# COUNTY PROFILE: Delaware County, New York

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
+4.8	915	81.5	82.5	81.5	Female
+10.4	622	76.7	78.1	77.7	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

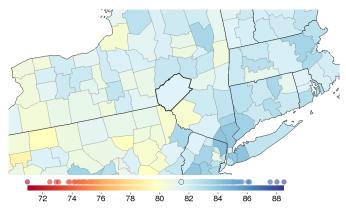
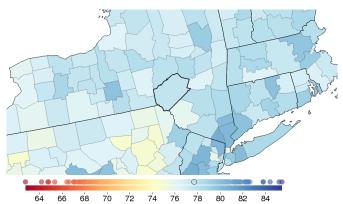


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
-23.3	1037	667.8	588.6	674.6	Female
-40.9	668	930.1	819.4	880.4	Male

Fig. 3: Female all-cause mortality, 2014

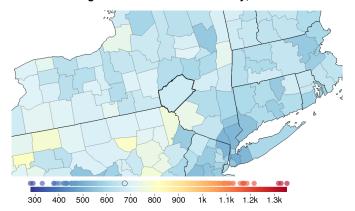
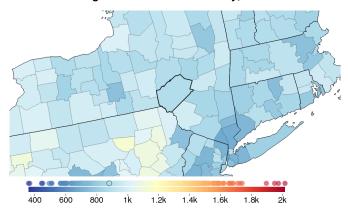


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
-49.4	1965	124.9	154.9	145.7	Female
-57.8	1685	191.5	214.9	212.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

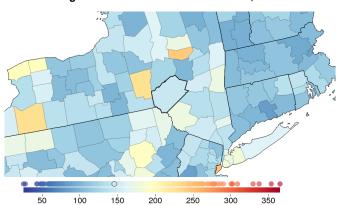


Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
-50.0	536	47.4	32.3	42.2	Female
-64.1	138	48.8	34.8	36.4	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

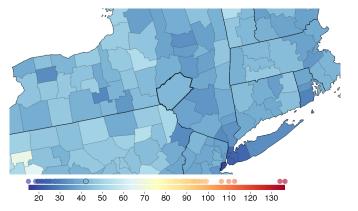
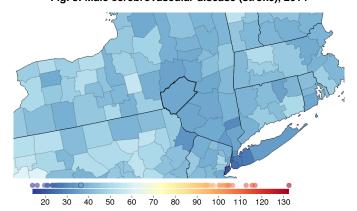


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
+25.5	1212	43.8	38.9	44.1	Female
-39.2	729	67.6	57.0	59.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

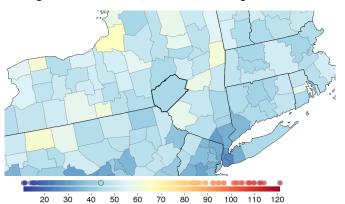


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

Sex	<b>Delaware County</b>	New York	National	National rank	% change 1980-2014
Female	22.1	24.5	25.9	390	-43.3
Male	0.3	0.4	0.3	1559	-22.4

Fig. 11: Female breast cancer, 2014

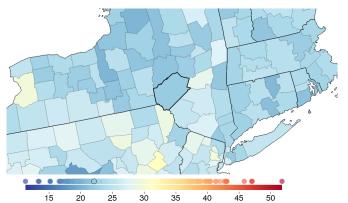
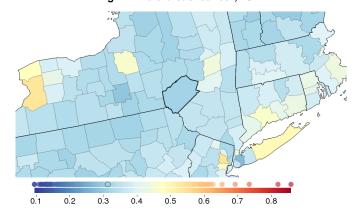


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Delaware County</b>	New York	National	National rank	% change 1980-2014
Female	2.0	1.6	1.9	1309	+0.9
Male	4.5	3.5	4.5	1139	+5.3

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

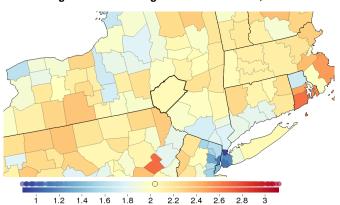


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
+6.5	777	49.6	40.1	45.4	Female
+22.0	998	63.8	52.8	59.9	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

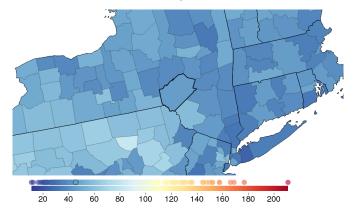
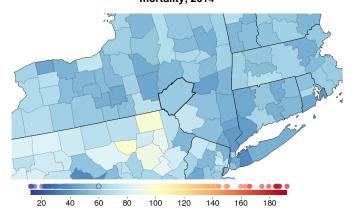


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1	National rank	National	New York	<b>Delaware County</b>	Sex
	917	9.0	5.6	8.1	Female
	491	30.9	20.9	23.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

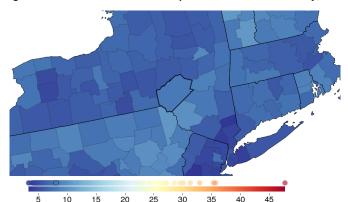


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
-49.7	502	8.1	4.6	8.3	Female
-52.0	781	19.8	11.6	22.5	Male

Fig. 19: Female transport injuries mortality, 2014

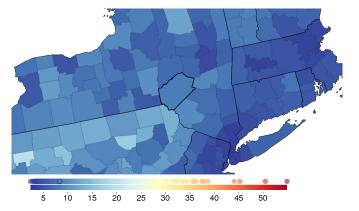
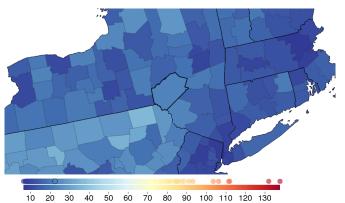


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
+504.3	1023	8.2	5.3	6.2	Female
+298.3	1269	18.7	17.6	13.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

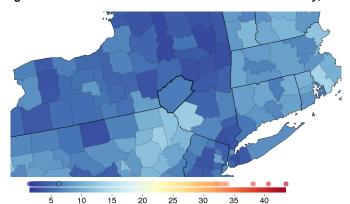
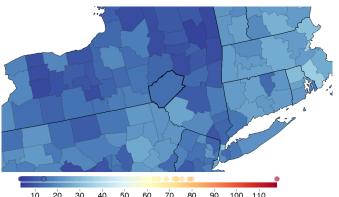


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Delaware County</b>	Sex
-15.6	530	11.8	7.7	9.4	Female
-29.0	372	22.2	15.5	14.6	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

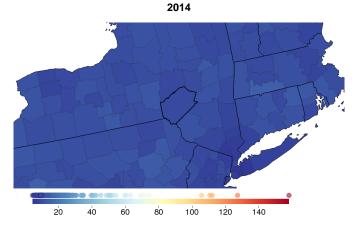
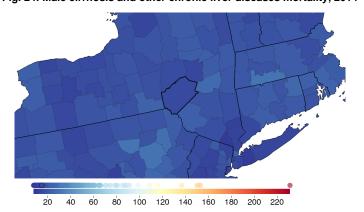


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

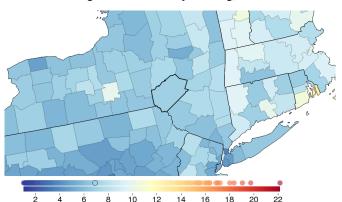


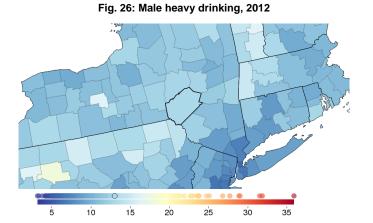
# FINDINGS: HEAVY DRINKING

Sex	<b>Delaware County</b>	New York	National	National rank	% change 2005-2012
Female	6.9	6.1	6.7	2255	+39.2
Male	13.0	9.0	9.9	2580	+30.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	New York	<b>Delaware County</b>	Sex
+17.4	2145	12.4	13.3	13.3	Female
+3.0	2233	24.5	25.3	27.9	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

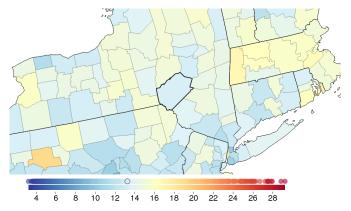
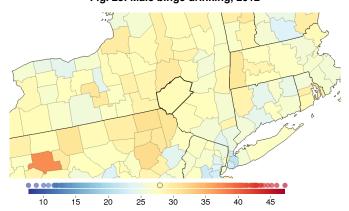


Fig. 28: Male binge drinking, 2012

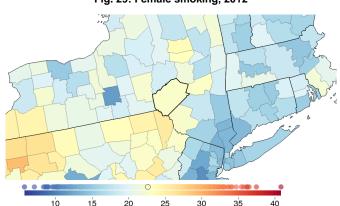


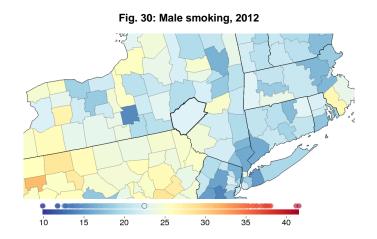
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	New York	<b>Delaware County</b>	Sex
-6.5	1820	17.9	16.2	22.6	Female
-17.1	683	22.2	19.7	22.5	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





#### FINDINGS: OBESITY

% change 2001-2011	National rank	National	New York	<b>Delaware County</b>	Sex
+27.0	1137	36.1	33.8	36.9	Female
+25.7	766	33.8	31.2	35.4	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

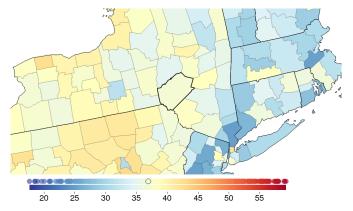
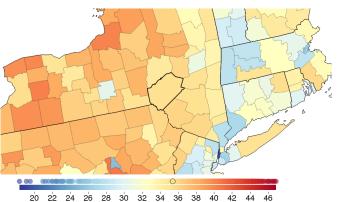


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Delaware County</b>	New York	National	National rank	% change 2001-2011
Female	53.6	50.8	52.6	973	+21.2
Male	56.6	55.3	56.3	904	+3.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

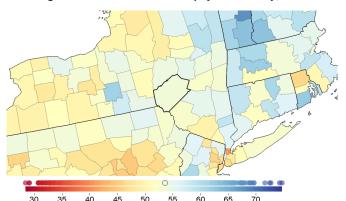
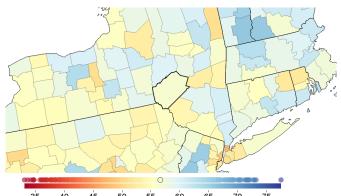


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

