COUNTY PROFILE: Montrose County, Colorado

US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
+4.1	755	81.5	82.2	81.8	Female
+8.0	743	76.7	78.2	77.4	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

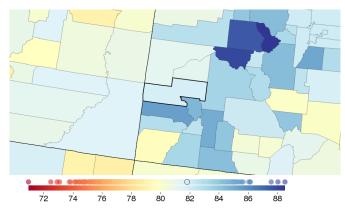
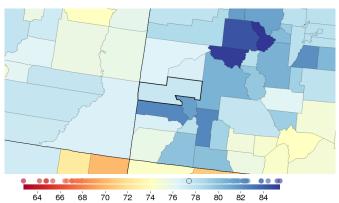


Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
-19.5	640	667.8	620.2	631.6	Female
-31.5	563	930.1	842.0	863.0	Male

Fig. 3: Female all-cause mortality, 2014

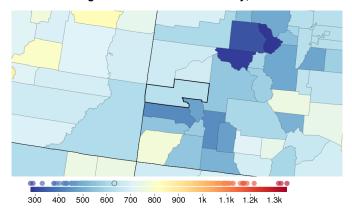
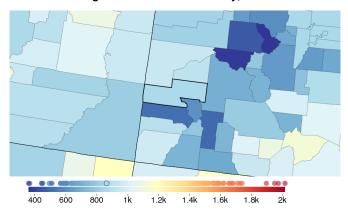


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Montrose County	Colorado	National	National rank	% change 1980-2014
Female	101.0	91.9	124.9	584	-42.0
Male	172.1	145.1	191.5	741	-50.6

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

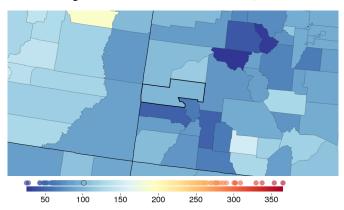
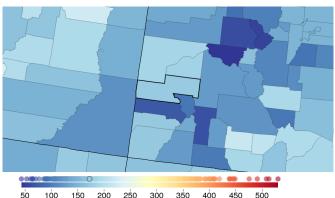


Fig. 6: Male ischemic heart disease, 2014



FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
-27.1	658	47.4	48.9	43.3	Female
-46.5	566	48.8	44.3	42.8	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

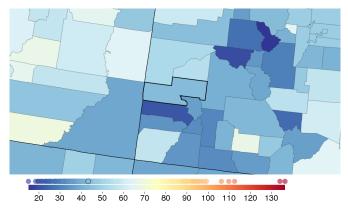
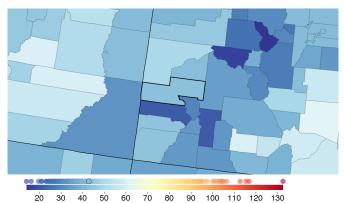


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
+59.5	769	43.8	34.5	39.4	Female
-41.7	466	67.6	44.8	54.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

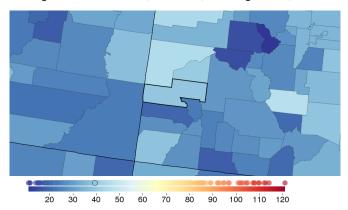
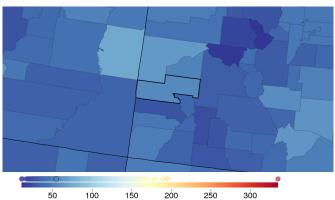


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
-22.2	301	25.9	22.4	21.6	Female
-11.8	891	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

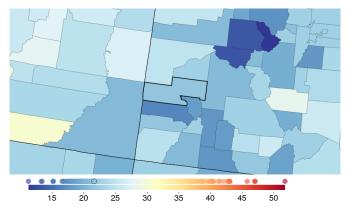
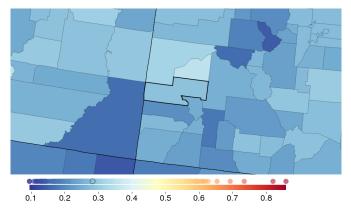


Fig. 12: Male breast cancer, 2014

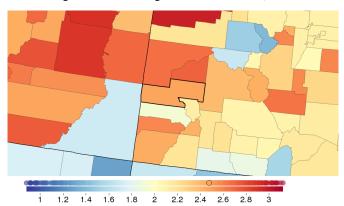


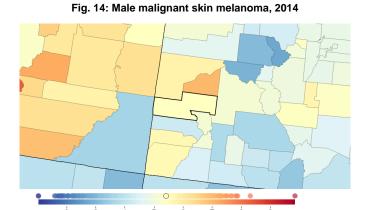
FINDINGS: MALIGNANT SKIN MELANOMA

k % change 1980-	National rank	National	Colorado	Montrose County	Sex
6	2606	1.9	2.2	2.5	Female
1	2191	4.5	4.9	5.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-201	National rank	National	Colorado	Montrose County	Sex
-9.	47	49.6	36.0	28.5	Female
-0.	39	63.8	47.0	35.9	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

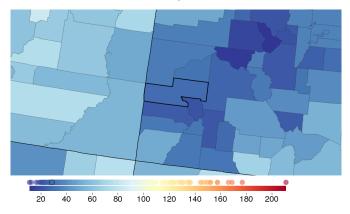
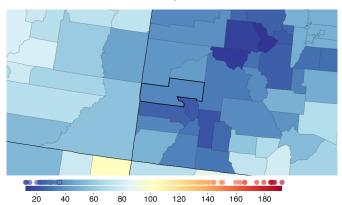


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
+18.9	2729	9.0	11.9	13.5	Female
+8.6	2603	30.9	35.7	42.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

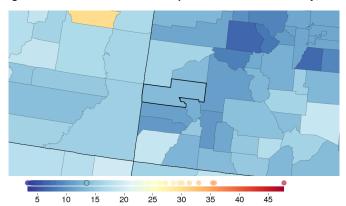


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

20 40 60 80 100 120 140 160 180

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
-44.0	1154	8.1	7.8	11.6	Female
-56.4	922	19.8	18.0	24.0	Male

Fig. 19: Female transport injuries mortality, 2014

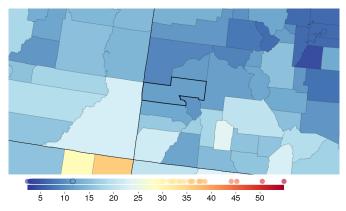
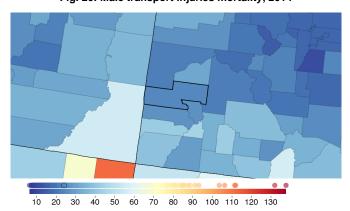


Fig. 20: Male transport injuries mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Montrose County	Colorado	National	National rank	% change 1980-2014
Female	9.0	9.9	8.2	1921	+295.9
Male	16.9	19.8	18.7	1812	+191.9

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

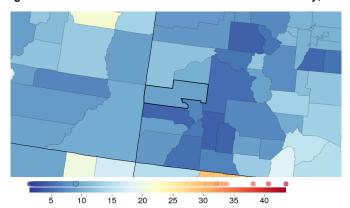
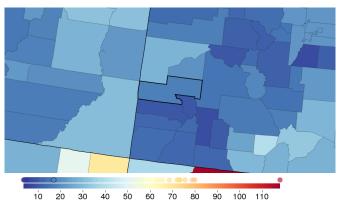


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Colorado	Montrose County	Sex
+36.9	2139	11.8	14.3	14.2	Female
+45.0	2303	22.2	23.8	27.3	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

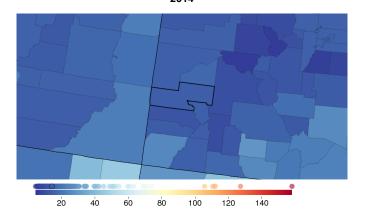
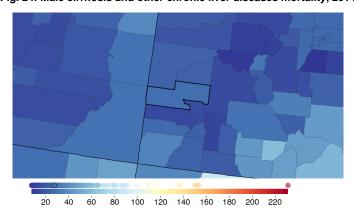


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

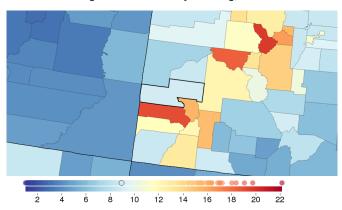


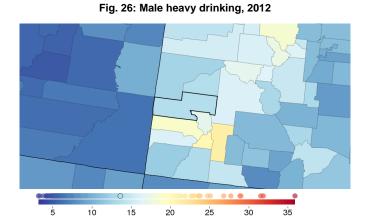
FINDINGS: HEAVY DRINKING

Sex	Montrose County	Colorado	National	National rank	% change 2005-2012
Female	8.9	8.8	6.7	2789	+45.3
Male	13.6	10.5	9.9	2725	+19.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Colorado	Montrose County	Sex
+2.9	1984	12.4	14.6	12.6	Female
+10.3	2406	24.5	25.9	29.2	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

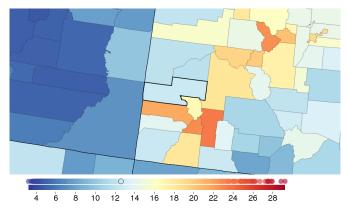
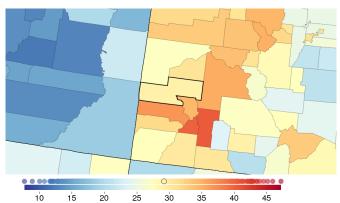


Fig. 28: Male binge drinking, 2012

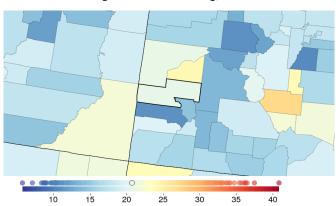


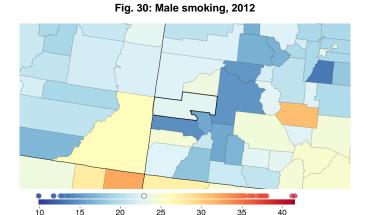
FINDINGS: SMOKING

Sex	Montrose County	Colorado	National	National rank	% change 1996-2012
Female	20.7	16.9	17.9	1225	-10.3
Male	22.9	20.1	22.2	811	-18.8

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Colorado	Montrose County	Sex
+15.0	86	36.1	27.7	28.2	Female
+19.3	101	33.8	26.8	28.7	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

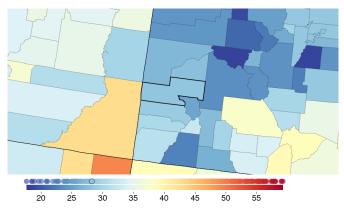
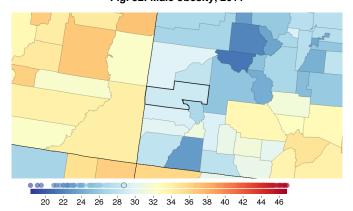


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	Colorado	Montrose County	Sex
+16.2	191	52.6	62.7	60.1	Female
+4.7	252	56.3	64.7	61.4	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

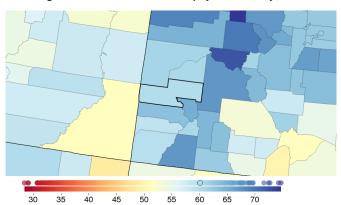
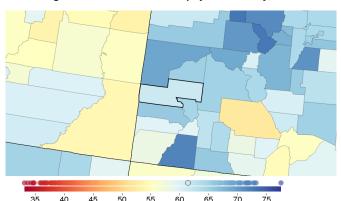


Fig. 34: Male recommended physical activity, 2011



CITATION:

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