COUNTY PROFILE: Itasca County, Minnesota

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+4.4	910	81.5	82.9	81.5	Female
+7.8	922	76.7	78.9	77.0	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

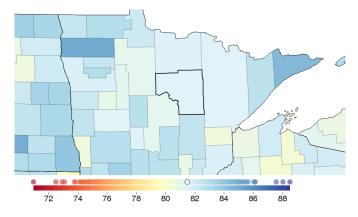
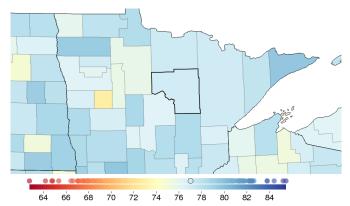


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Itasca County	Minnesota	National	National rank	% change 1980-2014
Female	669.0	590.4	667.8	979	-20.9
Male	918.8	817.3	930.1	918	-31.0

Fig. 3: Female all-cause mortality, 2014

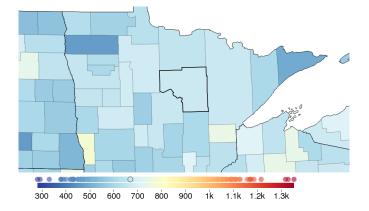
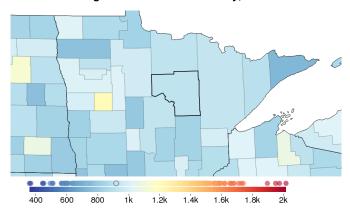


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
-57.4	455	124.9	75.5	96.0	Female
-64.4	552	191.5	130.7	162.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

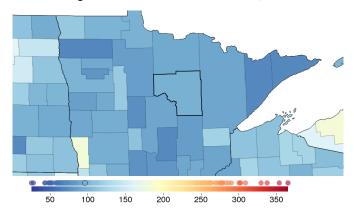
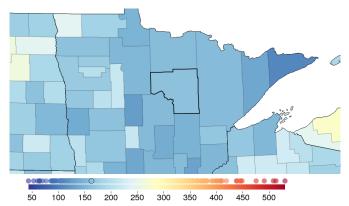


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
-46.4	872	47.4	43.2	45.6	Female
-53.0	1002	48.8	44.8	47.1	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

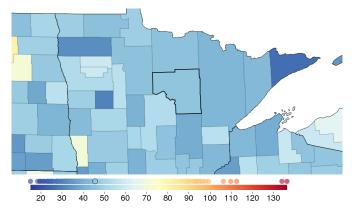
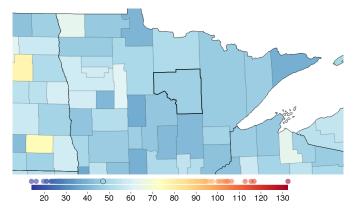


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+53.1	1523	43.8	42.3	47.3	Female
-20.1	1173	67.6	58.7	69.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

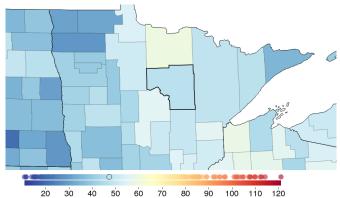


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

20 30 40 50 60 70 80 90 100 110 120 50 100 150

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
-42.8	402	25.9	23.0	22.2	Female
-11.4	641	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

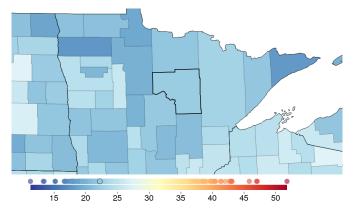
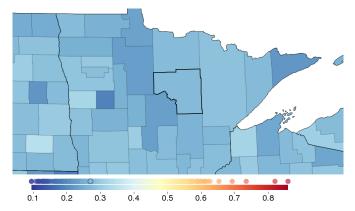


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
-4.6	892	1.9	1.8	1.9	Female
+39.9	469	4.5	3.9	3.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

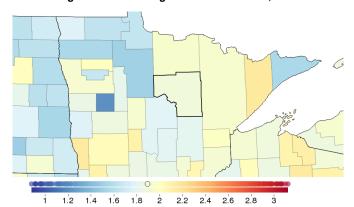
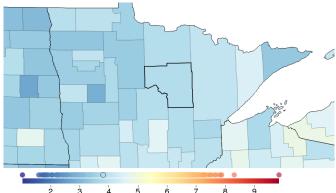


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+50.6	1087	49.6	42.6	49.1	Female
+69.1	1116	63.8	57.9	61.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

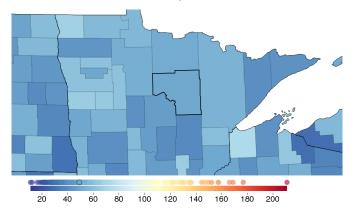
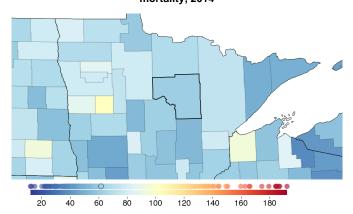


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+46.1	1753	9.0	7.3	10.0	Female
+24.5	1356	30.9	23.3	31.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

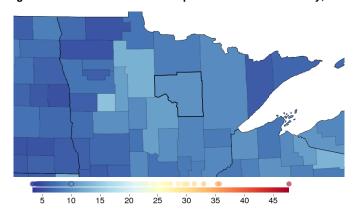


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
-27.8	1270	8.1	7.0	12.1	Female
-44.8	802	19.8	15.2	22.7	Male

Fig. 19: Female transport injuries mortality, 2014

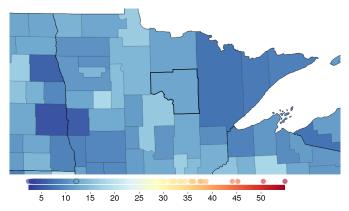
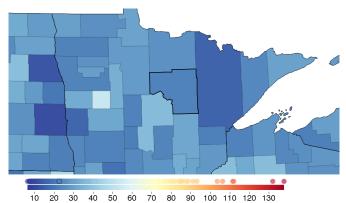


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+521.1	1814	8.2	6.2	8.7	Female
+217.3	1628	18.7	13.7	15.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

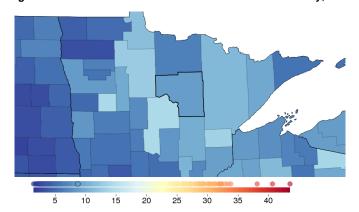
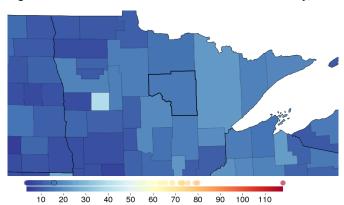


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Itasca County	Sex
+12.4	1543	11.8	9.6	12.3	Female
-2.2	1105	22.2	15.6	19.5	Male

 $\label{fig:prop:continuous} \textbf{Fig. 23: Female cirrhosis and other chronic liver diseases mortality},$

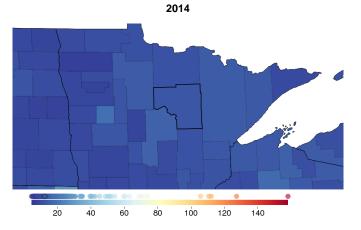
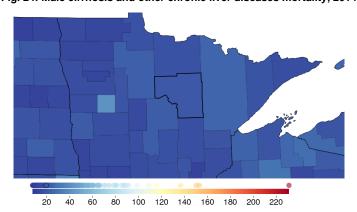


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

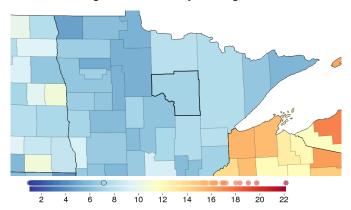


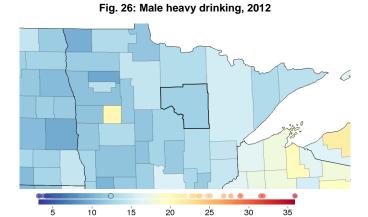
FINDINGS: HEAVY DRINKING

% change 2005-2012	National rank	National	Minnesota	Itasca County	Sex
+32.1	2335	6.7	8.4	7.1	Female
+19.3	2370	9.9	11.6	12.4	Male

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Minnesota	Itasca County	Sex
+13.3	2732	12.4	17.3	16.3	Female
-4.1	2739	24.5	30.2	32.0	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

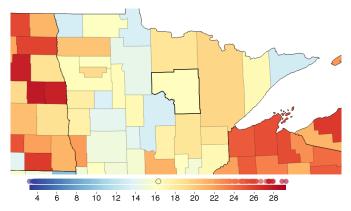
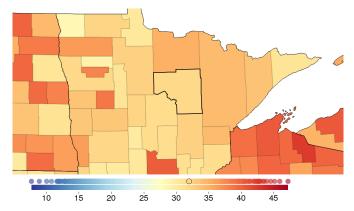


Fig. 28: Male binge drinking, 2012



FINDINGS: SMOKING

% change 1996-2012	National rank	National	Minnesota	Itasca County	Sex
-3.9	1520	17.9	17.5	21.7	Female
-2.6	1694	22.2	21.0	25.9	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

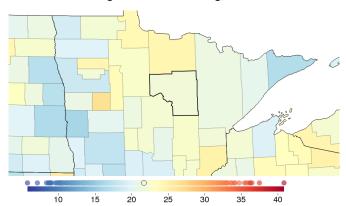


Fig. 30: Male smoking, 2012

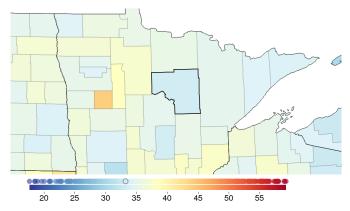
FINDINGS: OBESITY

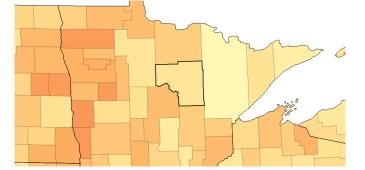
% change 2001-2011	National rank	National	Minnesota	Itasca County	Sex
+24.3	327	36.1	33.3	33.2	Female
+30.6	694	33.8	33.4	35.1	Male

10

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011





38 40 42 44 46

20 22 24 26 28 30 32 34 36

Fig. 32: Male obesity, 2011

FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Itasca County	Minnesota	National	National rank	% change 2001-2011
Female	56.5	56.8	52.6	531	+0.0
Male	62.6	59.8	56.3	168	+0.2

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

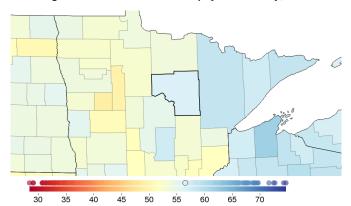
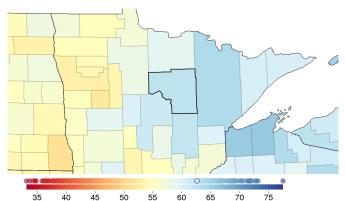


Fig. 34: Male recommended physical activity, 2011



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