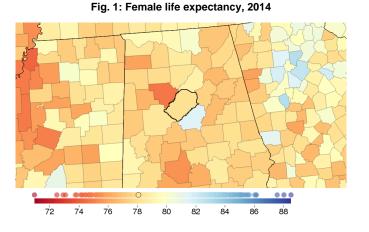
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

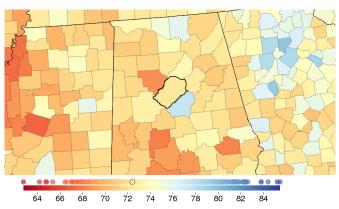
## FINDINGS: LIFE EXPECTANCY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	78.1	78.3	81.5	2613	+3.2
Male	72.4	72.9	76.7	2675	+7.9



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	840.3	841.7	667.8	2478	-10.5
Male	1199.4	1195.9	930.1	2535	-26.3

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

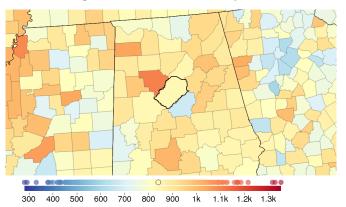
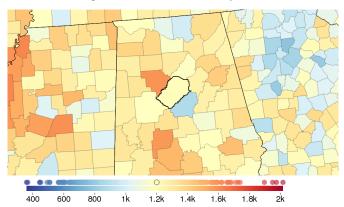


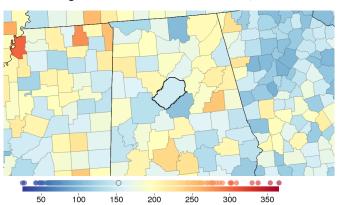
Fig. 4: Male all-cause mortality, 2014

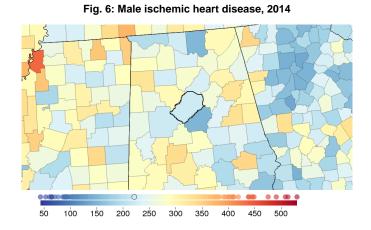


## FINDINGS: ISCHEMIC HEART DISEASE

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	152.5	157.8	124.9	2142	-32.3
Male	221.1	233.7	191.5	1873	-47.4

rate per 100,000 population, age-standardized, 2014





## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	69.4	59.8	47.4	2874	-32.8
Male	75.1	64.0	48.8	2983	-43.4

rate per 100,000 population, age-standardized, 2014

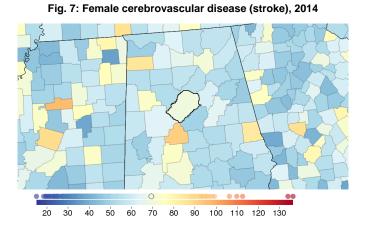
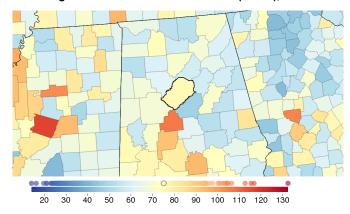
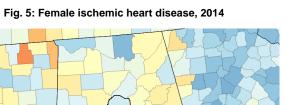


Fig. 8: Male cerebrovascular disease (stroke), 2014





# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	48.8	52.5	43.8	1698	+28.3
Male	87.3	101.0	67.6	2007	-44.5

rate per 100,000 population, age-standardized, 2014

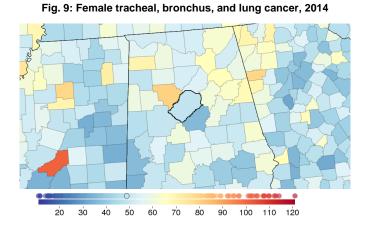
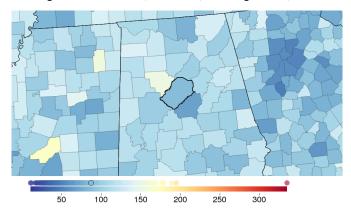


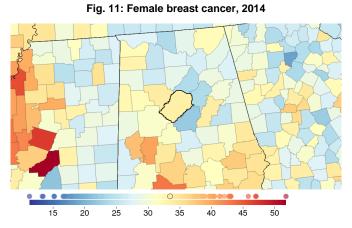
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



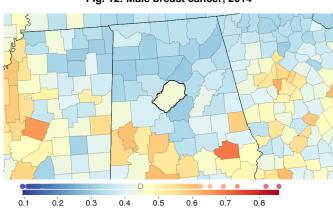
#### FINDINGS: BREAST CANCER

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	33.5	30.2	25.9	2993	-14.6
Male	0.4	0.4	0.3	2906	-15.2

rate per 100,000 population, age-standardized, 2014



hunant ann an 2014



#### Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	1.9	2.1	1.9	879	-7.0
Male	4.3	5.2	4.5	838	+10.3

rate per 100,000 population, age-standardized, 2014

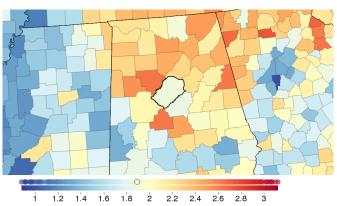
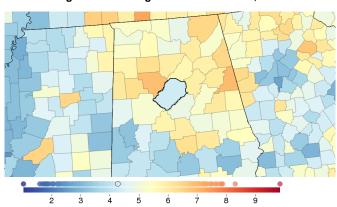


Fig. 13: Female malignant skin melanoma, 2014



## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	67.8	64.3	49.6	2428	+9.3
Male	90.0	78.8	63.8	2738	+21.1

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

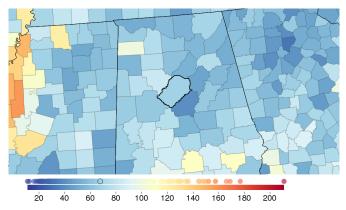
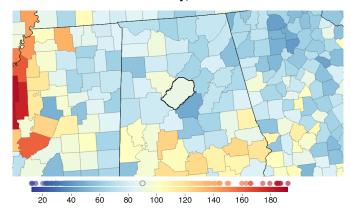
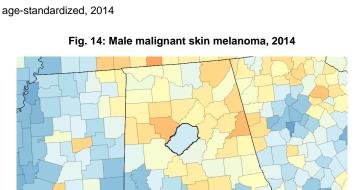


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



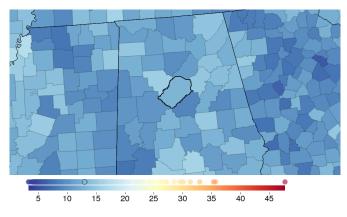


### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	13.0	11.7	9.0	2634	-19.2
Male	50.0	42.8	30.9	2913	-22.4

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	12.2	14.8	8.1	1275	-6.0
Male	29.2	34.6	19.8	1417	-33.1

rate per 100,000 population, age-standardized, 2014

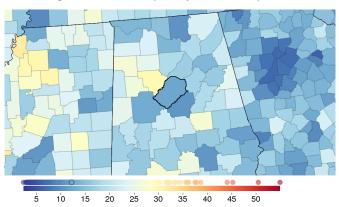


Fig. 19: Female transport injuries mortality, 2014



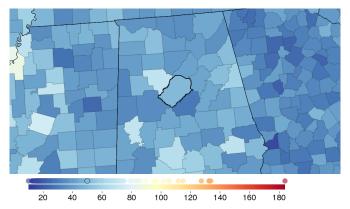
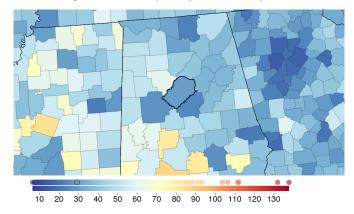


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	17.2	10.1	8.2	2941	+536.8
Male	37.2	18.9	18.7	3033	+273.8

rate per 100,000 population, age-standardized, 2014



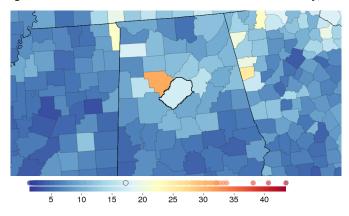
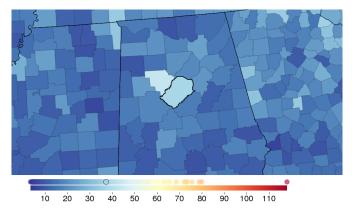


Fig. 22: Male mental and substance use disorders mortality, 2014

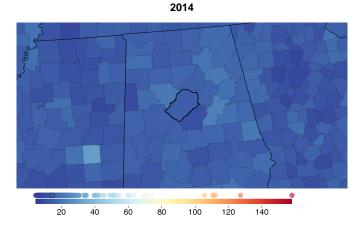


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

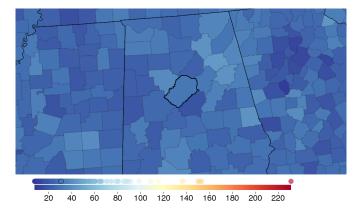
Sex	Jefferson County	Alabama	National	National rank	% change 1980-2014
Female	14.1	15.3	11.8	2112	+3.6
Male	30.6	29.0	22.2	2624	+5.7

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

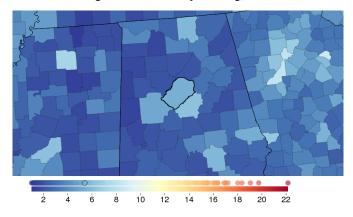


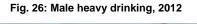
## FINDINGS: HEAVY DRINKING

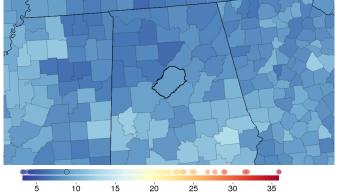
Sex	Jefferson County	Alabama	National	National rank	% change 2005-2012
Female	5.4	4.3	6.7	1673	+14.3
Male	8.8	8.9	9.9	921	-1.9

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012



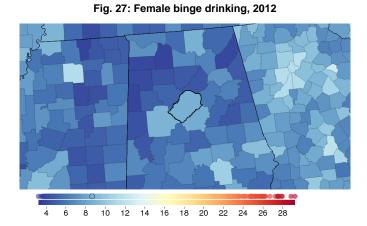




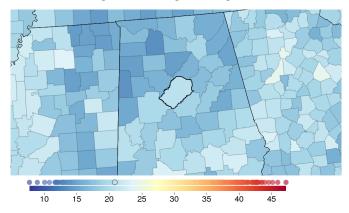
#### FINDINGS: BINGE DRINKING

Sex	Jefferson County	Alabama	National	National rank	% change 2002-2012
Female	8.7	7.9	12.4	1021	+9.6
Male	20.8	19.1	24.5	916	-12.9

prevalence (%), age-standardized, 2012



#### Fig. 28: Male binge drinking, 2012

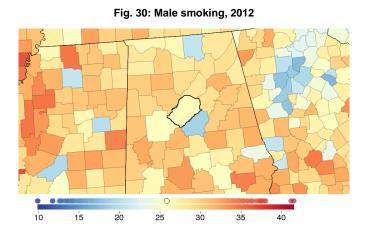


## FINDINGS: SMOKING

Sex	Jefferson County	Alabama	National	National rank	% change 1996-2012
Female	18.4	21.0	17.9	636	-13.3
Male	25.8	26.8	22.2	1681	-15.6

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



### FINDINGS: OBESITY

Sex	Jefferson County	Alabama	National	National rank	% change 2001-2011
Female	43.8	42.2	36.1	2626	+32.7
Male	33.5	37.3	33.8	408	+20.0

prevalence (%), age-standardized, 2011

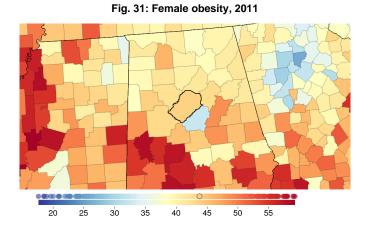
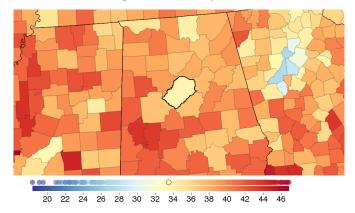


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Jefferson County	Alabama	National	National rank	% change 2001-2011
Female	41.9	42.0	52.6	2668	-0.2
Male	49.8	49.5	56.3	2250	-9.0

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

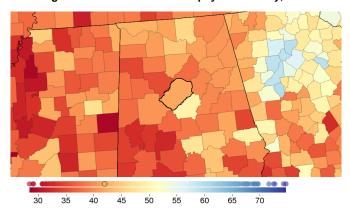
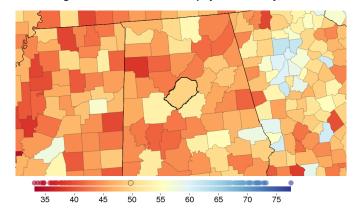


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Jefferson County, Alabama. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

