US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

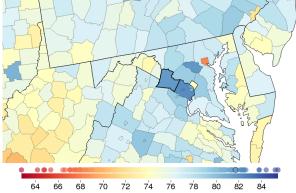
Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	84.5	81.2	81.5	39	+9.5
Male	81.7	77.1	76.7	17	+15.3

72 76 78 88 86

Fig. 1: Female life expectancy, 2014

life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



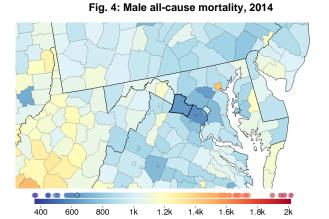
FINDINGS: ALL-CAUSE MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	494.2	675.3	667.8	44	-50.9
Male	631.5	917.4	930.1	24	-61.1

rate per 100,000 population, age-standardized, 2014

1.1k 1.2k 1.3k 1k 300 400 500 600 700 800 900

Fig. 3: Female all-cause mortality, 2014



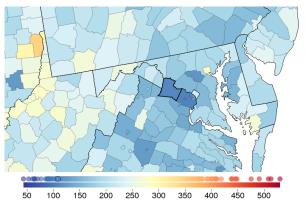
FINDINGS: ISCHEMIC HEART DISEASE

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	77.6	113.7	124.9	113	-71.5
Male	108.5	172.6	191.5	40	-79.5

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	39.2	51.3	47.4	333	-58.4
Male	42.3	52.9	48.8	516	-59.9

rate per 100,000 population, age-standardized, 2014

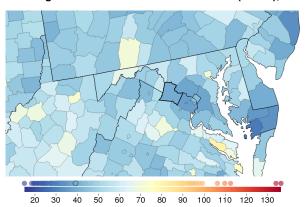
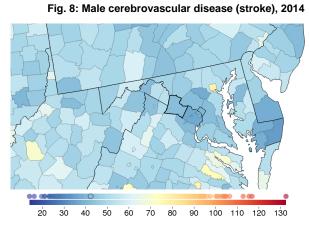


Fig. 7: Female cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	30.8	44.7	43.8	241	-35.2
Male	44.4	70.4	67.6	182	-69.3

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

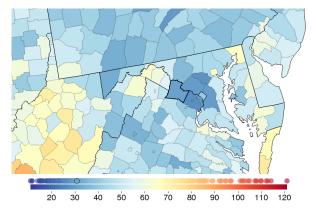
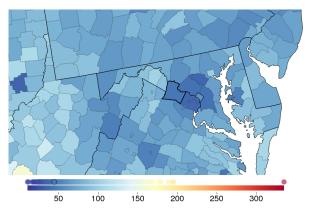


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	21.7	27.6	25.9	324	-46.7
Male	0.3	0.4	0.3	1661	-29.5

rate per 100,000 population, age-standardized, 2014

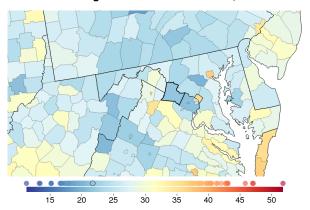
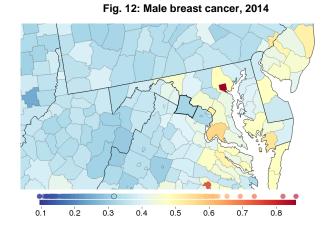


Fig. 11: Female breast cancer, 2014

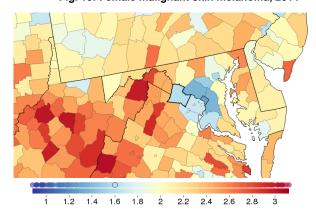


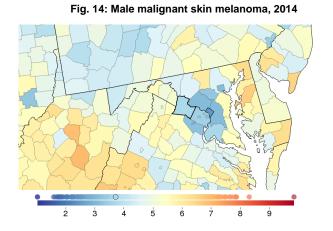
FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	1.6	2.0	1.9	297	-28.6
Male	3.7	4.6	4.5	408	-13.5

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	32.7	52.5	49.6	117	-22.8
Male	43.3	64.8	63.8	143	-31.0

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

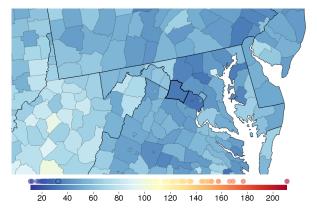
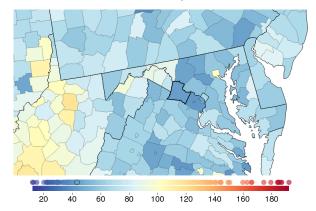


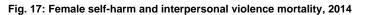
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

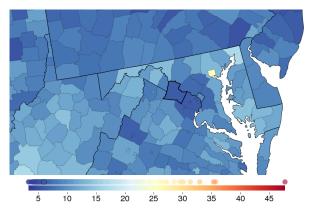


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	5.9	8.6	9.0	211	-15.6
Male	17.4	28.5	30.9	51	-44.2

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	4.5	6.9	8.1	52	-70.5
Male	9.7	17.3	19.8	31	-73.5

rate per 100,000 population, age-standardized, 2014

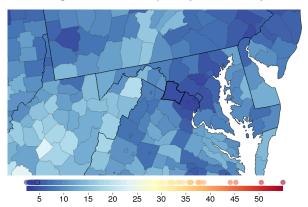
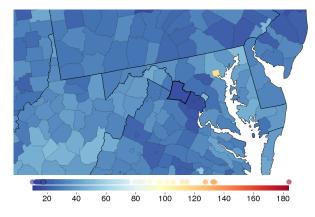
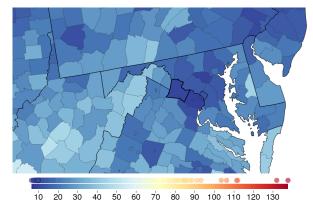


Fig. 19: Female transport injuries mortality, 2014

Fig. 18: Male self-harm and interpersonal violence mortality, 2014







FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	2.2	5.8	8.2	9	+161.8
Male	8.2	13.7	18.7	295	+241.3

rate per 100,000 population, age-standardized, 2014



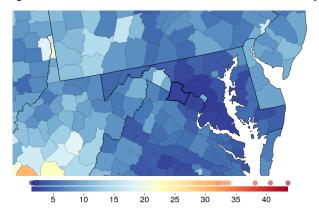
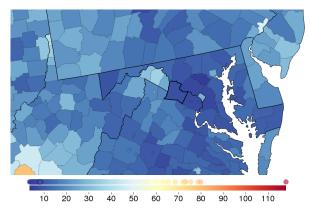


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Loudoun County	Virginia	National	National rank	% change 1980-2014
Female	7.2	10.8	11.8	74	-35.4
Male	9.8	19.7	22.2	19	-46.1

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

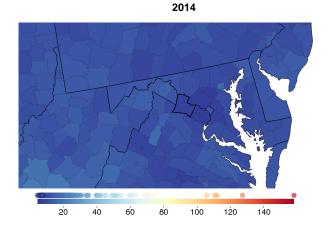
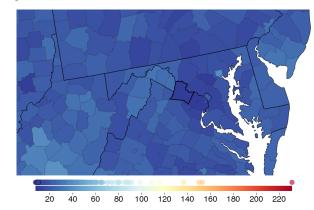


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



FINDINGS: HEAVY DRINKING

Sex	Loudoun County	Virginia	National	National rank	% change 2005-2012
Female	6.2	6.0	6.7	1998	+25.9
Male	7.0	8.3	9.9	239	+14.1

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

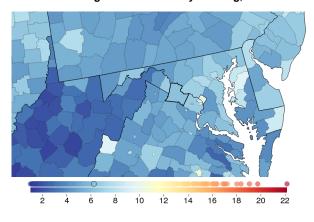
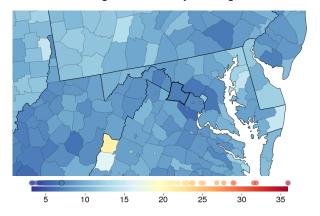


Fig. 26: Male heavy drinking, 2012



FINDINGS: BINGE DRINKING

Sex	Loudoun County	Virginia	National	National rank	% change 2002-2012
Female	11.6	11.0	12.4	1772	+13.8
Male	21.5	20.8	24.5	1050	+2.7

prevalence (%), age-standardized, 2012

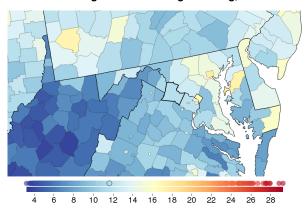
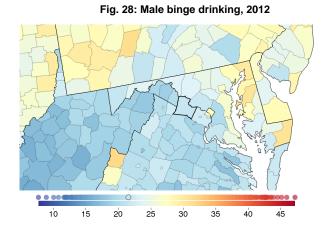


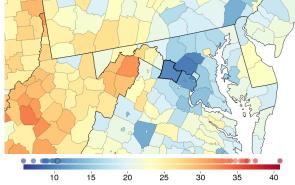
Fig. 27: Female binge drinking, 2012

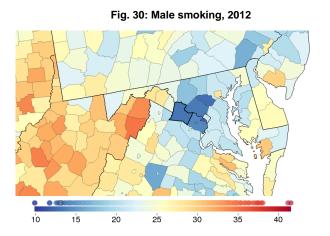


FINDINGS: SMOKING

Sex	Loudoun County	Virginia	National	National rank	% change 1996-2012
Female	10.4	17.7	17.9	27	-32.8
Male	13.1	21.4	22.2	10	-37.0

prevalence (%), age-standardized, 2012





FINDINGS: OBESITY

Sex	Loudoun County	Virginia	National	National rank	% change 2001-2011
Female	28.2	36.2	36.1	87	+32.1
Male	28.9	33.7	33.8	105	+14.1

prevalence (%), age-standardized, 2011

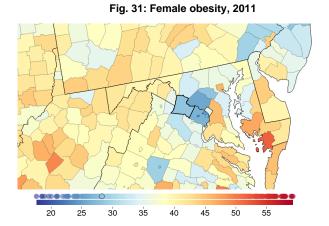
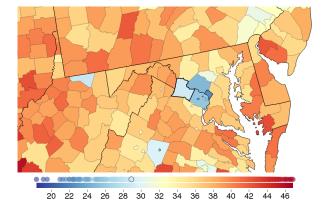
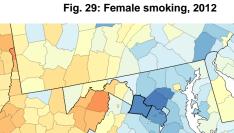


Fig. 32: Male obesity, 2011





FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Loudoun County	Virginia	National	National rank	% change 2001-2011
Female	59.0	53.6	52.6	252	+4.3
Male	60.3	56.4	56.3	349	-9.0

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

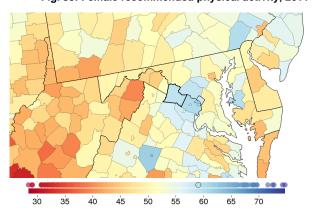
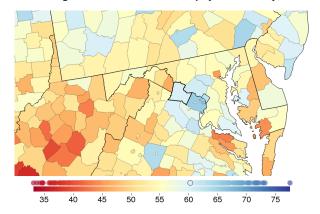


Fig. 34: Male recommended physical activity, 2011



CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Loudoun County, Virginia. Seattle, WA: IHME, 2016.

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