COUNTY PROFILE: Hays County, Texas

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
+4.0	475	81.5	80.8	82.4	Female
+8.2	281	76.7	76.2	78.7	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

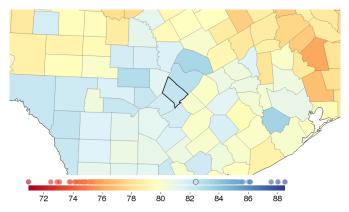
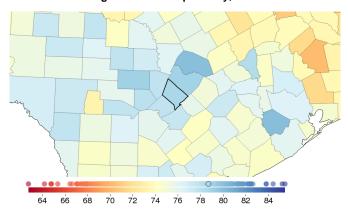


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Hays County	Texas	National	National rank	% change 1980-2014
Female	618.1	694.2	667.8	537	-21.0
Male	809.7	954.8	930.1	303	-35.5

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

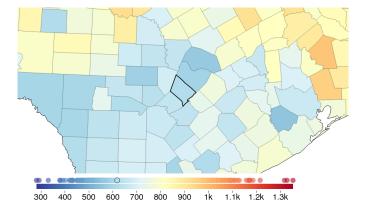
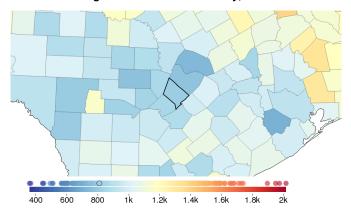


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-53.0	351	124.9	127.2	91.2	Female
-60.4	241	191.5	197.7	143.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

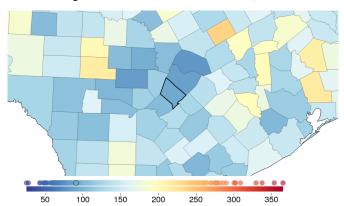
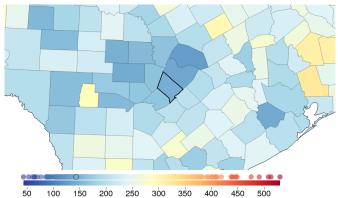


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-41.0	1574	47.4	52.0	51.3	Female
-46.6	1518	48.8	54.0	51.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 7: Female cerebrovascular disease (stroke), 2014

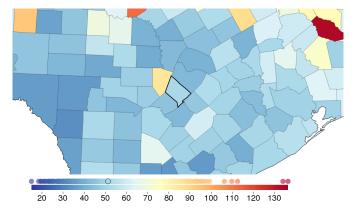
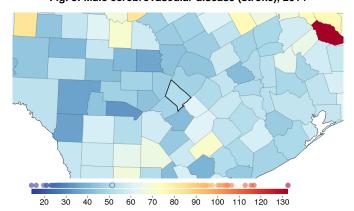


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Texas	Hays County	Sex
+10.2	301	43.8	38.4	32.1	Female
-51.0	222	67.6	62.9	46.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

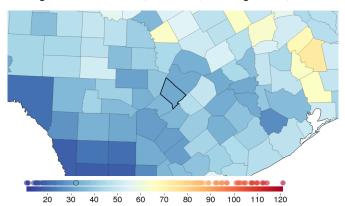
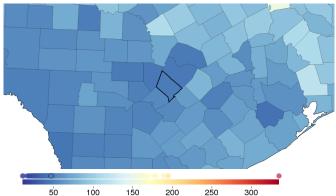


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-20.2	478	25.9	25.6	22.5	Female
-18.4	317	0.3	0.3	0.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 11: Female breast cancer, 2014

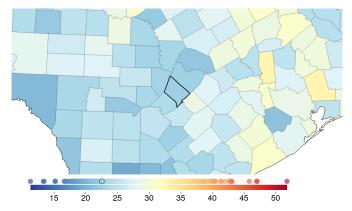
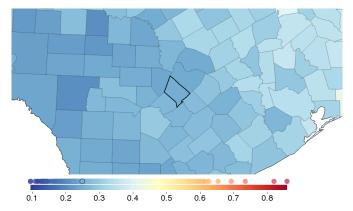


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-17.2	243	1.9	1.6	1.6	Female
+15.0	1473	4.5	4.0	4.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

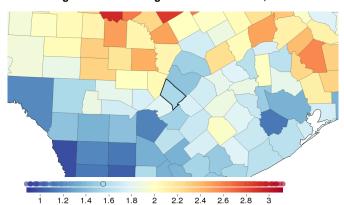


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-0.5	613	49.6	55.9	43.0	Female
-19.9	385	63.8	66.9	50.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

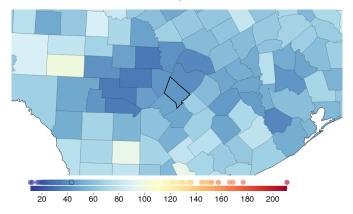
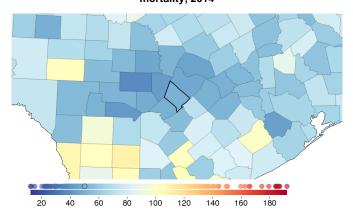


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-24.7	524	9.0	8.4	6.9	Female
-29.0	421	30.9	28.8	23.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

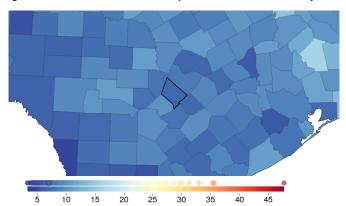


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
-39.6	554	8.1	9.5	8.6	Female
-45.8	785	19.8	24.3	22.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

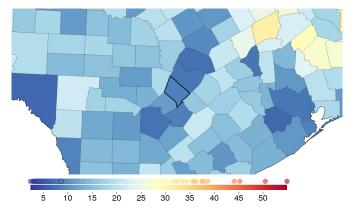
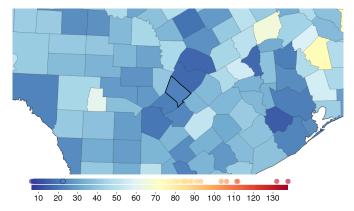


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
+373.8	824	8.2	6.4	5.7	Female
+168.9	536	18.7	13.9	9.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

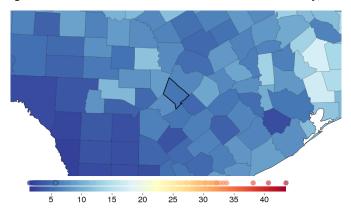
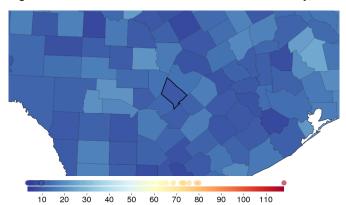


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Texas	Hays County	Sex
+26.5	1789	11.8	14.5	13.0	Female
+15.9	1888	22.2	27.7	24.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

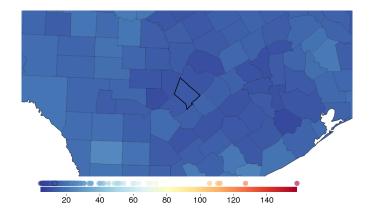
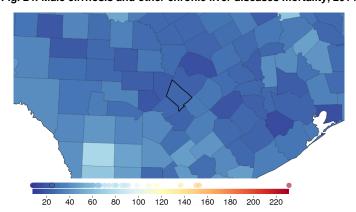


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

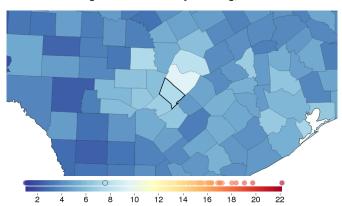


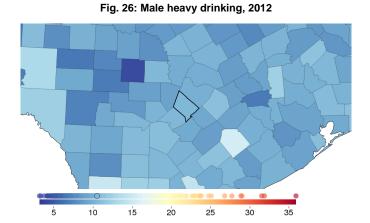
FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Texas	Hays County	Sex
+31.7	2472	6.7	5.3	7.6	Female
+1.5	1652	9.9	9.5	10.5	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Texas	Hays County	Sex
+9.5	2161	12.4	10.8	13.3	Female
-4.3	2167	24.5	24.5	27.6	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

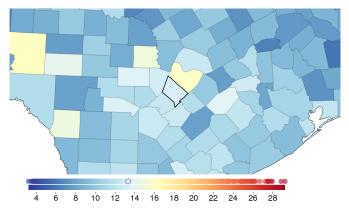
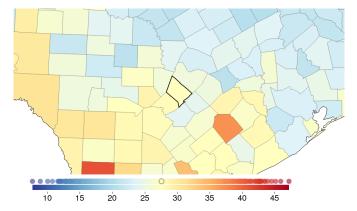


Fig. 28: Male binge drinking, 2012

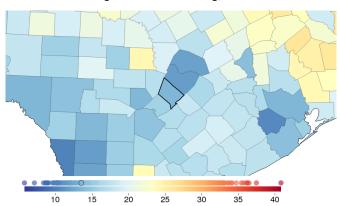


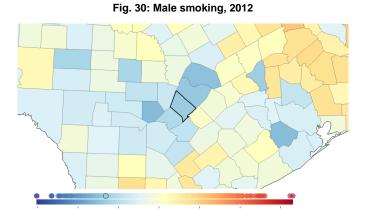
FINDINGS: SMOKING

% change 1996-2012	National rank	National	Texas	Hays County	Sex
-23.4	106	17.9	15.1	13.5	Female
-23.2	145	22.2	22.1	18.4	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Texas	Hays County	Sex
+27.5	983	36.1	38.9	36.4	Female
+51.0	681	33.8	36.0	35.1	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

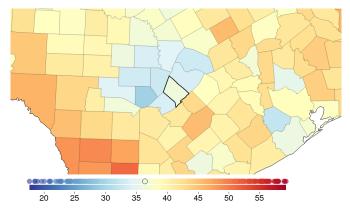
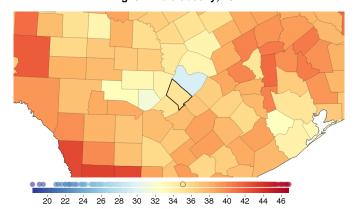


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Hays County	Texas	National	National rank	% change 2001-2011
Female	57.8	49.5	52.6	368	+12.0
Male	61.6	54.1	56.3	235	+0.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

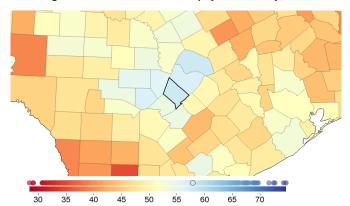
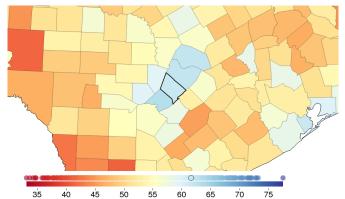


Fig. 34: Male recommended physical activity, 2011



CITATION:

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