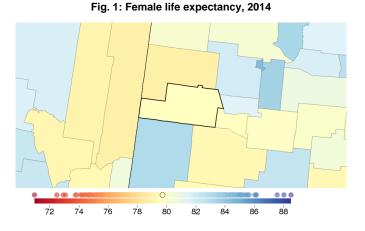
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

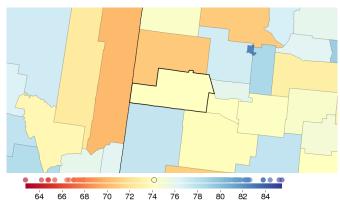
## FINDINGS: LIFE EXPECTANCY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	79.7	81.1	81.5	1901	+3.1
Male	74.1	75.6	76.7	2171	+6.8



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	733.8	663.0	667.8	1619	-11.3
Male	1028.4	952.2	930.1	1689	-23.5

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

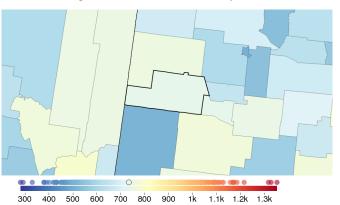
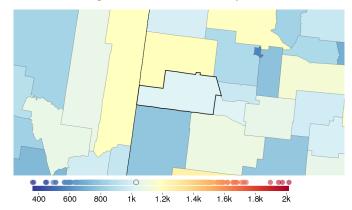


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	108.7	109.2	124.9	809	-32.7
Male	169.1	172.3	191.5	688	-50.3

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

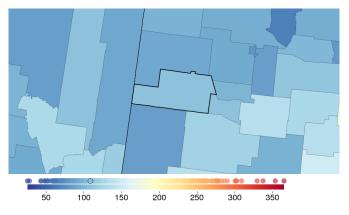
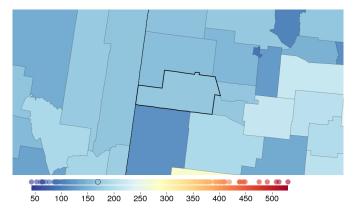


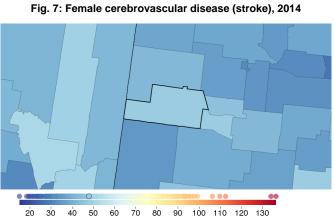
Fig. 6: Male ischemic heart disease, 2014



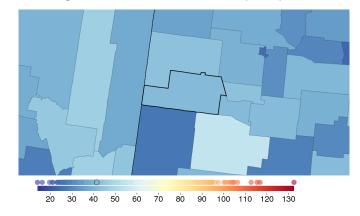
# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	47.9	42.1	47.4	1142	-31.8
Male	41.4	39.6	48.8	418	-47.2

rate per 100,000 population, age-standardized, 2014



#### Fig. 8: Male cerebrovascular disease (stroke), 2014





### FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	32.2	30.8	43.8	304	+6.4
Male	57.7	45.4	67.6	614	-36.0

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	23.5	23.3	25.9	766	-27.8
Male	0.2	0.2	0.3	150	-17.3

rate per 100,000 population, age-standardized, 2014

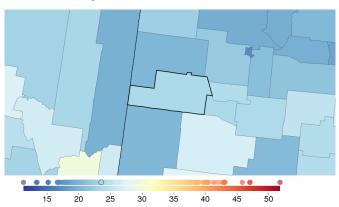


Fig. 11: Female breast cancer, 2014

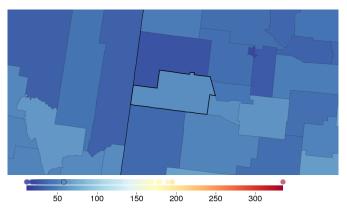


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

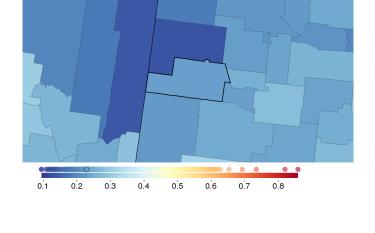


Fig. 12: Male breast cancer, 2014

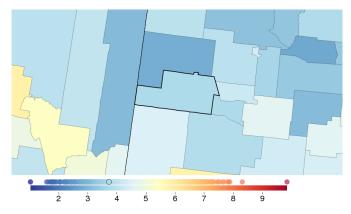
## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	1.6	1.8	1.9	300	-11.9
Male	3.7	4.0	4.5	414	+19.0

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	72.7	54.3	49.6	2635	+30.9
Male	81.2	70.2	63.8	2411	+29.8

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

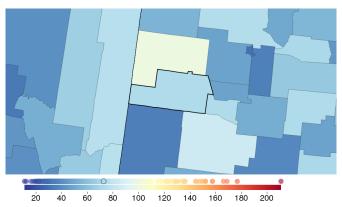
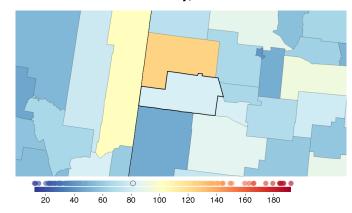


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

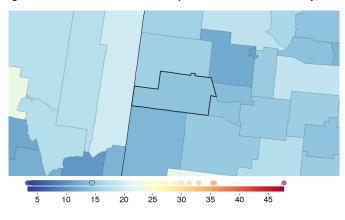


### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	14.4	13.8	9.0	2868	+15.7
Male	50.4	46.5	30.9	2933	-8.1

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	16.7	12.2	8.1	2229	-41.0
Male	37.5	29.1	19.8	2180	-55.4

rate per 100,000 population, age-standardized, 2014

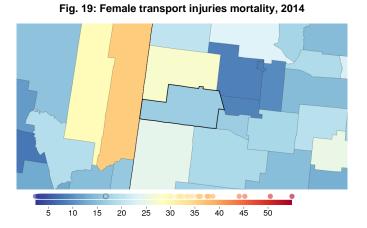
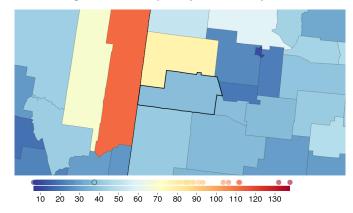
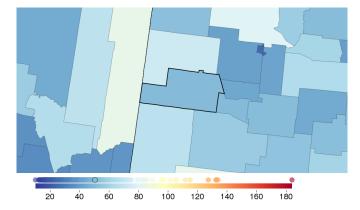


Fig. 20: Male transport injuries mortality, 2014



#### Fig. 18: Male self-harm and interpersonal violence mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	18.8	15.6	8.2	2996	+409.0
Male	42.1	38.9	18.7	3070	+107.0

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

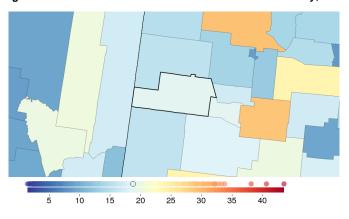
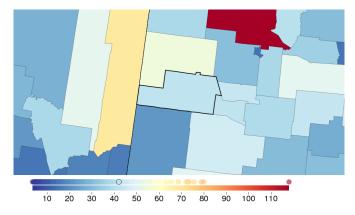


Fig. 22: Male mental and substance use disorders mortality, 2014

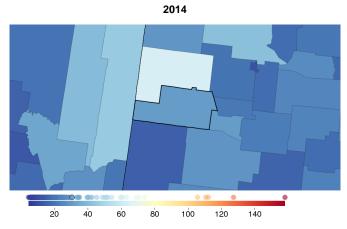


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

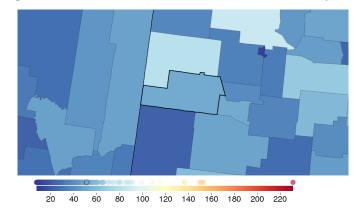
Sex	Cibola County	New Mexico	National	National rank	% change 1980-2014
Female	30.4	23.0	11.8	3112	+72.9
Male	51.2	41.3	22.2	3098	+47.6

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



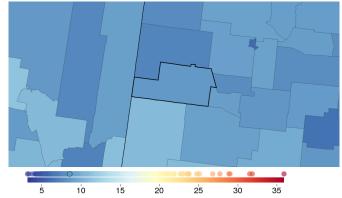
### FINDINGS: HEAVY DRINKING

Sex	Cibola County	New Mexico	National	National rank	% change 2005-2012
Female	5.8	5.8	6.7	1834	+50.2
Male	8.5	8.3	9.9	787	+7.7

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012

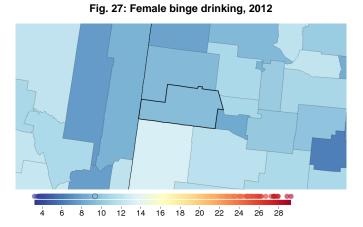
Fig. 26: Male heavy drinking, 2012

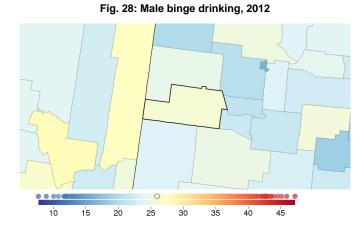


### FINDINGS: BINGE DRINKING

Sex	Cibola County	New Mexico	National	National rank	% change 2002-2012
Female	9.4	10.3	12.4	1193	-2.7
Male	26.0	22.4	24.5	1890	+4.4

prevalence (%), age-standardized, 2012





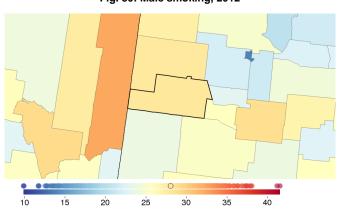
Female

## FINDINGS: SMOKING

Sex	Cibola County	New Mexico	National	National rank	% change 1996-2012
Female	23.4	18.9	17.9	2064	-7.7
Male	28.0	23.6	22.2	2206	-7.8

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



## FINDINGS: OBESITY

Sex	Cibola County	New Mexico	National	National rank	% change 2001-2011
Female	44.0	34.9	36.1	2659	+36.6
Male	35.4	31.2	33.8	773	+24.0

prevalence (%), age-standardized, 2011

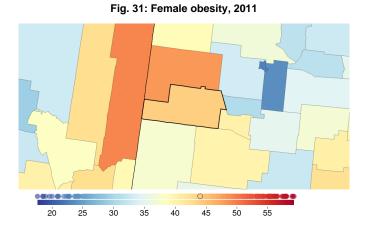
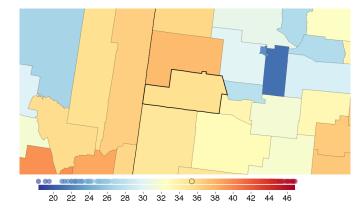


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Cibola County	New Mexico	National	National rank	% change 2001-2011
Female	50.4	54.5	52.6	1547	+11.4
Male	54.3	57.8	56.3	1376	-3.9

prevalence (%), age-standardized, 2011

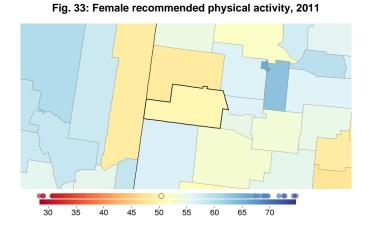
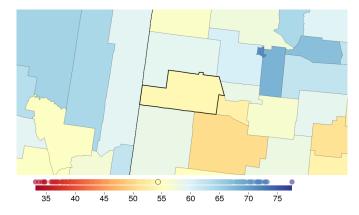


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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