COUNTY PROFILE: Kitsap County, Washington

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

Sex	Kitsap County	Washington	National	National rank	% change 1980-2014
Female	81.5	82.0	81.5	916	+3.9
Male	77.8	78.0	76.7	552	+6.8

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

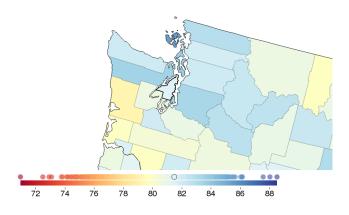
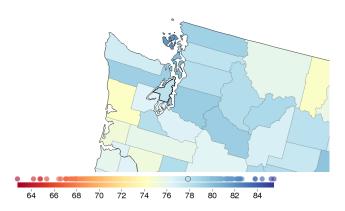


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Kitsap County	Washington	National	National rank	% change 1980-2014
Female	658.4	630.2	667.8	869	-18.8
Male	901.3	858.7	930.1	813	-28.7

Fig. 3: Female all-cause mortality, 2014

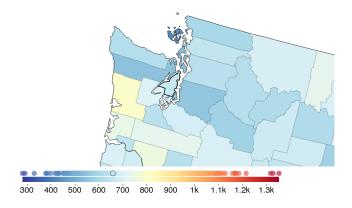
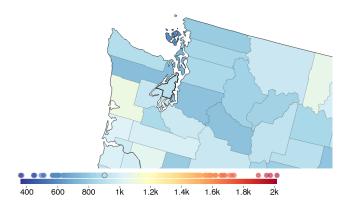


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
-61.3	150	124.9	90.0	80.5	Female
-62.4	288	191.5	155.7	146.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

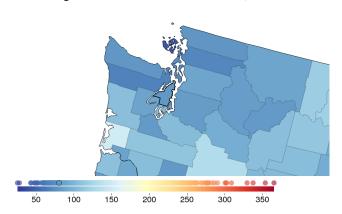
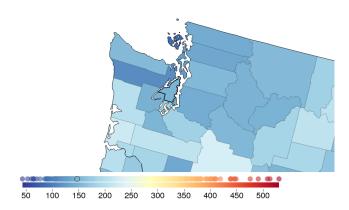


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
-14.2	1913	47.4	49.5	54.5	Female
-40.4	1324	48.8	48.9	49.7	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

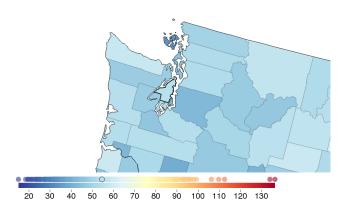
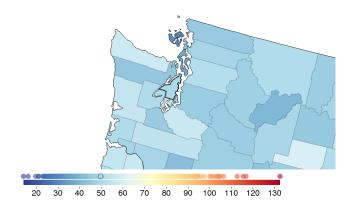


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Kitsap County	Washington	National	National rank	% change 1980-2014
Female	45.5	43.8	43.8	1336	+14.3
Male	57.9	57.2	67.6	623	-39.8

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

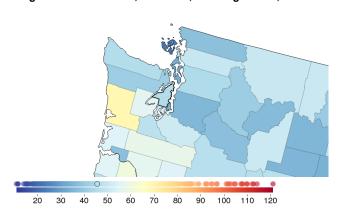
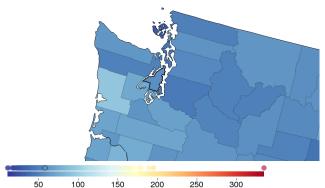


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
-25.5	912	25.9	23.7	24.0	Female
-6.0	1647	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

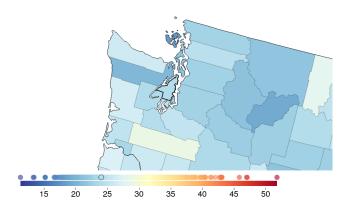
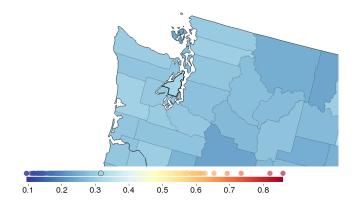


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
+18.5	1637	1.9	2.1	2.1	Female
+59.4	2136	4.5	4.7	5.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

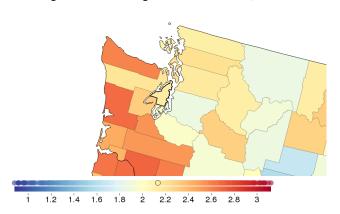
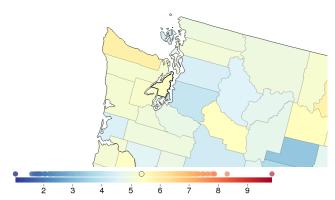


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
+109.1	1357	49.6	46.8	52.5	Female
+80.0	936	63.8	58.6	59.1	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

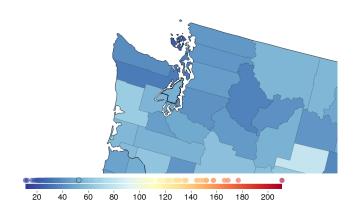
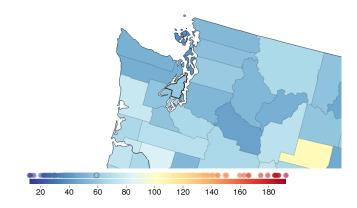


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
-10.5	1567	9.0	9.5	9.5	Female
-4.6	834	30.9	29.6	27.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

Fig. 18: Male self-harm and interpersonal violence mortality, 2014

5 10 15 20 25 30 35 40 45

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
-58.7	106	8.1	5.7	5.2	Female
-59.9	99	19.8	14.6	12.2	Male

Fig. 19: Female transport injuries mortality, 2014

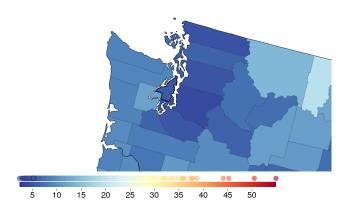
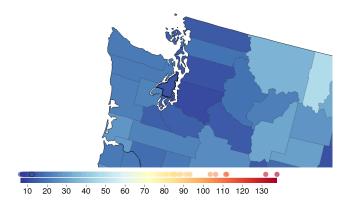


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
+206.8	1863	8.2	9.4	8.8	Female
+131.0	1290	18.7	18.2	13.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

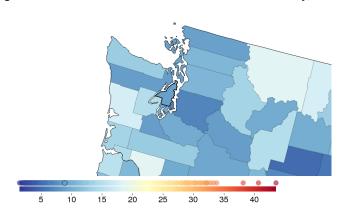
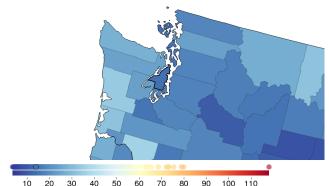


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Washington	Kitsap County	Sex
+14.1	1961	11.8	12.3	13.6	Female
+44.0	2058	22.2	21.4	25.3	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

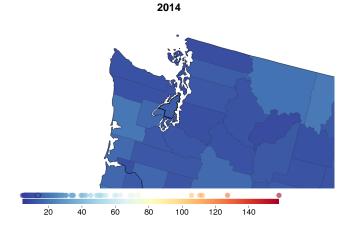
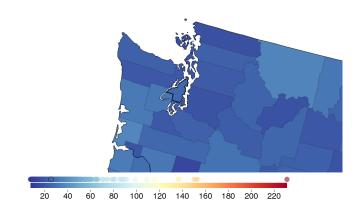


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

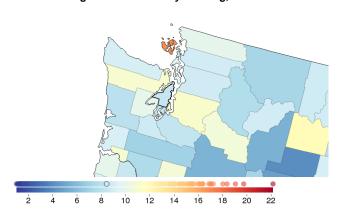


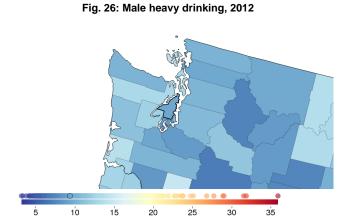
FINDINGS: HEAVY DRINKING

Sex	Kitsap County	Washington	National	National rank	% change 2005-2012
Female	8.4	9.1	6.7	2694	+32.5
Male	9.4	10.0	9.9	1184	+8.1

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Washington	Kitsap County	Sex
+12.3	2082	12.4	13.3	13.0	Female
-1.3	1130	24.5	23.0	22.0	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

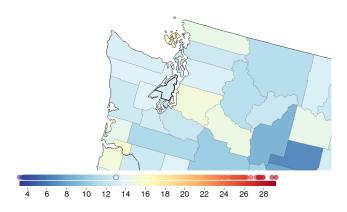
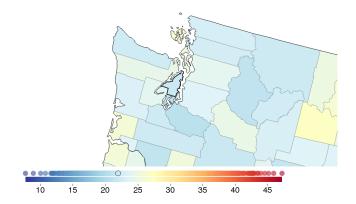


Fig. 28: Male binge drinking, 2012



FINDINGS: SMOKING

% change 1996-2012	National rank	National	Washington	Kitsap County	Sex
-13.6	750	17.9	16.8	19.0	Female
-18.3	333	22.2	19.4	20.6	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

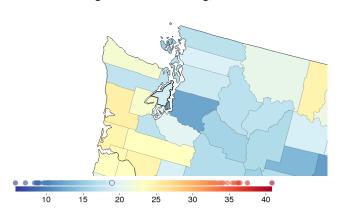
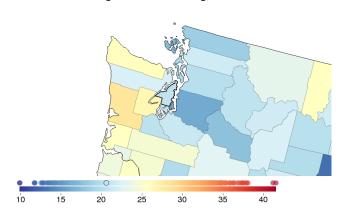


Fig. 30: Male smoking, 2012



FINDINGS: OBESITY

% change 2001-2011	National rank	National	Washington	Kitsap County	Sex
+28.6	869	36.1	34.8	36.0	Female
+30.8	617	33.8	33.6	34.8	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

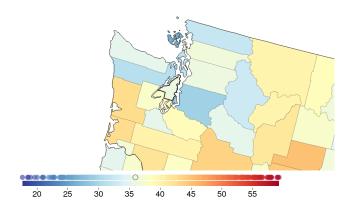
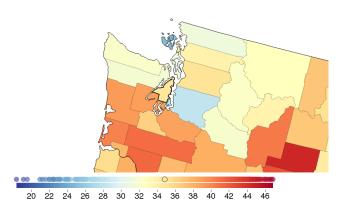


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Kitsap County	Washington	National	National rank	% change 2001-2011
Female	61.0	60.0	52.6	151	-1.8
Male	68.8	61.2	56.3	25	-4.0

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

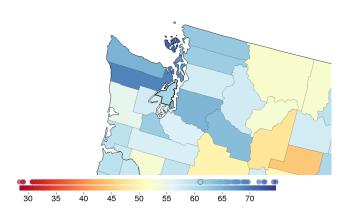
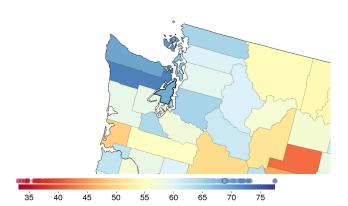


Fig. 34: Male recommended physical activity, 2011



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