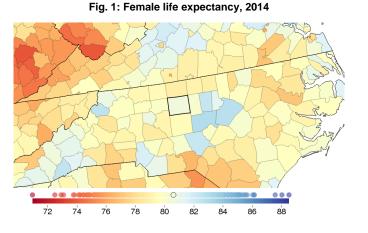
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

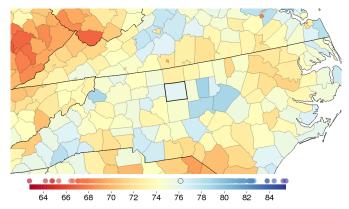
## FINDINGS: LIFE EXPECTANCY

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 1980-2014
Female	80.6	80.2	81.5	1434	+4.6
Male	76.1	75.4	76.7	1330	+10.1



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	694.0	725.0	667.8	1225	-20.5
Male	956.6	1011.0	930.1	1176	-37.5

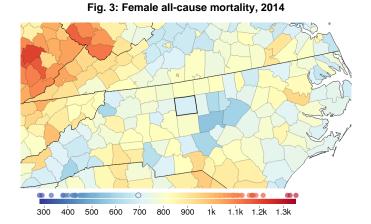
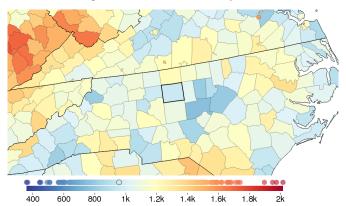


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	96.3	114.8	124.9	467	-56.7
Male	160.9	185.5	191.5	529	-65.9

rate per 100,000 population, age-standardized, 2014

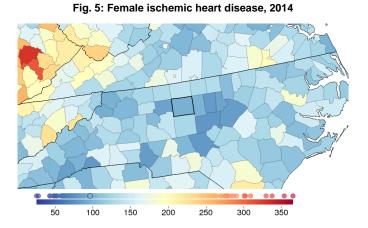
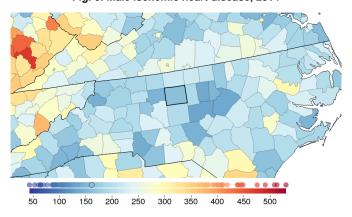
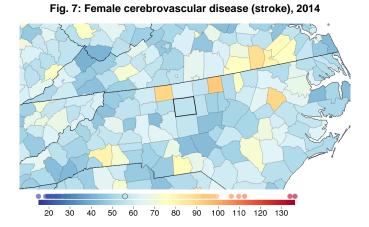


Fig. 6: Male ischemic heart disease, 2014

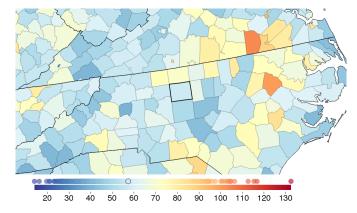


## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 1980-2014
Female	56.0	55.4	47.4	2069	-46.2
Male	57.3	57.5	48.8	2141	-56.0







## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	42.9	47.3	43.8	1092	+22.8
Male	70.2	82.7	67.6	1219	-46.0

rate per 100,000 population, age-standardized, 2014

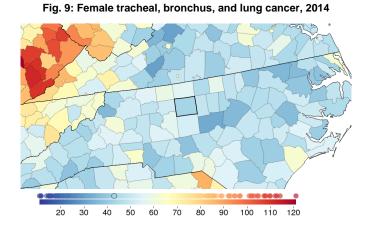
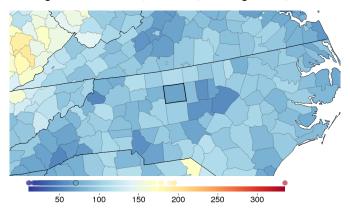


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 1980-2014
Female	25.5	26.6	25.9	1455	-28.9
Male	0.4	0.4	0.3	2803	-9.7

rate per 100,000 population, age-standardized, 2014

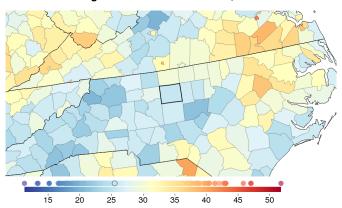
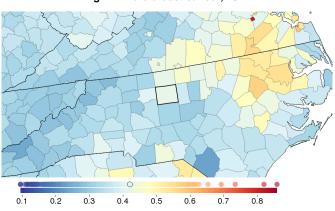


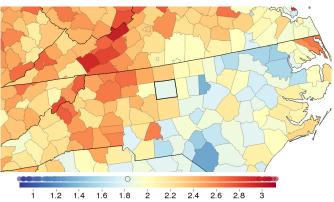
Fig. 11: Female breast cancer, 2014

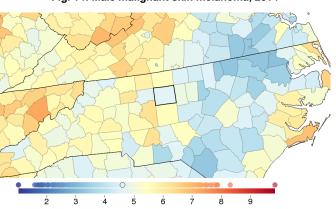


#### Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	1.8	2.0	1.9	698	-17.3
Male	4.6	4.8	4.5	1217	+17.8





## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	54.5	57.6	49.6	1509	+33.6
Male	67.5	71.4	63.8	1584	+24.6

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

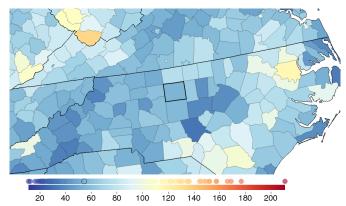
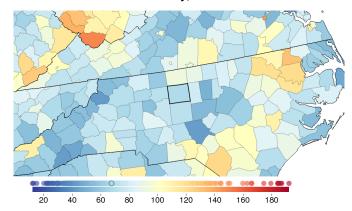
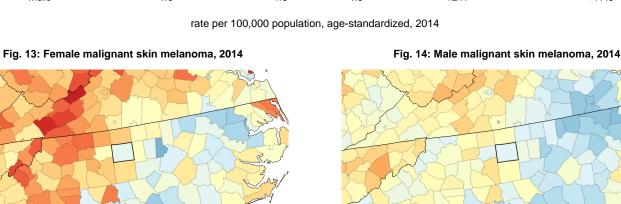


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

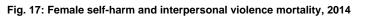


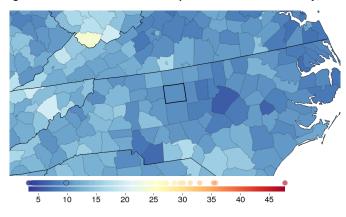


#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	9.8	9.9	9.0	1693	-16.9
Male	27.6	32.2	30.9	913	-35.4

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 1980-2014
Female	6.8	10.1	8.1	294	-38.4
Male	21.0	24.8	19.8	648	-43.4

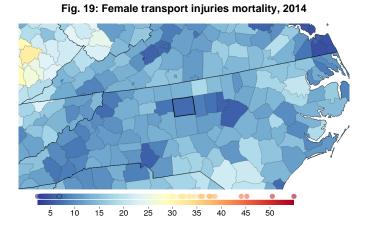


Fig. 20: Male transport injuries mortality, 2014

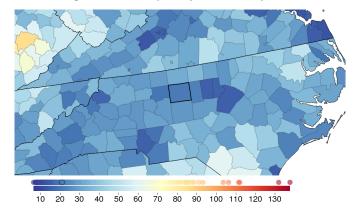
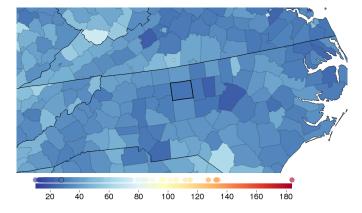


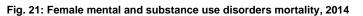
Fig. 18: Male self-harm and interpersonal violence mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	6.4	8.1	8.2	1080	+72.5
Male	16.6	17.5	18.7	1744	-8.1

rate per 100,000 population, age-standardized, 2014



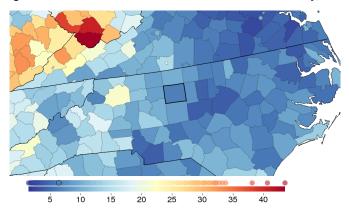
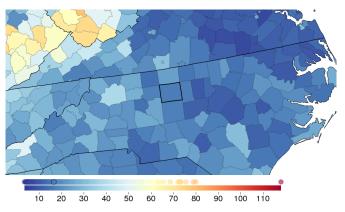


Fig. 22: Male mental and substance use disorders mortality, 2014

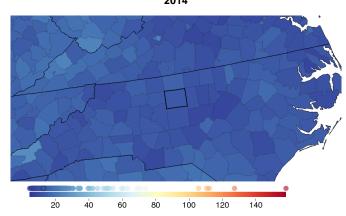


## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

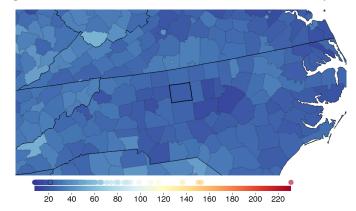
Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 1980-2014
Female	12.8	12.2	11.8	1726	+16.7
Male	21.3	23.2	22.2	1396	-12.2

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



#### FINDINGS: HEAVY DRINKING

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 2005-2012
Female	4.9	5.0	6.7	1473	+14.7
Male	8.0	8.4	9.9	574	+29.3

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

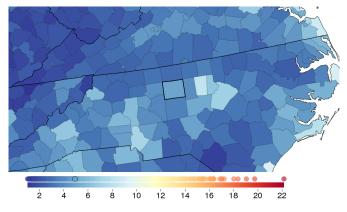
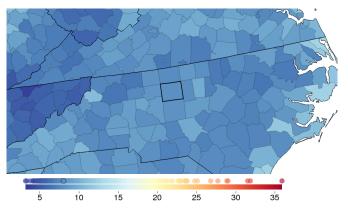


Fig. 26: Male heavy drinking, 2012



## FINDINGS: BINGE DRINKING

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 2002-2012
Female	8.9	8.8	12.4	1071	+18.3
Male	20.8	20.4	24.5	907	+15.0

prevalence (%), age-standardized, 2012

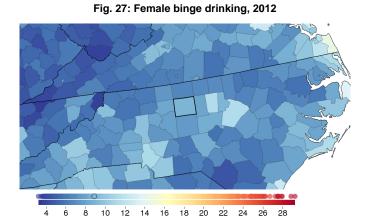
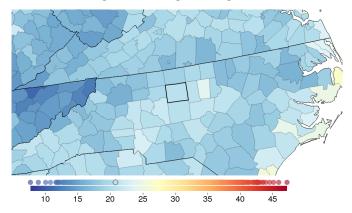


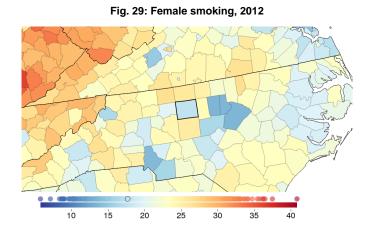
Fig. 28: Male binge drinking, 2012

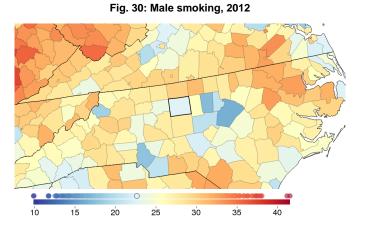


#### FINDINGS: SMOKING

Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 1996-2012
Female	17.7	19.5	17.9	498	-25.0
Male	22.6	23.6	22.2	716	-25.2

prevalence (%), age-standardized, 2012





## FINDINGS: OBESITY

Sex	<b>Guilford</b> County	North Carolina	National	National rank	% change 2001-2011
Female	36.9	38.6	36.1	1140	+30.9
Male	32.9	34.9	33.8	335	+32.4

prevalence (%), age-standardized, 2011

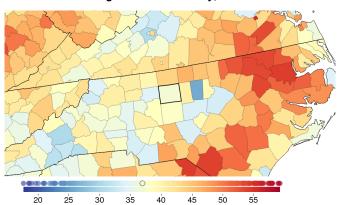


Fig. 31: Female obesity, 2011

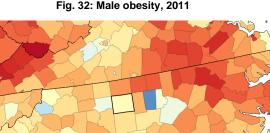


Fig. 32: Male obesity, 2011

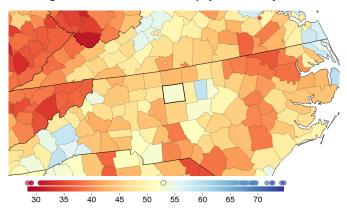
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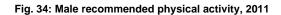
#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

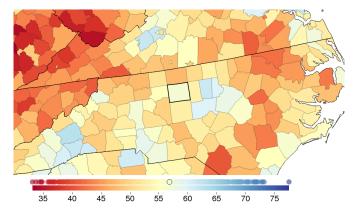
Sex	<b>Guilford County</b>	North Carolina	National	National rank	% change 2001-2011
Female	52.9	48.2	52.6	1100	+17.5
Male	56.8	54.3	56.3	855	+3.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011







#### **CITATION:**

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