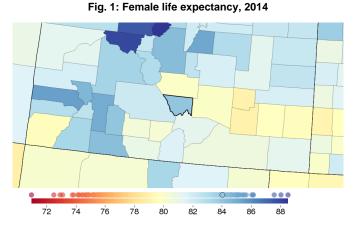
#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

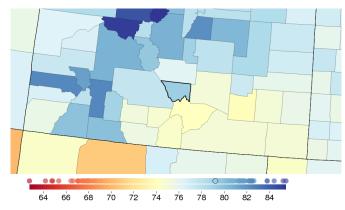
#### FINDINGS: LIFE EXPECTANCY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	84.0	82.2	81.5	65	+5.2
Male	79.2	78.2	76.7	183	+8.3



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	508.3	620.2	667.8	65	-27.6
Male	710.3	842.0	930.1	69	-34.3

Fig. 3: Female all-cause mortality, 2014

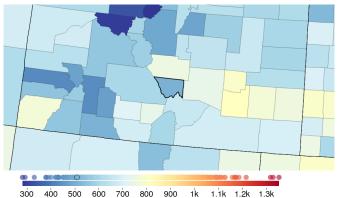
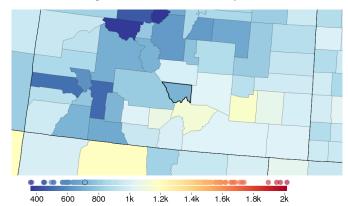


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	77.7	91.9	124.9	115	-61.7
Male	95.0	145.1	191.5	19	-68.4

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

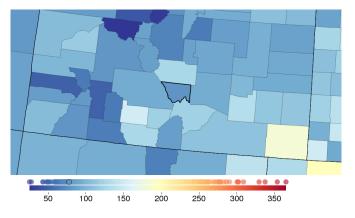
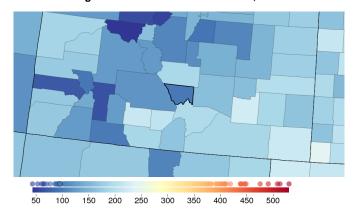


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	25.4	48.9	47.4	18	-48.6
Male	40.3	44.3	48.8	341	-39.4

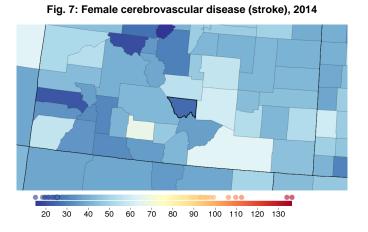
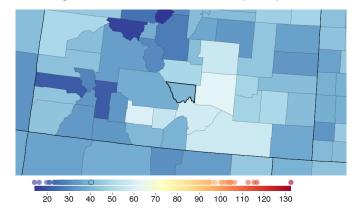


Fig. 8: Male cerebrovascular disease (stroke), 2014



#### FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	20.0	34.5	43.8	32	+1.5
Male	35.8	44.8	67.6	61	-37.5

rate per 100,000 population, age-standardized, 2014

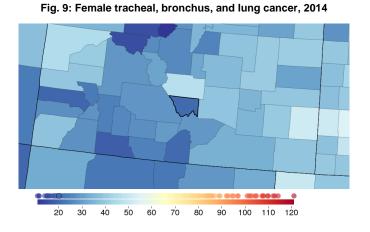
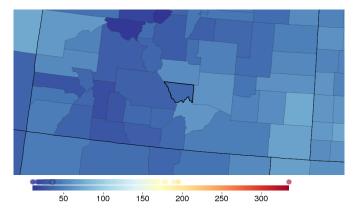


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	19.5	22.4	25.9	71	-32.8
Male	0.2	0.3	0.3	222	-8.3

rate per 100,000 population, age-standardized, 2014

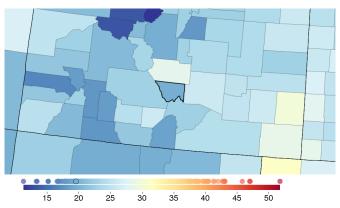
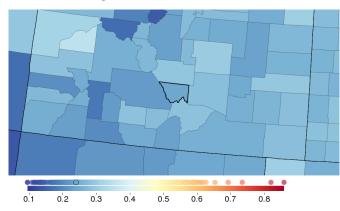


Fig. 11: Female breast cancer, 2014



#### Fig. 12: Male breast cancer, 2014

## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	2.1	2.2	1.9	1481	-4.1
Male	4.7	4.9	4.5	1408	+29.5

rate per 100,000 population, age-standardized, 2014

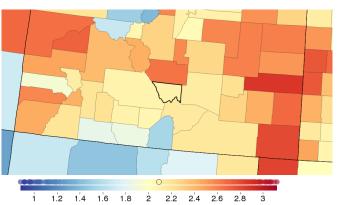
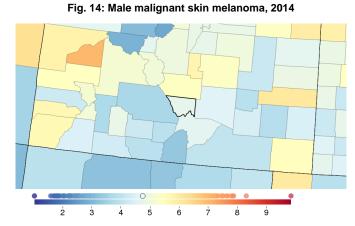


Fig. 13: Female malignant skin melanoma, 2014



## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	22.9	36.0	49.6	16	-19.4
Male	39.6	47.0	63.8	74	+18.5

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

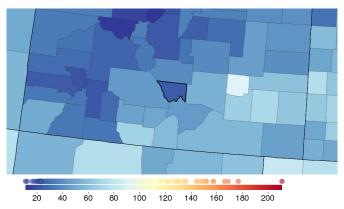
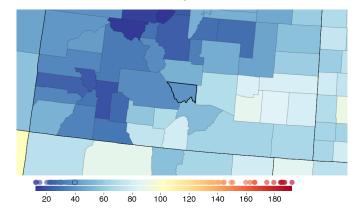


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

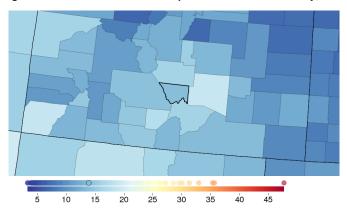


#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	13.9	11.9	9.0	2792	+20.8
Male	34.3	35.7	30.9	1772	+10.4

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	15.0	7.8	8.1	1910	-45.2
Male	29.6	18.0	19.8	1468	-54.8

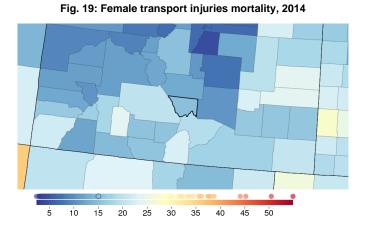


Fig. 20: Male transport injuries mortality, 2014

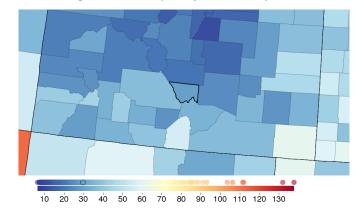
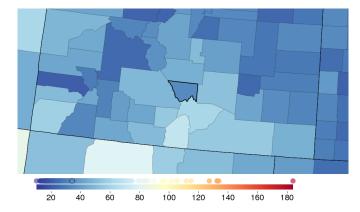


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	9.7	9.9	8.2	2099	+328.5
Male	16.9	19.8	18.7	1806	+172.6

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

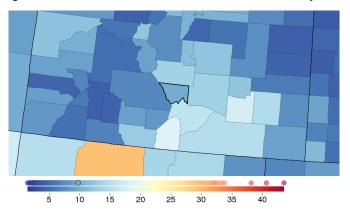
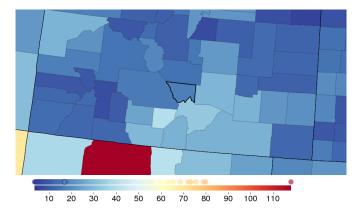


Fig. 22: Male mental and substance use disorders mortality, 2014

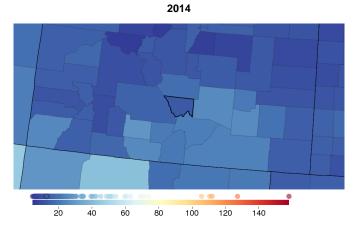


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

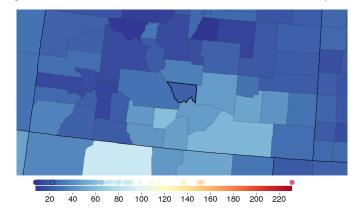
Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1980-2014
Female	12.9	14.3	11.8	1747	+22.1
Male	22.3	23.8	22.2	1565	+5.1

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



#### FINDINGS: HEAVY DRINKING

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 2005-2012
Female	9.0	8.8	6.7	2794	+37.0
Male	12.9	10.5	9.9	2549	+27.4

Fig. 25: Female heavy drinking, 2012 0 ź 4 6 8 10 12 14 16 18 20 22

prevalence (%), age-standardized, 2012

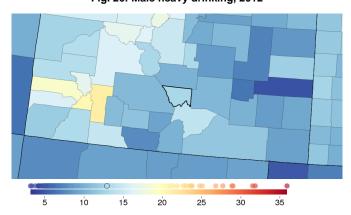


Fig. 26: Male heavy drinking, 2012

#### FINDINGS: BINGE DRINKING

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 2002-2012
Female	12.9	14.6	12.4	2045	+1.2
Male	27.6	25.9	24.5	2175	+3.2

prevalence (%), age-standardized, 2012

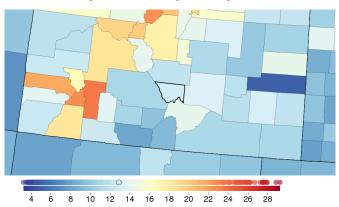


Fig. 27: Female binge drinking, 2012

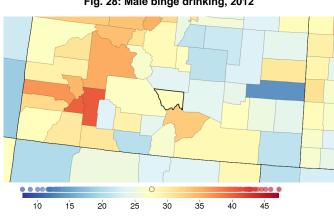


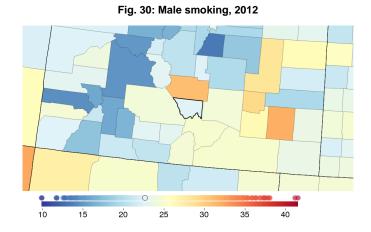
Fig. 28: Male binge drinking, 2012

### FINDINGS: SMOKING

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 1996-2012
Female	22.0	16.9	17.9	1600	-5.6
Male	22.7	20.1	22.2	722	-7.9

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



#### FINDINGS: OBESITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 2001-2011
Female	31.0	27.7	36.1	186	+23.8
Male	32.4	26.8	33.8	296	+30.5

prevalence (%), age-standardized, 2011

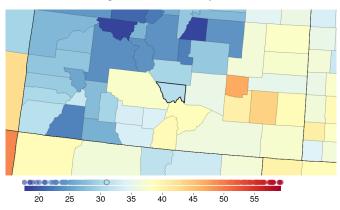
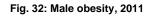
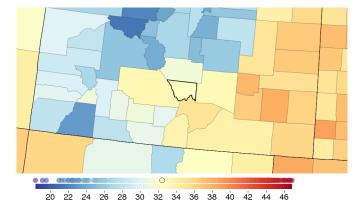


Fig. 31: Female obesity, 2011





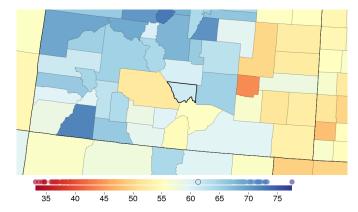
# FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Custer County</b>	Colorado	National	National rank	% change 2001-2011
Female	61.5	62.7	52.6	138	+8.7
Male	61.3	64.7	56.3	262	+0.7

Fig. 33: Female recommended physical activity, 2011

prevalence (%), age-standardized, 2011

Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Custer County, Colorado. Seattle, WA: IHME, 2016.

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