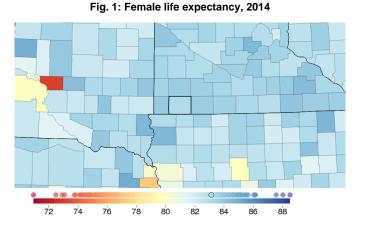
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

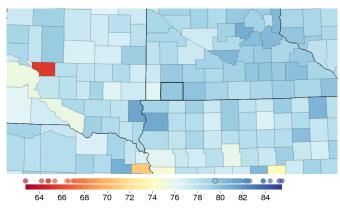
## FINDINGS: LIFE EXPECTANCY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 83.1          | 82.9      | 81.5     | 254           | +2.1               |
| Male   | 79.6          | 78.9      | 76.7     | 125           | +7.1               |



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 561.7         | 590.4     | 667.8    | 203           | -7.6               |
| Male   | 771.7         | 817.3     | 930.1    | 185           | -32.9              |

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

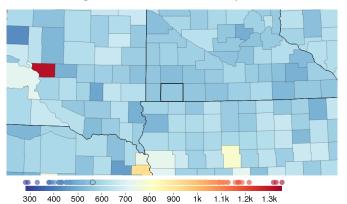
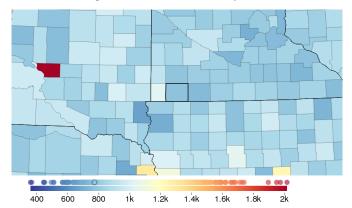


Fig. 4: Male all-cause mortality, 2014



## FINDINGS: ISCHEMIC HEART DISEASE

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 84.0          | 75.5      | 124.9    | 207           | -44.0              |
| Male   | 143.7         | 130.7     | 191.5    | 248           | -62.8              |

rate per 100,000 population, age-standardized, 2014

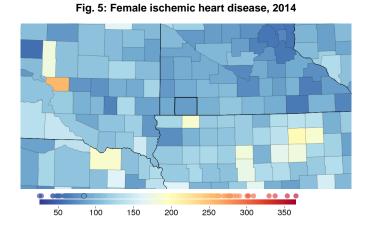
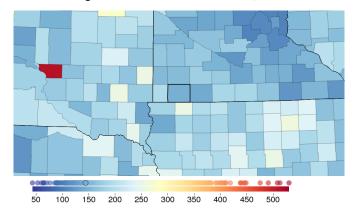


Fig. 6: Male ischemic heart disease, 2014



# FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 38.4          | 43.2      | 47.4     | 288           | -31.9              |
| Male   | 45.4          | 44.8      | 48.8     | 821           | -49.0              |

rate per 100,000 population, age-standardized, 2014

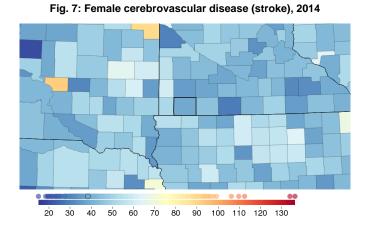
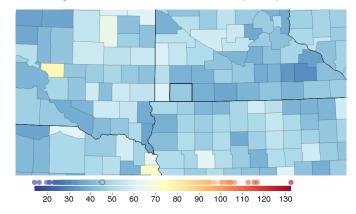


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 30.5          | 42.3      | 43.8     | 225           | +90.6              |
| Male   | 50.6          | 58.7      | 67.6     | 324           | -27.4              |

rate per 100,000 population, age-standardized, 2014

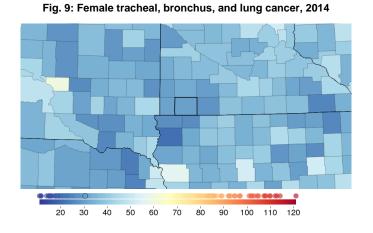
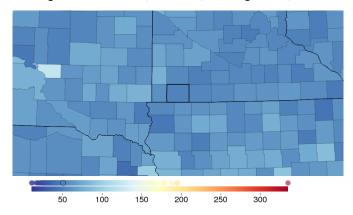


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 24.8          | 23.0      | 25.9     | 1196          | -23.4              |
| Male   | 0.3           | 0.3       | 0.3      | 441           | -21.1              |

rate per 100,000 population, age-standardized, 2014

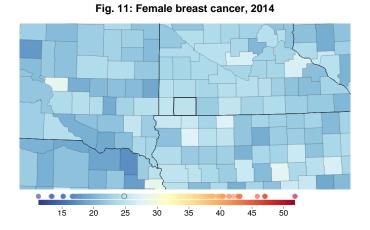
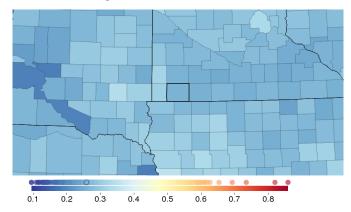


Fig. 12: Male breast cancer, 2014



# FINDINGS: MALIGNANT SKIN MELANOMA

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 1.8           | 1.8       | 1.9      | 551           | -1.2               |
| Male   | 3.7           | 3.9       | 4.5      | 373           | +15.0              |

rate per 100,000 population, age-standardized, 2014

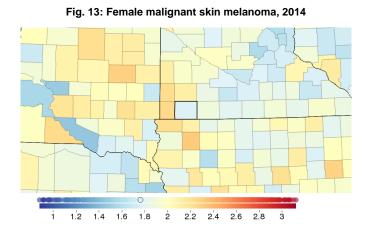
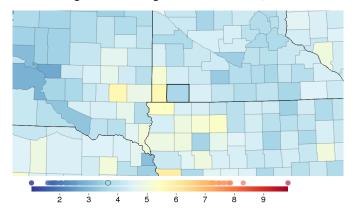


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 51.3          | 42.6      | 49.6     | 1276          | +146.2             |
| Male   | 59.2          | 57.9      | 63.8     | 944           | +83.2              |

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

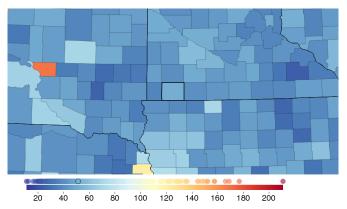
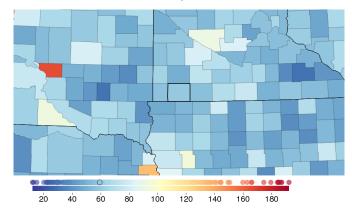


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

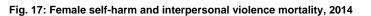


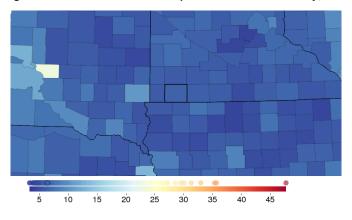
http://www.healthdata.org

### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 6.4           | 7.3       | 9.0      | 349           | +13.2              |
| Male   | 16.6          | 23.3      | 30.9     | 36            | +3.4               |

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 13.5          | 7.0       | 8.1      | 1582          | -1.2               |
| Male   | 21.6          | 15.2      | 19.8     | 691           | -28.0              |

rate per 100,000 population, age-standardized, 2014

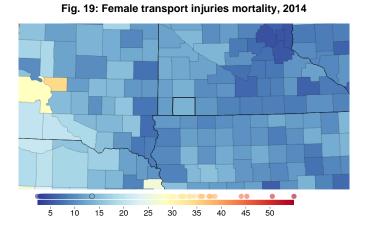


Fig. 20: Male transport injuries mortality, 2014

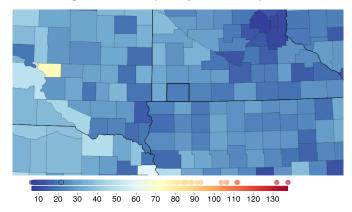
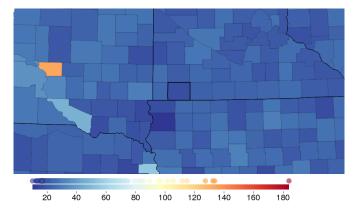


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 2.6           | 6.2       | 8.2      | 33            | +172.6             |
| Male   | 4.7           | 13.7      | 18.7     | 15            | +104.2             |

rate per 100,000 population, age-standardized, 2014

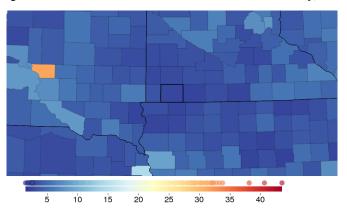
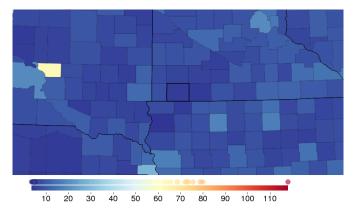


Fig. 21: Female mental and substance use disorders mortality, 2014

Fig. 22: Male mental and substance use disorders mortality, 2014

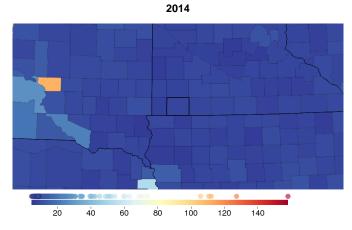


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

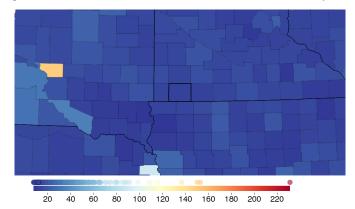
| Sex    | Nobles County | Minnesota | National | National rank | % change 1980-2014 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 8.2           | 9.6       | 11.8     | 219           | +19.3              |
| Male   | 11.8          | 15.6      | 22.2     | 104           | +5.7               |

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

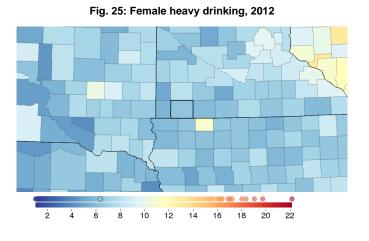


#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

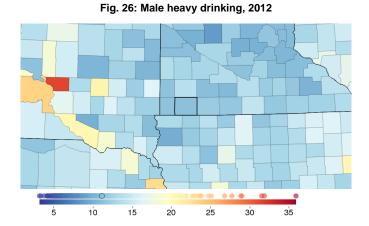


## FINDINGS: HEAVY DRINKING

| Sex    | Nobles County | Minnesota | National | National rank | % change 2005-2012 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 6.3           | 8.4       | 6.7      | 2044          | +56.5              |
| Male   | 11.1          | 11.6      | 9.9      | 1934          | +31.3              |



prevalence (%), age-standardized, 2012



#### FINDINGS: BINGE DRINKING

| Sex    | Nobles County | Minnesota | National | National rank | % change 2002-2012 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 14.3          | 17.3      | 12.4     | 2360          | +10.9              |
| Male   | 26.3          | 30.2      | 24.5     | 1949          | -7.7               |

prevalence (%), age-standardized, 2012

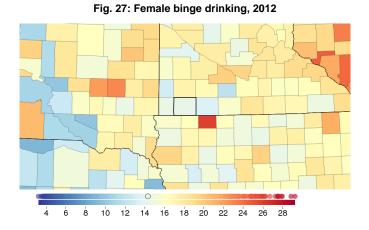
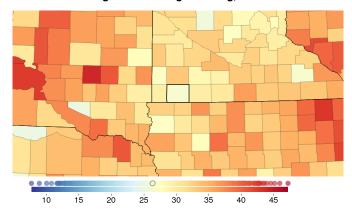


Fig. 28: Male binge drinking, 2012

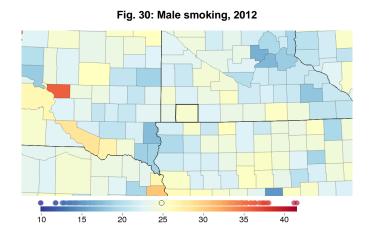


## FINDINGS: SMOKING

| Sex    | Nobles County | Minnesota | National | National rank | % change 1996-2012 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 20.4          | 17.5      | 17.9     | 1133          | -12.0              |
| Male   | 24.8          | 21.0      | 22.2     | 1407          | -10.8              |

Fig. 29: Female smoking, 2012

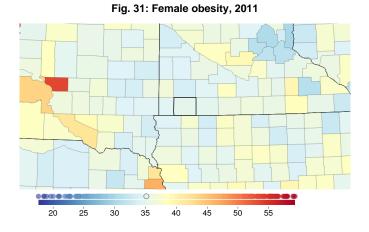
prevalence (%), age-standardized, 2012

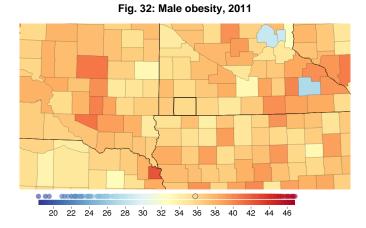


### FINDINGS: OBESITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 2001-2011 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 35.1          | 33.3      | 36.1     | 649           | +16.9              |
| Male   | 35.8          | 33.4      | 33.8     | 907           | +28.3              |

prevalence (%), age-standardized, 2011





#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

| Sex    | Nobles County | Minnesota | National | National rank | % change 2001-2011 |
|--------|---------------|-----------|----------|---------------|--------------------|
| Female | 51.0          | 56.8      | 52.6     | 1440          | +5.2               |
| Male   | 50.6          | 59.8      | 56.3     | 2124          | -2.2               |

prevalence (%), age-standardized, 2011

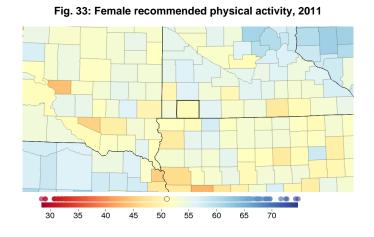
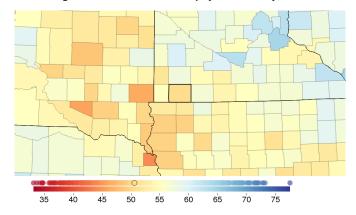


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Nobles County, Minnesota. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

