# COUNTY PROFILE: Dutchess County, New York

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
+5.8	446	81.5	82.5	82.5	Female
+10.2	340	76.7	78.1	78.4	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

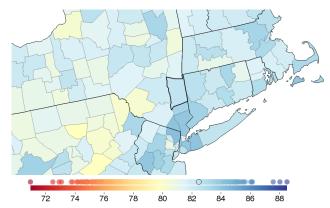
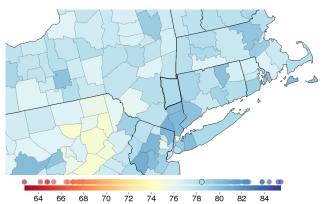


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1980-2014
Female	606.3	588.6	667.8	456	-30.4
Male	832.2	819.4	930.1	394	-42.2

Fig. 3: Female all-cause mortality, 2014

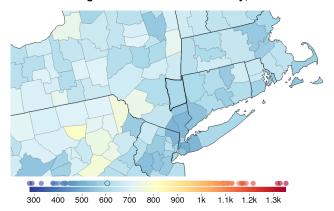
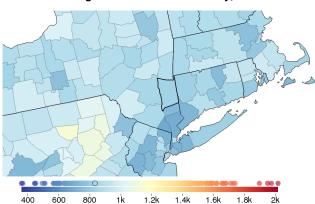


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1980-2014
Female	135.8	154.9	124.9	1646	-53.5
Male	185.4	214.9	191.5	1036	-65.9

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

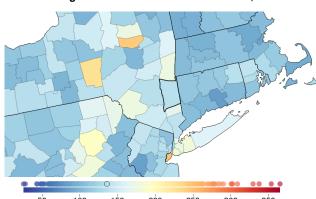
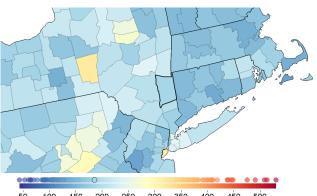


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
-51.8	322	47.4	32.3	39.0	Female
-53.5	293	48.8	34.8	39.6	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

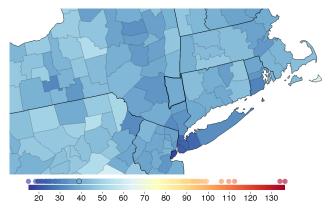
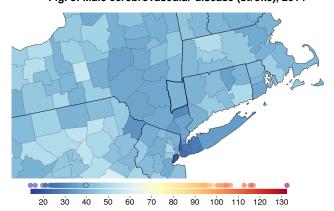


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
+6.9	1177	43.8	38.9	43.9	Female
-44.1	772	67.6	57.0	60.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

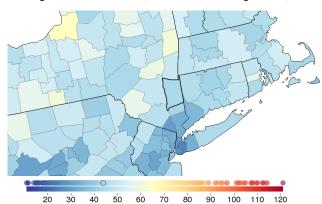
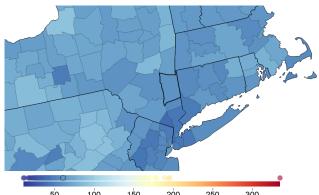


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
-44.2	928	25.9	24.5	24.1	Female
-17.4	2348	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

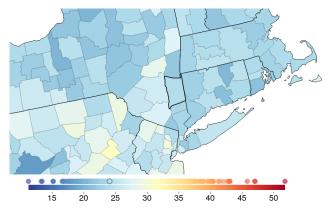
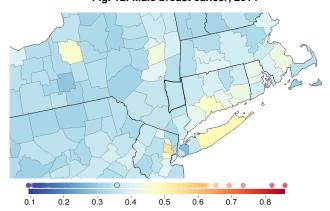


Fig. 12: Male breast cancer, 2014

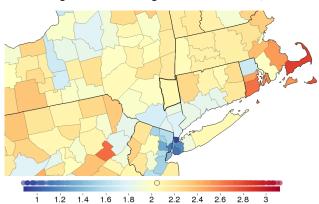


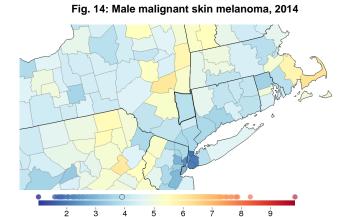
#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1980-2014
Female	2.0	1.6	1.9	1337	-9.2
Male	3.9	3.5	4.5	534	-4.4

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
+4.9	339	49.6	40.1	38.4	Female
-8.8	386	63.8	52.8	50.1	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

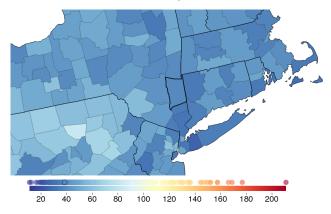
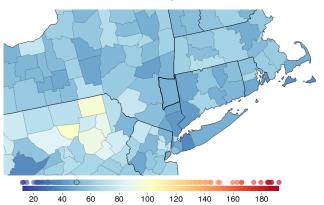


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1980-2014
Female	6.2	5.6	9.0	277	-12.1
Male	21.4	20.9	30.9	260	-2.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

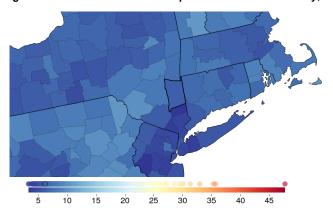


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
-55.9	166	8.1	4.6	5.9	Female
-62.0	114	19.8	11.6	12.7	Male

Fig. 19: Female transport injuries mortality, 2014

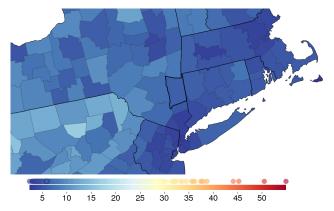
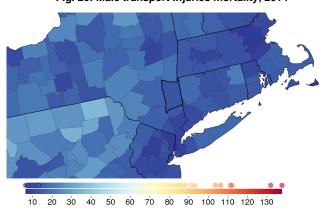


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1980-2014
Female	6.8	5.3	8.2	1208	+430.1
Male	16.3	17.6	18.7	1711	+515.5

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

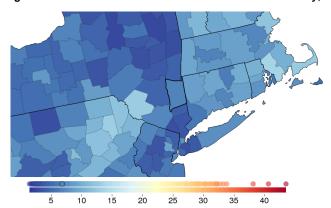


Fig. 22: Male mental and substance use disorders mortality, 2014

#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	New York	<b>Dutchess County</b>	Sex
-38.7	178	11.8	7.7	8.0	Female
-43.1	637	22.2	15.5	16.5	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

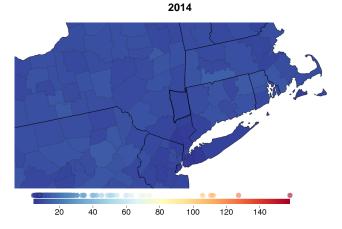
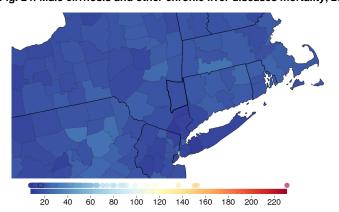


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

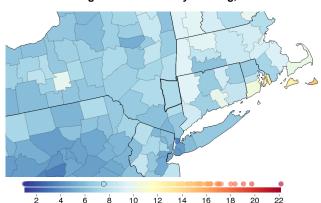


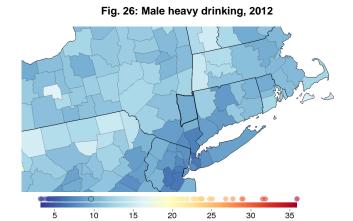
#### FINDINGS: HEAVY DRINKING

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 2005-2012
Female	7.5	6.1	6.7	2464	+35.8
Male	9.6	9.0	9.9	1288	+25.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	New York	<b>Dutchess County</b>	Sex
+25.3	2300	12.4	13.3	13.9	Female
+6.3	1904	24.5	25.3	26.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

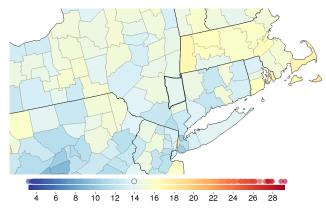
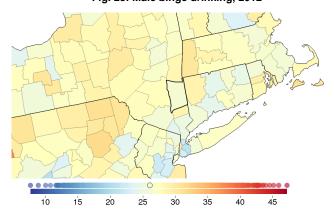


Fig. 28: Male binge drinking, 2012

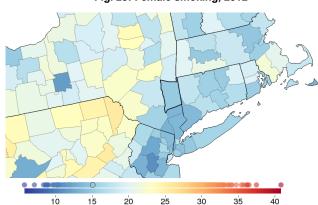


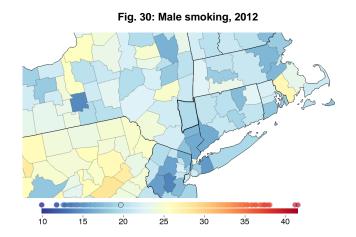
# FINDINGS: SMOKING

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 1996-2012
Female	15.1	16.2	17.9	203	-29.1
Male	19.7	19.7	22.2	238	-20.3

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



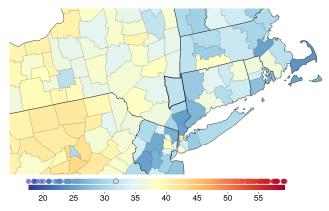


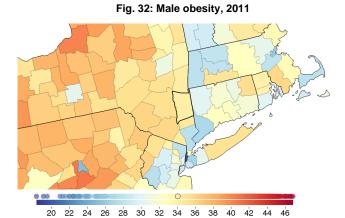
#### FINDINGS: OBESITY

% change 2001-2011	National rank	National	New York	<b>Dutchess County</b>	Sex
+31.2	221	36.1	33.8	31.8	Female
+38.8	485	33.8	31.2	34.1	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011





#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Dutchess County</b>	New York	National	National rank	% change 2001-2011
Female	55.3	50.8	52.6	691	+7.9
Male	60.5	55.3	56.3	332	+2.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

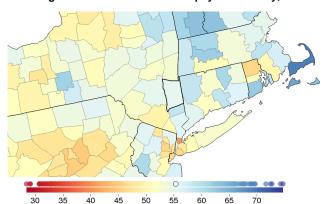


Fig. 34: Male recommended physical activity, 2011

### **CITATION:**

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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

