# COUNTY PROFILE: Gray County, Texas

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
-2.1	2938	81.5	80.8	77.0	Female
+5.5	2267	76.7	76.2	73.9	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

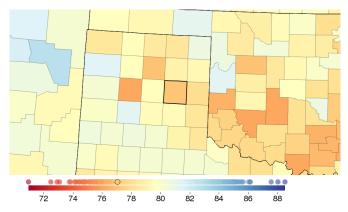
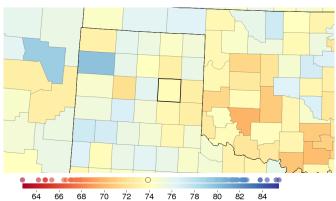


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+27.8	2940	667.8	694.2	933.6	Female
-18.6	2247	930.1	954.8	1128.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

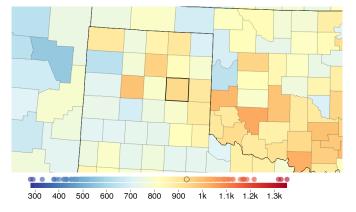
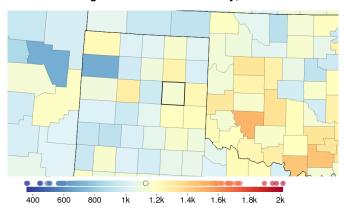


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
-31.2	2148	124.9	127.2	152.9	Female
-53.5	1980	191.5	197.7	226.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

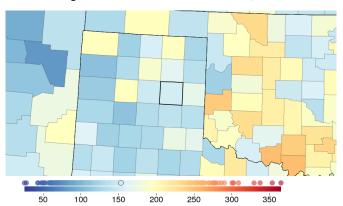
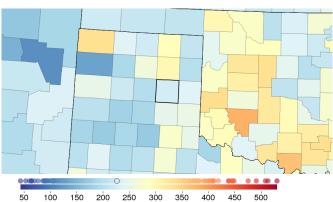


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
-27.1	1652	47.4	52.0	52.0	Female
-37.9	1779	48.8	54.0	53.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

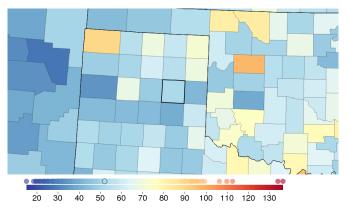
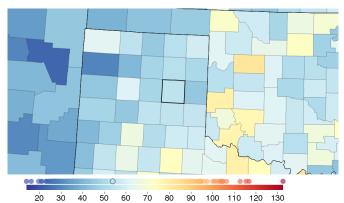


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+86.4	2415	43.8	38.4	56.6	Female
-33.4	1603	67.6	62.9	77.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

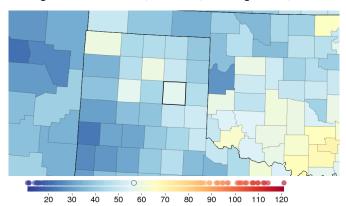


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+3.1	2786	25.9	25.6	31.0	Female
-14.9	1046	0.3	0.3	0.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 11: Female breast cancer, 2014

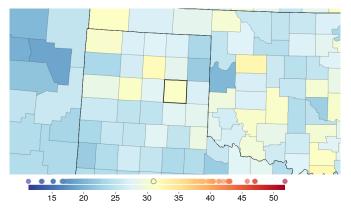
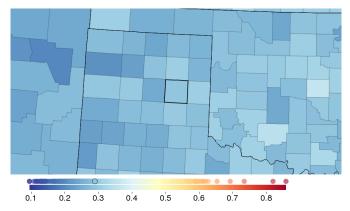


Fig. 12: Male breast cancer, 2014

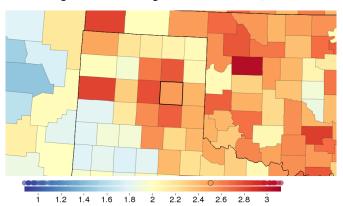


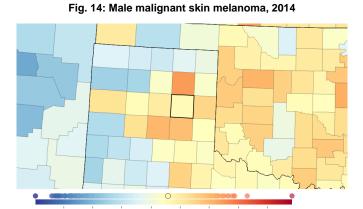
#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+4.9	2666	1.9	1.6	2.5	Female
+21.0	2372	4.5	4.0	5.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+107.1	2330	49.6	55.9	65.8	Female
+98.4	2521	63.8	66.9	83.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

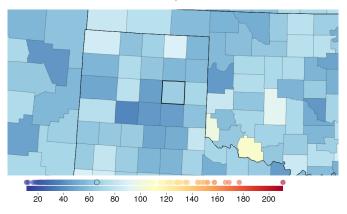
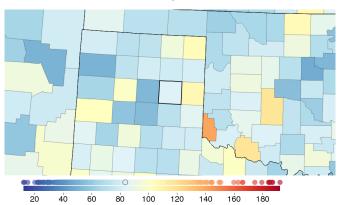


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+14.7	2757	9.0	8.4	13.7	Female
-26.5	1503	30.9	28.8	32.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

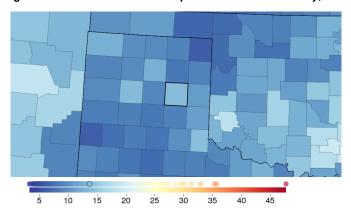
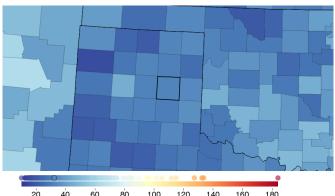


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
-5.4	1863	8.1	9.5	14.8	Female
-16.3	2179	19.8	24.3	37.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

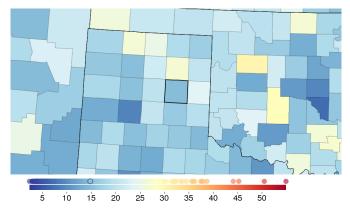
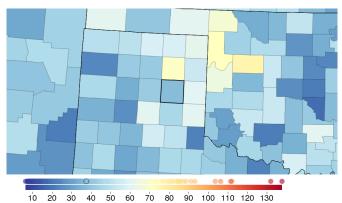


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+559.0	2169	8.2	6.4	10.1	Female
+201.9	1416	18.7	13.9	14.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

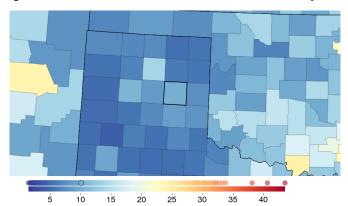
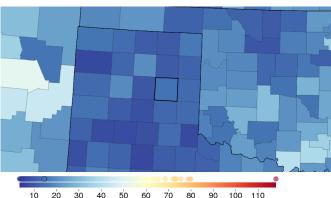


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	<b>Gray County</b>	Sex
+101.1	2859	11.8	14.5	18.5	Female
+76.6	2928	22.2	27.7	36.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

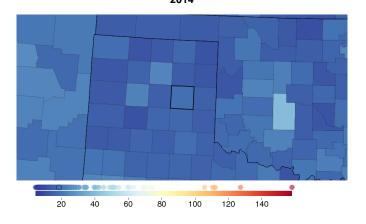
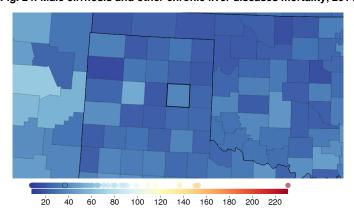


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

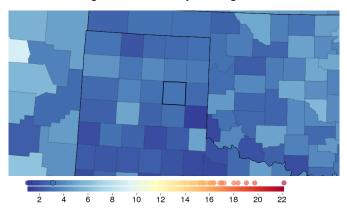


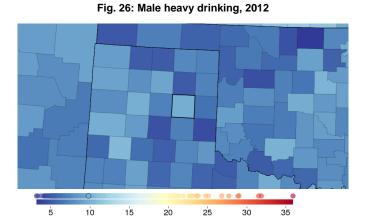
## FINDINGS: HEAVY DRINKING

Sex	<b>Gray County</b>	Texas	National	National rank	% change 2005-2012
Female	3.1	5.3	6.7	569	+32.9
Male	9.8	9.5	9.9	1358	+20.6

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Texas	<b>Gray County</b>	Sex
-10.6	476	12.4	10.8	6.6	Female
+2.1	1160	24.5	24.5	22.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

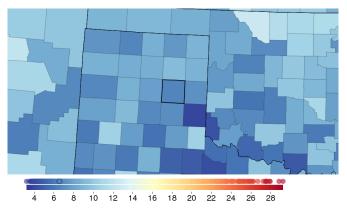
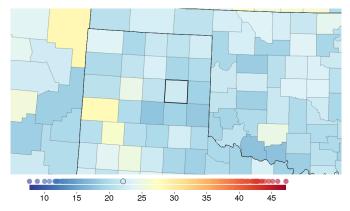


Fig. 28: Male binge drinking, 2012

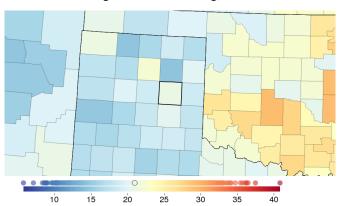


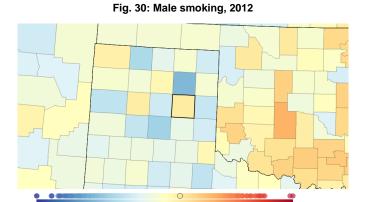
## FINDINGS: SMOKING

% change 1996-2012	National rank	National	Texas	<b>Gray County</b>	Sex
-17.6	1285	17.9	15.1	21.0	Female
-6.3	2112	22.2	22.1	27.6	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





30

FINDINGS: OBESITY

% change 2001-2011	National rank	National	Texas	<b>Gray County</b>	Sex
+20.9	1674	36.1	38.9	39.0	Female
+27.4	2264	33.8	36.0	39.0	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

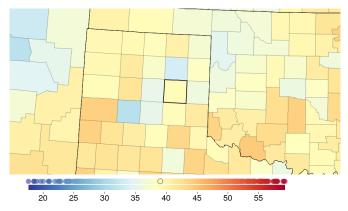
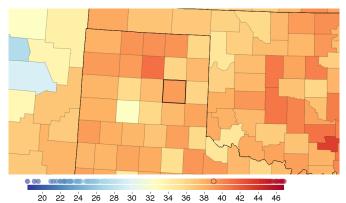


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Texas	<b>Gray County</b>	Sex
+8.9	2370	52.6	49.5	44.7	Female
-5.4	2208	56.3	54.1	50.1	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

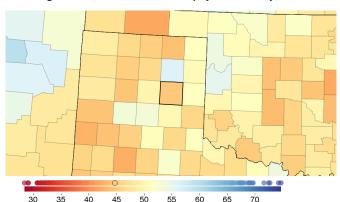
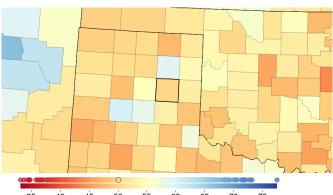


Fig. 34: Male recommended physical activity, 2011



## **CITATION:**

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