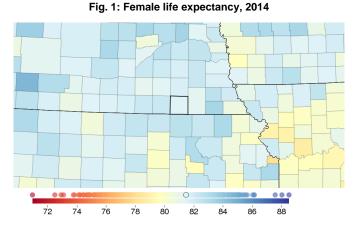
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

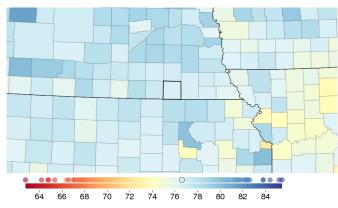
FINDINGS: LIFE EXPECTANCY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	81.5	81.7	81.5	925	+1.0
Male	76.6	77.4	76.7	1097	+4.9



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	687.2	653.6	667.8	1156	+2.2
Male	961.5	908.6	930.1	1214	-19.0

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

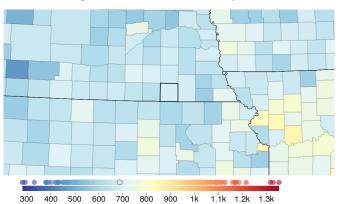
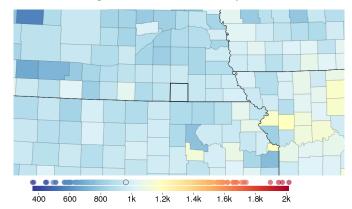


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	128.5	102.0	124.9	1440	-42.1
Male	201.4	162.0	191.5	1440	-51.7

rate per 100,000 population, age-standardized, 2014

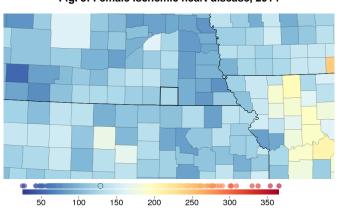
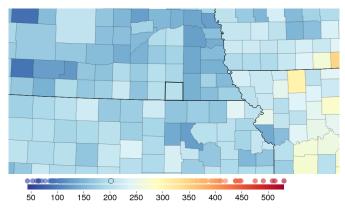


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	46.5	47.1	47.4	972	-20.1
Male	56.1	52.2	48.8	2003	-31.4

rate per 100,000 population, age-standardized, 2014

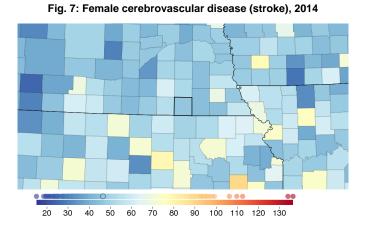


Fig. 8: Male cerebrovascular disease (stroke), 2014

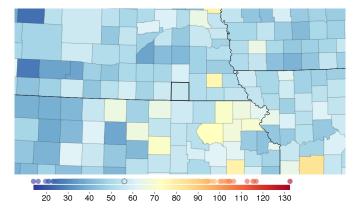


Fig. 5: Female ischemic heart disease, 2014

FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	39.6	42.1	43.8	781	+91.0
Male	65.9	68.0	67.6	1013	-7.1

rate per 100,000 population, age-standardized, 2014

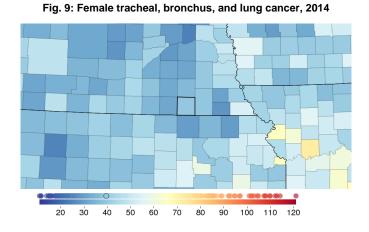
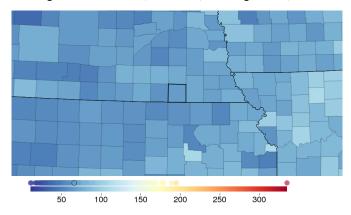


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	25.9	24.6	25.9	1603	-21.0
Male	0.3	0.3	0.3	1429	-3.8

rate per 100,000 population, age-standardized, 2014

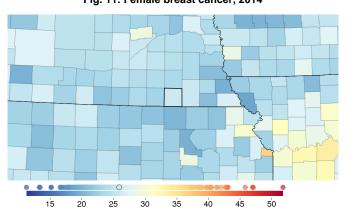
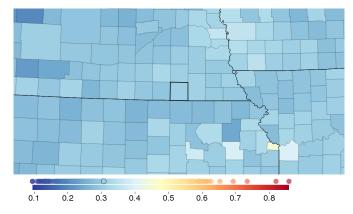


Fig. 11: Female breast cancer, 2014





FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	2.7	2.1	1.9	2990	+30.7
Male	6.1	4.9	4.5	2802	+75.6

rate per 100,000 population, age-standardized, 2014

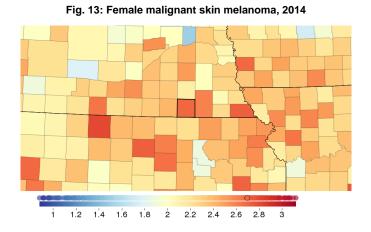
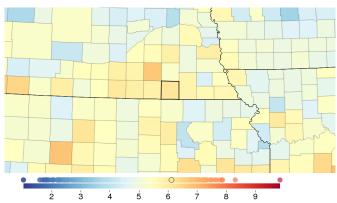


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	45.6	49.8	49.6	785	+77.7
Male	57.2	60.9	63.8	807	+32.5

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

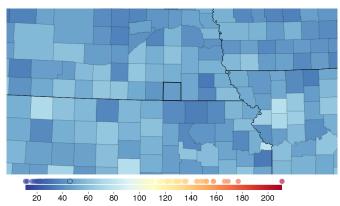
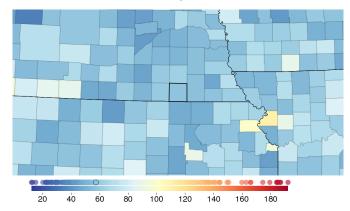


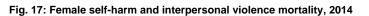
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

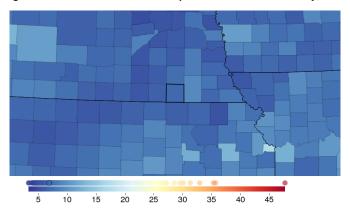


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	6.9	7.7	9.0	496	+1.8
Male	27.3	26.9	30.9	874	+20.0

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	16.3	9.5	8.1	2173	+1.7
Male	37.2	20.9	19.8	2150	-16.5

rate per 100,000 population, age-standardized, 2014

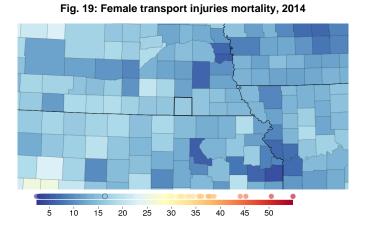


Fig. 20: Male transport injuries mortality, 2014

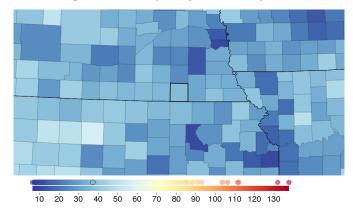
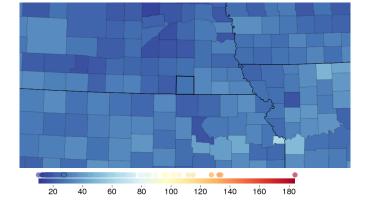


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	7.7	5.5	8.2	1535	+568.5
Male	9.0	10.3	18.7	408	+114.6

rate per 100,000 population, age-standardized, 2014



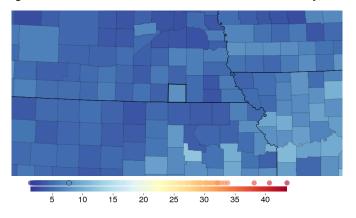
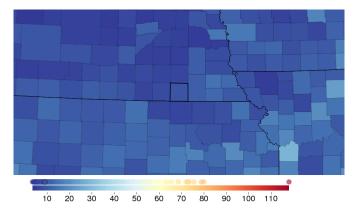


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Jefferson County	Nebraska	National	National rank	% change 1980-2014
Female	8.7	10.5	11.8	356	+26.8
Male	18.4	18.9	22.2	938	+25.8

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

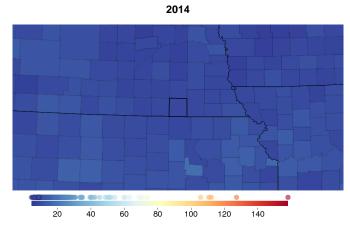
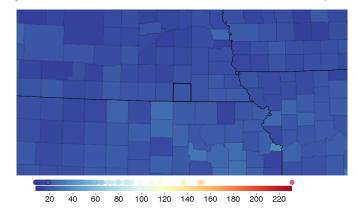


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

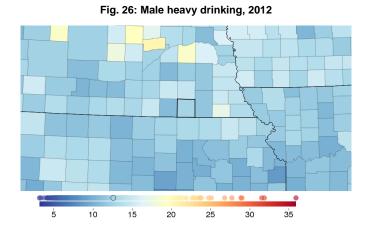


FINDINGS: HEAVY DRINKING

Sex	Jefferson County	Nebraska	National	National rank	% change 2005-2012
Female	6.3	7.4	6.7	2009	+49.6
Male	12.6	12.7	9.9	2431	+36.3

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012



FINDINGS: BINGE DRINKING

Sex	Jefferson County	Nebraska	National	National rank	% change 2002-2012
Female	16.2	16.0	12.4	2719	+19.7
Male	31.9	31.2	24.5	2730	+9.7

prevalence (%), age-standardized, 2012

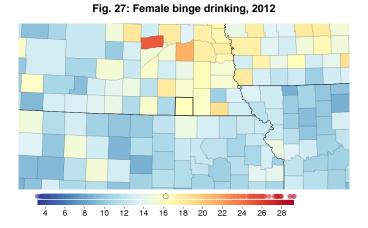
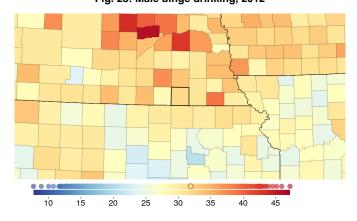
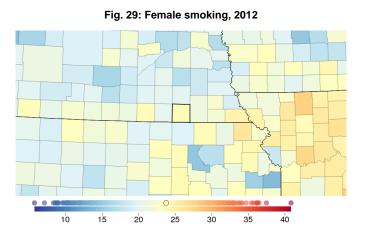


Fig. 28: Male binge drinking, 2012

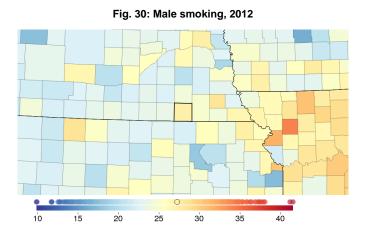


FINDINGS: SMOKING

Sex	Jefferson County	Nebraska	National	National rank	% change 1996-2012
Female	23.8	19.5	17.9	2158	+11.8
Male	27.2	22.6	22.2	2022	-6.0



prevalence (%), age-standardized, 2012



FINDINGS: OBESITY

Sex	Jefferson County	Nebraska	National	National rank	% change 2001-2011
Female	38.0	36.5	36.1	1435	+38.2
Male	38.0	36.1	33.8	1838	+35.6

prevalence (%), age-standardized, 2011

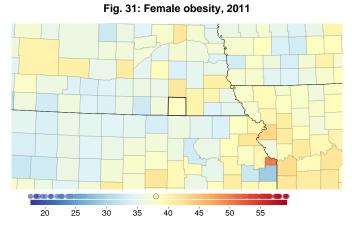
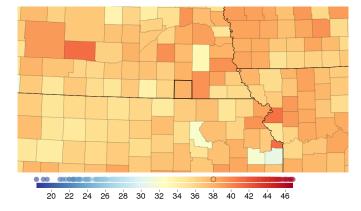


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Jefferson County	Nebraska	National	National rank	% change 2001-2011
Female	51.8	52.7	52.6	1297	+17.2
Male	53.6	53.7	56.3	1558	-0.4

prevalence (%), age-standardized, 2011

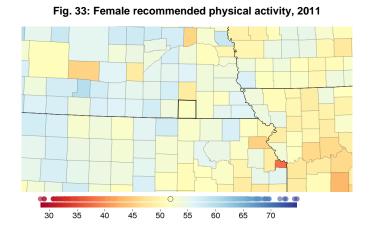
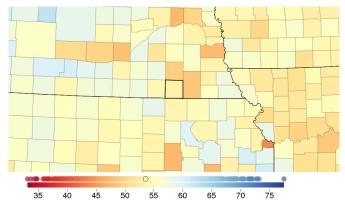


Fig. 34: Male recommended physical activity, 2011



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