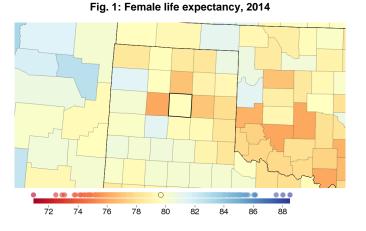
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

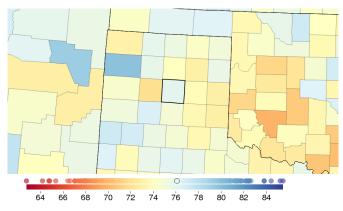
FINDINGS: LIFE EXPECTANCY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 79.7 | 80.8 | 81.5 | 1934 | +0.0 |
| Male | 76.1 | 76.2 | 76.7 | 1347 | +5.8 |



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 797.0 | 694.2 | 667.8 | 2176 | +10.9 |
| Male | 962.6 | 954.8 | 930.1 | 1225 | -21.6 |

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

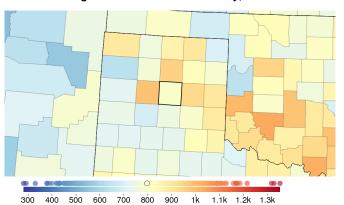
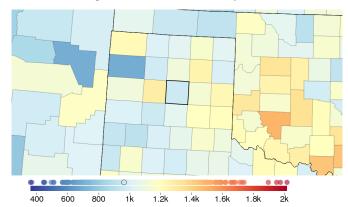


Fig. 4: Male all-cause mortality, 2014



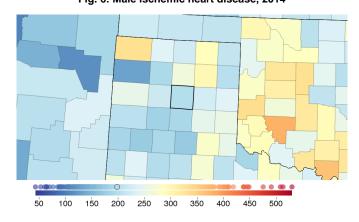
FINDINGS: ISCHEMIC HEART DISEASE

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 148.8 | 127.2 | 124.9 | 2041 | -32.4 |
| Male | 198.0 | 197.7 | 191.5 | 1354 | -49.7 |

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 47.8 | 52.0 | 47.4 | 1135 | -20.3 |
| Male | 48.7 | 54.0 | 48.8 | 1198 | -37.7 |

rate per 100,000 population, age-standardized, 2014

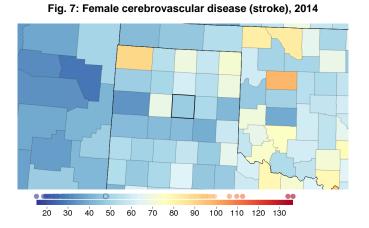
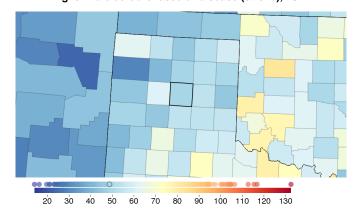


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 43.4 | 38.4 | 43.8 | 1131 | +69.7 |
| Male | 57.5 | 62.9 | 67.6 | 606 | -38.9 |

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

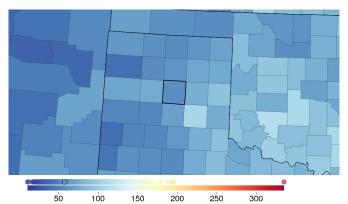


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 27.8 | 25.6 | 25.9 | 2184 | -1.9 |
| Male | 0.2 | 0.3 | 0.3 | 269 | -18.5 |

rate per 100,000 population, age-standardized, 2014

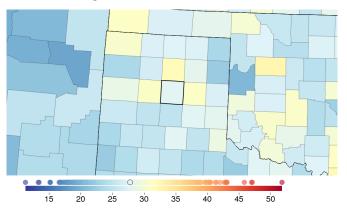


Fig. 11: Female breast cancer, 2014

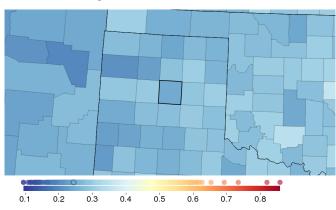


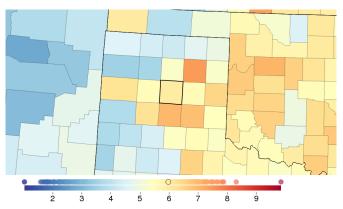
Fig. 12: Male breast cancer, 2014

FINDINGS: MALIGNANT SKIN MELANOMA

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 2.8 | 1.6 | 1.9 | 3064 | +15.2 |
| Male | 6.0 | 4.0 | 4.5 | 2708 | +35.7 |

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 46.5 | 55.9 | 49.6 | 853 | +58.4 |
| Male | 52.3 | 66.9 | 63.8 | 501 | +50.3 |

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

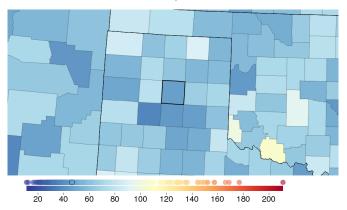
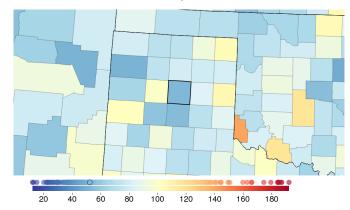


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

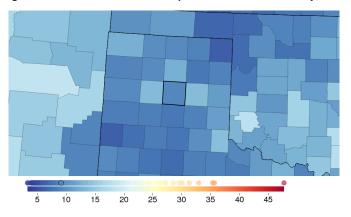


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 9.1 | 8.4 | 9.0 | 1381 | -1.1 |
| Male | 31.5 | 28.8 | 30.9 | 1425 | -19.2 |

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 20.0 | 9.5 | 8.1 | 2683 | +3.9 |
| Male | 41.6 | 24.3 | 19.8 | 2453 | -20.6 |

rate per 100,000 population, age-standardized, 2014

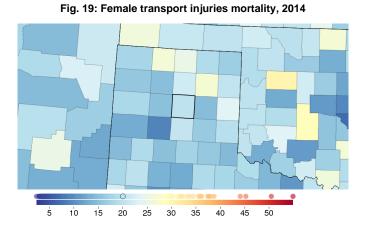


Fig. 20: Male transport injuries mortality, 2014

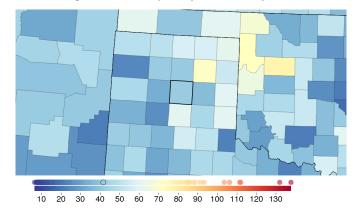
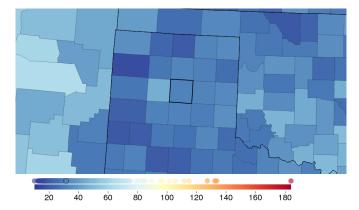


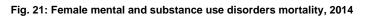
Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 8.5 | 6.4 | 8.2 | 1747 | +509.2 |
| Male | 9.5 | 13.9 | 18.7 | 512 | +170.2 |

rate per 100,000 population, age-standardized, 2014



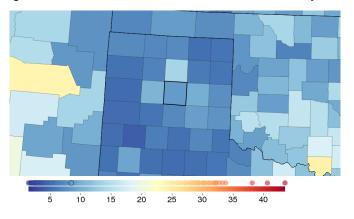
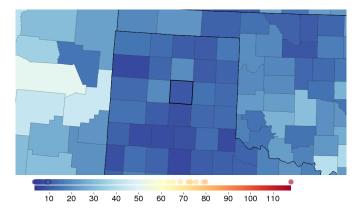


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

| Sex | Carson County | Texas | National | National rank | % change 1980-2014 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 14.7 | 14.5 | 11.8 | 2270 | +75.5 |
| Male | 20.0 | 27.7 | 22.2 | 1182 | +30.0 |

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

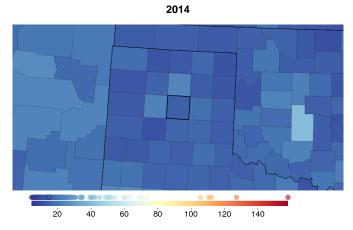
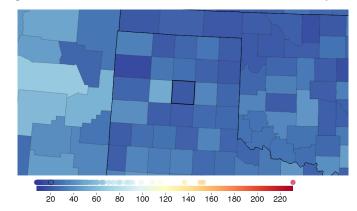


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



FINDINGS: HEAVY DRINKING

| Sex | Carson County | Texas | National | National rank | % change 2005-2012 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 3.0 | 5.3 | 6.7 | 496 | +19.9 |
| Male | 7.1 | 9.5 | 9.9 | 267 | -7.8 |

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012

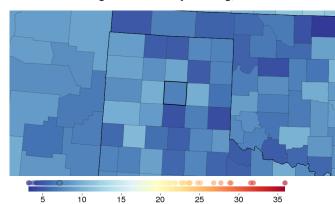


Fig. 26: Male heavy drinking, 2012

FINDINGS: BINGE DRINKING

| Sex | Carson County | Texas | National | National rank | % change 2002-2012 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 7.8 | 10.8 | 12.4 | 783 | +4.5 |
| Male | 21.1 | 24.5 | 24.5 | 963 | -10.7 |

prevalence (%), age-standardized, 2012

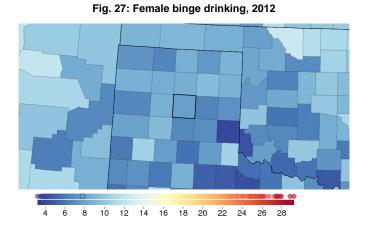
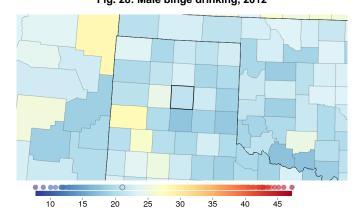


Fig. 28: Male binge drinking, 2012

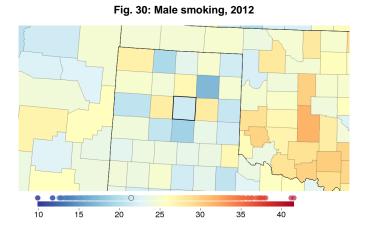


FINDINGS: SMOKING

| Sex | Carson County | Texas | National | National rank | % change 1996-2012 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 18.7 | 15.1 | 17.9 | 684 | -11.9 |
| Male | 21.4 | 22.1 | 22.2 | 479 | -16.0 |

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



FINDINGS: OBESITY

| Sex | Carson County | Texas | National | National rank | % change 2001-2011 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 35.4 | 38.9 | 36.1 | 729 | +19.1 |
| Male | 37.5 | 36.0 | 33.8 | 1619 | +32.9 |

prevalence (%), age-standardized, 2011

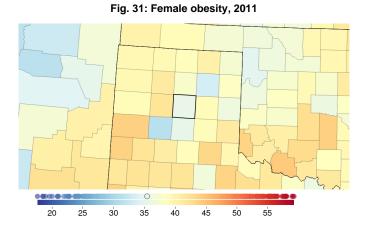
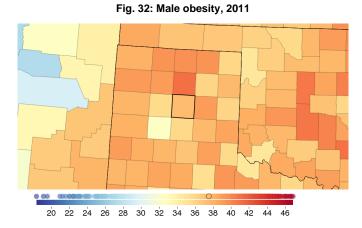


Fig. 20. Mala abaaitu



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

| Sex | Carson County | Texas | National | National rank | % change 2001-2011 |
|--------|----------------------|-------|----------|---------------|--------------------|
| Female | 49.8 | 49.5 | 52.6 | 1640 | +1.9 |
| Male | 55.3 | 54.1 | 56.3 | 1193 | +1.2 |

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

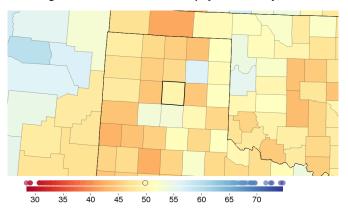
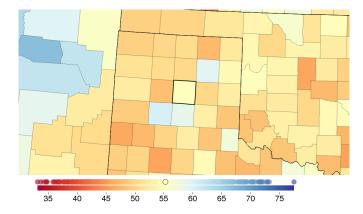


Fig. 34: Male recommended physical activity, 2011



CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Carson County, Texas. Seattle, WA: IHME, 2016.

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