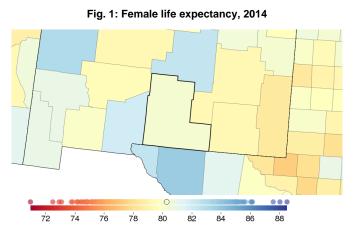
# **US COUNTY PERFORMANCE**

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

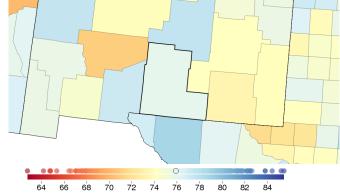
# FINDINGS: LIFE EXPECTANCY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	80.3	81.1	81.5	1597	+3.9
Male	75.9	75.6	76.7	1443	+7.3



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	712.9	663.0	667.8	1406	-16.6
Male	963.0	952.2	930.1	1228	-27.2

Fig. 3: Female all-cause mortality, 2014

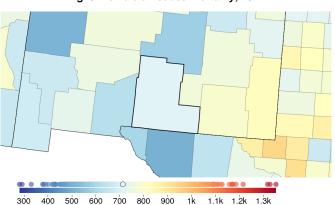
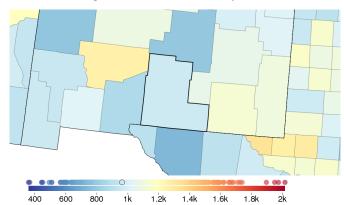


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	146.1	109.2	124.9	1977	-38.8
Male	207.3	172.3	191.5	1595	-49.2

rate per 100,000 population, age-standardized, 2014

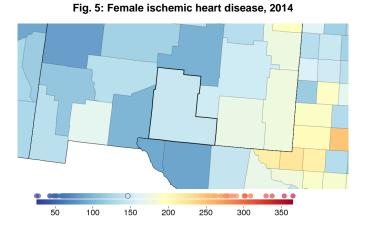
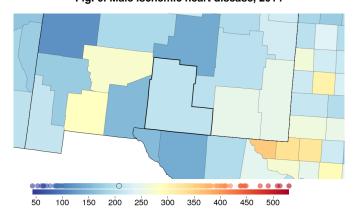
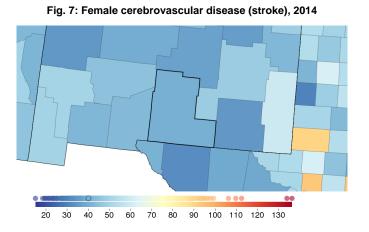


Fig. 6: Male ischemic heart disease, 2014

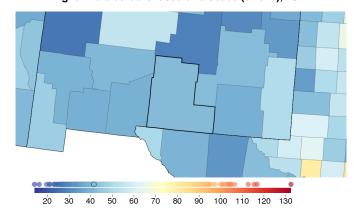


#### FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	40.1	42.1	47.4	383	-58.0
Male	41.5	39.6	48.8	431	-54.6







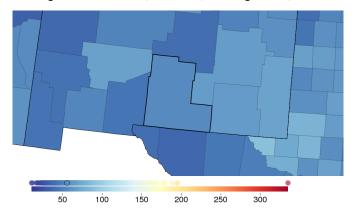
# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	36.1	30.8	43.8	519	+7.3
Male	55.4	45.4	67.6	511	-30.5

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



# FINDINGS: BREAST CANCER

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	26.6	23.3	25.9	1825	-18.2
Male	0.3	0.2	0.3	485	-11.0

rate per 100,000 population, age-standardized, 2014

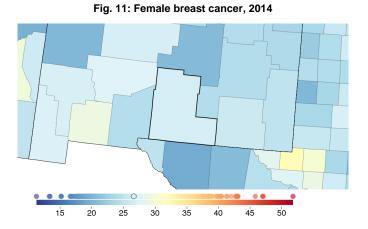
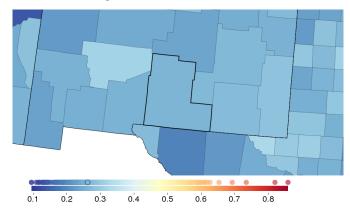


Fig. 12: Male breast cancer, 2014



#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	2.0	1.8	1.9	1064	-3.4
Male	4.1	4.0	4.5	685	+7.9

rate per 100,000 population, age-standardized, 2014

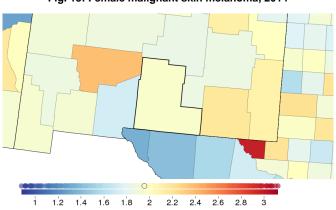
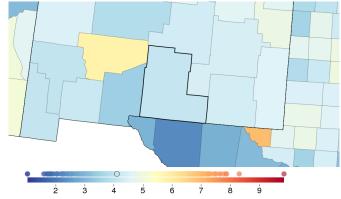


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	66.1	54.3	49.6	2351	+54.1
Male	75.1	70.2	63.8	2071	+57.3

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

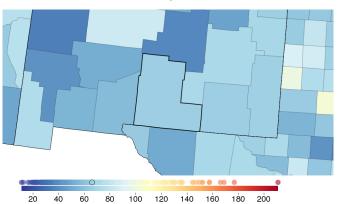
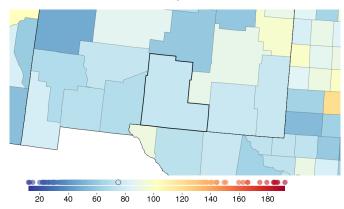
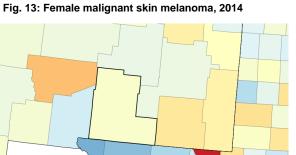


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



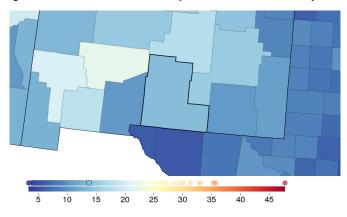


## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	13.7	13.8	9.0	2767	+5.2
Male	43.0	46.5	30.9	2608	-15.6

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	11.4	12.2	8.1	1114	-42.3
Male	22.7	29.1	19.8	805	-55.0

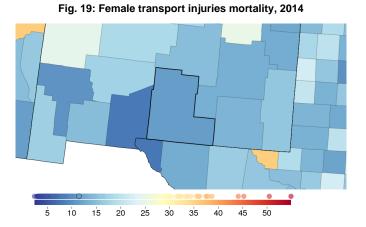


Fig. 20: Male transport injuries mortality, 2014

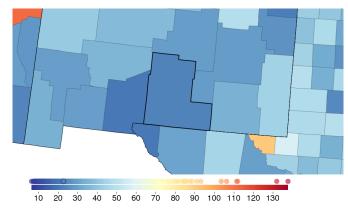
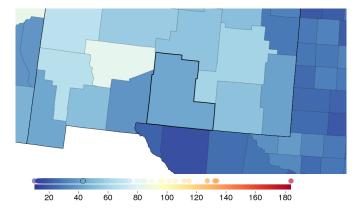


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	14.5	15.6	8.2	2769	+322.8
Male	32.9	38.9	18.7	2968	+87.8

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

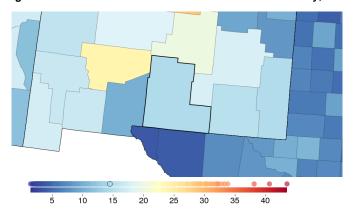
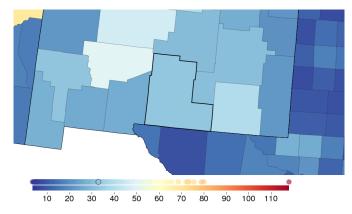


Fig. 22: Male mental and substance use disorders mortality, 2014

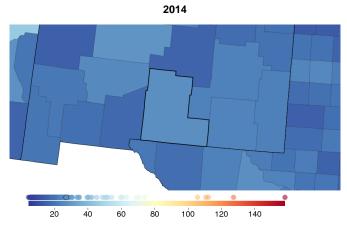


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

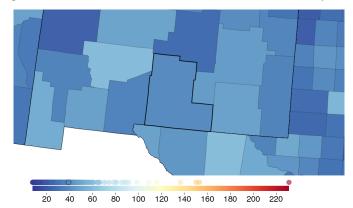
Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1980-2014
Female	27.0	23.0	11.8	3101	+34.9
Male	38.9	41.3	22.2	2978	+6.6

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



# FINDINGS: HEAVY DRINKING

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 2005-2012
Female	6.2	5.8	6.7	1999	+36.9
Male	7.9	8.3	9.9	548	-5.1

prevalence (%), age-standardized, 2012

Fig. 26: Male heavy drinking, 2012

#### FINDINGS: BINGE DRINKING

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 2002-2012
Female	10.8	10.3	12.4	1532	+11.2
Male	21.5	22.4	24.5	1044	-10.6

prevalence (%), age-standardized, 2012

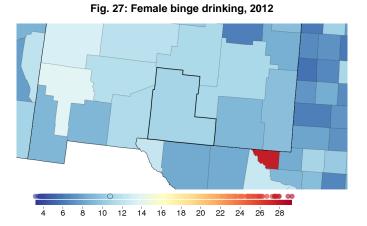
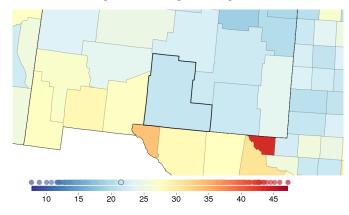


Fig. 28: Male binge drinking, 2012

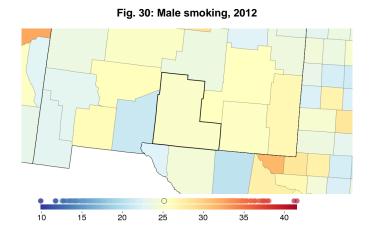


# FINDINGS: SMOKING

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 1996-2012
Female	22.3	18.9	17.9	1708	-10.6
Male	25.2	23.6	22.2	1495	-11.4

Fig. 29: Female smoking, 2012

prevalence (%), age-standardized, 2012



## FINDINGS: OBESITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 2001-2011
Female	39.8	34.9	36.1	1858	+29.2
Male	33.4	31.2	33.8	398	+36.7

prevalence (%), age-standardized, 2011

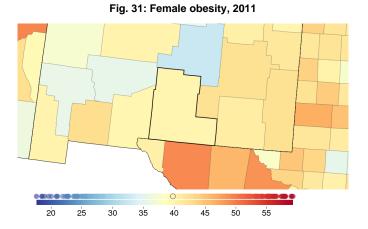
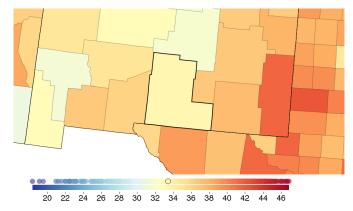


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Otero County</b>	New Mexico	National	National rank	% change 2001-2011
Female	48.8	54.5	52.6	1798	-7.1
Male	58.7	57.8	56.3	537	-7.8

prevalence (%), age-standardized, 2011

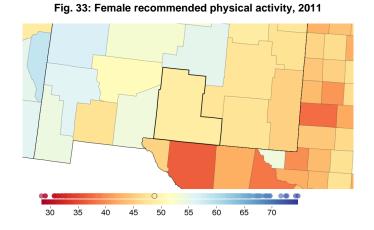
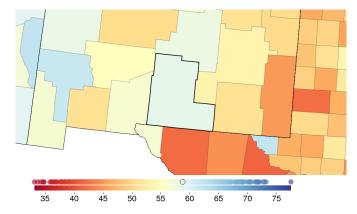


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Otero County, New Mexico. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

