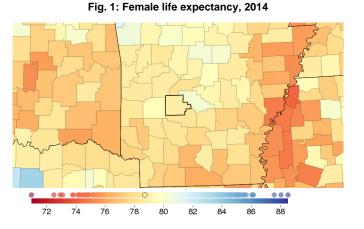
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

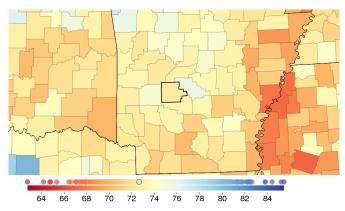
FINDINGS: LIFE EXPECTANCY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	78.7	78.9	81.5	2364	+1.8
Male	72.6	73.5	76.7	2604	+4.7



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	813.7	811.6	667.8	2293	-2.7
Male	1195.3	1150.3	930.1	2515	-14.6

Fig. 3: Female all-cause mortality, 2014

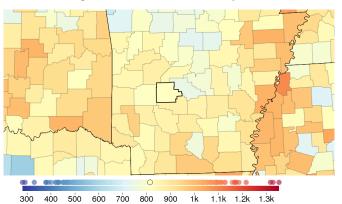
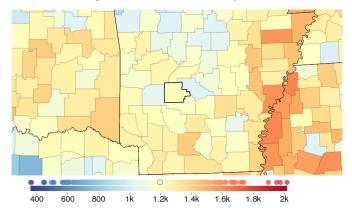


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	141.2	163.2	124.9	1815	-44.6
Male	242.5	252.2	191.5	2280	-47.5

rate per 100,000 population, age-standardized, 2014

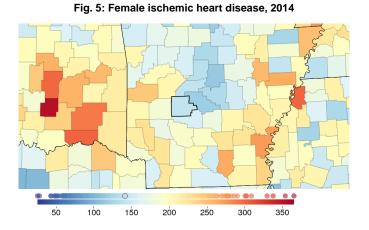
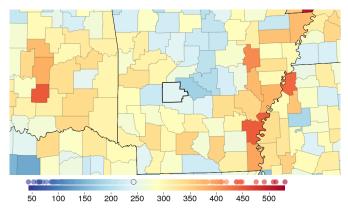
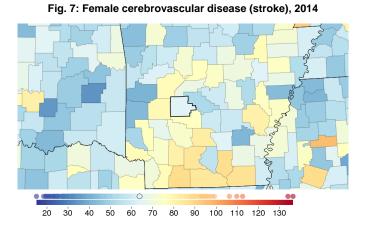


Fig. 6: Male ischemic heart disease, 2014

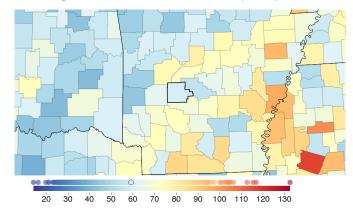


FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	63.8	62.0	47.4	2653	-29.1
Male	59.1	62.4	48.8	2306	-38.1







FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	55.9	53.2	43.8	2358	+36.7
Male	94.9	97.4	67.6	2291	-27.3

rate per 100,000 population, age-standardized, 2014

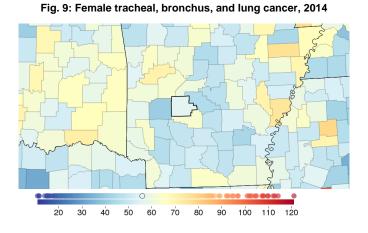
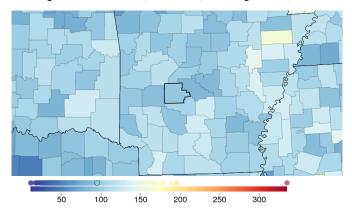


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	29.1	27.6	25.9	2494	-11.5
Male	0.4	0.3	0.3	2308	-6.3

rate per 100,000 population, age-standardized, 2014

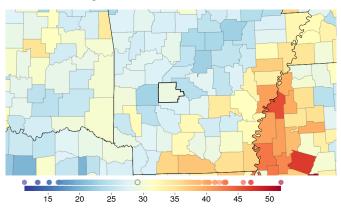


Fig. 11: Female breast cancer, 2014

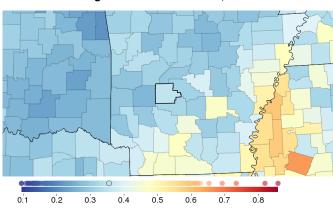


Fig. 12: Male breast cancer, 2014

FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	2.0	1.9	1.9	1187	-19.7
Male	6.1	4.7	4.5	2810	+46.8

rate per 100,000 population, age-standardized, 2014

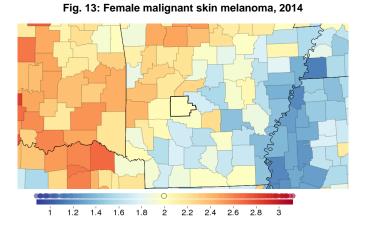
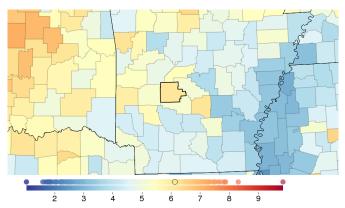


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	46.3	60.9	49.6	841	+23.5
Male	62.3	73.7	63.8	1166	+30.2

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

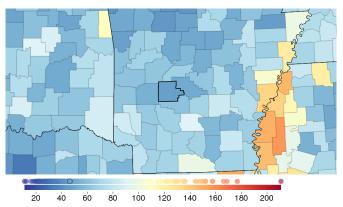
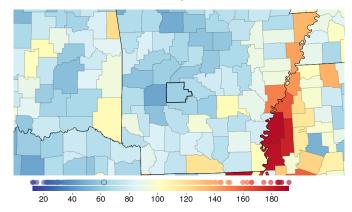


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014





FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	22.0	13.3	9.0	3116	+43.6
Male	70.0	42.6	30.9	3110	+30.4

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

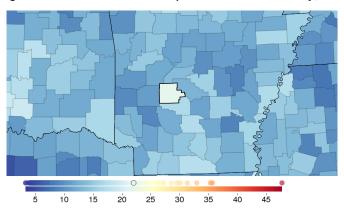
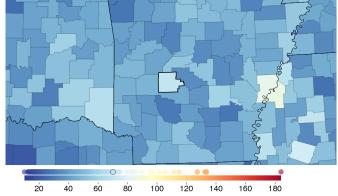
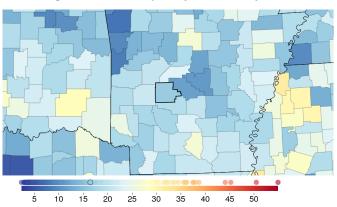


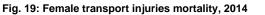
Fig. 18: Male self-harm and interpersonal violence mortality, 2014



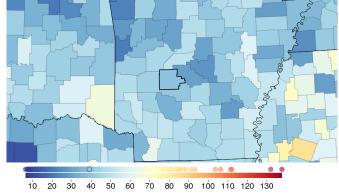
FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	16.4	14.5	8.1	2190	+5.4
Male	39.1	33.6	19.8	2297	-9.8









FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	8.6	7.1	8.2	1779	+566.7
Male	26.5	15.1	18.7	2715	+369.8

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

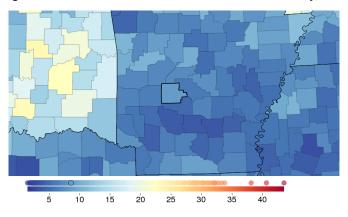
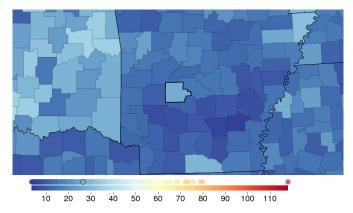


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Garland County	Arkansas	National	National rank	% change 1980-2014
Female	17.3	13.8	11.8	2742	+14.3
Male	34.7	24.5	22.2	2862	+34.2

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

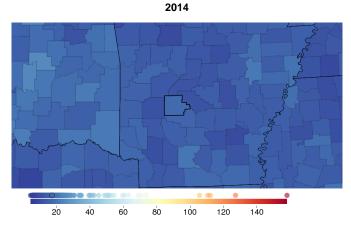
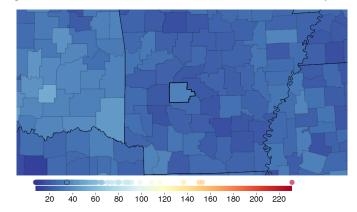


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

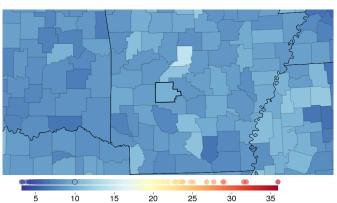


FINDINGS: HEAVY DRINKING

Sex	Garland County	Arkansas	National	National rank	% change 2005-2012
Female	6.0	5.1	6.7	1913	+53.6
Male	10.0	8.8	9.9	1444	+21.9

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012



FINDINGS: BINGE DRINKING

Sex	Garland County	Arkansas	National	National rank	% change 2002-2012
Female	12.5	9.0	12.4	1953	+11.3
Male	22.8	20.4	24.5	1297	+5.4

prevalence (%), age-standardized, 2012

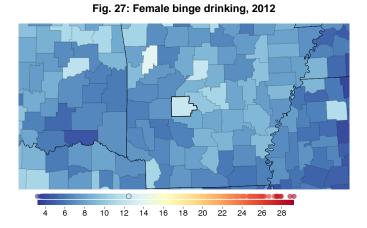


Fig. 28: Male binge drinking, 2012

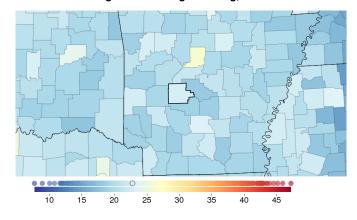
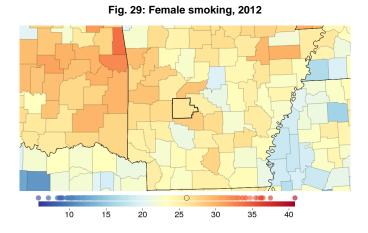


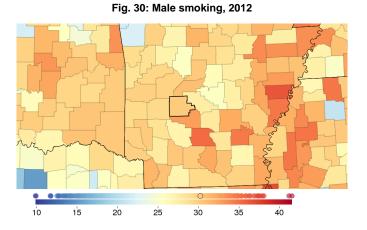
Fig. 26: Male heavy drinking, 2012

FINDINGS: SMOKING

Sex	Garland County	Arkansas	National	National rank	% change 1996-2012
Female	26.0	23.6	17.9	2669	-5.3
Male	30.2	27.6	22.2	2714	-4.0

prevalence (%), age-standardized, 2012





FINDINGS: OBESITY

Sex	Garland County	Arkansas	National	National rank	% change 2001-2011
Female	35.3	39.3	36.1	692	+22.4
Male	35.4	37.2	33.8	772	+27.2

prevalence (%), age-standardized, 2011

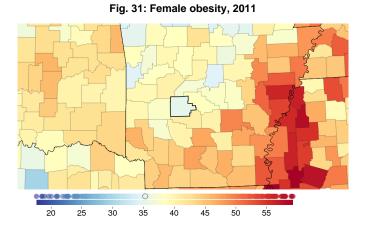
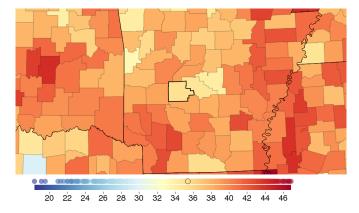


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Garland County	Arkansas	National	National rank	% change 2001-2011
Female	47.7	45.2	52.6	1954	+5.1
Male	56.9	51.3	56.3	835	+0.4

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

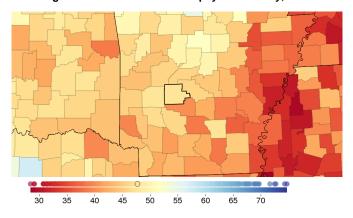
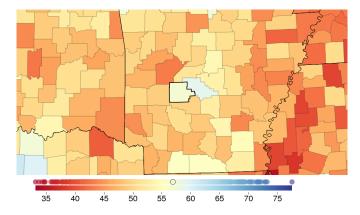


Fig. 34: Male recommended physical activity, 2011



CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Garland County, Arkansas. Seattle, WA: IHME, 2016.

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