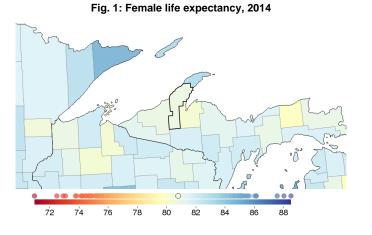
# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

# FINDINGS: LIFE EXPECTANCY

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	80.8	80.5	81.5	1312	+3.1
Male	77.3	76.0	76.7	778	+9.6



life expectancy at birth (years), 2014

64 66 68 70 72 74 76 78 80 82 84

Fig. 2: Male life expectancy, 2014

# FINDINGS: ALL-CAUSE MORTALITY

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	723.8	714.0	667.8	1518	-13.2
Male	939.5	988.1	930.1	1054	-39.3

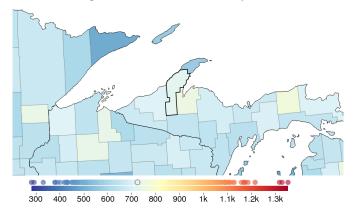
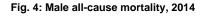
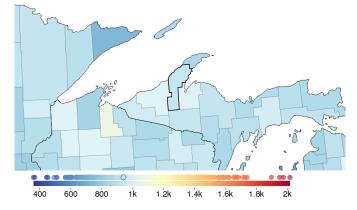


Fig. 3: Female all-cause mortality, 2014

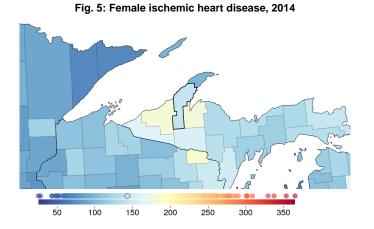


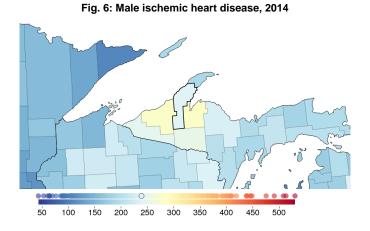


## FINDINGS: ISCHEMIC HEART DISEASE

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	142.9	152.0	124.9	1881	-46.8
Male	238.6	226.2	191.5	2206	-60.3

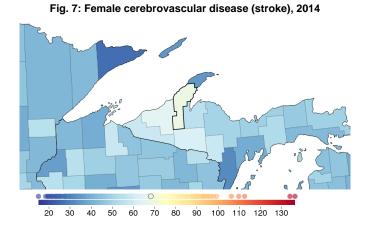
rate per 100,000 population, age-standardized, 2014



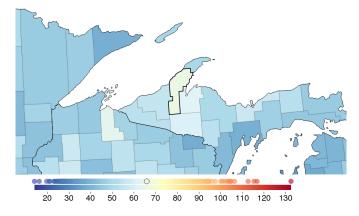


### FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	68.1	48.2	47.4	2824	-20.7
Male	65.9	48.7	48.8	2701	-41.1







# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	44.1	48.9	43.8	1205	+54.4
Male	60.6	72.6	67.6	770	-36.8

rate per 100,000 population, age-standardized, 2014

#### Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

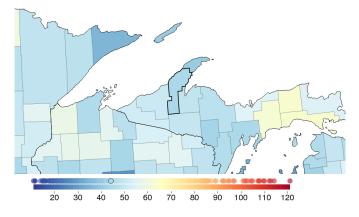
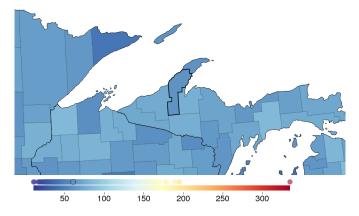


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



### FINDINGS: BREAST CANCER

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	21.9	26.2	25.9	355	-39.5
Male	0.3	0.4	0.3	1031	-17.0

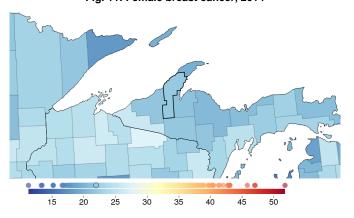
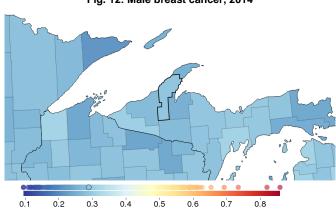


Fig. 11: Female breast cancer, 2014

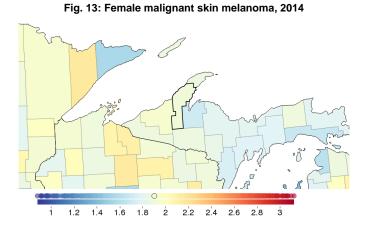


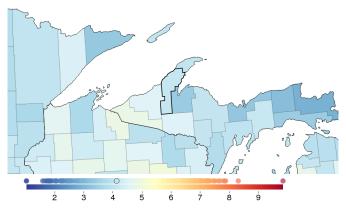


# FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	1.9	1.7	1.9	912	-2.8
Male	4.1	4.1	4.5	705	+37.9

rate per 100,000 population, age-standardized, 2014



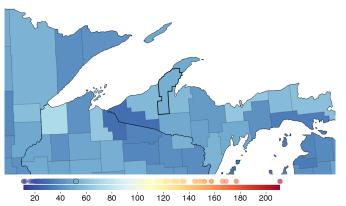


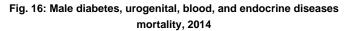
# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

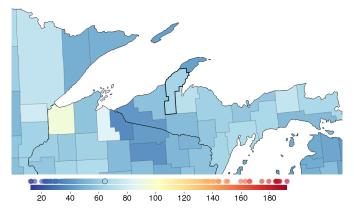
Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	51.8	53.7	49.6	1311	+40.3
Male	64.3	69.6	63.8	1322	+42.7

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014





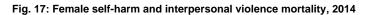


### Fig. 14: Male malignant skin melanoma, 2014

### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	8.3	10.0	9.0	1017	+20.3
Male	19.0	32.7	30.9	99	-22.5

rate per 100,000 population, age-standardized, 2014



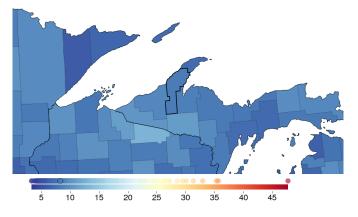
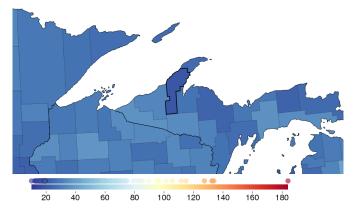
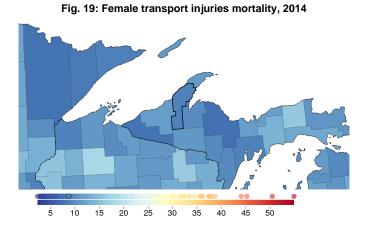


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

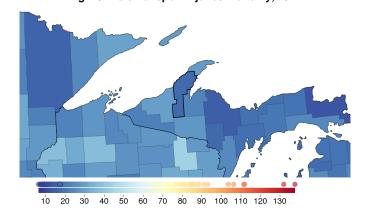


# FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	8.7	7.5	8.1	567	-38.7
Male	17.3	16.9	19.8	360	-44.4







### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	9.2	9.7	8.2	1958	+493.2
Male	14.7	21.7	18.7	1434	+44.3

rate per 100,000 population, age-standardized, 2014



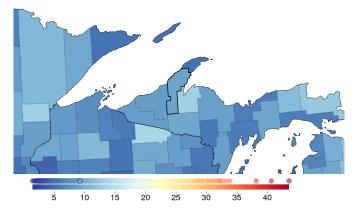
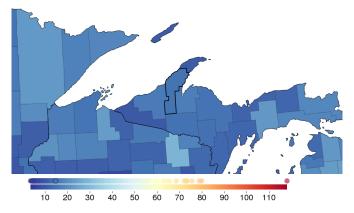


Fig. 22: Male mental and substance use disorders mortality, 2014

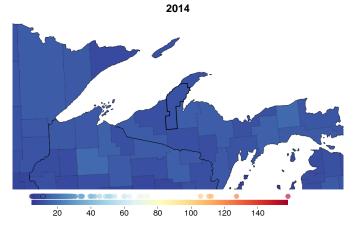


### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

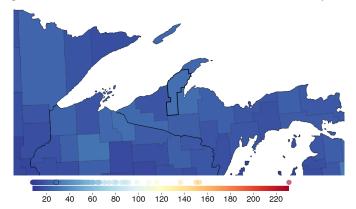
Sex	Houghton County	Michigan	National	National rank	% change 1980-2014
Female	11.3	11.6	11.8	1159	+3.5
Male	28.2	20.6	22.2	2409	-5.3

rate per 100,000 population, age-standardized, 2014





#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



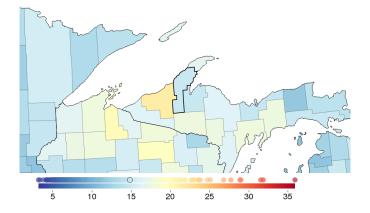
## FINDINGS: HEAVY DRINKING

Sex	Houghton County	Michigan	National	National rank	% change 2005-2012
Female	12.1	7.5	6.7	3069	+33.2
Male	14.8	10.6	9.9	2895	+4.0

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012 °Ď 8 10 12 14 16 18 20 22 ត់

Fig. 26: Male heavy drinking, 2012



### FINDINGS: BINGE DRINKING

Sex	Houghton County	Michigan	National	National rank	% change 2002-2012
Female	19.5	14.8	12.4	2991	+1.6
Male	34.5	27.5	24.5	2927	-7.5

prevalence (%), age-standardized, 2012

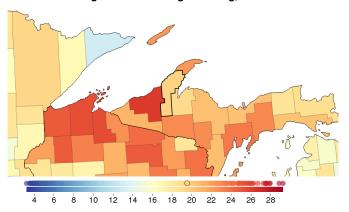
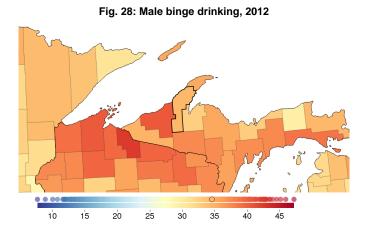
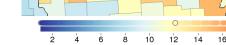


Fig. 27: Female binge drinking, 2012



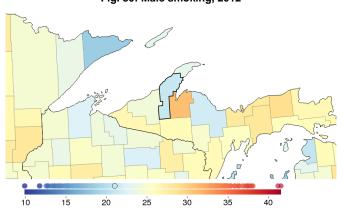


# FINDINGS: SMOKING

Sex	Houghton County	Michigan	National	National rank	% change 1996-2012
Female	19.4	21.5	17.9	875	-17.1
Male	21.0	24.2	22.2	397	-17.5

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



### FINDINGS: OBESITY

Sex	Houghton County	Michigan	National	National rank	% change 2001-2011
Female	32.7	39.5	36.1	276	+14.1
Male	34.5	36.6	33.8	543	+32.2

prevalence (%), age-standardized, 2011

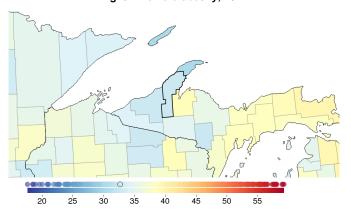
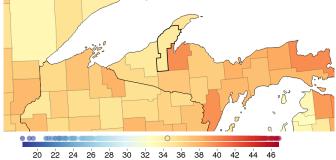


Fig. 31: Female obesity, 2011



Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Houghton County	Michigan	National	National rank	% change 2001-2011
Female	56.1	53.8	52.6	582	+4.7
Male	64.1	57.8	56.3	116	+5.4

prevalence (%), age-standardized, 2011

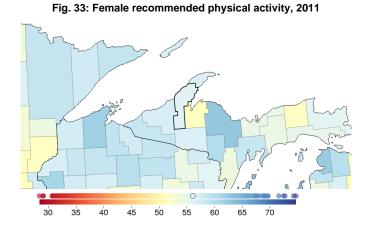
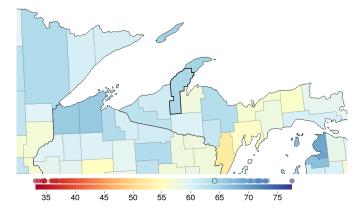


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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