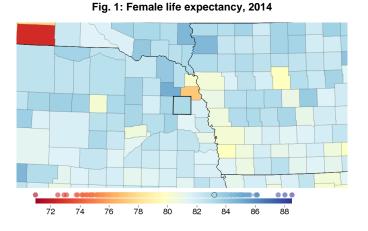
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

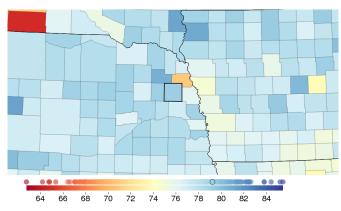
# FINDINGS: LIFE EXPECTANCY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	83.2	81.7	81.5	230	+3.4
Male	79.2	77.4	76.7	182	+7.8



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	574.3	653.6	667.8	267	-17.1
Male	763.3	908.6	930.1	160	-34.4

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

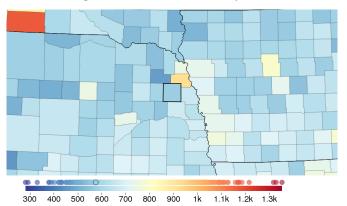
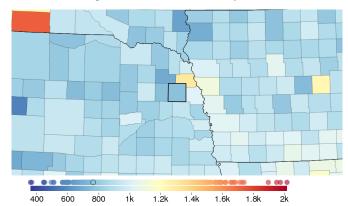


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	126.4	102.0	124.9	1368	-39.6
Male	172.8	162.0	191.5	760	-60.1

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

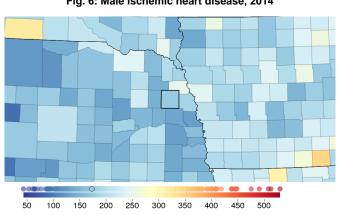


Fig. 6: Male ischemic heart disease, 2014

# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	40.4	47.1	47.4	402	-47.9
Male	42.6	52.2	48.8	546	-47.6

rate per 100,000 population, age-standardized, 2014

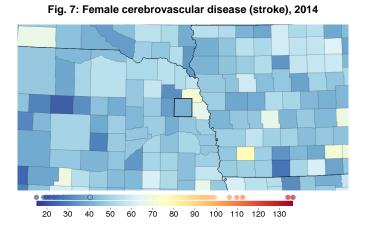
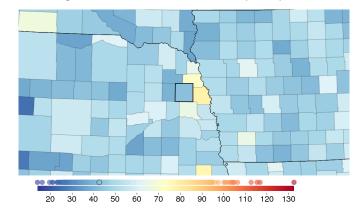


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	27.7	42.1	43.8	137	+54.0
Male	51.1	68.0	67.6	340	-30.5

rate per 100,000 population, age-standardized, 2014

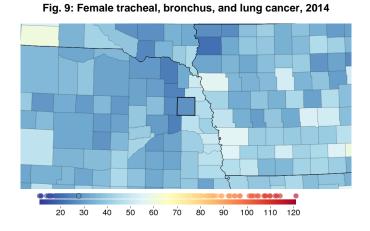
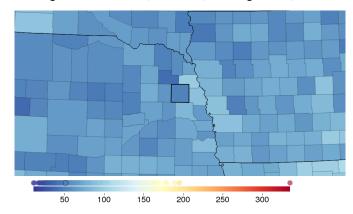


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	22.3	24.6	25.9	437	-31.8
Male	0.3	0.3	0.3	503	-15.0

rate per 100,000 population, age-standardized, 2014

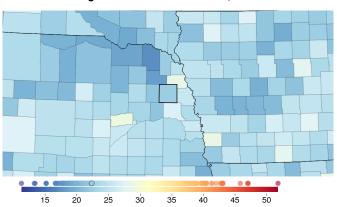


Fig. 11: Female breast cancer, 2014

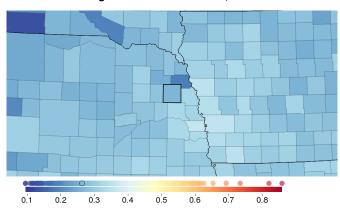
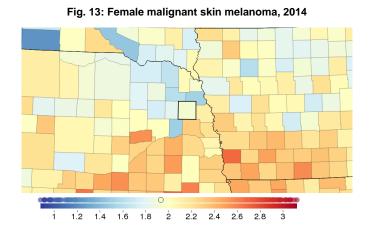


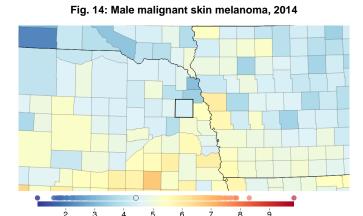
Fig. 12: Male breast cancer, 2014

# FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	1.9	2.1	1.9	1002	+2.3
Male	4.4	4.9	4.5	984	+40.4

rate per 100,000 population, age-standardized, 2014





# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	41.6	49.8	49.6	525	+60.5
Male	46.6	60.9	63.8	234	+28.2

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

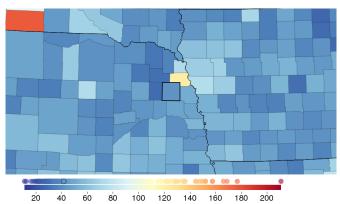
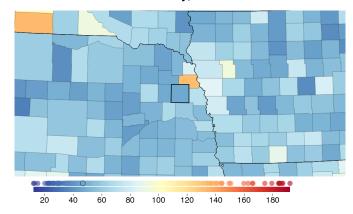


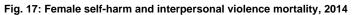
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

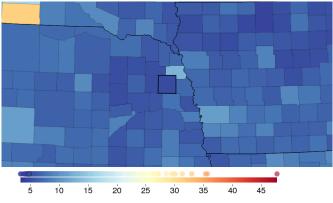


## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	4.7	7.7	9.0	30	-12.2
Male	16.5	26.9	30.9	30	-16.4

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	14.1	9.5	8.1	1710	-16.1
Male	34.4	20.9	19.8	1920	-24.1

20

40

60

80

100

120

140

160

180

rate per 100,000 population, age-standardized, 2014

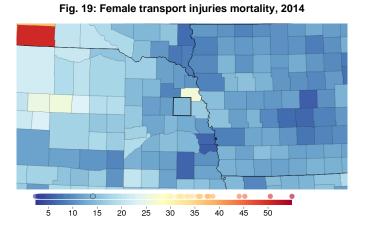


Fig. 20: Male transport injuries mortality, 2014

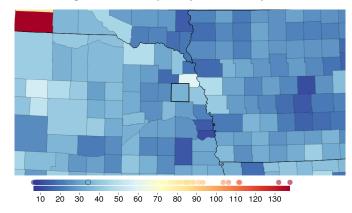


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	3.5	5.5	8.2	157	+238.3
Male	4.6	10.3	18.7	13	+82.5

rate per 100,000 population, age-standardized, 2014



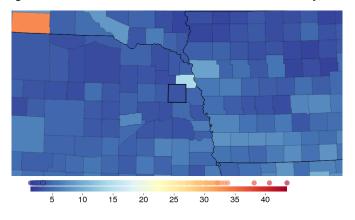
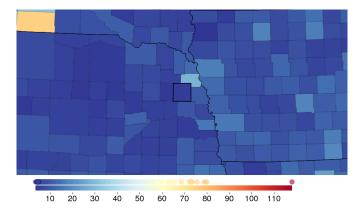


Fig. 22: Male mental and substance use disorders mortality, 2014

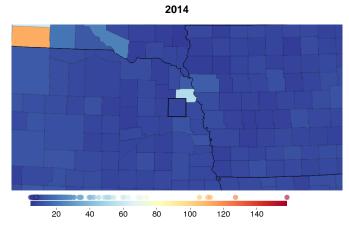


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

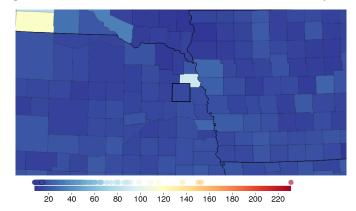
Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1980-2014
Female	8.0	10.5	11.8	168	+11.0
Male	14.1	18.9	22.2	323	-10.0

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

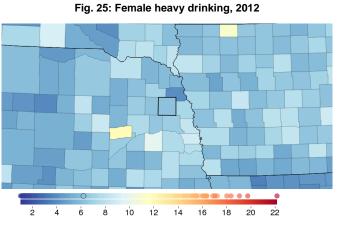


#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

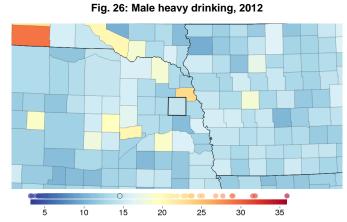


## FINDINGS: HEAVY DRINKING

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 2005-2012
Female	6.2	7.4	6.7	1985	+54.4
Male	14.5	12.7	9.9	2848	+41.2



prevalence (%), age-standardized, 2012



#### .

#### FINDINGS: BINGE DRINKING

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 2002-2012
Female	14.3	16.0	12.4	2353	+23.5
Male	34.8	31.2	24.5	2935	+11.0

prevalence (%), age-standardized, 2012

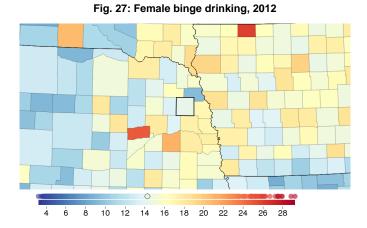
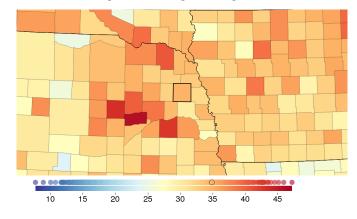
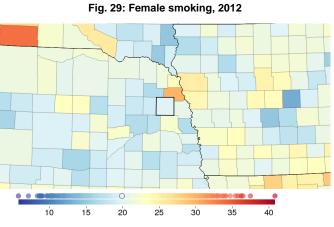


Fig. 28: Male binge drinking, 2012

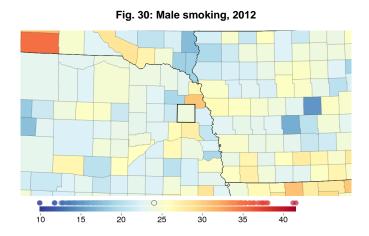


## FINDINGS: SMOKING

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 1996-2012
Female	19.9	19.5	17.9	1004	-6.8
Male	24.0	22.6	22.2	1146	-21.2



prevalence (%), age-standardized, 2012



## FINDINGS: OBESITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 2001-2011
Female	35.5	36.5	36.1	755	+14.6
Male	36.7	36.1	33.8	1244	+34.5

prevalence (%), age-standardized, 2011

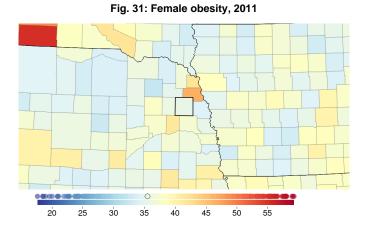
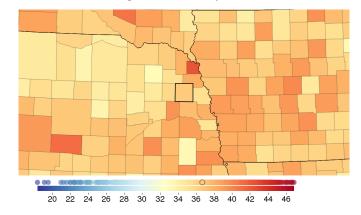


Fig. 32: Male obesity, 2011



## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Cuming County</b>	Nebraska	National	National rank	% change 2001-2011
Female	53.7	52.7	52.6	956	+27.6
Male	55.4	53.7	56.3	1174	+9.5

prevalence (%), age-standardized, 2011

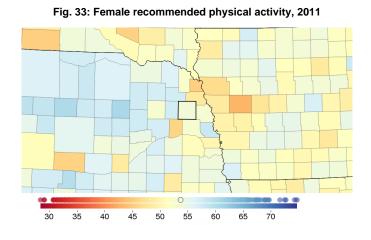
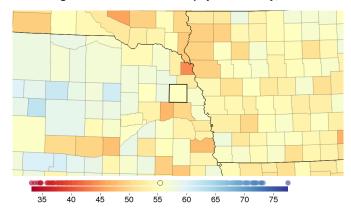


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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