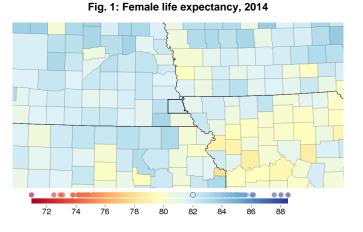
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

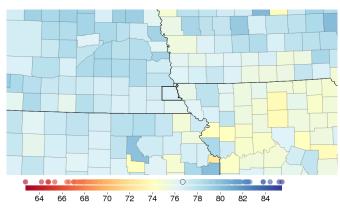
FINDINGS: LIFE EXPECTANCY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	82.0	81.7	81.5	667	+3.4
Male	76.7	77.4	76.7	1073	+6.6



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



FINDINGS: ALL-CAUSE MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	640.0	653.6	667.8	707	-15.5
Male	968.4	908.6	930.1	1267	-26.9

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

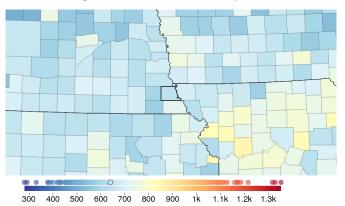
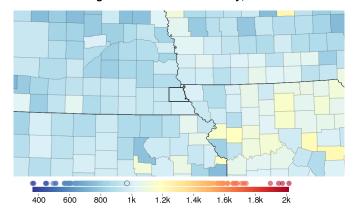


Fig. 4: Male all-cause mortality, 2014



FINDINGS: ISCHEMIC HEART DISEASE

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	77.0	102.0	124.9	110	-61.2
Male	154.1	162.0	191.5	400	-63.5

rate per 100,000 population, age-standardized, 2014

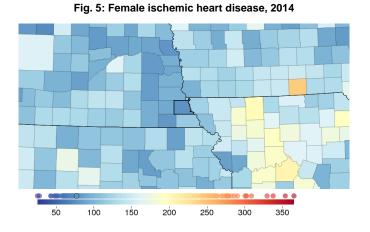


Fig. 6: Male ischemic heart disease, 2014

FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	46.8	47.1	47.4	1020	-50.8
Male	51.6	52.2	48.8	1532	-51.2

rate per 100,000 population, age-standardized, 2014

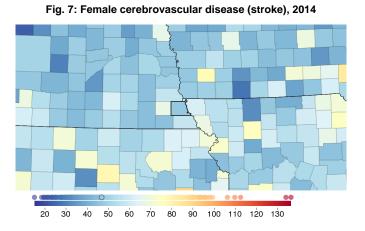
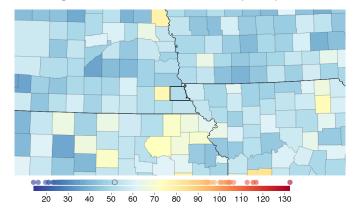


Fig. 8: Male cerebrovascular disease (stroke), 2014



FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	41.4	42.1	43.8	957	+57.6
Male	67.8	68.0	67.6	1093	-27.0

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

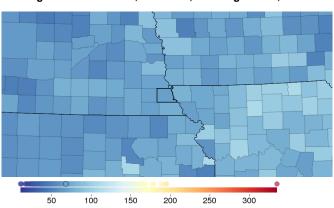


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	19.7	24.6	25.9	83	-39.9
Male	0.3	0.3	0.3	1485	-9.5

rate per 100,000 population, age-standardized, 2014

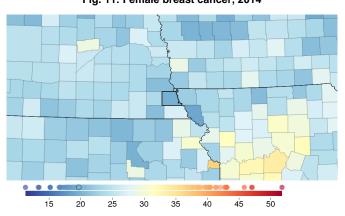
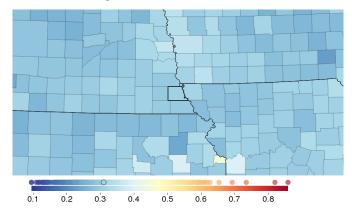


Fig. 11: Female breast cancer, 2014

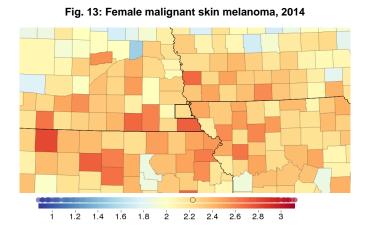
Fig. 12: Male breast cancer, 2014

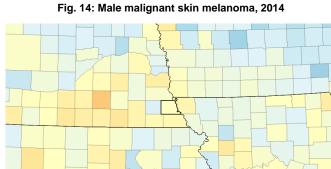


FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	2.2	2.1	1.9	1927	+6.3
Male	5.4	4.9	4.5	2168	+56.2

rate per 100,000 population, age-standardized, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	51.0	49.8	49.6	1255	+25.4
Male	69.8	60.9	63.8	1736	+40.4

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

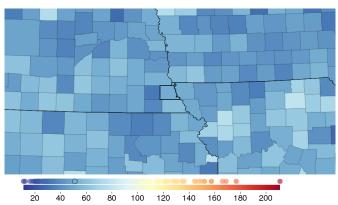
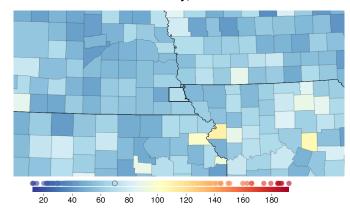


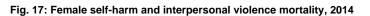
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

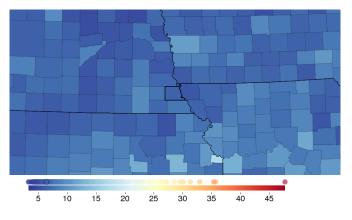


FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	6.4	7.7	9.0	348	-8.1
Male	29.7	26.9	30.9	1181	+23.0

rate per 100,000 population, age-standardized, 2014

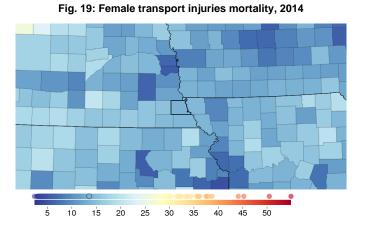




FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	13.5	9.5	8.1	1595	-19.5
Male	33.0	20.9	19.8	1790	-19.1

rate per 100,000 population, age-standardized, 2014





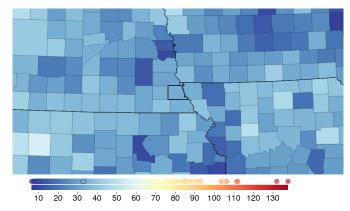
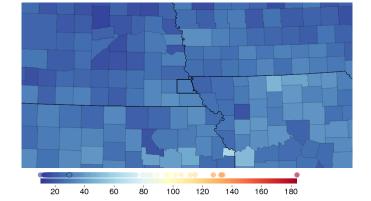


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	6.1	5.5	8.2	976	+456.3
Male	12.8	10.3	18.7	1099	+153.3

rate per 100,000 population, age-standardized, 2014



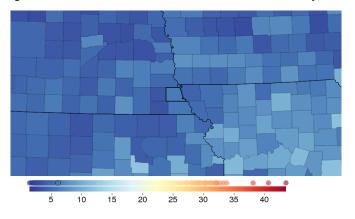
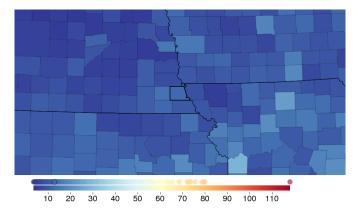


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

Sex	Nemaha County	Nebraska	National	National rank	% change 1980-2014
Female	9.3	10.5	11.8	513	+18.2
Male	16.4	18.9	22.2	627	+5.3

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

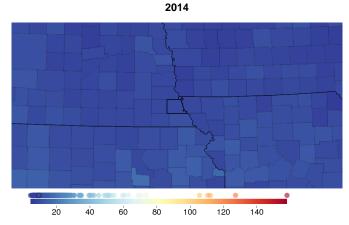
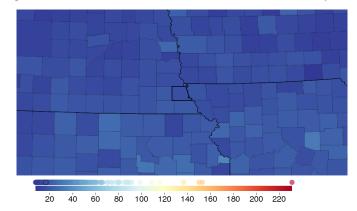


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

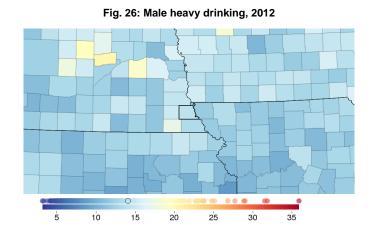


FINDINGS: HEAVY DRINKING

Sex	Nemaha County	Nebraska	National	National rank	% change 2005-2012
Female	5.6	7.4	6.7	1757	+54.8
Male	14.1	12.7	9.9	2796	+43.3

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012



FINDINGS: BINGE DRINKING

Sex	Nemaha County	Nebraska	National	National rank	% change 2002-2012
Female	13.4	16.0	12.4	2179	+7.2
Male	33.6	31.2	24.5	2872	+17.5

prevalence (%), age-standardized, 2012

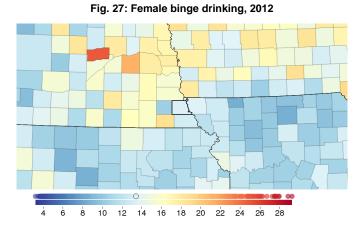
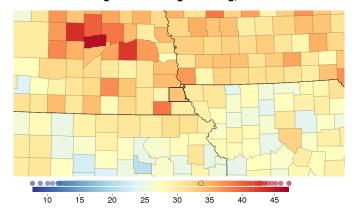


Fig. 28: Male binge drinking, 2012

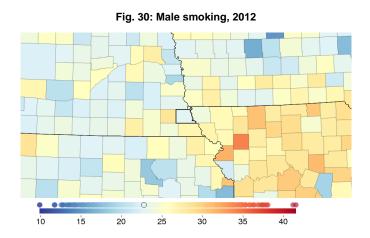


FINDINGS: SMOKING

Sex	Nemaha County	Nebraska	National	National rank	% change 1996-2012
Female	19.3	19.5	17.9	842	-13.2
Male	22.8	22.6	22.2	770	-11.3

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



FINDINGS: OBESITY

Sex	Nemaha County	Nebraska	National	National rank	% change 2001-2011
Female	35.8	36.5	36.1	834	+25.3
Male	36.6	36.1	33.8	1183	+26.1

prevalence (%), age-standardized, 2011

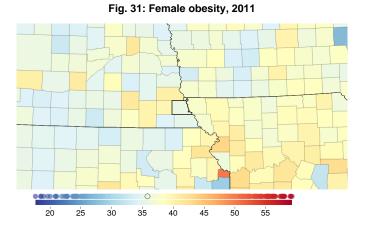
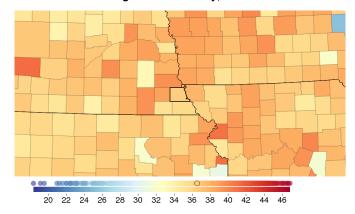


Fig. 32: Male obesity, 2011



FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Nemaha County	Nebraska	National	National rank	% change 2001-2011
Female	55.7	52.7	52.6	632	+16.9
Male	57.5	53.7	56.3	731	+7.4

prevalence (%), age-standardized, 2011

35

40

45

50

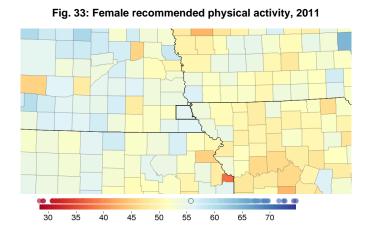
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60

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CITATION:

Institute for Health Metrics and Evaluation (IHME), US County Profile: Nemaha County, Nebraska. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org



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