COUNTY PROFILE: Grays Harbor County, Washington

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

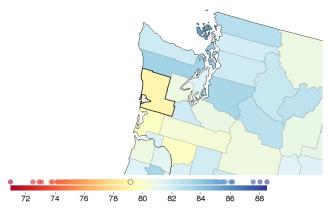
Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

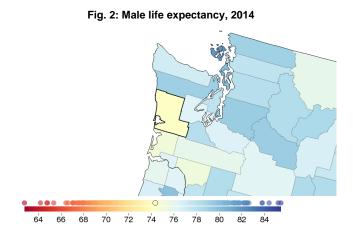
FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+3.4	2177	81.5	82.0	79.2	Female
+6.7	2102	76.7	78.0	74.3	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014





FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
-13.0	2188	667.8	630.2	798.5	Female
-25.0	2039	930.1	858.7	1085.6	Male

Fig. 3: Female all-cause mortality, 2014

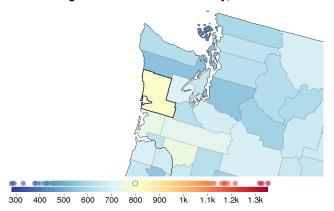
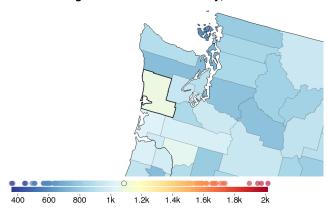


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
-57.7	738	124.9	90.0	106.5	Female
-59.1	1419	191.5	155.7	200.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

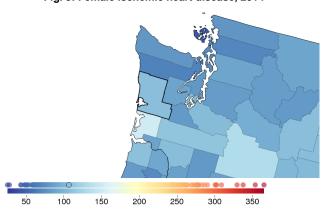


Fig. 6: Male ischemic heart disease, 2014

450

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
-40.4	1861	47.4	49.5	53.9	Female
-43.0	1934	48.8	48.9	55.2	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

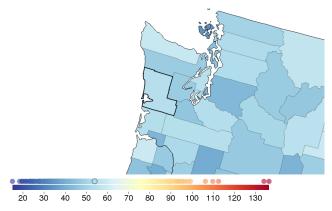
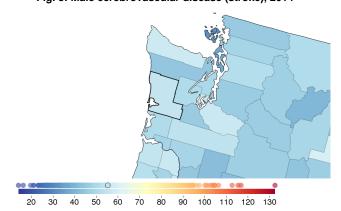


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+29.4	2981	43.8	43.8	68.9	Female
-14.5	2252	67.6	57.2	93.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

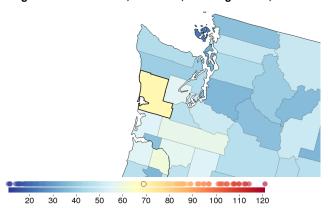


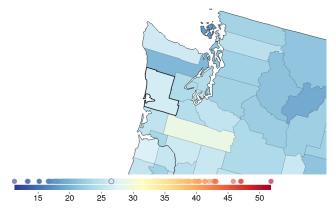
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

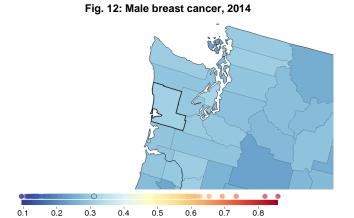
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FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
-22.6	1805	25.9	23.7	26.6	Female
-9.3	1512	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014





FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+18.8	2961	1.9	2.1	2.7	Female
+39.2	1861	4.5	4.7	5.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

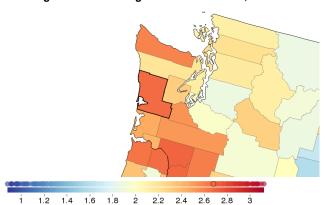


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+89.6	2271	49.6	46.8	64.9	Female
+93.8	2096	63.8	58.6	75.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

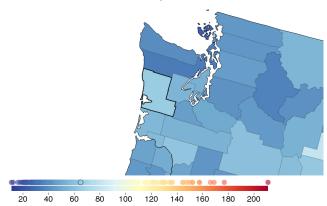
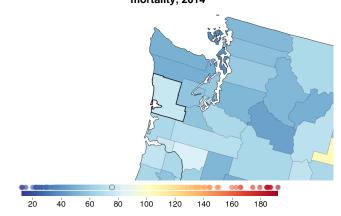


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+7.9	2571	9.0	9.5	12.7	Female
+6.7	2564	30.9	29.6	42.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

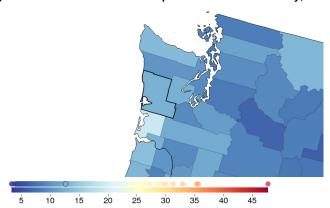


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
-53.7	601	8.1	5.7	8.9	Female
-61.3	725	19.8	14.6	22.0	Male

Fig. 19: Female transport injuries mortality, 2014

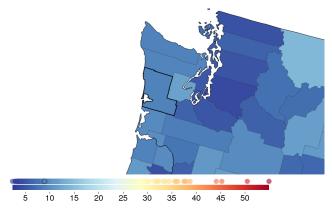
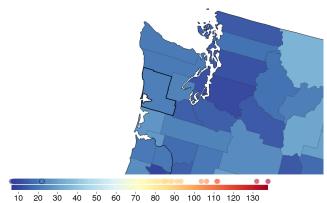


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Grays Harbor County	Washington	National	National rank	% change 1980-2014
Female	17.4	9.4	8.2	2949	+416.0
Male	33.9	18.2	18.7	2985	+400.3

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

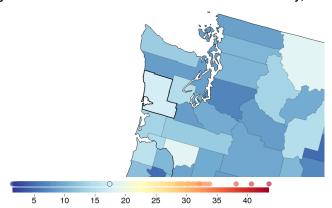
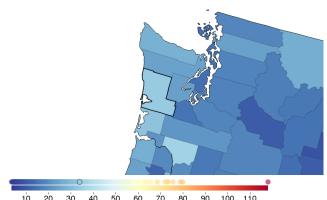


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	Grays Harbor County	Sex
+28.8	2987	11.8	12.3	20.4	Female
+41.5	2703	22.2	21.4	31.6	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

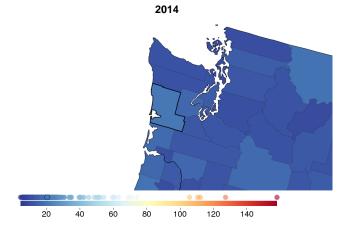
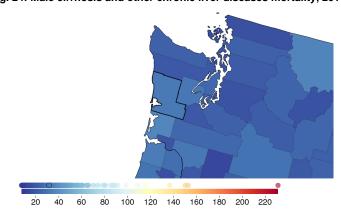


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

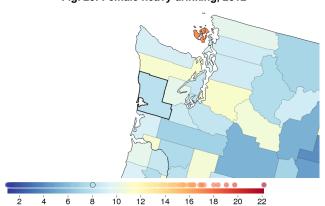


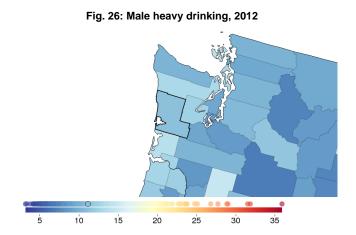
FINDINGS: HEAVY DRINKING

Sex	Grays Harbor County	Washington	National	National rank	% change 2005-2012
Female	8.0	9.1	6.7	2601	+34.7
Male	11.1	10.0	9.9	1935	+10.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Washington	Grays Harbor County	Sex
+1.2	2014	12.4	13.3	12.7	Female
-2.6	1362	24.5	23.0	23.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

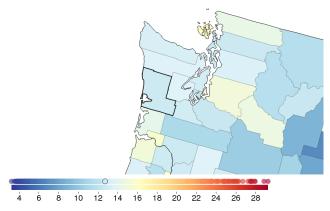
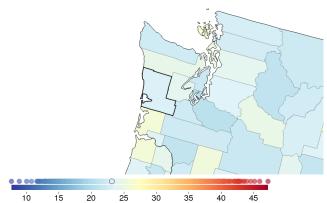


Fig. 28: Male binge drinking, 2012

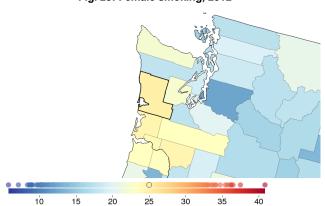


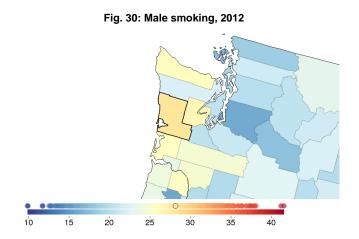
FINDINGS: SMOKING

% change 1996-2	National rank	National	Washington	Grays Harbor County	Sex
-	2478	17.9	16.8	25.0	Female
	2237	22.2	19.4	28.1	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Washington	Grays Harbor County	Sex
+27.0	2501	36.1	34.8	42.8	Female
+36.0	2299	33.8	33.6	39.1	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

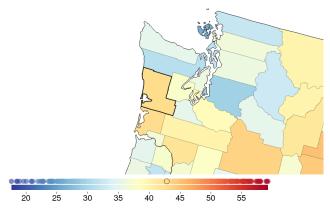


Fig. 32: Male obesity, 2011

22 24 26 28 30 32 34 36 38 40 42 44 46

FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Grays Harbor County	Washington	National	National rank	% change 2001-2011
Female	55.2	60.0	52.6	711	+1.8
Male	58.4	61.2	56.3	578	-10.3

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

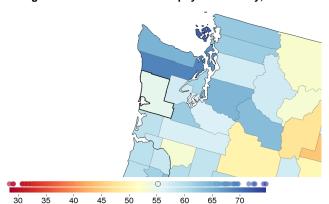


Fig. 34: Male recommended physical activity, 2011

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