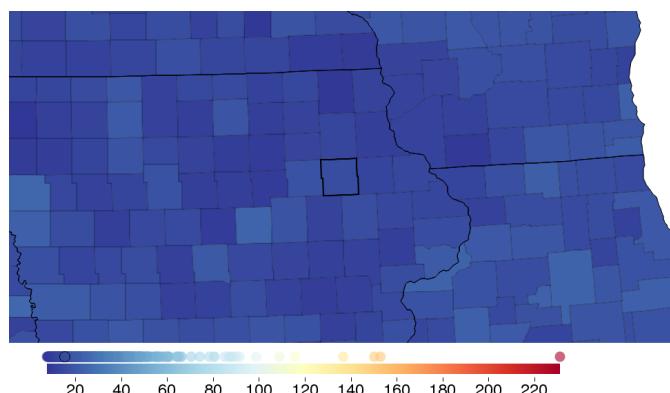


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



## FINDINGS: HEAVY DRINKING

| Sex    | Buchanan County | Iowa | National | National rank | % change 2005-2012 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 7.0             | 7.6  | 6.7      | 2307          | +33.0              |
| Male   | 16.1            | 13.9 | 9.9      | 3001          | +25.5              |

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

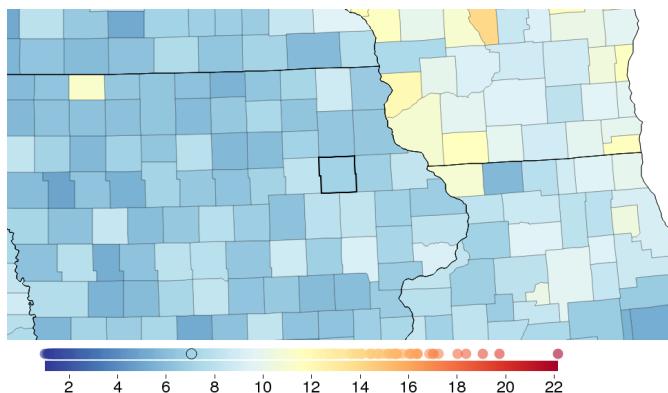
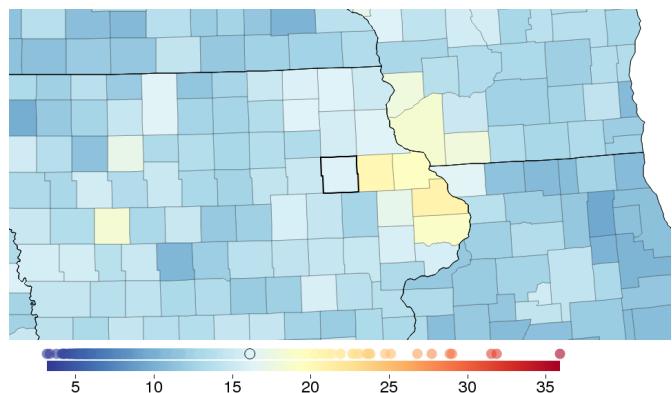


Fig. 26: Male heavy drinking, 2012



## FINDINGS: BINGE DRINKING

| Sex    | Buchanan County | Iowa | National | National rank | % change 2002-2012 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 17.2            | 17.1 | 12.4     | 2829          | +14.6              |
| Male   | 37.7            | 33.4 | 24.5     | 3062          | +5.7               |

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

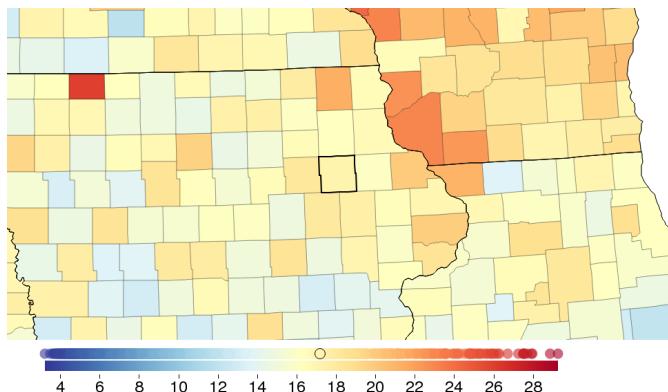
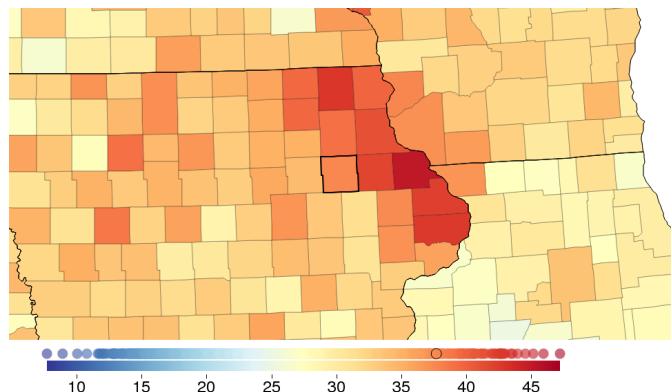


Fig. 28: Male binge drinking, 2012

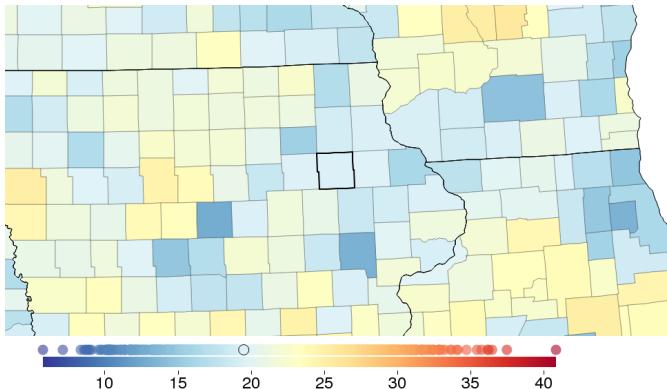


## FINDINGS: SMOKING

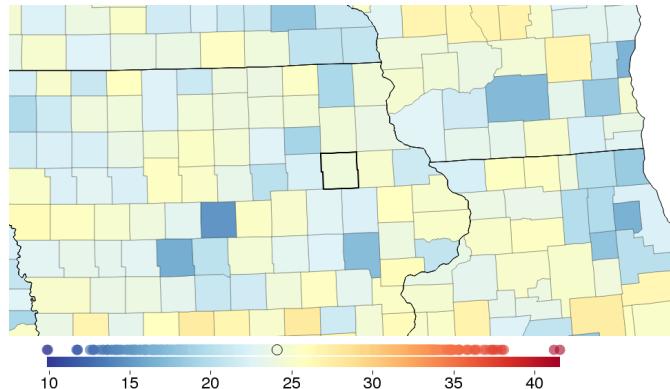
| Sex    | Buchanan County | Iowa | National | National rank | % change 1996-2012 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 19.5            | 19.2 | 17.9     | 893           | -13.7              |
| Male   | 24.1            | 22.2 | 22.2     | 1167          | -19.3              |

prevalence (%), age-standardized, 2012

**Fig. 29: Female smoking, 2012**



**Fig. 30: Male smoking, 2012**

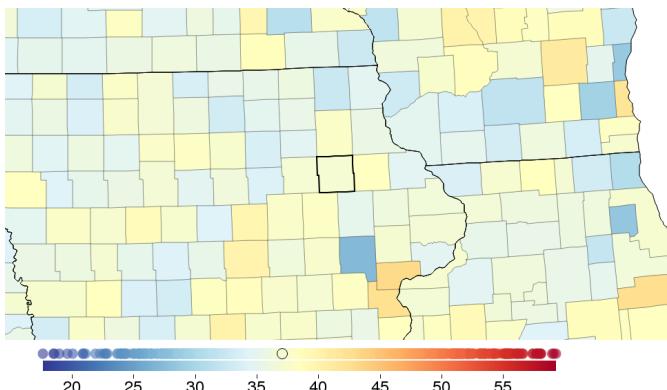


## FINDINGS: OBESITY

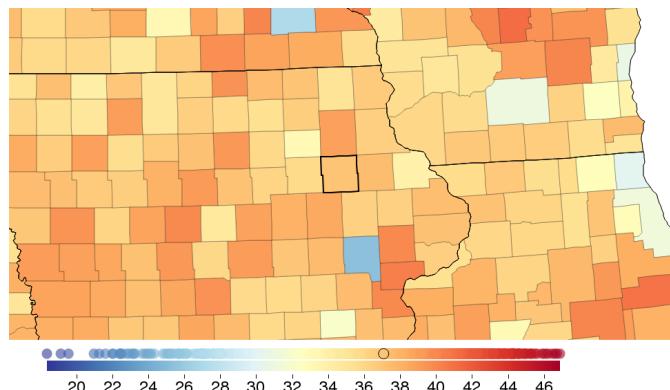
| Sex    | Buchanan County | Iowa | National | National rank | % change 2001-2011 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 37.0            | 35.9 | 36.1     | 1182          | +27.3              |
| Male   | 37.1            | 36.3 | 33.8     | 1416          | +24.5              |

prevalence (%), age-standardized, 2011

**Fig. 31: Female obesity, 2011**



**Fig. 32: Male obesity, 2011**



## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

| Sex    | Buchanan County | Iowa | National | National rank | % change 2001-2011 |
|--------|-----------------|------|----------|---------------|--------------------|
| Female | 50.5            | 52.9 | 52.6     | 1521          | +7.7               |
| Male   | 52.3            | 54.1 | 56.3     | 1822          | +3.0               |

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

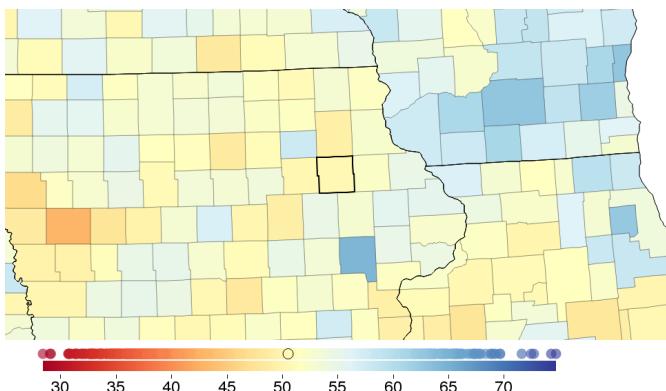
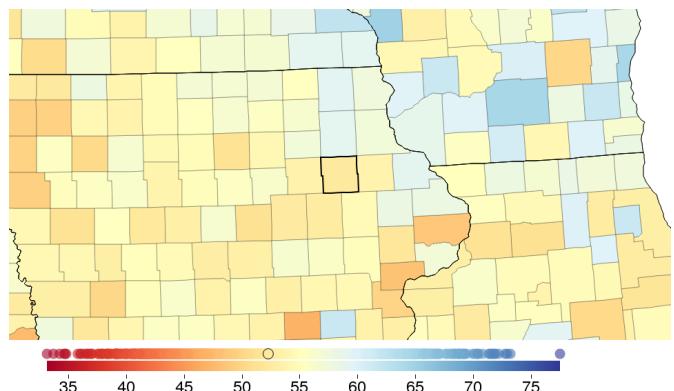


Fig. 34: Male recommended physical activity, 2011



## CITATION:

Institute for Health Metrics and Evaluation (IHME),  
US County Profile: Buchanan County, Iowa.  
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Institute for Health Metrics and Evaluation  
2301 Fifth Ave., Suite 600  
Seattle, WA 98121 USA

Telephone: +1-206-897-2800  
E-mail: engage@healthdata.org  
www.healthdata.org

