COUNTY PROFILE: Conejos County, Colorado

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+2.8	1196	81.5	82.2	81.0	Female
+7.6	1655	76.7	78.2	75.5	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

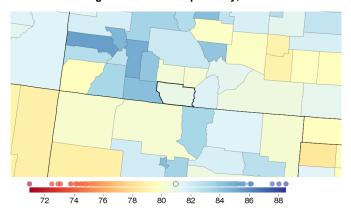
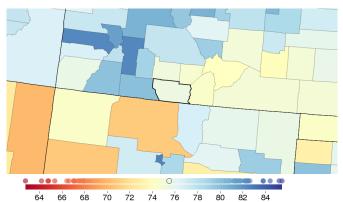


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
-10.0	1132	667.8	620.2	684.1	Female
-27.3	1117	930.1	842.0	946.5	Male

Fig. 3: Female all-cause mortality, 2014

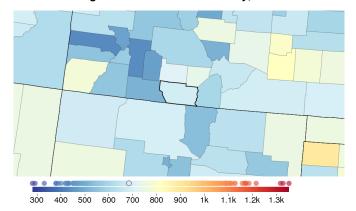
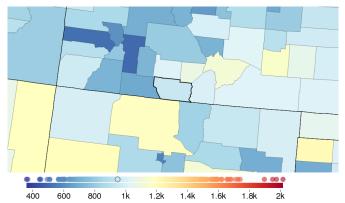


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
-35.1	1378	124.9	91.9	126.6	Female
-54.7	1057	191.5	145.1	186.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

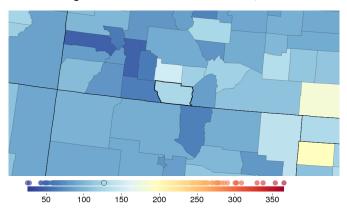
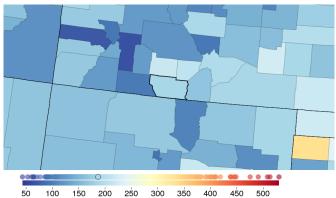


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
-37.5	160	47.4	48.9	35.6	Female
-49.3	365	48.8	44.3	40.7	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

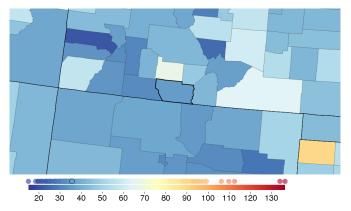
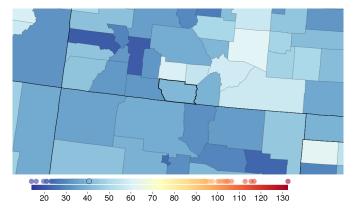


Fig. 8: Male cerebrovascular disease (stroke), 2014

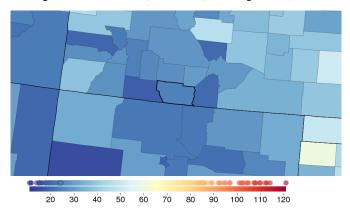


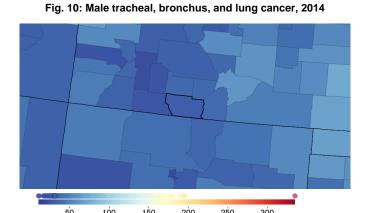
FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+33.0	77	43.8	34.5	24.2	Female
-30.1	40	67.6	44.8	31.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014





FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
-20.5	334	25.9	22.4	21.8	Female
-6.2	288	0.3	0.3	0.2	Male

Fig. 11: Female breast cancer, 2014

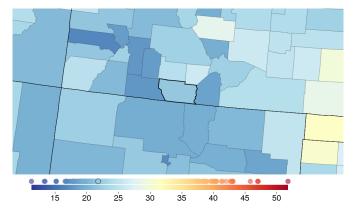
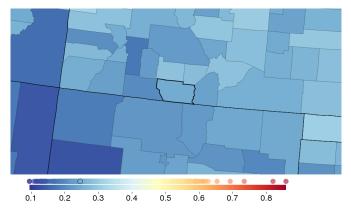


Fig. 12: Male breast cancer, 2014

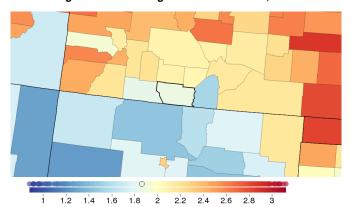


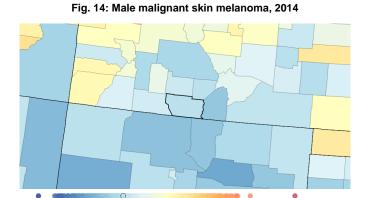
FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+12.5	809	1.9	2.2	1.9	Female
+52.8	562	4.5	4.9	3.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+33.2	2431	49.6	36.0	67.8	Female
+39.2	1984	63.8	47.0	73.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

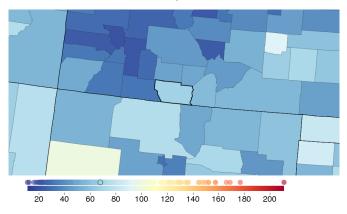
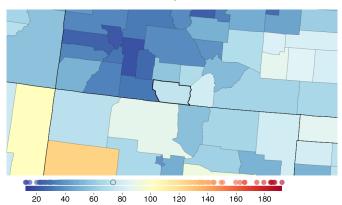


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+34.8	2915	9.0	11.9	14.9	Female
+6.1	2920	30.9	35.7	50.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

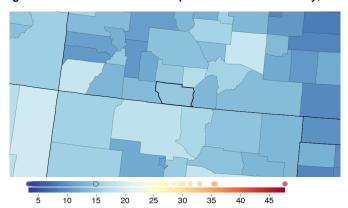


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
-28.5	2013	8.1	7.8	15.6	Female
-46.9	2307	19.8	18.0	39.3	Male

Fig. 19: Female transport injuries mortality, 2014

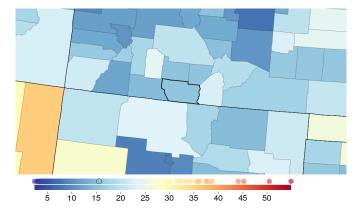
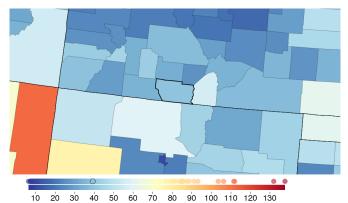


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+352.0	2593	8.2	9.9	12.7	Female
+76.4	2854	18.7	19.8	29.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

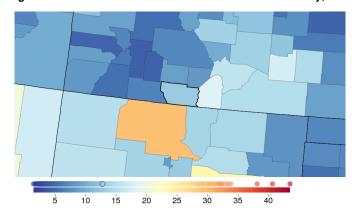
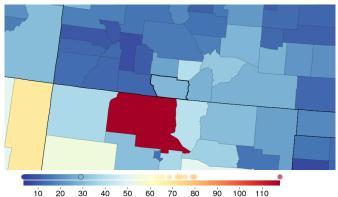


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	Conejos County	Sex
+99.1	3090	11.8	14.3	25.4	Female
+37.1	3032	22.2	23.8	42.5	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

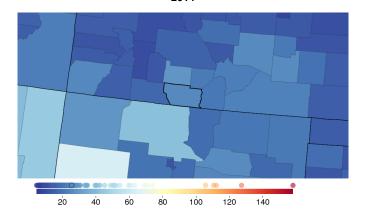
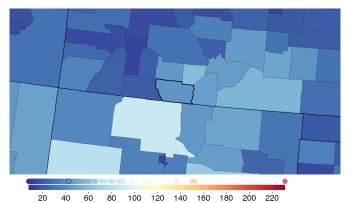


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

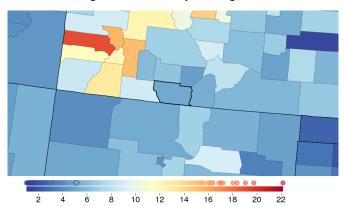


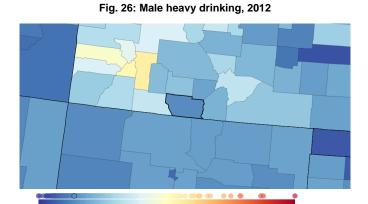
FINDINGS: HEAVY DRINKING

Sex	Conejos County	Colorado	National	National rank	% change 2005-2012
Female	5.1	8.8	6.7	1569	+69.1
Male	7.7	10.5	9.9	455	+17.4

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





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FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Colorado	Conejos County	Sex
+6.6	858	12.4	14.6	8.1	Female
-1.2	838	24.5	25.9	20.4	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

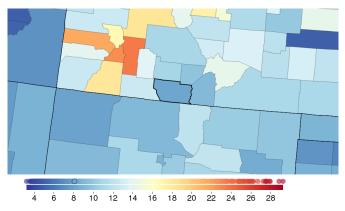
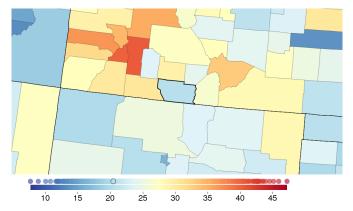


Fig. 28: Male binge drinking, 2012



FINDINGS: SMOKING

Sex	Conejos County	Colorado	National	National rank	% change 1996-2012
Female	15.4	16.9	17.9	228	-18.3
Male	20.7	20.1	22.2	352	-20.4

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

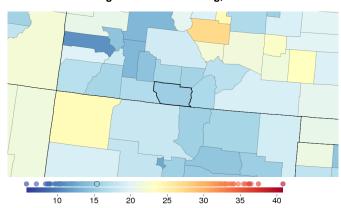
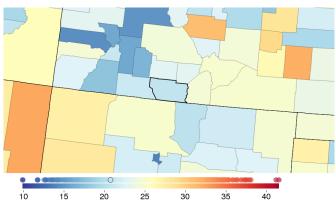


Fig. 30: Male smoking, 2012



FINDINGS: OBESITY

% change 2001-2011	National rank	National	Colorado	Conejos County	Sex
+15.7	366	36.1	27.7	33.6	Female
+32.1	167	33.8	26.8	30.6	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

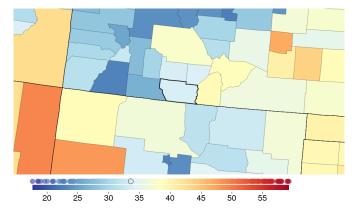
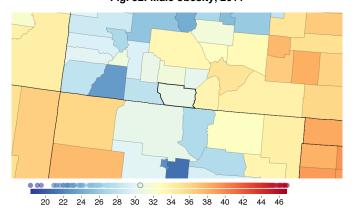


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Conejos County	Colorado	National	National rank	% change 2001-2011
Female	54.8	62.7	52.6	772	+20.0
Male	58.9	64.7	56.3	518	+8.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

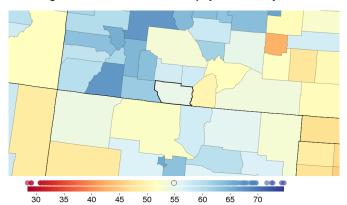
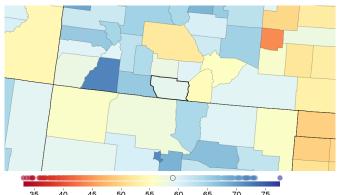


Fig. 34: Male recommended physical activity, 2011



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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

