# COUNTY PROFILE: Northwest Arctic Borough, Alaska

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
+8.0	2435	81.5	80.8	78.5	Female
+16.4	2907	76.7	76.3	71.3	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

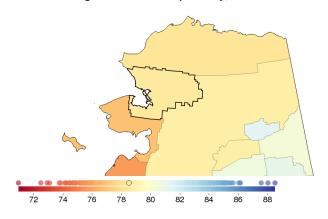
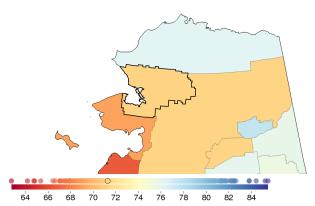


Fig. 2: Male life expectancy, 2014



#### FINDINGS: ALL-CAUSE MORTALITY

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 1980-2014
Female	750.0	667.5	667.8	1774	-30.0
Male	1121.0	907.6	930.1	2217	-41.6

Fig. 3: Female all-cause mortality, 2014

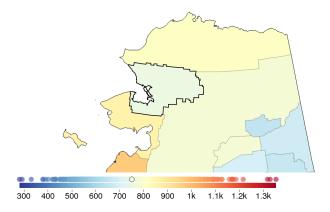
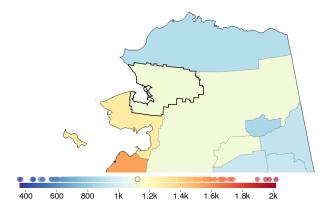


Fig. 4: Male all-cause mortality, 2014



#### FINDINGS: ISCHEMIC HEART DISEASE

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 1980-2014
Female	83.3	84.1	124.9	195	-56.9
Male	168.8	150.3	191.5	683	-61.1

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014

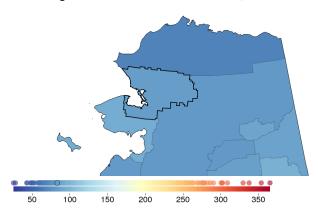
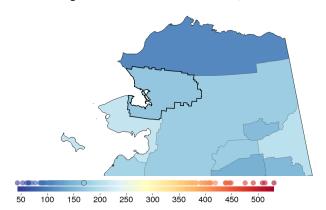


Fig. 6: Male ischemic heart disease, 2014



## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-38.6	1723	47.4	47.4	52.7	Female
-56.2	1608	48.8	48.2	52.4	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

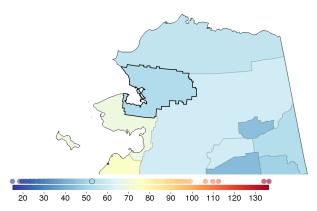
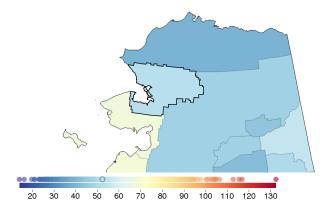


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 1980-2014
Female	55.8	48.5	43.8	2351	+5.9
Male	89.4	64.5	67.6	2083	-33.2

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

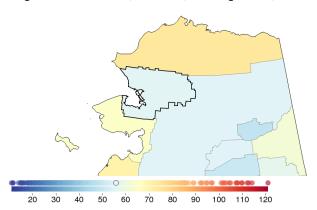
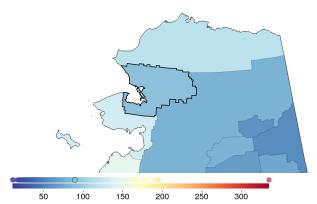


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-12.8	1364	25.9	25.8	25.2	Female
-19.9	5	0.3	0.2	0.1	Male

Fig. 11: Female breast cancer, 2014

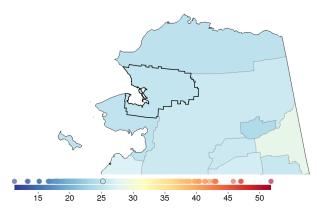
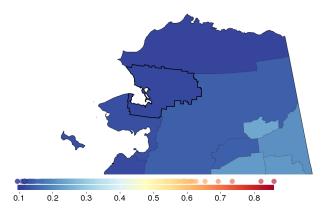


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 1980-2014
Female	1.3	1.9	1.9	56	-19.9
Male	1.6	3.2	4.5	3	+17.0

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

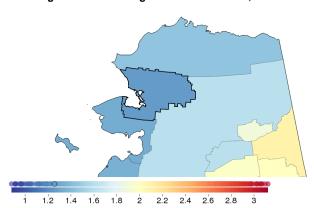
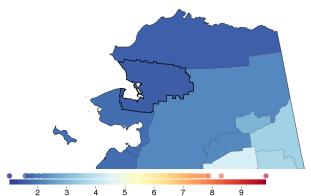


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-23.6	366	49.6	42.8	38.8	Female
+16.2	545	63.8	56.2	53.0	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

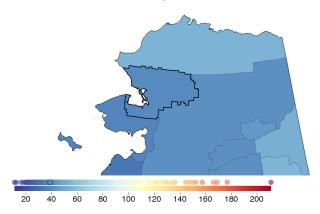
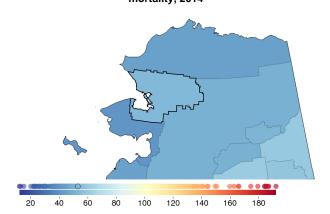


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
+38.8	3134	9.0	15.0	27.2	Female
+49.2	3134	30.9	46.6	111.6	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

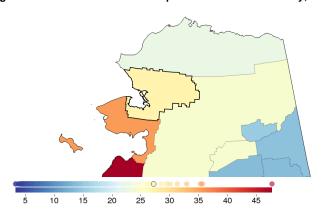
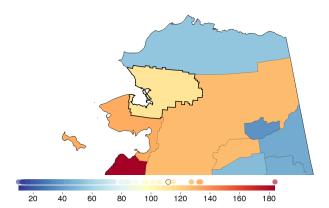


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



# FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-68.0	1375	8.1	8.4	12.6	Female
-67.6	1975	19.8	22.8	35.0	Male

Fig. 19: Female transport injuries mortality, 2014

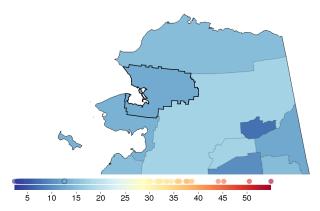
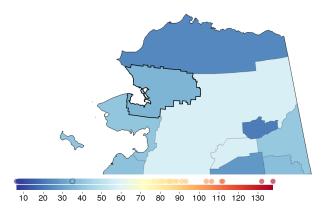


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-10.3	3114	8.2	16.5	28.6	Female
-51.5	2984	18.7	27.0	33.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

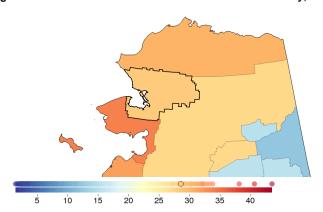
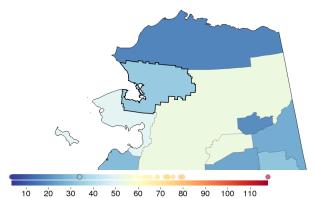


Fig. 22: Male mental and substance use disorders mortality, 2014  $\,$ 



#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Alaska	Northwest Arctic Borough	Sex
-32.3	2247	11.8	18.1	14.6	Female
-44.6	823	22.2	22.3	17.7	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

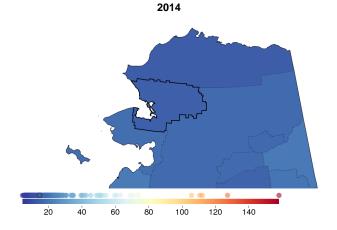
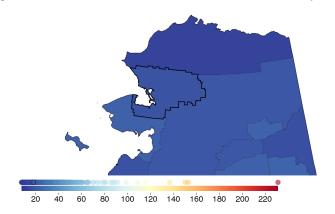


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



## FINDINGS: HEAVY DRINKING

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 2005-2012
Female	4.3	8.1	6.7	1144	+14.2
Male	6.4	10.3	9.9	111	+6.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012

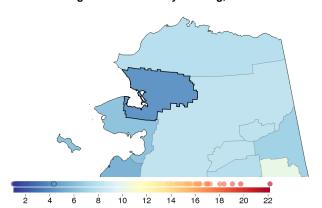
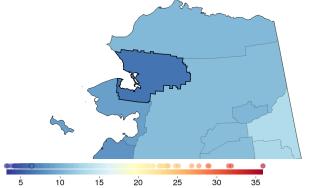


Fig. 26: Male heavy drinking, 2012



#### FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Alaska	Northwest Arctic Borough	Sex
-20.0	2044	12.4	13.9	12.9	Female
-18.2	186	24.5	23.3	16.3	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

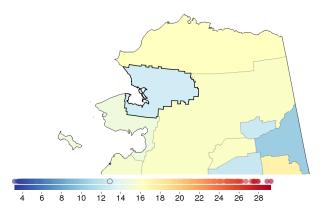
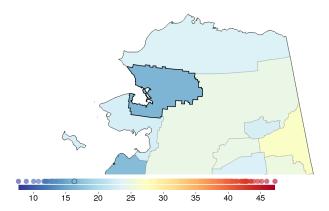


Fig. 28: Male binge drinking, 2012



## FINDINGS: SMOKING

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 1996-2012
Female	40.8	20.3	17.9	3142	+11.3
Male	41.5	23.4	22.2	3142	-2.5

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012

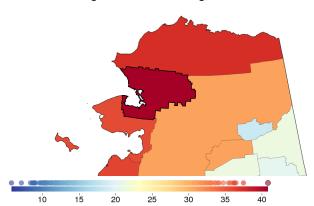
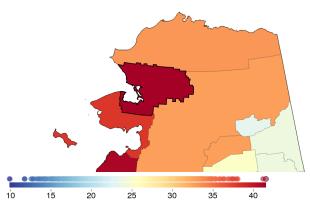


Fig. 30: Male smoking, 2012



#### FINDINGS: OBESITY

% change 2001-2011	National rank	National	Alaska	Northwest Arctic Borough	Sex
+8.9	3054	36.1	37.6	51.2	Female
+24.1	1471	33.8	33.8	37.2	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

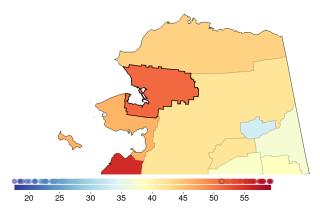
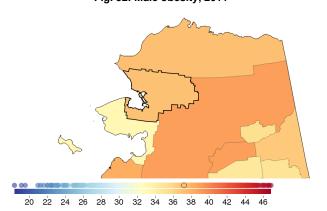


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Northwest Arctic Borough	Alaska	National	National rank	% change 2001-2011
Female	42.7	57.6	52.6	2579	+9.4
Male	49.7	59.8	56.3	2262	-10.4

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

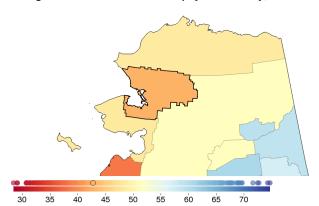
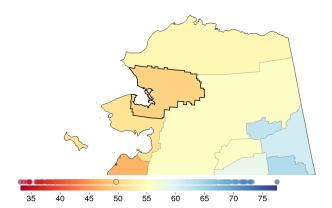


Fig. 34: Male recommended physical activity, 2011



### **CITATION:**

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