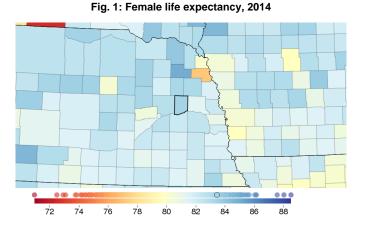
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

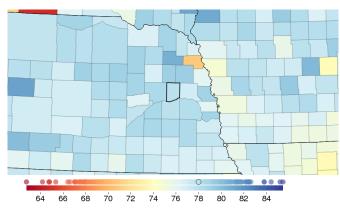
FINDINGS: LIFE EXPECTANCY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	83.4	81.7	81.5	164	+3.0
Male	78.0	77.4	76.7	498	+7.3



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	553.4	653.6	667.8	171	-13.8
Male	877.9	908.6	930.1	649	-30.8

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

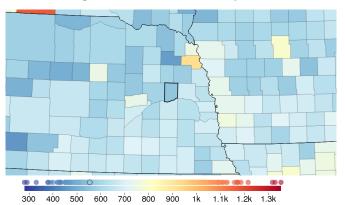
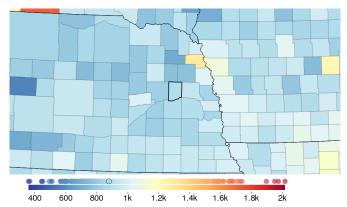


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	91.1	102.0	124.9	347	-46.7
Male	145.9	162.0	191.5	274	-65.9

rate per 100,000 population, age-standardized, 2014

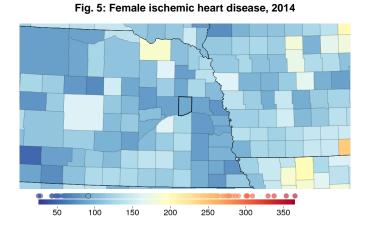
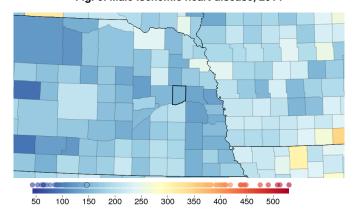


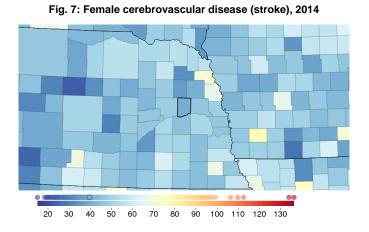
Fig. 6: Male ischemic heart disease, 2014



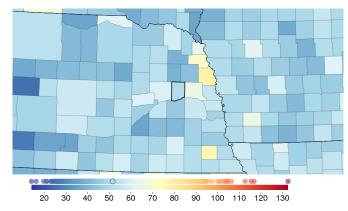
FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	39.7	47.1	47.4	360	-53.6
Male	51.5	52.2	48.8	1527	-52.3

rate per 100,000 population, age-standardized, 2014







FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	24.0	42.1	43.8	75	+29.8
Male	61.3	68.0	67.6	800	-22.6

rate per 100,000 population, age-standardized, 2014

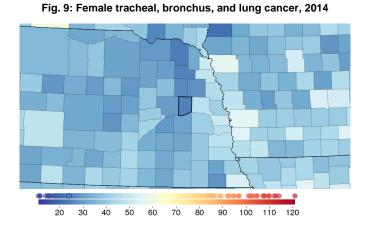
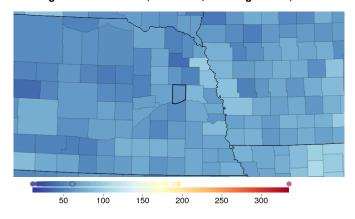


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	21.5	24.6	25.9	286	-34.9
Male	0.3	0.3	0.3	1233	-11.7

rate per 100,000 population, age-standardized, 2014

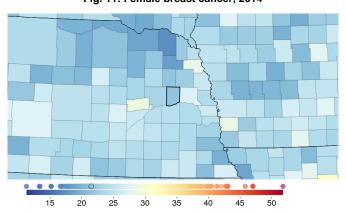
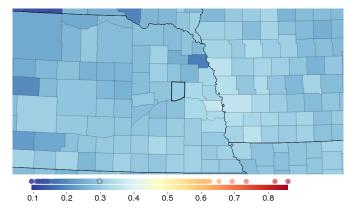


Fig. 11: Female breast cancer, 2014





FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	1.5	2.1	1.9	196	-22.3
Male	3.9	4.9	4.5	503	+14.9

rate per 100,000 population, age-standardized, 2014

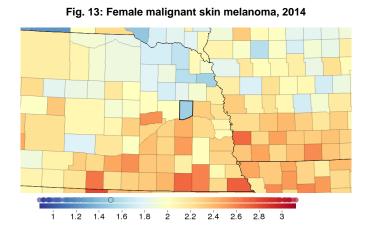


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	44.3	49.8	49.6	695	+83.5
Male	67.2	60.9	63.8	1555	+57.2

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

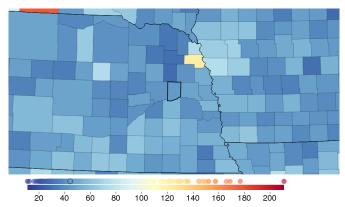
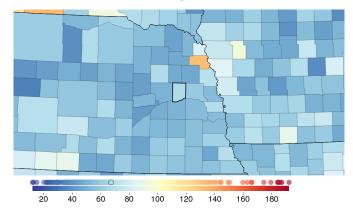


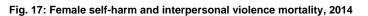
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

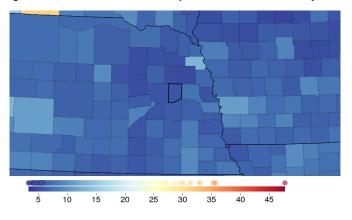


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	5.6	7.7	9.0	116	-13.7
Male	22.6	26.9	30.9	365	-14.9

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	14.1	9.5	8.1	1701	-16.8
Male	36.3	20.9	19.8	2076	-16.4

rate per 100,000 population, age-standardized, 2014

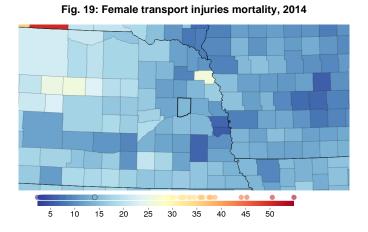


Fig. 20: Male transport injuries mortality, 2014

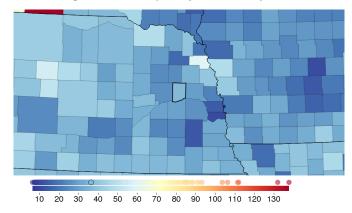
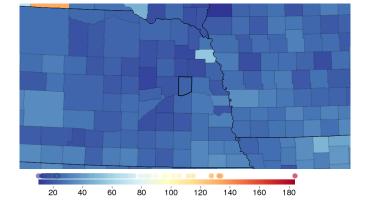


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	3.2	5.5	8.2	115	+241.8
Male	5.4	10.3	18.7	48	+106.2

rate per 100,000 population, age-standardized, 2014



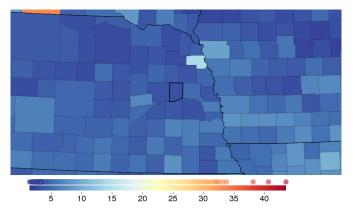
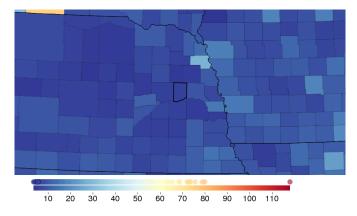


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Colfax County	Nebraska	National	National rank	% change 1980-2014
Female	7.6	10.5	11.8	115	+17.3
Male	13.9	18.9	22.2	306	+6.5

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

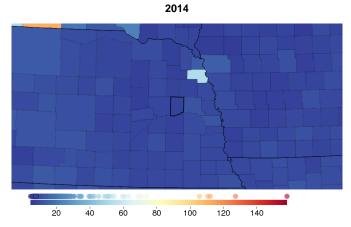
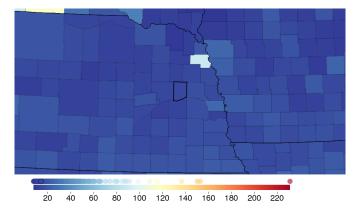


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

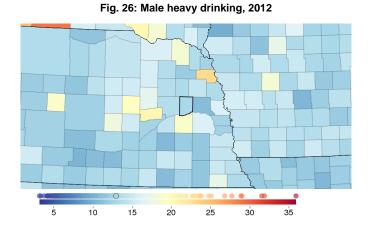


FINDINGS: HEAVY DRINKING

Sex	Colfax County	Nebraska	National	National rank	% change 2005-2012
Female	6.5	7.4	6.7	2085	+54.9
Male	12.9	12.7	9.9	2557	+34.6

4 6 8 10 12 14 16 18 20 22 þ

prevalence (%), age-standardized, 2012



FINDINGS: BINGE DRINKING

Sex	Colfax County	Nebraska	National	National rank	% change 2002-2012
Female	13.7	16.0	12.4	2238	+3.5
Male	34.3	31.2	24.5	2908	+7.1

prevalence (%), age-standardized, 2012

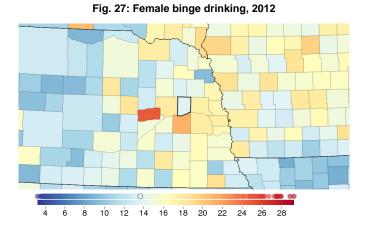
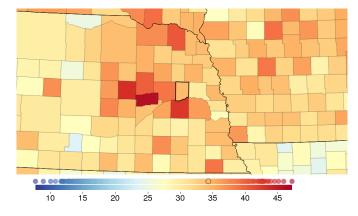


Fig. 28: Male binge drinking, 2012



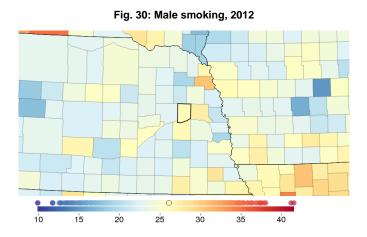


FINDINGS: SMOKING

Sex	Colfax County	Nebraska	National	National rank	% change 1996-2012
Female	17.5	19.5	17.9	472	-24.0
Male	26.1	22.6	22.2	1758	-18.2

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



FINDINGS: OBESITY

Sex	Colfax County	Nebraska	National	National rank	% change 2001-2011
Female	41.5	36.5	36.1	2263	+24.8
Male	39.5	36.1	33.8	2408	+43.3

prevalence (%), age-standardized, 2011

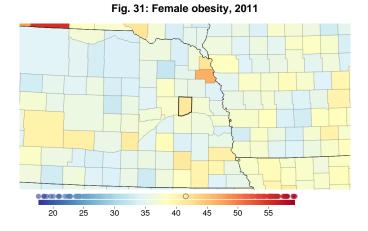
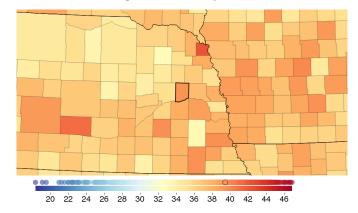


Fig. 32: Male obesity, 2011



e smoking, 2012

FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Colfax County	Nebraska	National	National rank	% change 2001-2011
Female	45.9	52.7	52.6	2222	+26.6
Male	47.3	53.7	56.3	2604	-1.3

prevalence (%), age-standardized, 2011

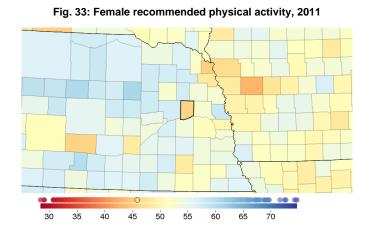
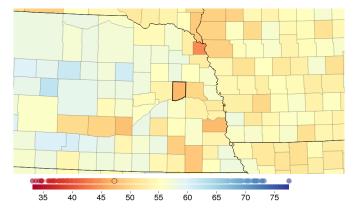


Fig. 34: Male recommended physical activity, 2011



CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Colfax County, Nebraska. Seattle, WA: IHME, 2016.

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