COUNTY PROFILE: Montgomery County, Iowa

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+1.6	1402	81.5	81.9	80.7	Female
+4.9	1512	76.7	77.5	75.8	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

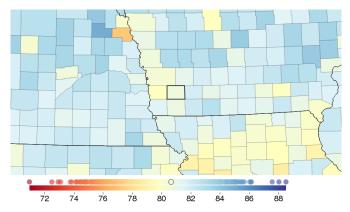
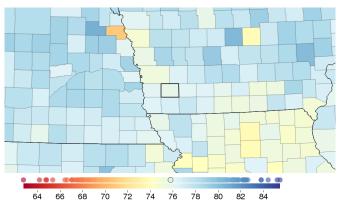


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
-2.3	1609	667.8	645.3	733.0	Female
-18.6	1773	930.1	908.2	1041.6	Male

Fig. 3: Female all-cause mortality, 2014

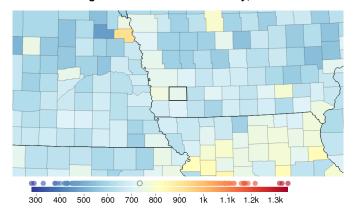
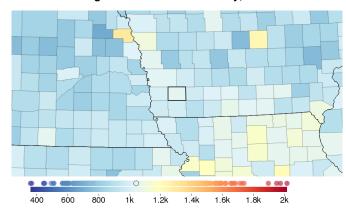


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
-38.9	1553	124.9	121.6	132.6	Female
-47.2	1860	191.5	196.9	220.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

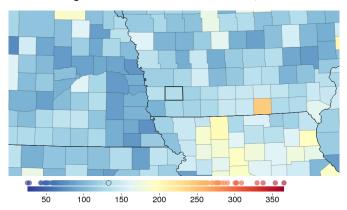


Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
-26.6	3046	47.4	48.5	77.2	Female
-42.2	2678	48.8	49.4	65.1	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

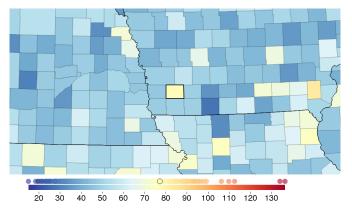
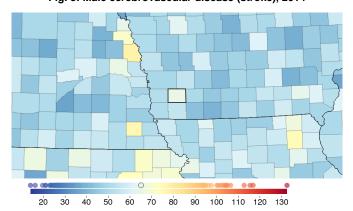


Fig. 8: Male cerebrovascular disease (stroke), 2014

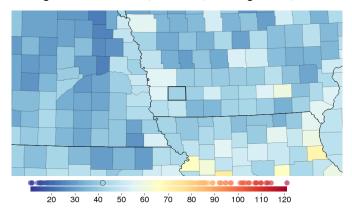


FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+73.9	986	43.8	44.1	41.9	Female
-19.2	1358	67.6	70.0	72.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014



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Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
-29.6	399	25.9	23.7	22.1	Female
-5.0	1750	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

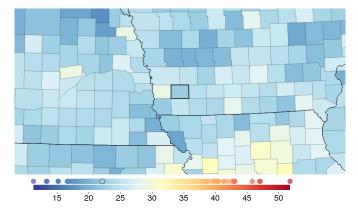
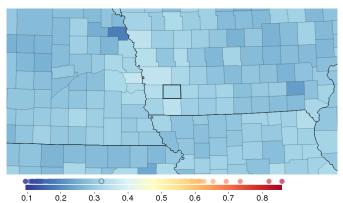


Fig. 12: Male breast cancer, 2014



FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+13.7	2021	1.9	2.0	2.3	Female
+54.8	1700	4.5	4.4	5.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

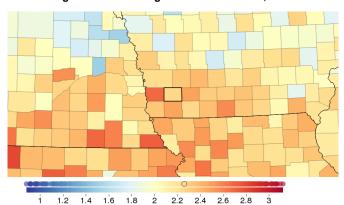


Fig. 14: Male malignant skin melanoma, 2014

FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+75.1	875	49.6	44.3	46.7	Female
+57.0	1664	63.8	55.2	68.6	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

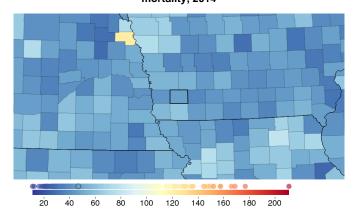
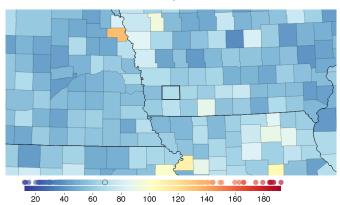


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Montgomery County	Iowa	National	National rank	% change 1980-2014
Female	8.9	7.4	9.0	1311	+20.7
Male	27.8	24.5	30.9	941	-0.1

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

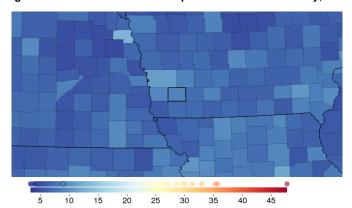
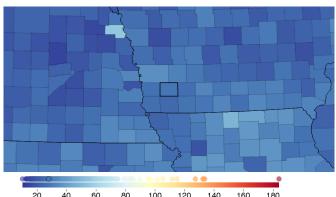


Fig. 18: Male self-harm and interpersonal violence mortality, 2014 $\,$



FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
-17.0	1219	8.1	8.7	11.9	Female
-25.6	1427	19.8	19.1	29.2	Male

Fig. 19: Female transport injuries mortality, 2014

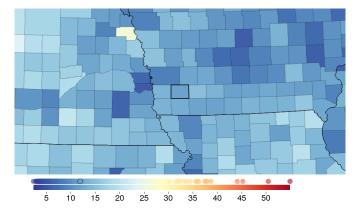
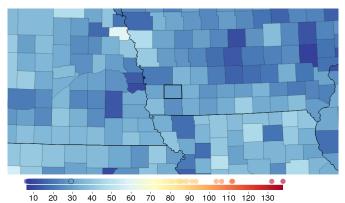


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+624.1	1458	8.2	5.5	7.5	Female
+294.1	888	18.7	11.9	11.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

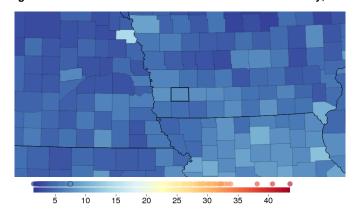
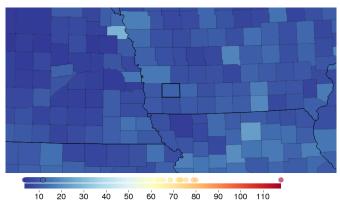


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Iowa	Montgomery County	Sex
+26.7	418	11.8	9.0	9.0	Female
+12.2	687	22.2	15.6	16.8	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

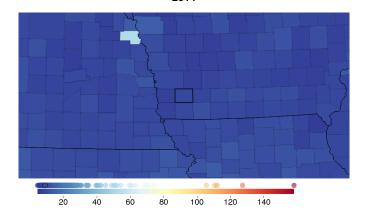
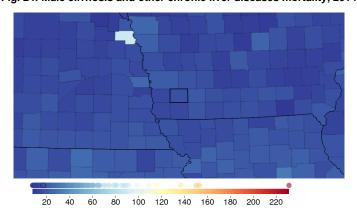


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

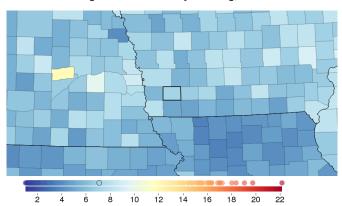


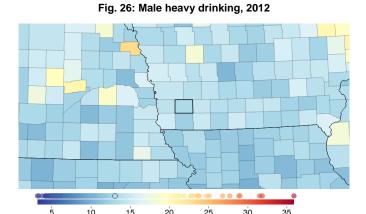
FINDINGS: HEAVY DRINKING

Sex	Montgomery County	Iowa	National	National rank	% change 2005-2012
Female	7.1	7.6	6.7	2322	+64.3
Male	13.0	13.9	9.9	2586	+37.1

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Iowa	Montgomery County	Sex
+29.8	2834	12.4	17.1	17.2	Female
+12.8	2841	24.5	33.4	33.3	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

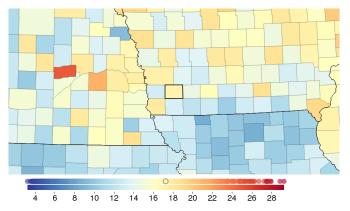
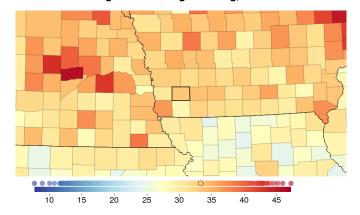


Fig. 28: Male binge drinking, 2012

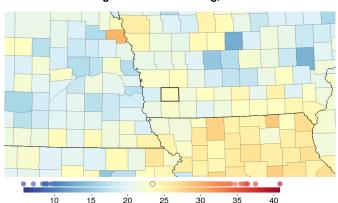


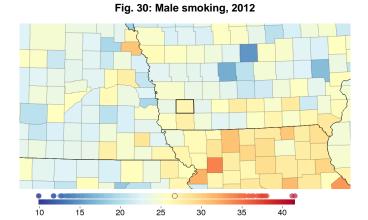
FINDINGS: SMOKING

% change 1996-2012	National rank	National	Iowa	Montgomery County	Sex
-2.6	2065	17.9	19.2	23.4	Female
-18.2	1900	22.2	22.2	26.7	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Iowa	Montgomery County	Sex
+16.4	1345	36.1	35.9	37.7	Female
+27.2	1988	33.8	36.3	38.4	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

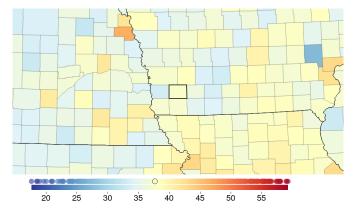
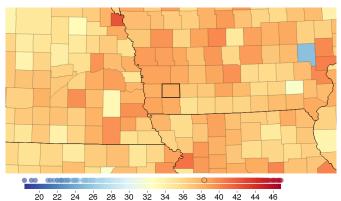


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Iowa	Montgomery County	Sex
+16.3	1239	52.6	52.9	52.2	Female
-2.3	1866	56.3	54.1	52.0	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

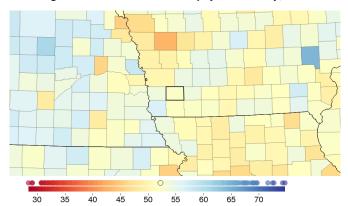
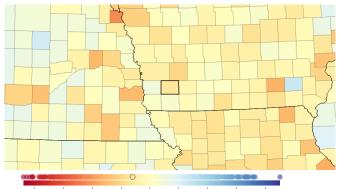


Fig. 34: Male recommended physical activity, 2011



CITATION:

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