# COUNTY PROFILE: Frio County, Texas

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
+3.3	1286	81.5	80.8	80.8	Female
+6.1	1735	76.7	76.2	75.3	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

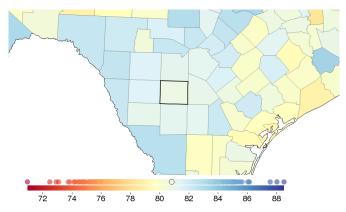
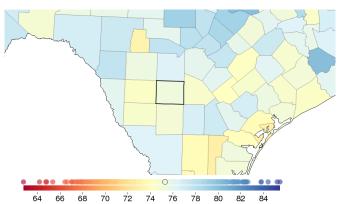


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	Frio County	Texas	National	National rank	% change 1980-2014
Female	691.5	694.2	667.8	1198	-14.1
Male	1018.2	954.8	930.1	1607	-22.6

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

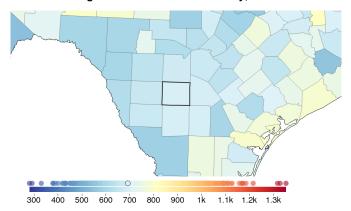
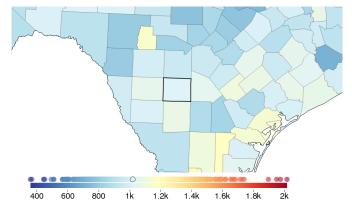


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-36.4	2652	124.9	127.2	179.5	Female
-44.6	2377	191.5	197.7	248.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

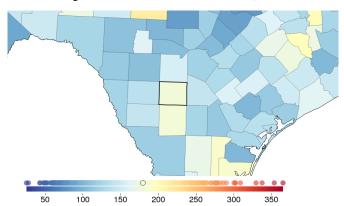
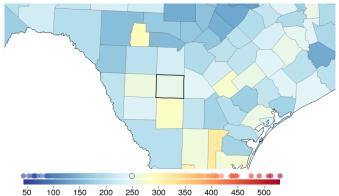


Fig. 6: Male ischemic heart disease, 2014



## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-45.5	494	47.4	52.0	41.7	Female
-31.2	2625	48.8	54.0	63.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

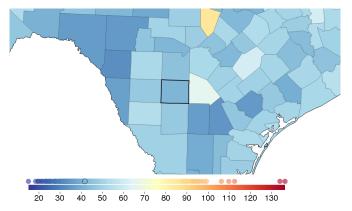
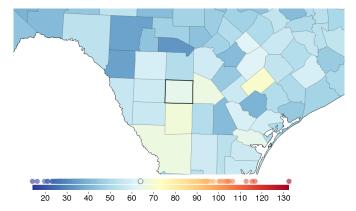


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-15.3	40	43.8	38.4	20.8	Female
-46.4	344	67.6	62.9	51.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

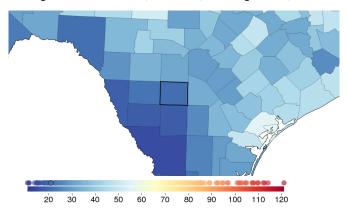
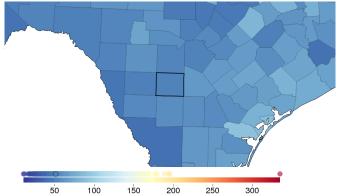


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-10.1	1121	25.9	25.6	24.6	Female
-20.4	206	0.3	0.3	0.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 11: Female breast cancer, 2014

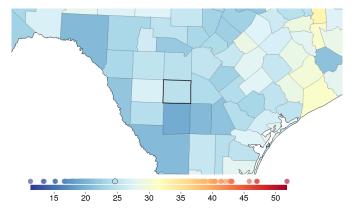
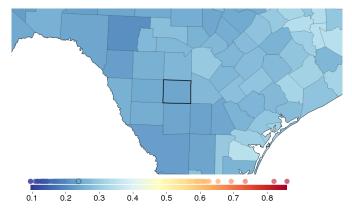


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Frio County	Texas	National	National rank	% change 1980-2014
Female	1.1	1.6	1.9	24	-28.8
Male	2.6	4.0	4.5	60	-13.1

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

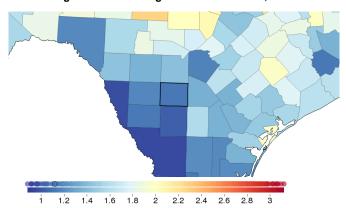
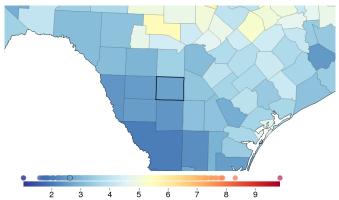


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
+46.6	3045	49.6	55.9	96.5	Female
+39.1	3045	63.8	66.9	109.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

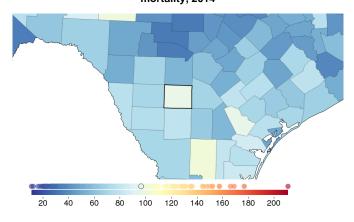
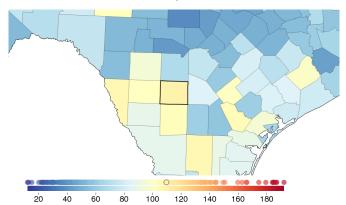


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-7.2	1317	9.0	8.4	8.9	Female
-27.7	788	30.9	28.8	26.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

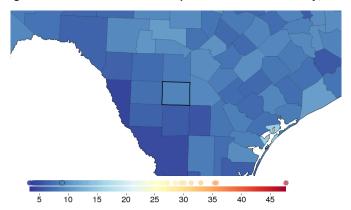
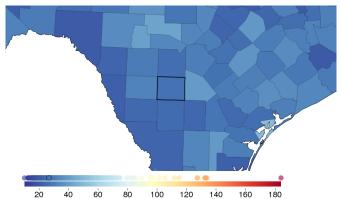


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
-16.0	1753	8.1	9.5	14.3	Female
-45.3	1396	19.8	24.3	29.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

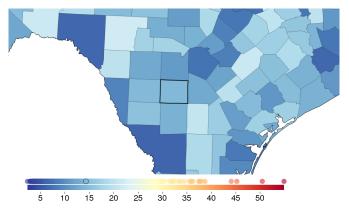
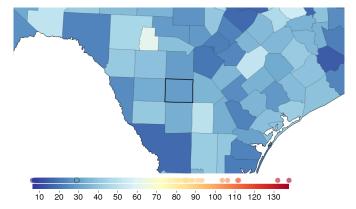


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
+226.6	105	8.2	6.4	3.2	Female
+175.9	613	18.7	13.9	10.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

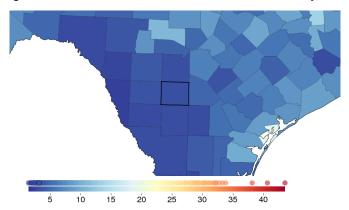
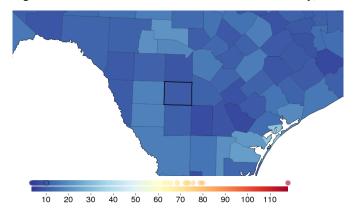


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	Frio County	Sex
+60.2	2902	11.8	14.5	19.0	Female
+56.6	3083	22.2	27.7	48.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

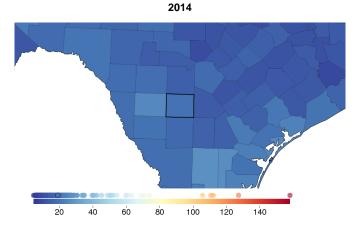
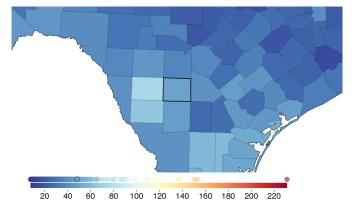


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

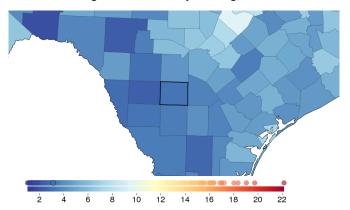


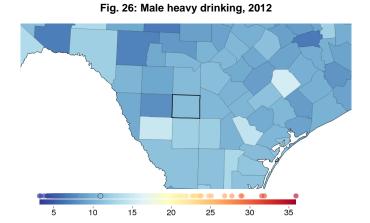
## FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Texas	Frio County	Sex
+30.0	578	6.7	5.3	3.1	Female
+8.3	1850	9.9	9.5	10.9	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Texas	Frio County	Sex
+18.7	1561	12.4	10.8	10.9	Female
-5.5	2282	24.5	24.5	28.2	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

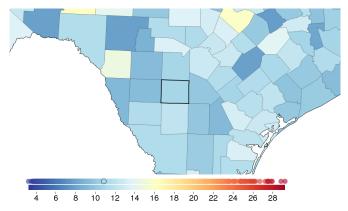
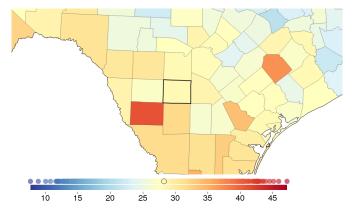


Fig. 28: Male binge drinking, 2012



## FINDINGS: SMOKING

% change 1996-2012	National rank	National	Texas	Frio County	Sex
-21.7	231	17.9	15.1	15.4	Female
-10.0	1674	22.2	22.1	25.8	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

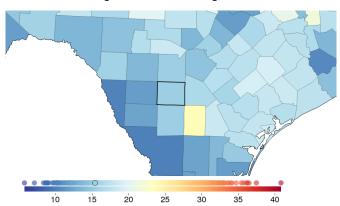
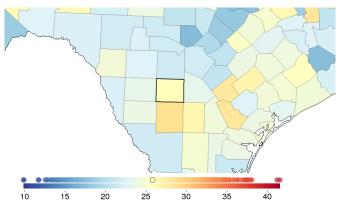


Fig. 30: Male smoking, 2012



#### FINDINGS: OBESITY

% change 2001-2011	National rank	National	Texas	Frio County	Sex
+21.1	2912	36.1	38.9	47.3	Female
+26.4	1476	33.8	36.0	37.2	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

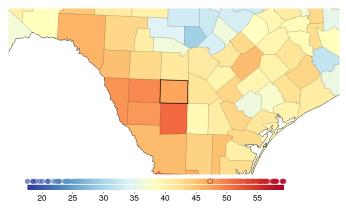
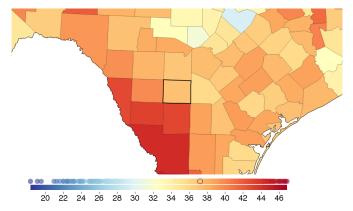


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Frio County	Texas	National	National rank	% change 2001-2011
Female	42.8	49.5	52.6	2578	+12.3
Male	49.4	54.1	56.3	2311	+9.4

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

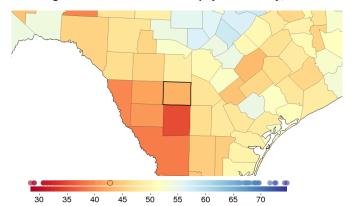
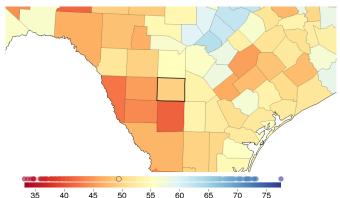


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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