# COUNTY PROFILE: Lynchburg City, Virginia

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 1980-2014
Female	78.9	81.2	81.5	2304	+2.3
Male	74.7	77.1	76.7	1973	+9.2

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

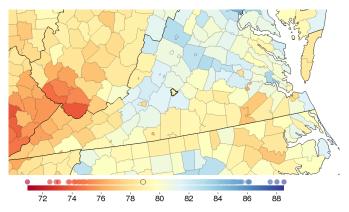
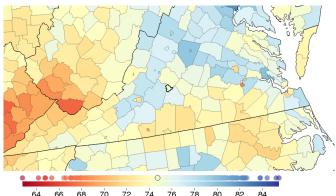


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 1980-2014
Female	795.2	675.3	667.8	2168	-6.9
Male	1076.6	917.4	930.1	1991	-33.9

Fig. 3: Female all-cause mortality, 2014

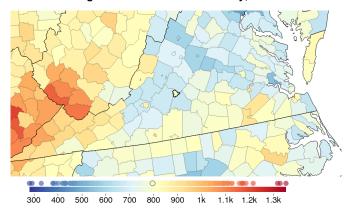
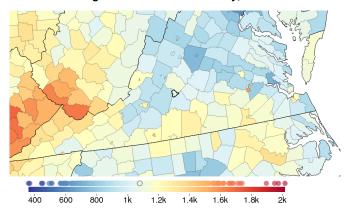


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
-41.8	1303	124.9	113.7	124.4	Female
-64.3	907	191.5	172.6	179.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

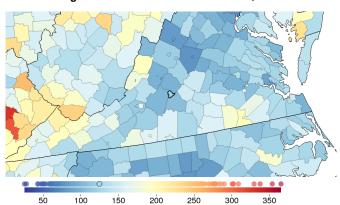
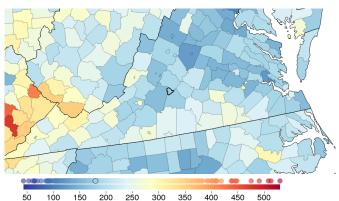


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Virginia	Lynchburg City	Sex
-25.8	2964	47.4	51.3	72.6	Female
-50.5	2739	48.8	52.9	66.7	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

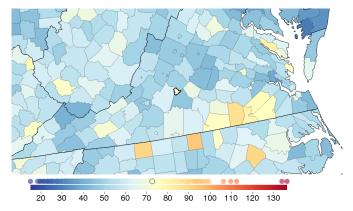
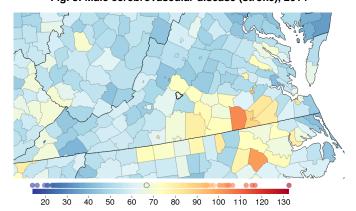


Fig. 8: Male cerebrovascular disease (stroke), 2014

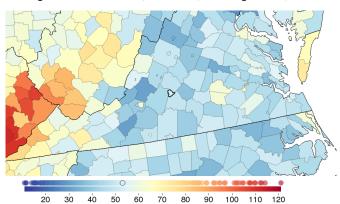


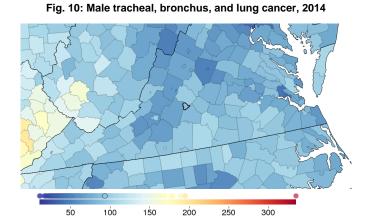
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-201	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
+62	2133	43.8	44.7	53.0	Female
-33	2231	67.6	70.4	93.2	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014





FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Virginia	Lynchburg City	Sex
-18.7	2463	25.9	27.6	28.9	Female
-15.9	2719	0.3	0.4	0.4	Male

Fig. 11: Female breast cancer, 2014

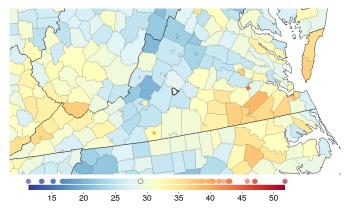
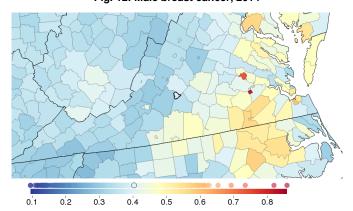


Fig. 12: Male breast cancer, 2014

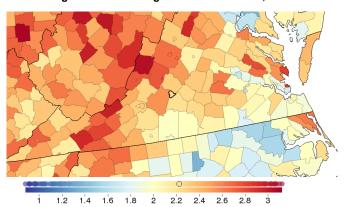


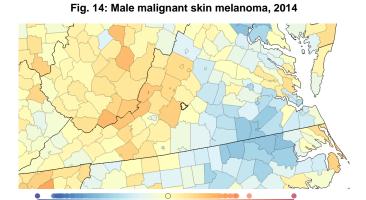
#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
+4.2	1916	1.9	2.0	2.2	Female
+38.0	2299	4.5	4.6	5.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
+78.1	2146	49.6	52.5	63.1	Female
+53.1	2120	63.8	64.8	76.0	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

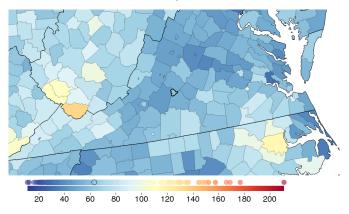
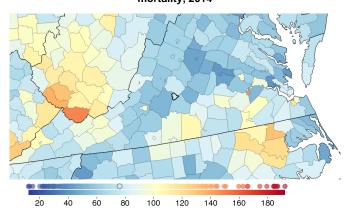


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

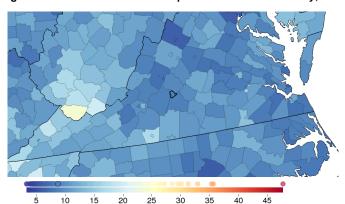


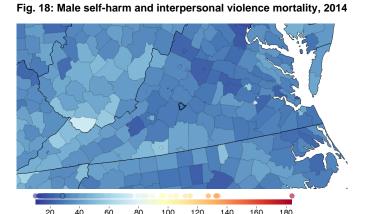
#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 1980-2014
Female	8.7	8.6	9.0	1233	-34.3
Male	28.4	28.5	30.9	1013	-42.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Virginia	Lynchburg City	Sex
-16.6	378	8.1	6.9	7.4	Female
-36.9	371	19.8	17.3	17.4	Male

Fig. 19: Female transport injuries mortality, 2014

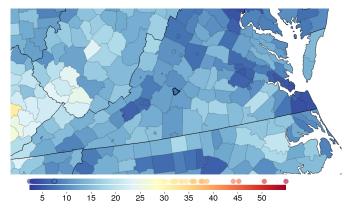
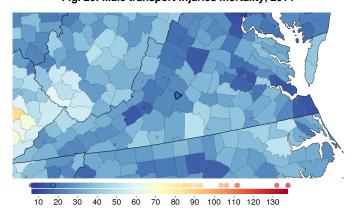


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
+179.9	1171	8.2	5.8	6.7	Female
+9.3	1800	18.7	13.7	16.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

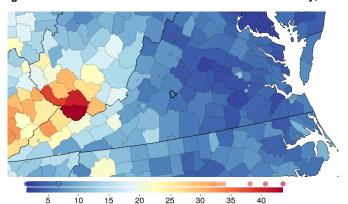
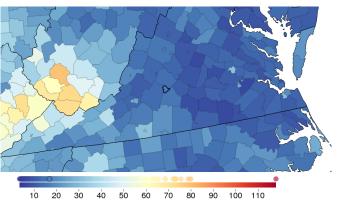


Fig. 22: Male mental and substance use disorders mortality, 2014



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Virginia	<b>Lynchburg City</b>	Sex
-5.6	2248	11.8	10.8	14.6	Female
-9.5	2655	22.2	19.7	31.0	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

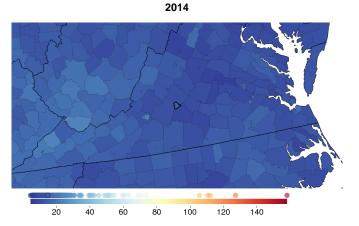
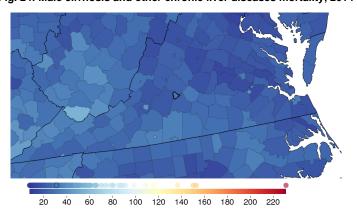


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

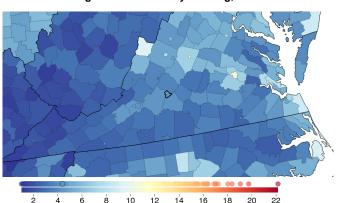


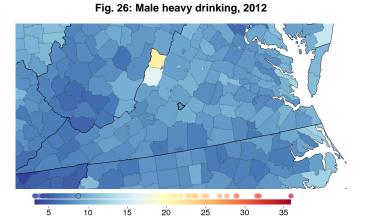
# FINDINGS: HEAVY DRINKING

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 2005-2012
Female	4.4	6.0	6.7	1164	+0.7
Male	8.8	8.3	9.9	898	+22.7

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Virginia	Lynchburg City	Sex
-12.6	879	12.4	11.0	8.2	Female
-18.5	358	24.5	20.8	17.8	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

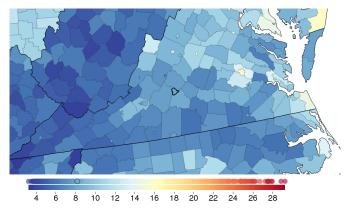
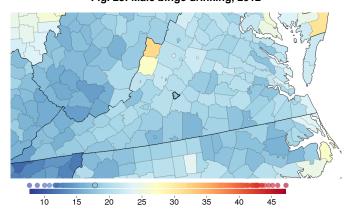


Fig. 28: Male binge drinking, 2012

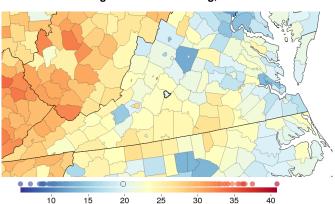


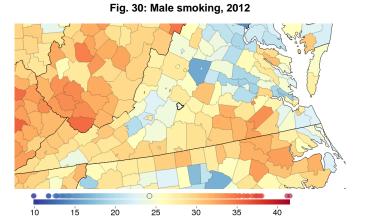
#### FINDINGS: SMOKING

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 1996-2012
Female	19.8	17.7	17.9	980	-23.5
Male	24.2	21.4	22.2	1201	-15.1

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Virginia	Lynchburg City	Sex
+22.1	2155	36.1	36.2	41.1	Female
+14.8	312	33.8	33.7	32.6	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

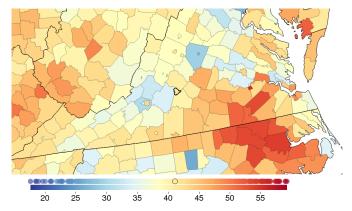
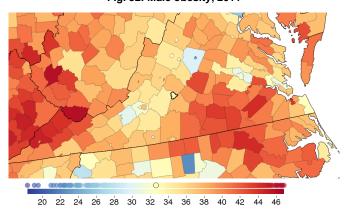


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Lynchburg City</b>	Virginia	National	National rank	% change 2001-2011
Female	49.2	53.6	52.6	1728	+19.4
Male	49.5	56.4	56.3	2300	-13.4

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

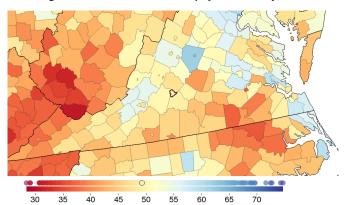
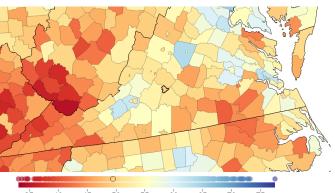


Fig. 34: Male recommended physical activity, 2011



# **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Lynchburg City, Virginia. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA

Telephone: +1-206-897-2800 E-mail: engage@healthdata.org

www.healthdata.org

