# COUNTY PROFILE: Massac County, Illinois

### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

### FINDINGS: LIFE EXPECTANCY

Sex	Massac County	Illinois	National	National rank	% change 1980-2014
Female	78.4	81.3	81.5	2476	+1.7
Male	73.3	76.7	76.7	2444	+6.6

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

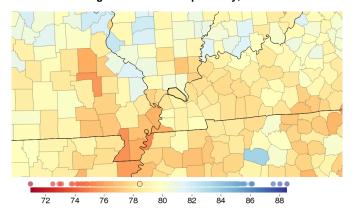
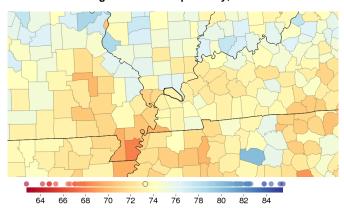


Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Illinois	<b>Massac County</b>	Sex
-2.7	2463	667.8	666.1	837.0	Female
-24.3	2395	930.1	930.6	1161.4	Male

Fig. 3: Female all-cause mortality, 2014

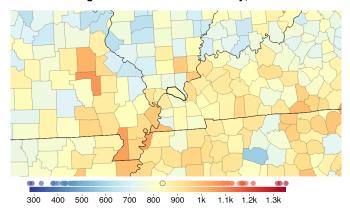
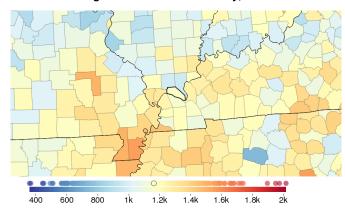


Fig. 4: Male all-cause mortality, 2014



### FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
-33.3	2430	124.9	124.0	167.1	Female
-47.4	2560	191.5	190.7	261.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

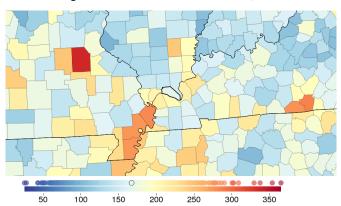
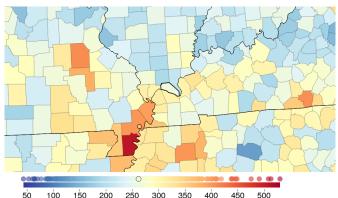


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
-33.4	2448	47.4	49.8	60.5	Female
-50.7	2193	48.8	51.5	57.8	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

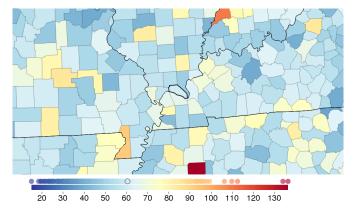
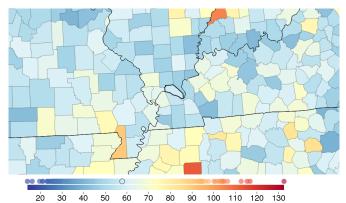


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
+64.4	2228	43.8	46.8	54.1	Female
-23.8	2579	67.6	70.3	104.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

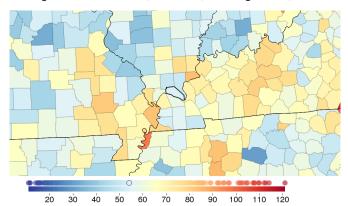
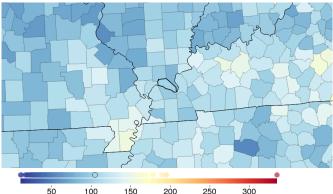


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



## FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
-26.9	281	25.9	26.7	21.5	Female
-16.9	2011	0.3	0.4	0.3	Male

Fig. 11: Female breast cancer, 2014

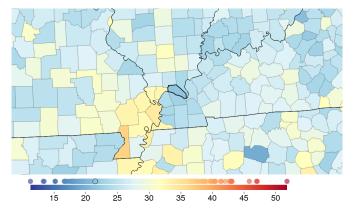
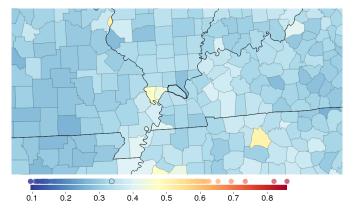


Fig. 12: Male breast cancer, 2014



## FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
-9.9	744	1.9	1.8	1.8	Female
+29.5	1288	4.5	4.1	4.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

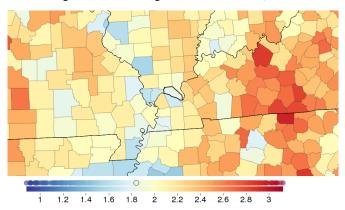
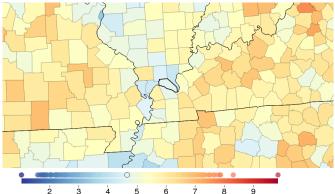


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
+61.3	2517	49.6	49.9	69.7	Female
+62.3	2587	63.8	64.7	85.5	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

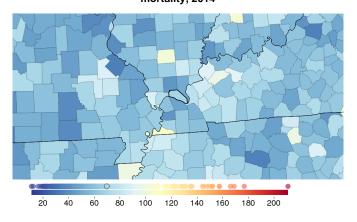
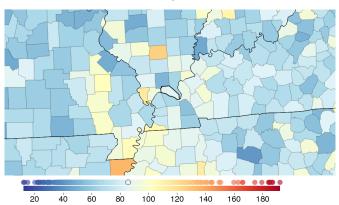


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
+18.1	2239	9.0	6.9	11.4	Female
+23.1	2513	30.9	28.1	41.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

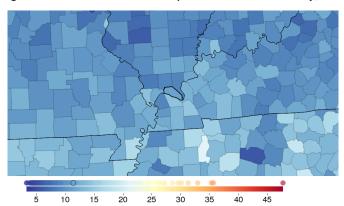
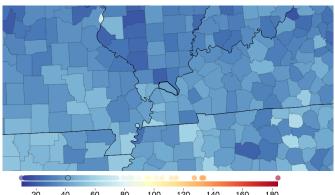


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
-18.9	1326	8.1	6.4	12.3	Female
-35.2	1585	19.8	14.6	30.9	Male

rate per 100,000 population, age-standardized, 2014

Fig. 19: Female transport injuries mortality, 2014

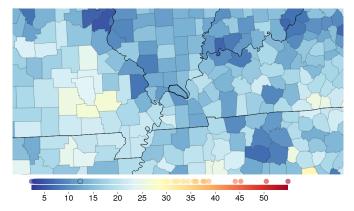
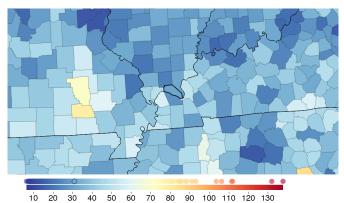


Fig. 20: Male transport injuries mortality, 2014



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### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Illinois	Massac County	Sex
+905.3	2381	8.2	6.4	11.1	Female
+620.1	2744	18.7	17.0	27.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

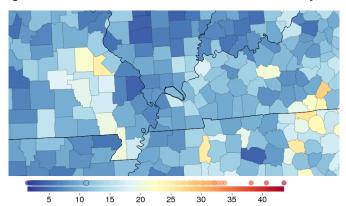
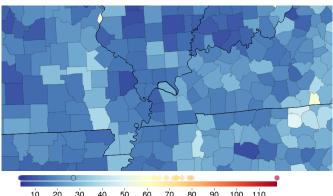


Fig. 22: Male mental and substance use disorders mortality, 2014



# FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Illinois	<b>Massac County</b>	Sex
+47.3	2123	11.8	10.3	14.2	Female
+12.0	2204	22.2	18.3	26.4	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

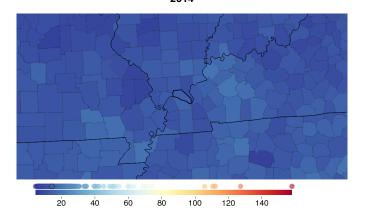
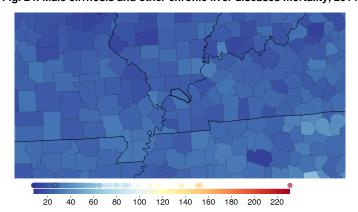


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

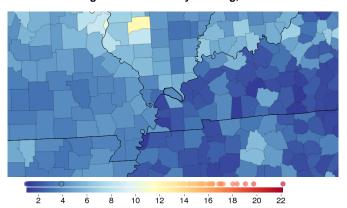


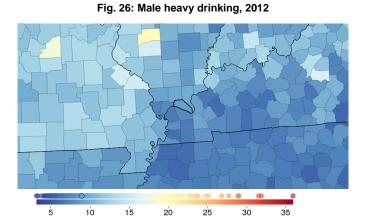
# FINDINGS: HEAVY DRINKING

Sex	Massac County	Illinois	National	National rank	% change 2005-2012
Female	3.9	8.5	6.7	935	+25.1
Male	8.9	11.2	9.9	989	+9.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Illinois	<b>Massac County</b>	Sex
+18.1	1364	12.4	15.9	10.1	Female
+2.8	1350	24.5	28.8	23.1	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

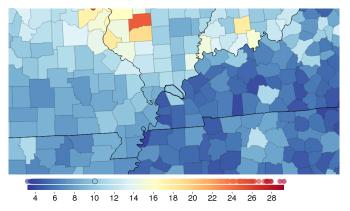
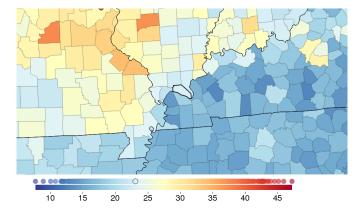


Fig. 28: Male binge drinking, 2012

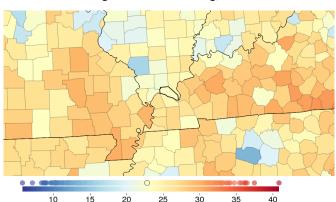


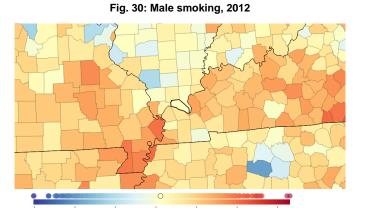
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	Illinois	Massac County	Sex
-9.0	1872	17.9	17.7	22.8	Female
-15.6	1608	22.2	21.9	25.6	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Illinois	Massac County	Sex
+31.2	1994	36.1	36.3	40.3	Female
+34.4	2362	33.8	33.9	39.3	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

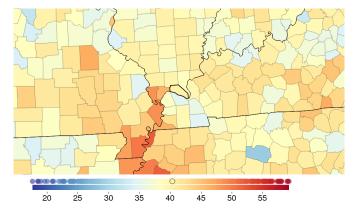
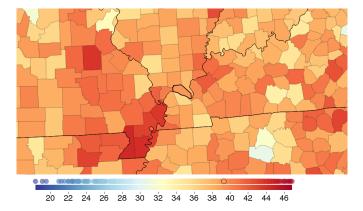


Fig. 32: Male obesity, 2011



## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Illinois	Massac County	Sex
+22.2	2212	52.6	54.2	45.9	Female
+0.5	2176	56.3	54.8	50.2	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

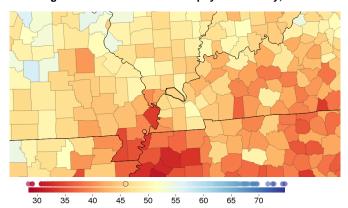
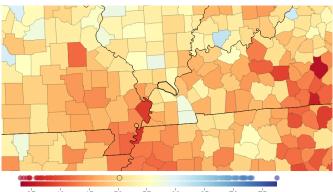


Fig. 34: Male recommended physical activity, 2011



# **CITATION:**

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