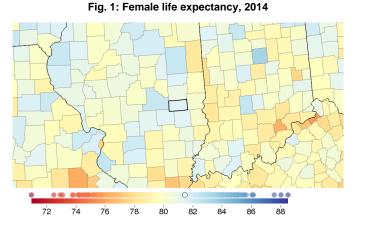
# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

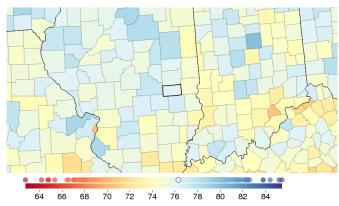
# FINDINGS: LIFE EXPECTANCY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	81.4	81.3	81.5	939	+3.0
Male	76.3	76.7	76.7	1251	+7.5



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	672.9	666.1	667.8	1021	-13.1
Male	978.5	930.6	930.1	1342	-29.8

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

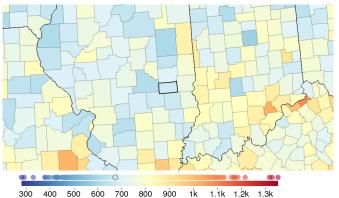
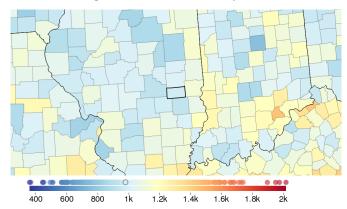


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	130.0	124.0	124.9	1484	-41.6
Male	182.0	190.7	191.5	953	-63.7

rate per 100,000 population, age-standardized, 2014

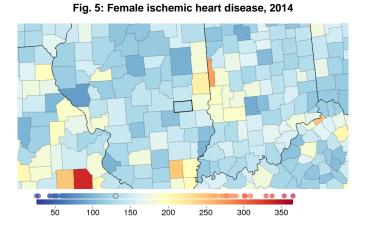


Fig. 6: Male ischemic heart disease, 2014

## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	55.1	49.8	47.4	1974	-55.8
Male	57.8	51.5	48.8	2192	-54.7

rate per 100,000 population, age-standardized, 2014

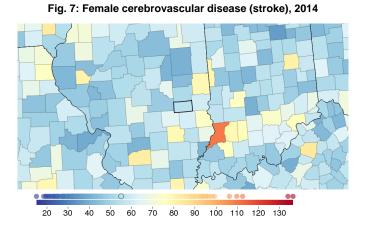
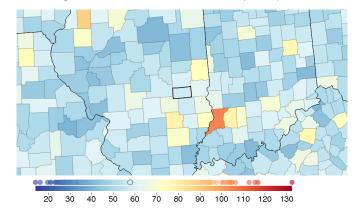


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	46.8	46.8	43.8	1469	+96.9
Male	104.5	70.3	67.6	2572	-7.7

rate per 100,000 population, age-standardized, 2014

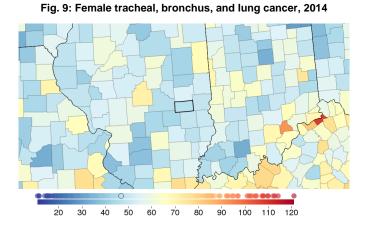
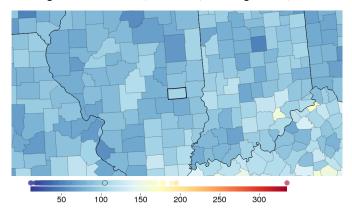


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	22.7	26.7	25.9	527	-23.3
Male	0.3	0.4	0.3	1979	+1.0

rate per 100,000 population, age-standardized, 2014

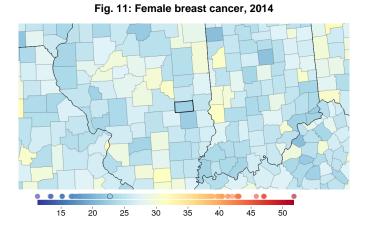
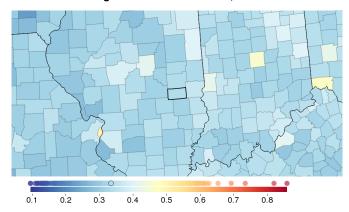


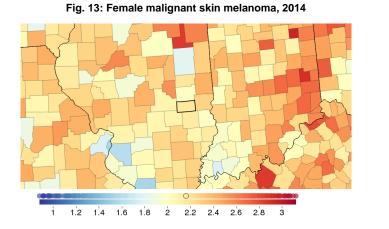
Fig. 12: Male breast cancer, 2014

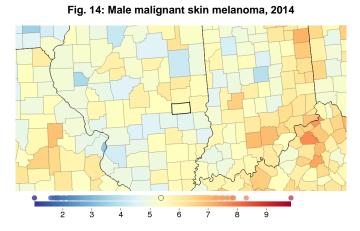


#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	2.2	1.8	1.9	1735	+11.2
Male	5.4	4.1	4.5	2151	+68.7

rate per 100,000 population, age-standardized, 2014





# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	57.7	49.9	49.6	1766	+50.3
Male	68.4	64.7	63.8	1649	+43.6

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

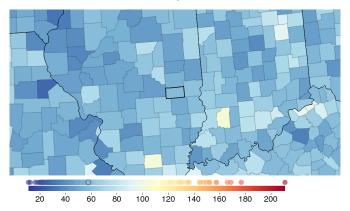
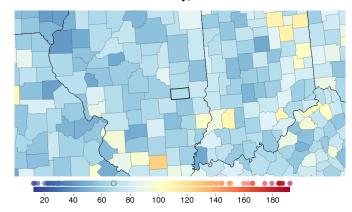


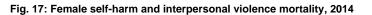
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

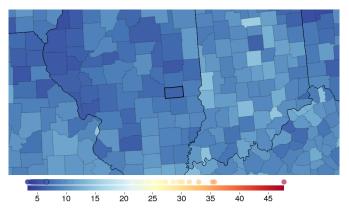


## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	6.6	6.9	9.0	404	+1.1
Male	29.3	28.1	30.9	1126	+7.2

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	11.8	6.4	8.1	1199	-18.8
Male	28.9	14.6	19.8	1388	-26.8

rate per 100,000 population, age-standardized, 2014

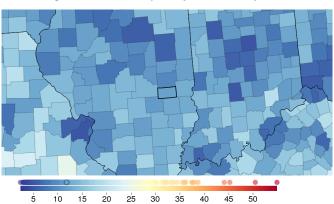


Fig. 19: Female transport injuries mortality, 2014



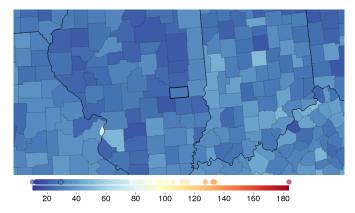
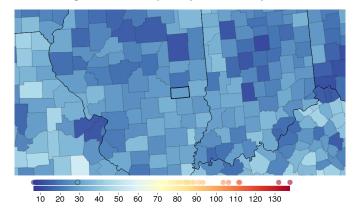


Fig. 20: Male transport injuries mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	5.9	6.4	8.2	901	+501.6
Male	5.6	17.0	18.7	57	+223.8

rate per 100,000 population, age-standardized, 2014

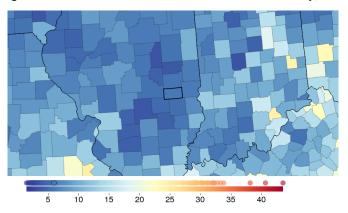
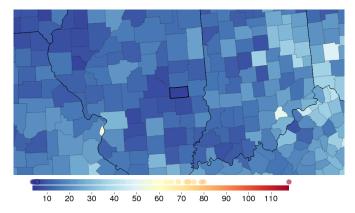


Fig. 21: Female mental and substance use disorders mortality, 2014

Fig. 22: Male mental and substance use disorders mortality, 2014

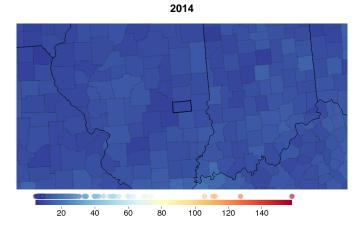


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

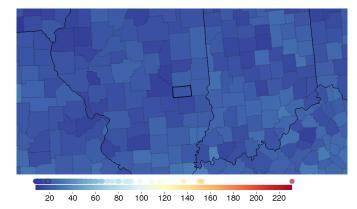
Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1980-2014
Female	8.6	10.3	11.8	320	+9.6
Male	18.2	18.3	22.2	915	+13.3

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



## FINDINGS: HEAVY DRINKING

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 2005-2012
Female	5.7	8.5	6.7	1781	+66.3
Male	10.9	11.2	9.9	1807	+11.3

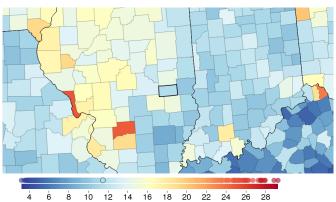
Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012

### FINDINGS: BINGE DRINKING

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 2002-2012
Female	11.5	15.9	12.4	1718	+32.2
Male	26.0	28.8	24.5	1887	+1.7

prevalence (%), age-standardized, 2012



#### Fig. 27: Female binge drinking, 2012

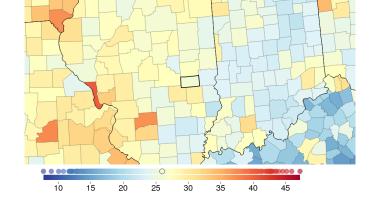


Fig. 28: Male binge drinking, 2012

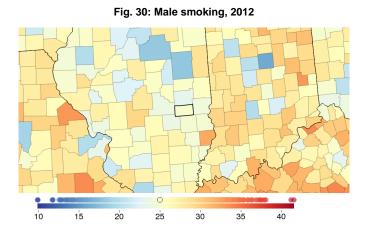


# FINDINGS: SMOKING

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 1996-2012
Female	23.4	17.7	17.9	2074	-4.3
Male	25.0	21.9	22.2	1453	-14.2

Fig. 29: Female smoking, 2012 10 15 20 25 зо 35 40

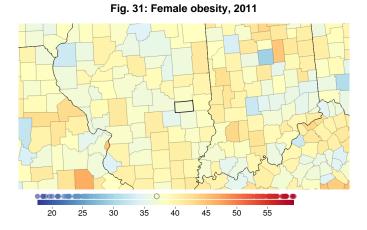
prevalence (%), age-standardized, 2012



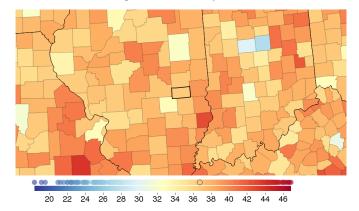
## FINDINGS: OBESITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 2001-2011
Female	37.0	36.3	36.1	1152	+21.1
Male	36.7	33.9	33.8	1261	+35.3

prevalence (%), age-standardized, 2011



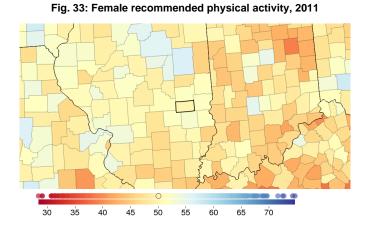
#### Fig. 32: Male obesity, 2011

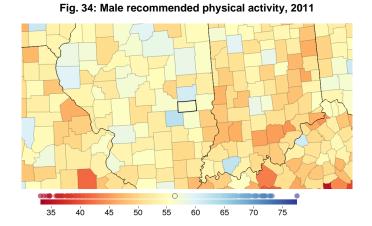


#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Cumberland County</b>	Illinois	National	National rank	% change 2001-2011
Female	50.0	54.2	52.6	1604	+8.2
Male	56.4	54.8	56.3	969	+6.7

prevalence (%), age-standardized, 2011





## **CITATION:**

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