COUNTY PROFILE: Koochiching County, Minnesota

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+4.7	879	81.5	82.9	81.5	Female
+8.7	856	76.7	78.9	77.2	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

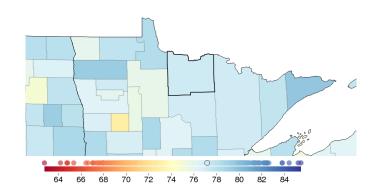
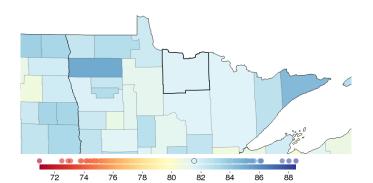


Fig. 2: Male life expectancy, 2014

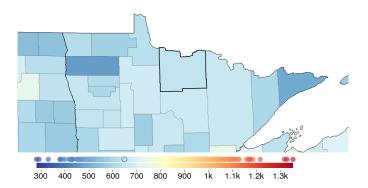


FINDINGS: ALL-CAUSE MORTALITY

Sex	Koochiching County	Minnesota	National	National rank	% change 1980-2014
Female	648.4	590.4	667.8	775	-23.2
Male	916.7	817.3	930.1	905	-34.6

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014



400 600 800 1k 1.2k 1.4k 1.6k 1.8k 2k

Fig. 4: Male all-cause mortality, 2014

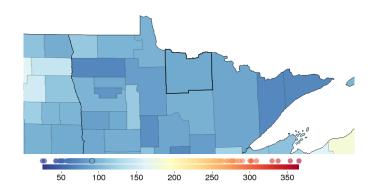
FINDINGS: ISCHEMIC HEART DISEASE

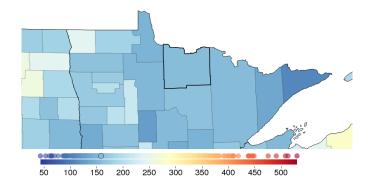
% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
-63.2	350	124.9	75.5	91.2	Female
-70.1	477	191.5	130.7	158.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

Fig. 6: Male ischemic heart disease, 2014



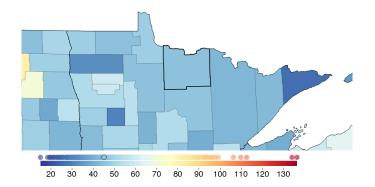


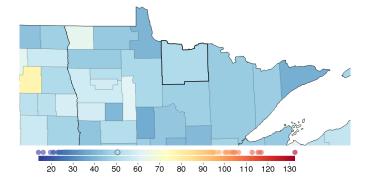
FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
-49.6	816	47.4	43.2	45.1	Female
-52.2	1417	48.8	44.8	50.5	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

Fig. 8: Male cerebrovascular disease (stroke), 2014





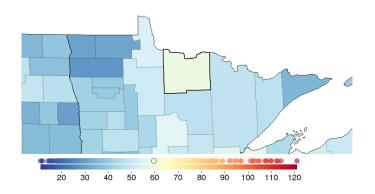
FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

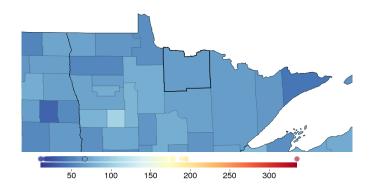
% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+65.9	2623	43.8	42.3	59.5	Female
-21.0	1039	67.6	58.7	66.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



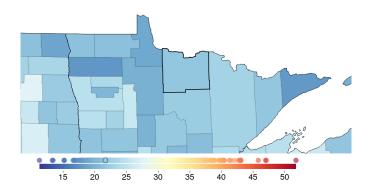


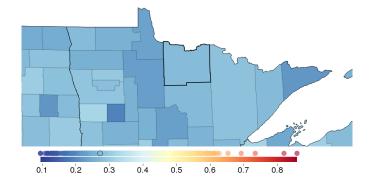
FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
-40.4	315	25.9	23.0	21.7	Female
-12.8	688	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

Fig. 12: Male breast cancer, 2014





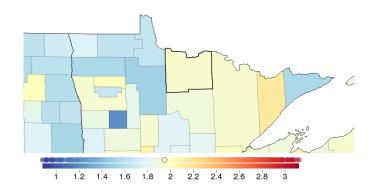
FINDINGS: MALIGNANT SKIN MELANOMA

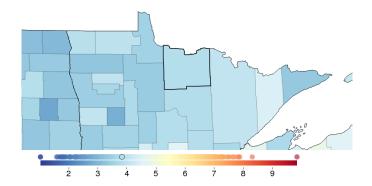
% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
-1.8	1043	1.9	1.8	1.9	Female
+38.0	482	4.5	3.9	3.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

Fig. 14: Male malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+64.0	1215	49.6	42.6	50.6	Female
+81.7	1618	63.8	57.9	68.0	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

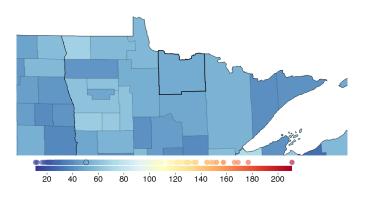
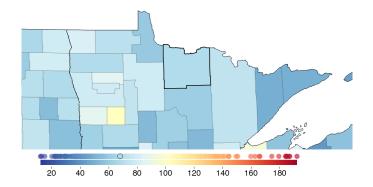


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



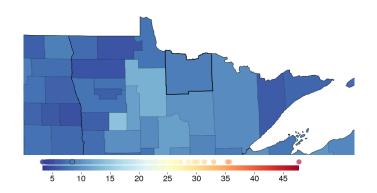
FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

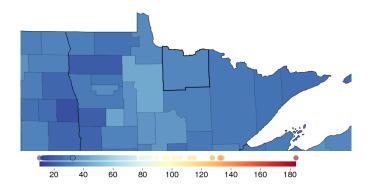
% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+39.8	1079	9.0	7.3	8.4	Female
+16.0	1551	30.9	23.3	32.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

Fig. 18: Male self-harm and interpersonal violence mortality, 2014



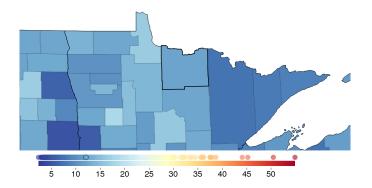


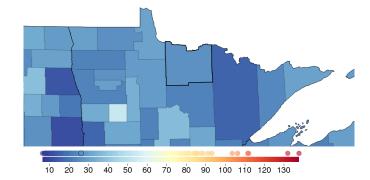
FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
-24.0	1262	8.1	7.0	12.0	Female
-41.7	1122	19.8	15.2	26.2	Male

Fig. 19: Female transport injuries mortality, 2014

Fig. 20: Male transport injuries mortality, 2014





FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+419.9	1090	8.2	6.2	6.4	Female
+102.8	1433	18.7	13.7	14.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

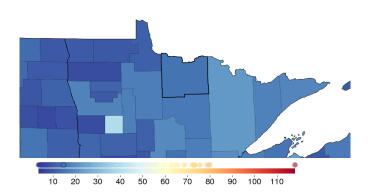


Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Minnesota	Koochiching County	Sex
+7.1	1156	11.8	9.6	11.3	Female
+0.1	782	22.2	15.6	17.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

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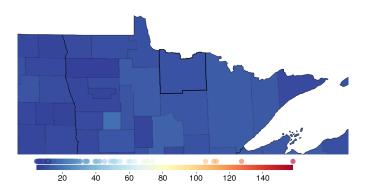
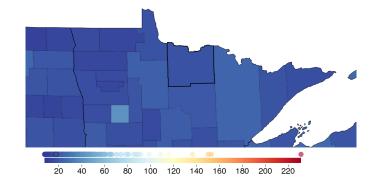


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



FINDINGS: HEAVY DRINKING

Sex	Koochiching County	Minnesota	National	National rank	% change 2005-2012
Female	7.9	8.4	6.7	2575	+36.7
Male	13.5	11.6	9.9	2704	+20.2

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

2 4 6 8 10 12 14 16 18 20 22

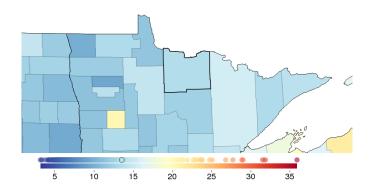


Fig. 26: Male heavy drinking, 2012

FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Minnesota	Koochiching County	Sex
+10.6	2925	12.4	17.3	18.4	Female
-0.6	2953	24.5	30.2	35.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

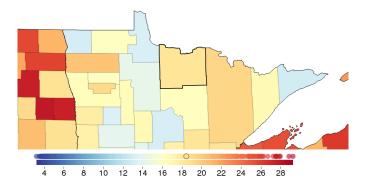
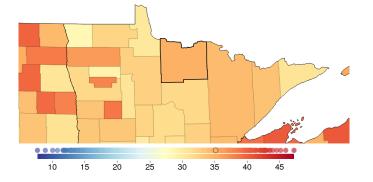


Fig. 28: Male binge drinking, 2012



FINDINGS: SMOKING

Sex	Koochiching County	Minnesota	National	National rank	% change 1996-2012
Female	24.3	17.5	17.9	2302	-1.2
Male	27.6	21.0	22.2	2118	-4.3

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

Fig. 30: Male smoking, 2012

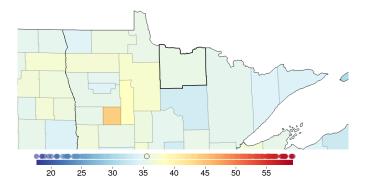
FINDINGS: OBESITY

http://www.healthdata.org

% change 2001-2011	National rank	National	Minnesota	Koochiching County	Sex
+23.2	765	36.1	33.3	35.5	Female
+25.7	1150	33.8	33.4	36.5	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011



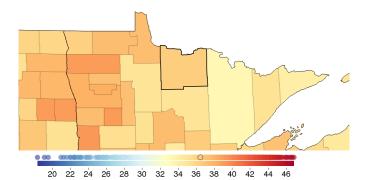


Fig. 32: Male obesity, 2011

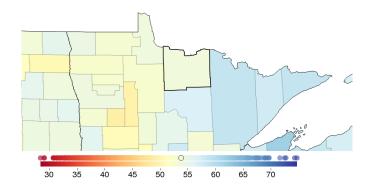
FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

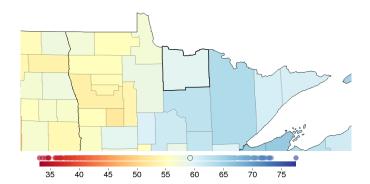
% change 2001-2011	National rank	National	Minnesota	Koochiching County	Sex
+3.0	942	52.6	56.8	53.8	Female
-0.4	486	56.3	59.8	59.2	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

Fig. 34: Male recommended physical activity, 2011





CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Koochiching County, Minnesota. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

