# COUNTY PROFILE: Cape Girardeau County, Missouri

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
+2.4	1170	81.5	80.2	81.0	Female
+5.6	1359	76.7	75.3	76.1	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

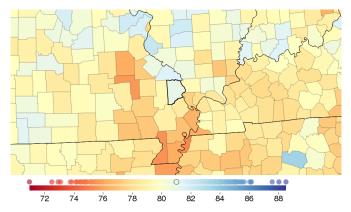
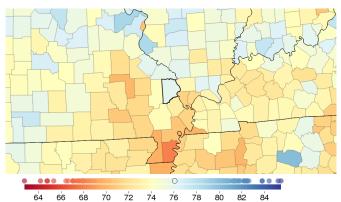


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	Cape Girardeau County	Missouri	National	National rank	% change 1980-2014
Female	712.8	738.9	667.8	1404	-8.0
Male	1028.1	1038.3	930.1	1684	-22.2

Fig. 3: Female all-cause mortality, 2014

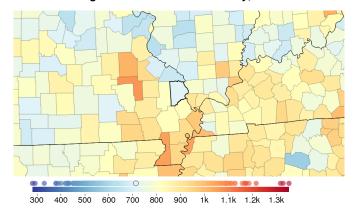
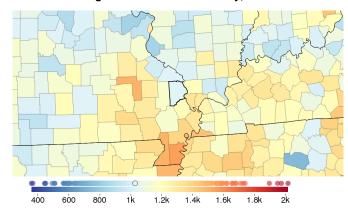


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

Sex	Cape Girardeau County	Missouri	National	National rank	% change 1980-2014
Female	173.7	148.8	124.9	2554	-36.0
Male	255.9	227.9	191.5	2487	-46.8

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

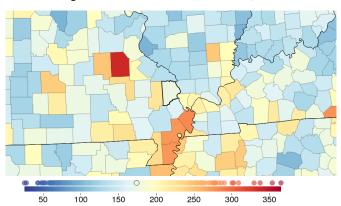
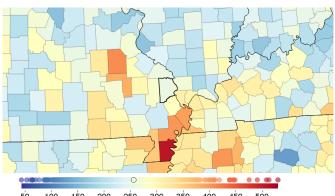


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
-33.5	2326	47.4	54.1	58.9	Female
-51.3	1716	48.8	54.8	53.3	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

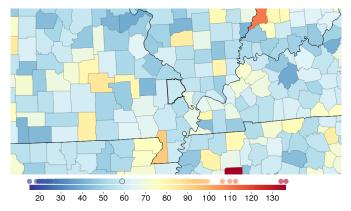
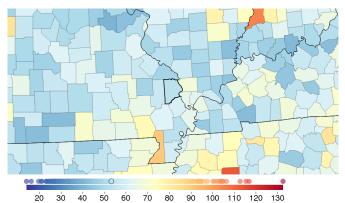


Fig. 8: Male cerebrovascular disease (stroke), 2014

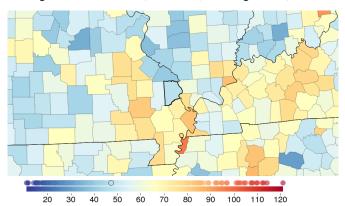


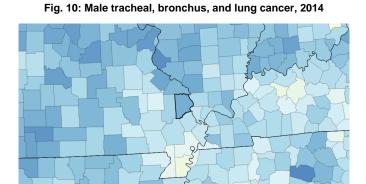
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Cape Girardeau County	Missouri	National	National rank	% change 1980-2014
Female	47.2	52.7	43.8	1512	+81.6
Male	76.8	83.4	67.6	1554	-29.6

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014





FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
-12.6	2009	25.9	27.4	27.2	Female
-6.7	1970	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

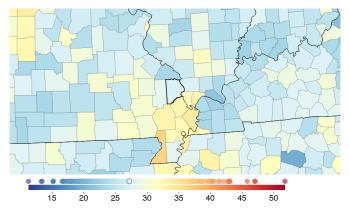
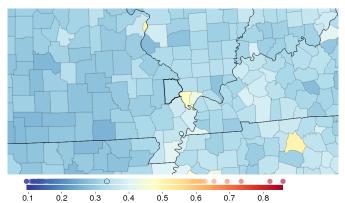


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
-5.6	591	1.9	2.1	1.8	Female
+48.3	1665	4.5	5.2	4.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

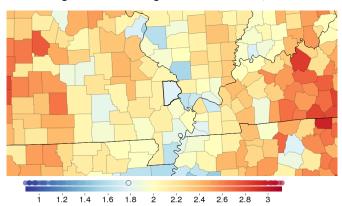


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
+52.6	916	49.6	51.7	47.2	Female
+74.5	1308	63.8	66.1	64.0	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

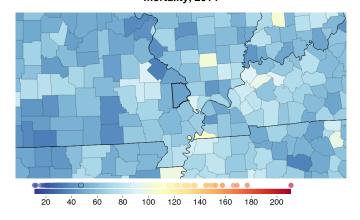
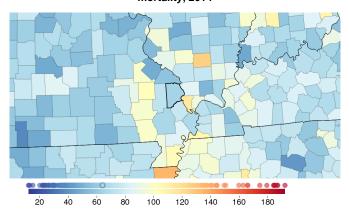


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

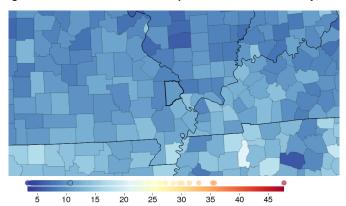


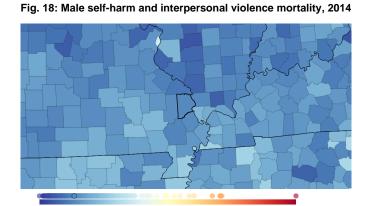
#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Cape Girardeau County	Missouri	National	National rank	% change 1980-2014
Female	10.7	10.3	9.0	2007	+29.4
Male	33.8	37.7	30.9	1707	+22.9

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
-29.9	412	8.1	10.5	7.6	Female
-38.5	532	19.8	24.2	19.6	Male

Fig. 19: Female transport injuries mortality, 2014

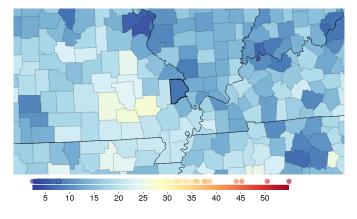
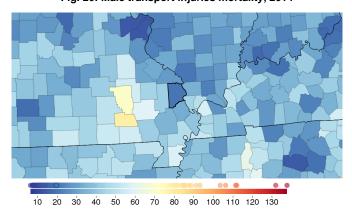


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
+523.2	375	8.2	9.9	4.4	Female
+319.4	249	18.7	21.1	7.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

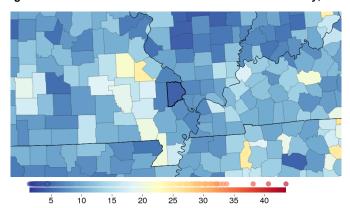
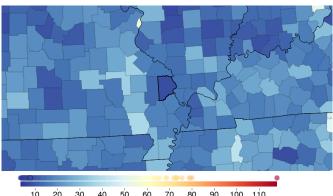


Fig. 22: Male mental and substance use disorders mortality, 2014



### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Missouri	Cape Girardeau County	Sex
+19.1	122	11.8	10.8	7.7	Female
+11.0	770	22.2	20.9	17.4	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

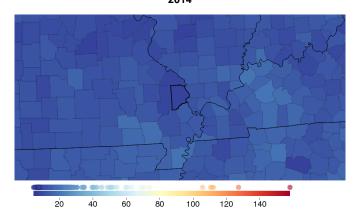
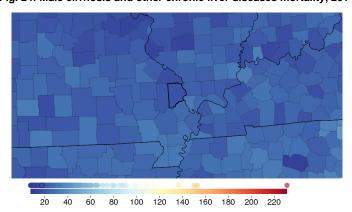


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

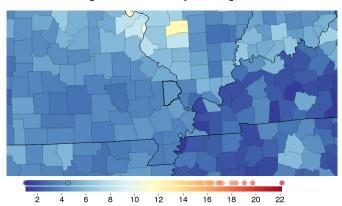


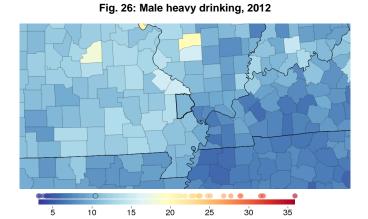
# FINDINGS: HEAVY DRINKING

Sex	Cape Girardeau County	Missouri	National	National rank	% change 2005-2012
Female	4.5	6.1	6.7	1232	+7.9
Male	10.4	11.5	9.9	1620	+13.1

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Missouri	Cape Girardeau County	Sex
-10.7	1546	12.4	12.8	10.8	Female
-7.0	1814	24.5	27.5	25.6	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

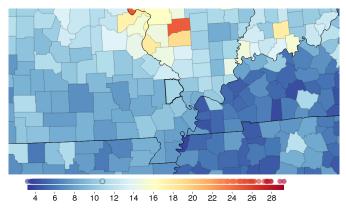
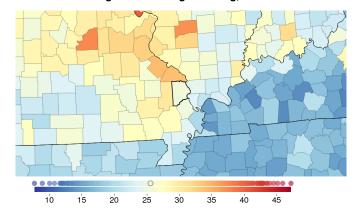


Fig. 28: Male binge drinking, 2012

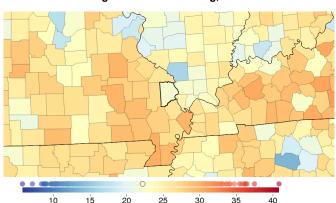


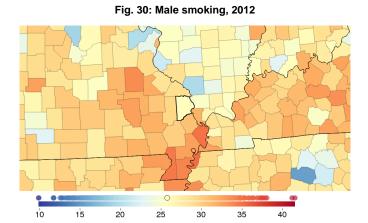
#### FINDINGS: SMOKING

% change 1996-2012	National rank	National	Missouri	Cape Girardeau County	Sex
-13.0	1674	17.9	23.1	22.2	Female
-9.2	1665	22.2	26.5	25.8	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Missouri	Cape Girardeau County	Sex
+23.9	561	36.1	38.9	34.7	Female
+39.5	1045	33.8	36.6	36.2	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

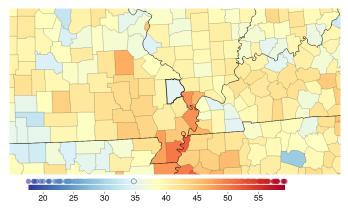
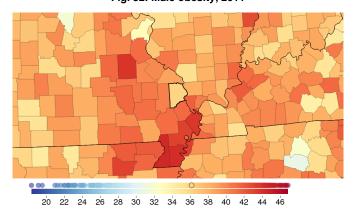


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Missouri	Cape Girardeau County	Sex
+5.4	1596	52.6	50.3	50.1	Female
-7.3	2055	56.3	53.6	51.0	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

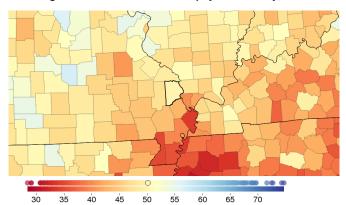
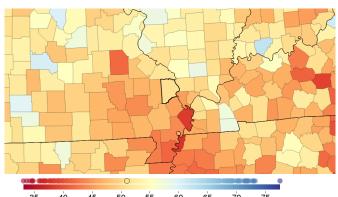


Fig. 34: Male recommended physical activity, 2011



# **CITATION:**

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