# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

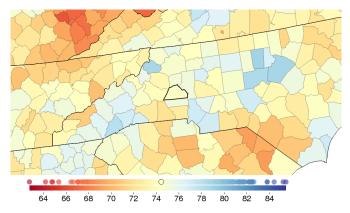
# FINDINGS: LIFE EXPECTANCY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	79.1	80.2	81.5	2210	+1.2
Male	74.4	75.4	76.7	2074	+7.2

Fig. 1: Female life expectancy, 2014

life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	814.5	725.0	667.8	2301	+1.0
Male	1132.3	1011.0	930.1	2264	-26.6

Fig. 3: Female all-cause mortality, 2014

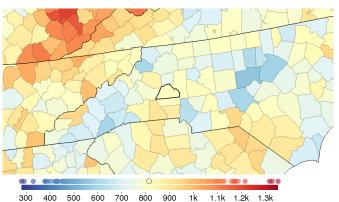
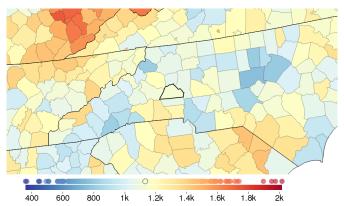


Fig. 4: Male all-cause mortality, 2014

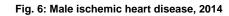


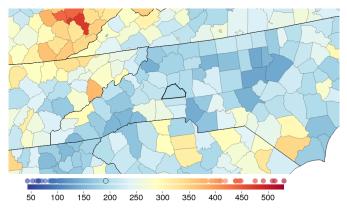
### FINDINGS: ISCHEMIC HEART DISEASE

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	118.2	114.8	124.9	1103	-47.1
Male	191.5	185.5	191.5	1192	-64.3

rate per 100,000 population, age-standardized, 2014

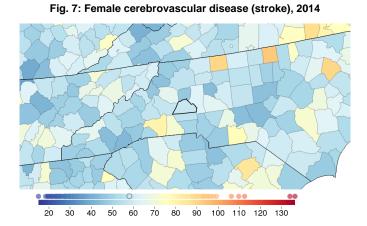
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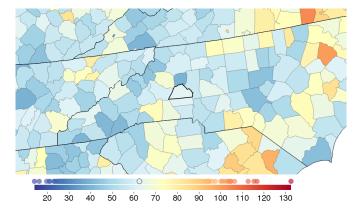


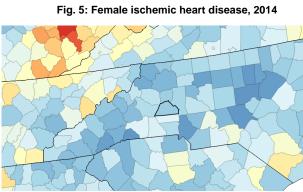
### FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	58.1	55.4	47.4	2257	-38.9
Male	62.5	57.5	48.8	2530	-47.6









# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

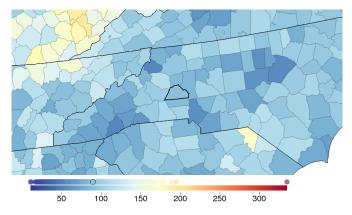
Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	53.0	47.3	43.8	2135	+106.5
Male	89.5	82.7	67.6	2089	-19.3

rate per 100,000 population, age-standardized, 2014

20 30 40 50 60 70 80 90 100 110 120

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

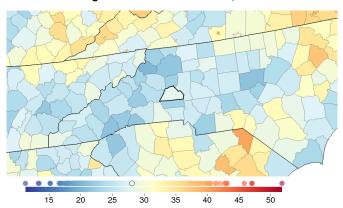
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

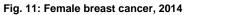


#### FINDINGS: BREAST CANCER

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	28.0	26.6	25.9	2258	-8.9
Male	0.4	0.4	0.3	2427	-7.6

rate per 100,000 population, age-standardized, 2014





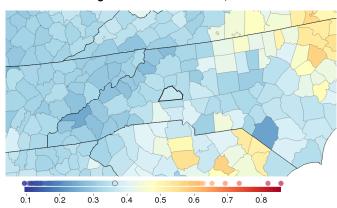


Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	2.5	2.0	1.9	2611	+2.6
Male	5.7	4.8	4.5	2512	+33.2

rate per 100,000 population, age-standardized, 2014

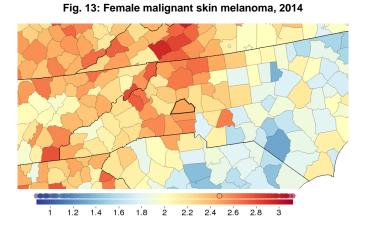
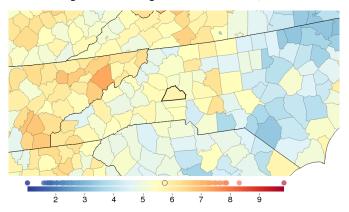


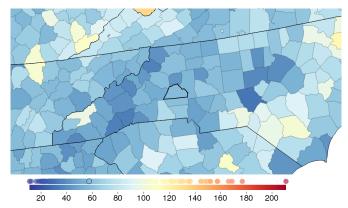
Fig. 14: Male malignant skin melanoma, 2014

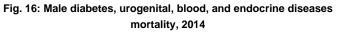


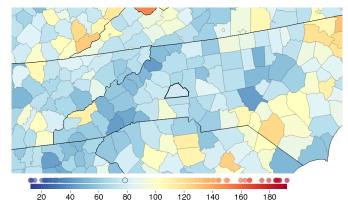
# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	57.5	57.6	49.6	1748	+27.1
Male	78.5	71.4	63.8	2276	+37.9

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014





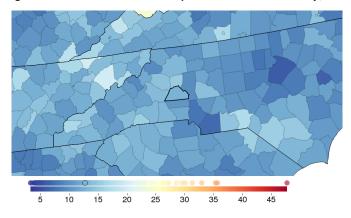


### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	12.7	9.9	9.0	2585	+14.0
Male	34.8	32.2	30.9	1850	-15.9

rate per 100,000 population, age-standardized, 2014

#### Fig. 17: Female self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	11.4	10.1	8.1	1113	-34.4
Male	28.3	24.8	19.8	1328	-37.2

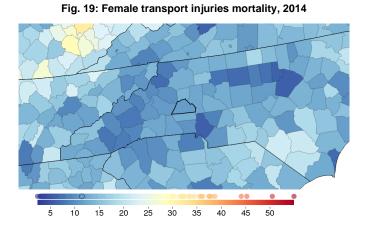


Fig. 20: Male transport injuries mortality, 2014

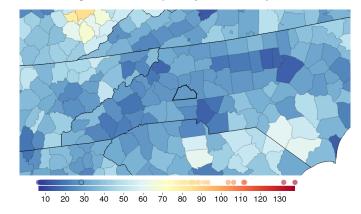
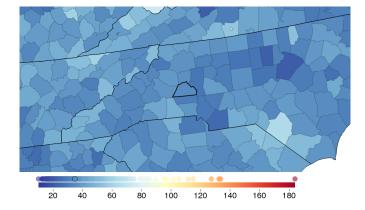


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	11.0	8.1	8.2	2357	+495.7
Male	22.3	17.5	18.7	2445	+152.7

rate per 100,000 population, age-standardized, 2014

#### Fig. 21: Female mental and substance use disorders mortality, 2014

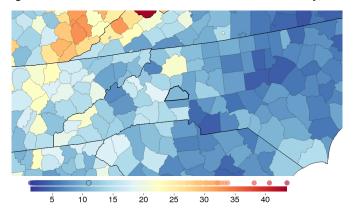
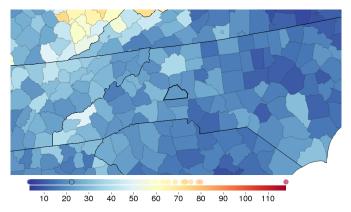


Fig. 22: Male mental and substance use disorders mortality, 2014

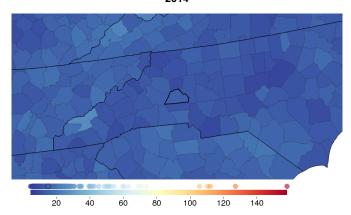


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

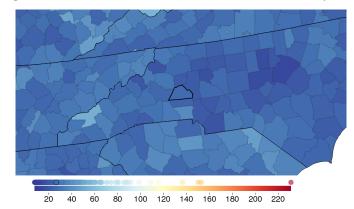
Sex	Catawba County	North Carolina	National	National rank	% change 1980-2014
Female	14.9	12.2	11.8	2330	+49.1
Male	26.4	23.2	22.2	2213	+8.1

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

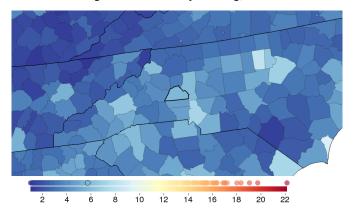


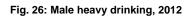
### FINDINGS: HEAVY DRINKING

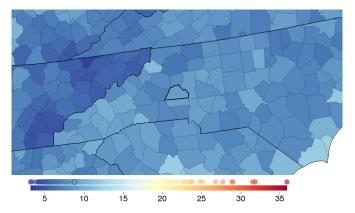
Sex	Catawba County	North Carolina	National	National rank	% change 2005-2012
Female	5.7	5.0	6.7	1804	+53.3
Male	8.8	8.4	9.9	909	+37.9

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012







### FINDINGS: BINGE DRINKING

Sex	Catawba County	North Carolina	National	National rank	% change 2002-2012
Female	8.2	8.8	12.4	882	+36.9
Male	20.2	20.4	24.5	798	+18.1

prevalence (%), age-standardized, 2012

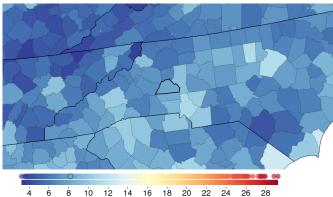
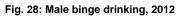
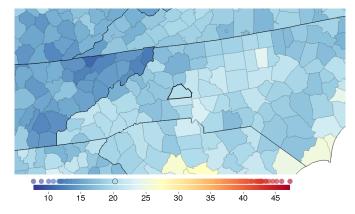


Fig. 27: Female binge drinking, 2012





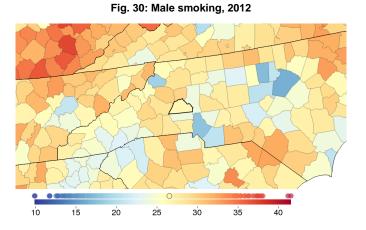


# FINDINGS: SMOKING

Sex	Catawba County	North Carolina	National	National rank	% change 1996-2012
Female	20.3	19.5	17.9	1100	-22.3
Male	26.5	23.6	22.2	1853	-16.7

prevalence (%), age-standardized, 2012

10 15 20 25 30 35 40



## FINDINGS: OBESITY

Sex	Catawba County	North Carolina	National	National rank	% change 2001-2011
Female	36.6	38.6	36.1	1039	+19.6
Male	33.0	34.9	33.8	351	+15.1

prevalence (%), age-standardized, 2011

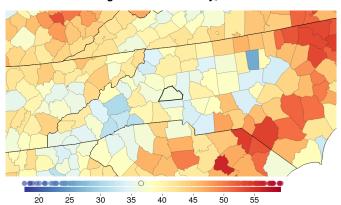
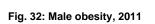
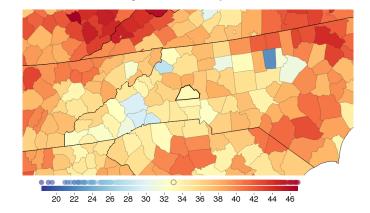


Fig. 31: Female obesity, 2011







#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Catawba County	North Carolina	National	National rank	% change 2001-2011
Female	43.5	48.2	52.6	2505	+10.3
Male	52.7	54.3	56.3	1734	-8.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

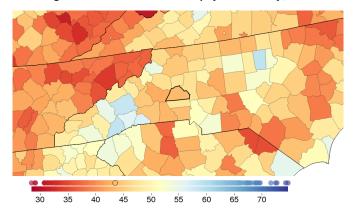
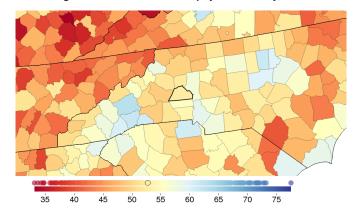


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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