US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	83.5	82.0	81.5	150	+5.5
Male	79.2	78.0	76.7	191	+9.4

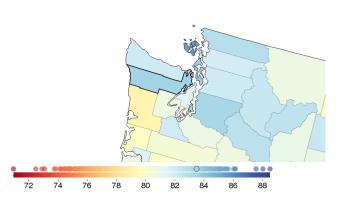
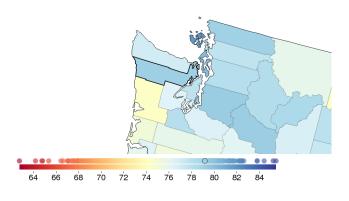


Fig. 1: Female life expectancy, 2014

life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



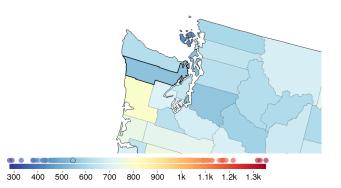
FINDINGS: ALL-CAUSE MORTALITY

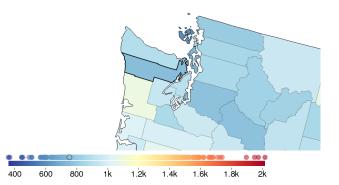
Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	546.1	630.2	667.8	146	-29.7
Male	751.9	858.7	930.1	142	-37.9

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

Fig. 4: Male all-cause mortality, 2014



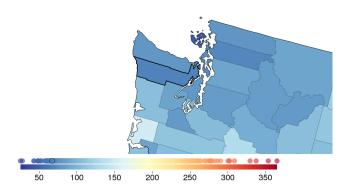


FINDINGS: ISCHEMIC HEART DISEASE

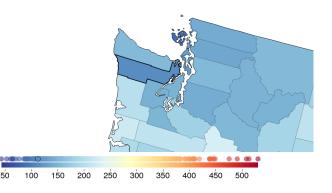
Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	67.4	90.0	124.9	45	-60.5
Male	112.0	155.7	191.5	47	-69.4

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014







FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	47.9	49.5	47.4	1152	-41.8
Male	44.7	48.9	48.8	733	-52.6

rate per 100,000 population, age-standardized, 2014

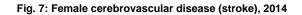
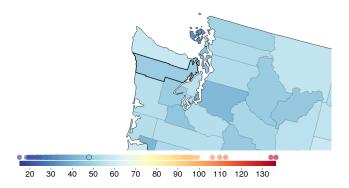
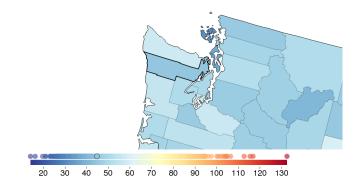


Fig. 8: Male cerebrovascular disease (stroke), 2014





FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	41.1	43.8	43.8	938	+7.2
Male	49.8	57.2	67.6	294	-47.8

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

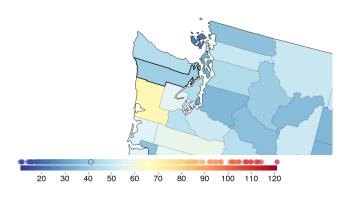
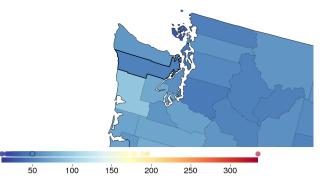


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	20.3	23.7	25.9	132	-35.3
Male	0.3	0.3	0.3	995	-13.9

rate per 100,000 population, age-standardized, 2014

Fig. 11: Female breast cancer, 2014

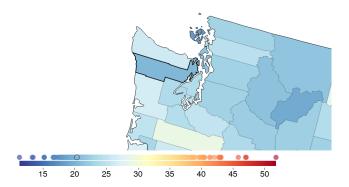
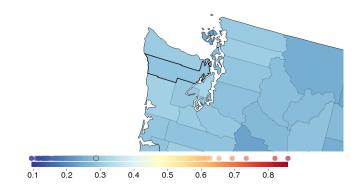


Fig. 12: Male breast cancer, 2014

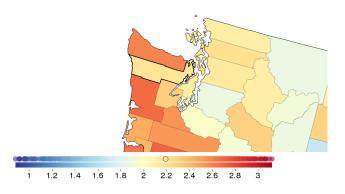


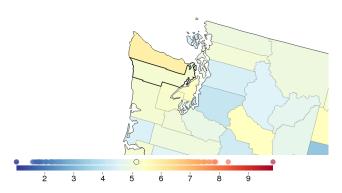
FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	2.2	2.1	1.9	1823	+12.7
Male	5.1	4.7	4.5	1896	+38.8

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	33.4	46.8	49.6	133	+44.6
Male	49.1	58.6	63.8	330	+65.5

rate per 100,000 population, age-standardized, 2014

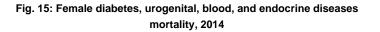
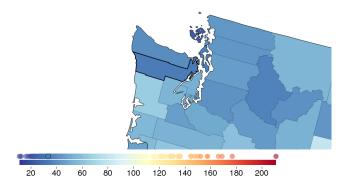


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



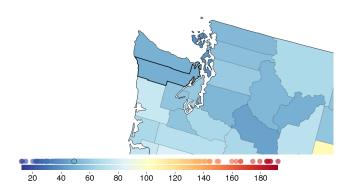


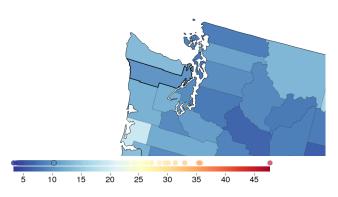
Fig. 14: Male malignant skin melanoma, 2014

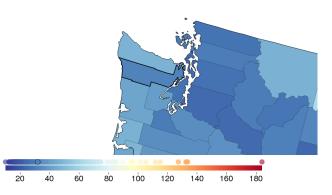
FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	10.3	9.5	9.0	1875	+23.8
Male	31.9	29.6	30.9	1464	-7.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014





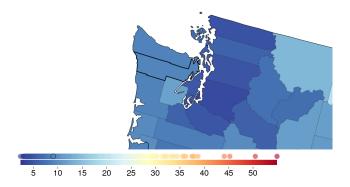
FINDINGS: TRANSPORT INJURIES MORTALITY

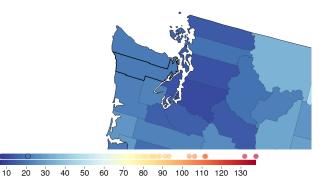
Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	9.0	5.7	8.1	630	-57.7
Male	20.9	14.6	19.8	639	-63.7

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

Fig. 20: Male transport injuries mortality, 2014



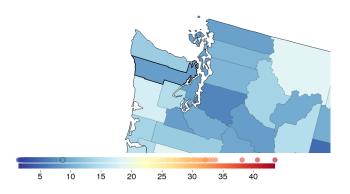


FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	8.7	9.4	8.2	1813	+280.8
Male	24.2	18.2	18.7	2599	+358.1

rate per 100,000 population, age-standardized, 2014





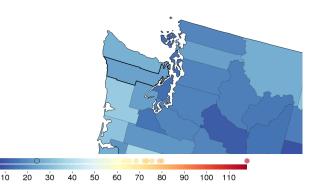


Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

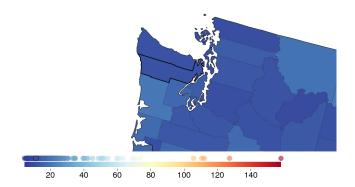
Sex	Jefferson County	Washington	National	National rank	% change 1980-2014
Female	11.3	12.3	11.8	1146	+2.8
Male	19.4	21.4	22.2	1101	+20.4

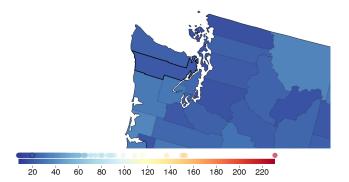
rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

2014

Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



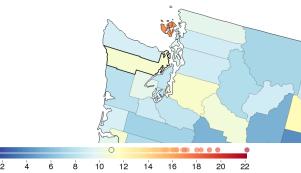


FINDINGS: HEAVY DRINKING

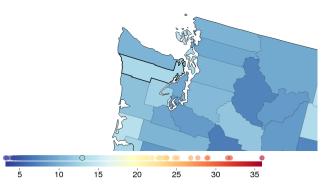
Sex	Jefferson County	Washington	National	National rank	% change 2005-2012
Female	11.0	9.1	6.7	3017	+21.4
Male	13.0	10.0	9.9	2565	+15.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012







FINDINGS: BINGE DRINKING

Sex	Jefferson County	Washington	National	National rank	% change 2002-2012
Female	13.6	13.3	12.4	2211	+2.5
Male	24.5	23.0	24.5	1618	-3.7

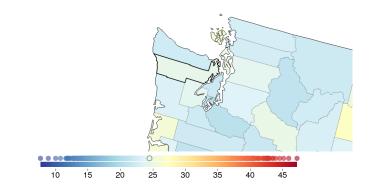
prevalence (%), age-standardized, 2012

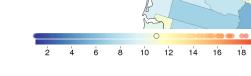
Fig. 27: Female binge drinking, 2012

10 12 14 16 18 20 22 24

26 28

Fig. 28: Male binge drinking, 2012





6 8

FINDINGS: SMOKING

Sex	Jefferson County	Washington	National	National rank	% change 1996-2012
Female	17.6	16.8	17.9	491	-21.6
Male	22.1	19.4	22.2	599	-10.9

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

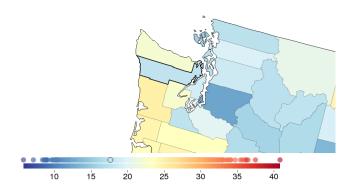
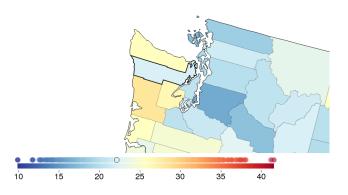


Fig. 30: Male smoking, 2012



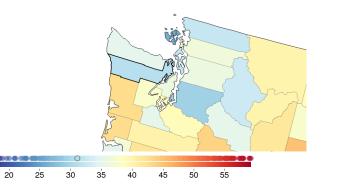
FINDINGS: OBESITY

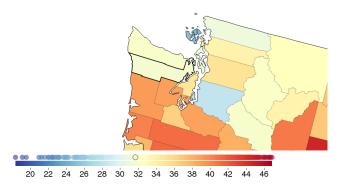
Sex	Jefferson County	Washington	National	National rank	% change 2001-2011
Female	31.1	34.8	36.1	194	+30.8
Male	31.7	33.6	33.8	234	+30.1

prevalence (%), age-standardized, 2011



Fig. 32: Male obesity, 2011



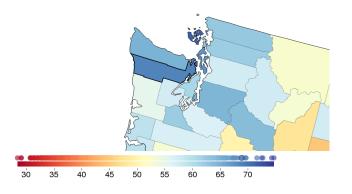


FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Jefferson County	Washington	National	National rank	% change 2001-2011
Female	68.8	60.0	52.6	11	+0.8
Male	72.2	61.2	56.3	5	+0.7

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011



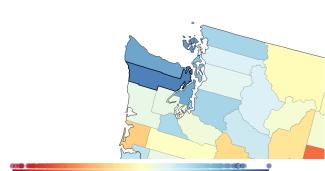


Fig. 34: Male recommended physical activity, 2011



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