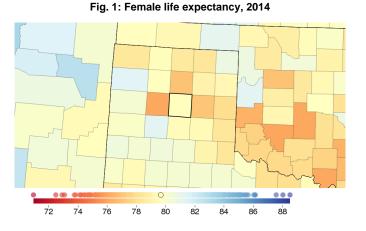
#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

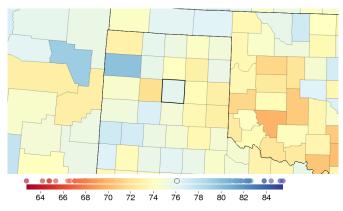
#### FINDINGS: LIFE EXPECTANCY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	79.7	80.8	81.5	1934	+0.0
Male	76.1	76.2	76.7	1347	+5.8



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



### FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	797.0	694.2	667.8	2176	+10.9
Male	962.6	954.8	930.1	1225	-21.6

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

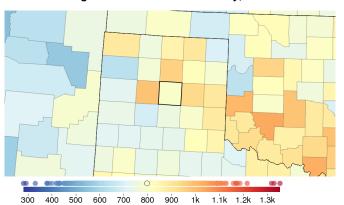
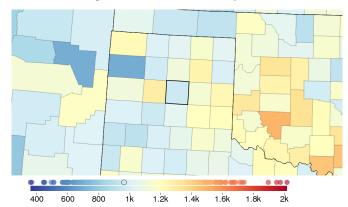


Fig. 4: Male all-cause mortality, 2014



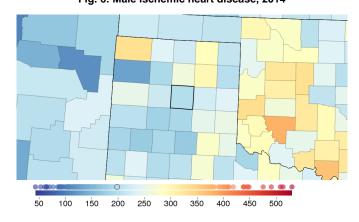
## FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	148.8	127.2	124.9	2041	-32.4
Male	198.0	197.7	191.5	1354	-49.7

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	47.8	52.0	47.4	1135	-20.3
Male	48.7	54.0	48.8	1198	-37.7

rate per 100,000 population, age-standardized, 2014

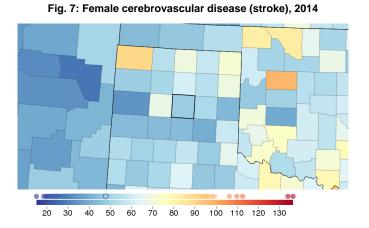
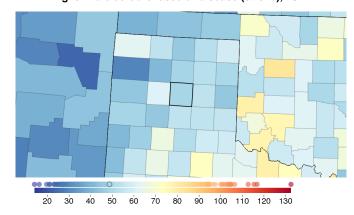


Fig. 8: Male cerebrovascular disease (stroke), 2014



#### FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	43.4	38.4	43.8	1131	+69.7
Male	57.5	62.9	67.6	606	-38.9

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

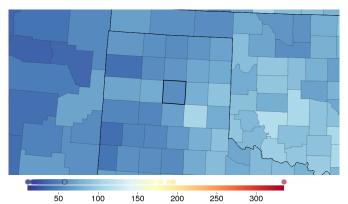


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

# FINDINGS: BREAST CANCER

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	27.8	25.6	25.9	2184	-1.9
Male	0.2	0.3	0.3	269	-18.5

rate per 100,000 population, age-standardized, 2014

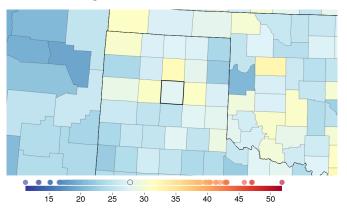


Fig. 11: Female breast cancer, 2014

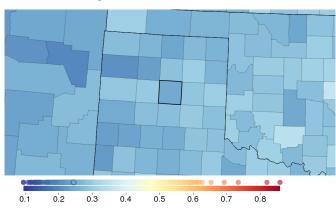


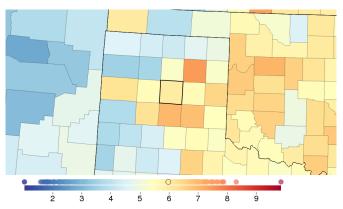
Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	2.8	1.6	1.9	3064	+15.2
Male	6.0	4.0	4.5	2708	+35.7

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014



#### FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	46.5	55.9	49.6	853	+58.4
Male	52.3	66.9	63.8	501	+50.3

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

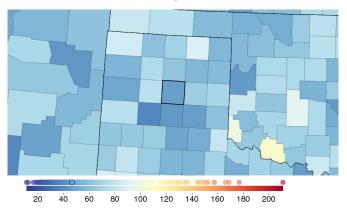
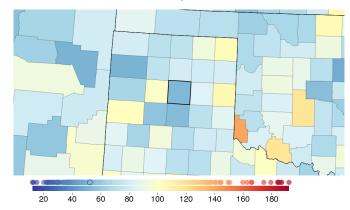


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

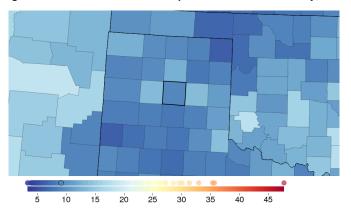


#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	9.1	8.4	9.0	1381	-1.1
Male	31.5	28.8	30.9	1425	-19.2

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	20.0	9.5	8.1	2683	+3.9
Male	41.6	24.3	19.8	2453	-20.6

rate per 100,000 population, age-standardized, 2014

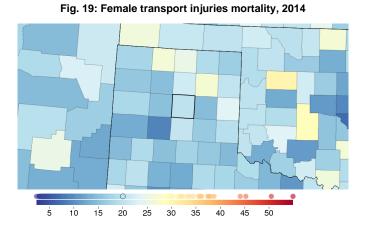


Fig. 20: Male transport injuries mortality, 2014

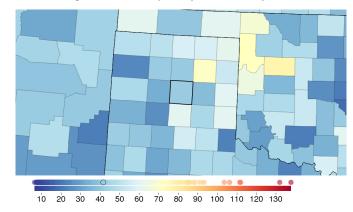
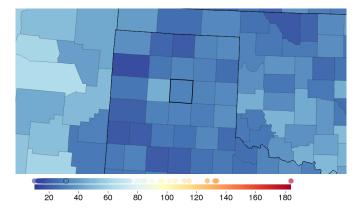


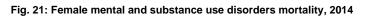
Fig. 18: Male self-harm and interpersonal violence mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	8.5	6.4	8.2	1747	+509.2
Male	9.5	13.9	18.7	512	+170.2

rate per 100,000 population, age-standardized, 2014



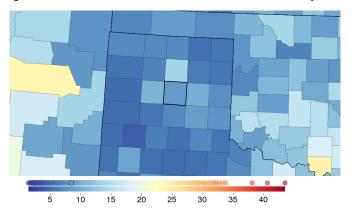
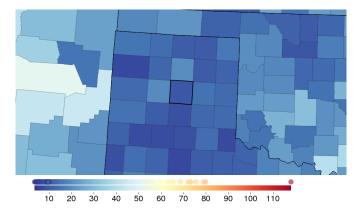


Fig. 22: Male mental and substance use disorders mortality, 2014

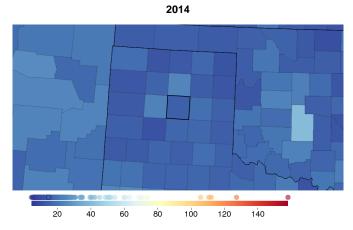


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

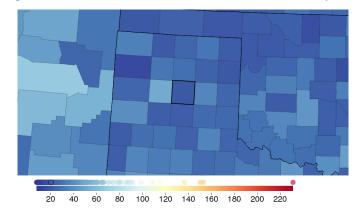
Sex	<b>Carson County</b>	Texas	National	National rank	% change 1980-2014
Female	14.7	14.5	11.8	2270	+75.5
Male	20.0	27.7	22.2	1182	+30.0

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



#### FINDINGS: HEAVY DRINKING

Sex	<b>Carson County</b>	Texas	National	National rank	% change 2005-2012
Female	3.0	5.3	6.7	496	+19.9
Male	7.1	9.5	9.9	267	-7.8

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012

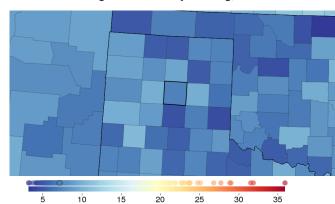


Fig. 26: Male heavy drinking, 2012

#### FINDINGS: BINGE DRINKING

Sex	<b>Carson County</b>	Texas	National	National rank	% change 2002-2012
Female	7.8	10.8	12.4	783	+4.5
Male	21.1	24.5	24.5	963	-10.7

prevalence (%), age-standardized, 2012

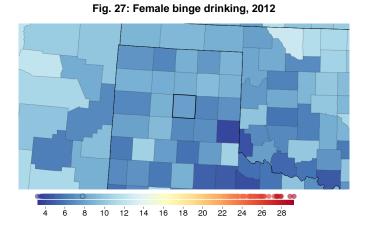
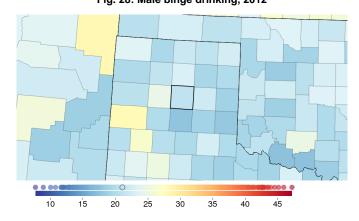


Fig. 28: Male binge drinking, 2012

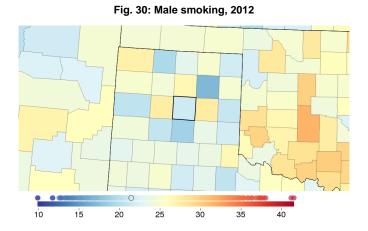


#### FINDINGS: SMOKING

Sex	<b>Carson County</b>	Texas	National	National rank	% change 1996-2012
Female	18.7	15.1	17.9	684	-11.9
Male	21.4	22.1	22.2	479	-16.0

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



#### FINDINGS: OBESITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 2001-2011
Female	35.4	38.9	36.1	729	+19.1
Male	37.5	36.0	33.8	1619	+32.9

prevalence (%), age-standardized, 2011

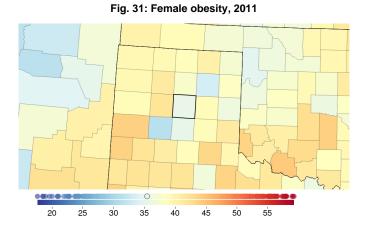
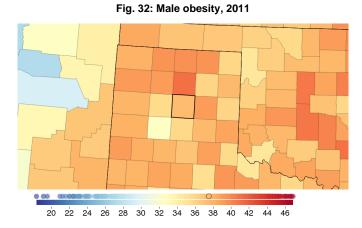


Fig. 20. Mala abaaitu



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Carson County</b>	Texas	National	National rank	% change 2001-2011
Female	49.8	49.5	52.6	1640	+1.9
Male	55.3	54.1	56.3	1193	+1.2

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

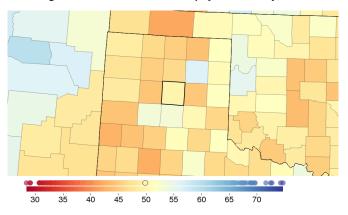
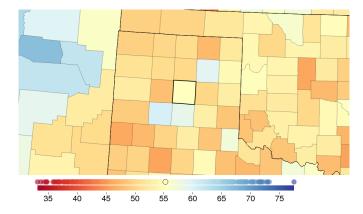


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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