COUNTY PROFILE: Douglas County, Colorado

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

Sex	Douglas County	Colorado	National	National rank	% change 1980-2014
Female	85.2	82.2	81.5	12	+7.9
Male	82.1	78.2	76.7	14	+9.8

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

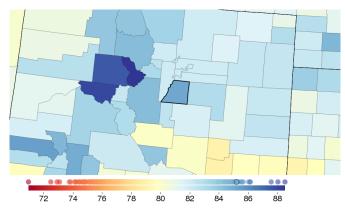
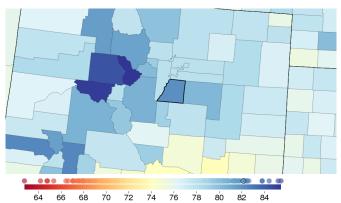


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-46.2	34	667.8	620.2	480.1	Female
-46.2	27	930.1	842.0	636.2	Male

Fig. 3: Female all-cause mortality, 2014

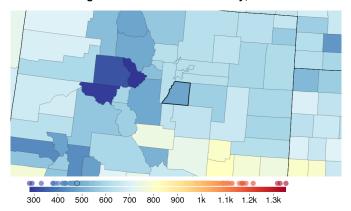
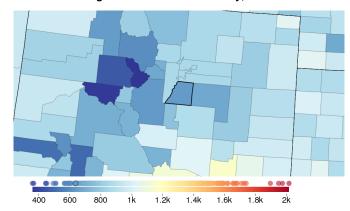


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Douglas County	Colorado	National	National rank	% change 1980-2014
Female	63.7	91.9	124.9	32	-73.3
Male	91.4	145.1	191.5	15	-75.4

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

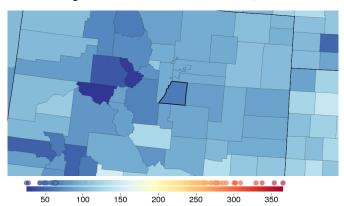
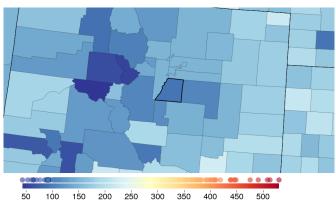


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-60.9	513	47.4	48.9	42.0	Female
-48.7	139	48.8	44.3	36.4	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

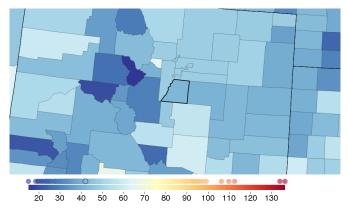
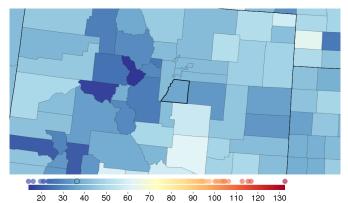


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-10.7	80	43.8	34.5	24.8	Female
-46.9	43	67.6	44.8	32.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

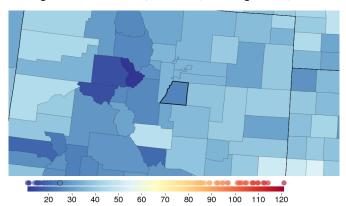


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-39.8	20	25.9	22.4	17.8	Female
-11.1	377	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

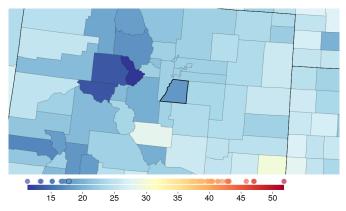
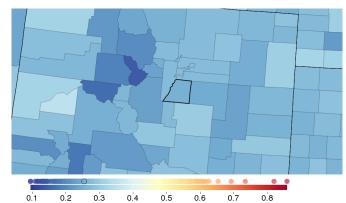


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-5.9	1310	1.9	2.2	2.0	Female
+34.2	1453	4.5	4.9	4.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

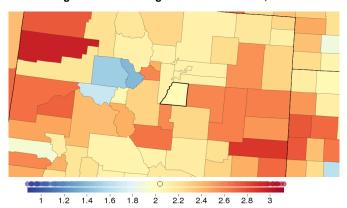


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-16.1	20	49.6	36.0	23.9	Female
-16.4	17	63.8	47.0	28.7	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

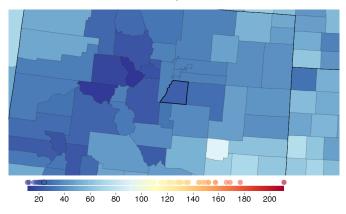
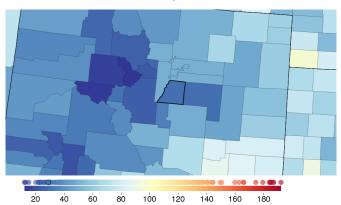


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-201	National rank	National	Colorado	Douglas County	Sex
-20	509	9.0	11.9	6.9	Female
-10	718	30.9	35.7	26.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

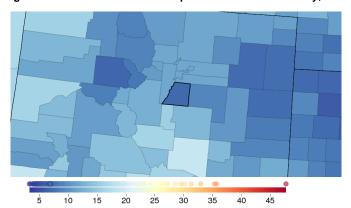
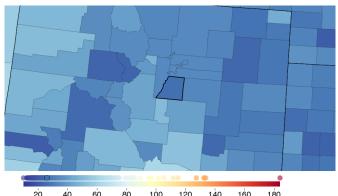


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
-76.5	43	8.1	7.8	4.2	Female
-71.9	65	19.8	18.0	11.1	Male

Fig. 19: Female transport injuries mortality, 2014

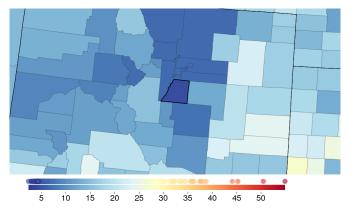
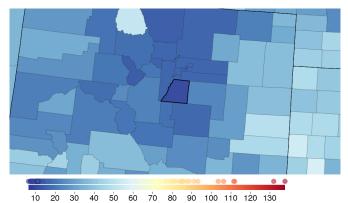


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Colorado	Douglas County	Sex
+355.9	480	8.2	9.9	4.8	Female
+329.9	197	18.7	19.8	7.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

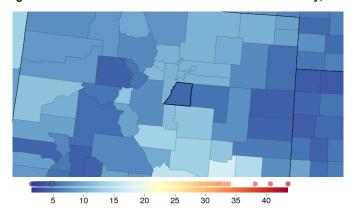
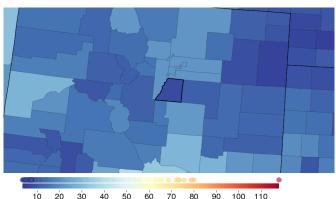


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Douglas County	Colorado	National	National rank	% change 1980-2014
Female	6.5	14.3	11.8	26	-8.3
Male	7.4	23.8	22.2	1	-21.3

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

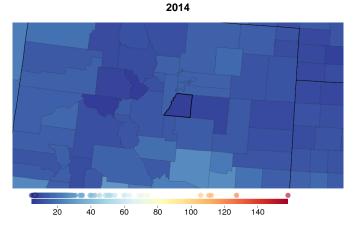
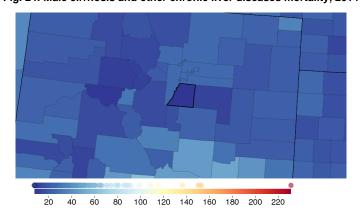


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

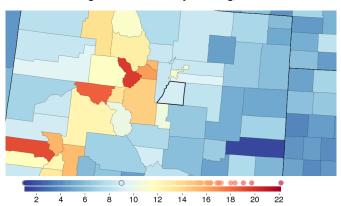


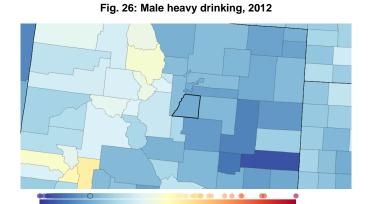
FINDINGS: HEAVY DRINKING

Sex	Douglas County	Colorado	National	National rank	% change 2005-2012
Female	9.0	8.8	6.7	2799	+44.0
Male	9.6	10.5	9.9	1293	+23.7

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





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FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Colorado	Douglas County	Sex
+14.7	2330	12.4	14.6	14.1	Female
-10.1	990	24.5	25.9	21.2	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

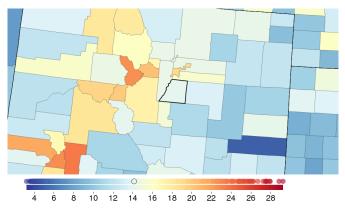
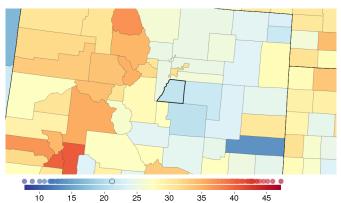


Fig. 28: Male binge drinking, 2012

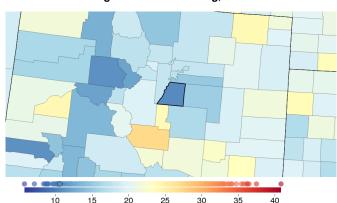


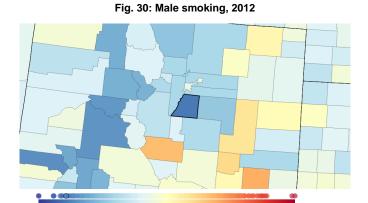
FINDINGS: SMOKING

Sex	Douglas County	Colorado	National	National rank	% change 1996-2012
Female	10.6	16.9	17.9	30	-27.5
Male	13.3	20.1	22.2	11	-24.1

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Colorado	Douglas County	Sex
+15.5	3	36.1	27.7	18.6	Female
+35.8	23	33.8	26.8	24.3	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

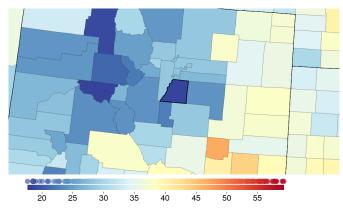
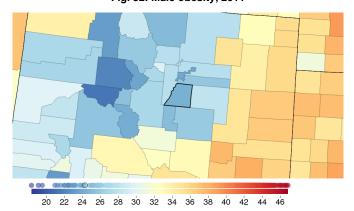


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Colorado	Douglas County	Sex
+1.6	22	52.6	62.7	66.7	Female
+1.4	12	56.3	64.7	70.8	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

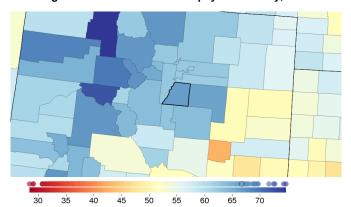
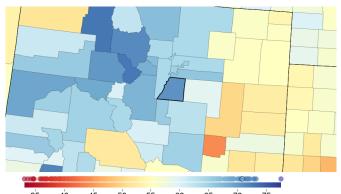


Fig. 34: Male recommended physical activity, 2011



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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

