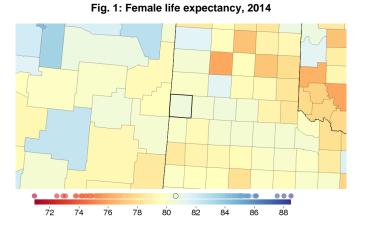
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

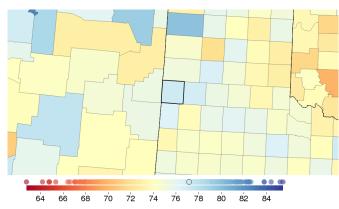
## FINDINGS: LIFE EXPECTANCY

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	80.6	80.8	81.5	1420	+1.8
Male	77.2	76.2	76.7	860	+9.0



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	721.7	694.2	667.8	1498	-3.6
Male	937.6	954.8	930.1	1041	-34.8

Fig. 3: Female all-cause mortality, 2014

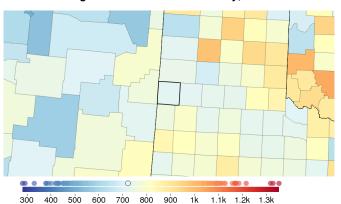
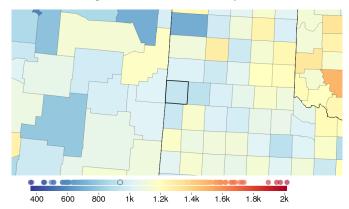


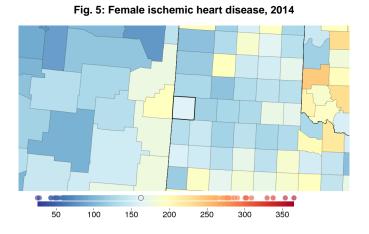
Fig. 4: Male all-cause mortality, 2014

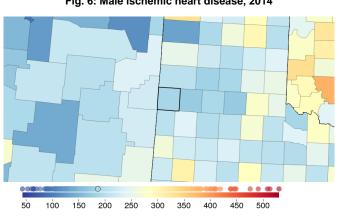


# FINDINGS: ISCHEMIC HEART DISEASE

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	162.2	127.2	124.9	2338	-20.8
Male	186.0	197.7	191.5	1050	-64.1

rate per 100,000 population, age-standardized, 2014

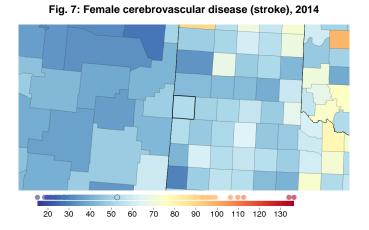




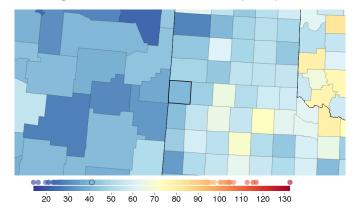
#### Fig. 6: Male ischemic heart disease, 2014

## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	52.8	52.0	47.4	1730	-42.6
Male	41.0	54.0	48.8	389	-66.4







## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	22.7	38.4	43.8	58	+6.3
Male	39.3	62.9	67.6	105	-50.3

rate per 100,000 population, age-standardized, 2014

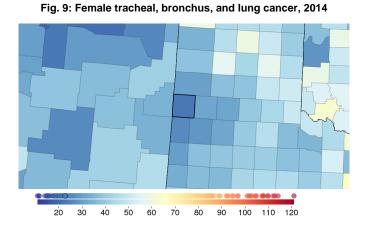
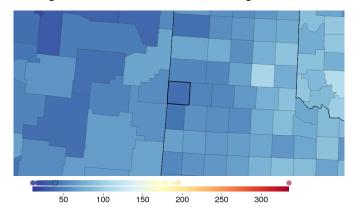


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	23.4	25.6	25.9	725	-16.2
Male	0.2	0.3	0.3	153	-29.5

rate per 100,000 population, age-standardized, 2014

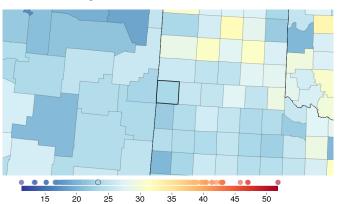
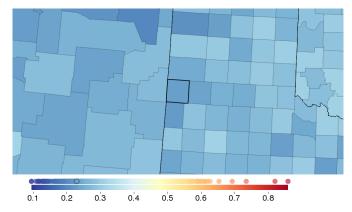


Fig. 11: Female breast cancer, 2014





## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Parmer County</b>	Texas	National	National rank	% change 1980-2014
Female	1.8	1.6	1.9	617	-11.6
Male	3.7	4.0	4.5	421	-4.2

rate per 100,000 population, age-standardized, 2014

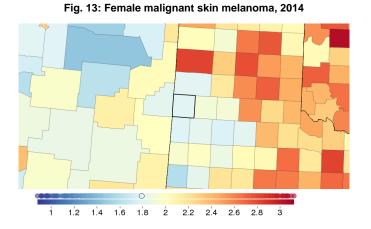
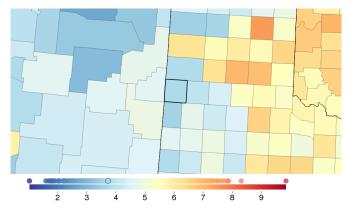


Fig. 14: Male malignant skin melanoma, 2014



## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Parmer County</b>	Texas	National	National rank	% change 1980-2014
Female	62.4	55.9	49.6	2085	+102.3
Male	85.5	66.9	63.8	2588	+60.9

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

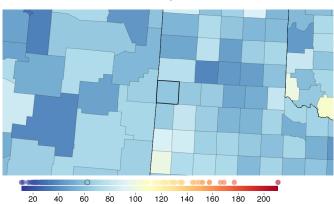
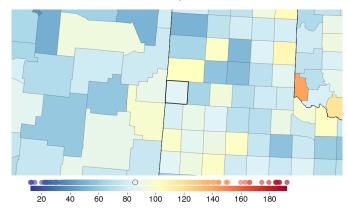


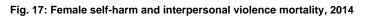
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	6.2	8.4	9.0	273	-31.6
Male	19.7	28.8	30.9	141	-42.0

rate per 100,000 population, age-standardized, 2014



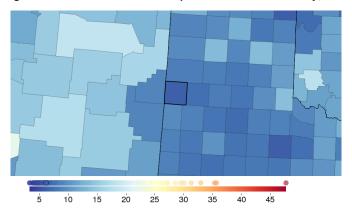
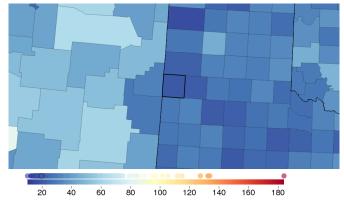
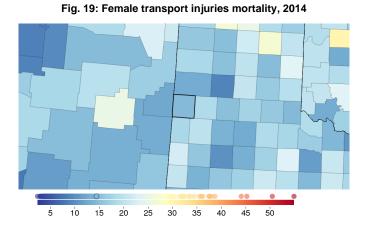


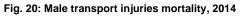
Fig. 18: Male self-harm and interpersonal violence mortality, 2014

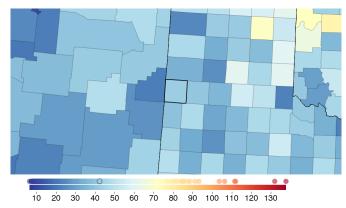


## FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	14.4	9.5	8.1	1780	-14.8
Male	42.2	24.3	19.8	2491	-36.0







## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	5.3	6.4	8.2	670	+238.6
Male	11.7	13.9	18.7	883	+129.0

rate per 100,000 population, age-standardized, 2014

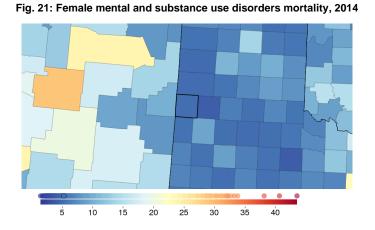
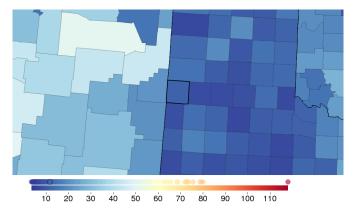


Fig. 22: Male mental and substance use disorders mortality, 2014

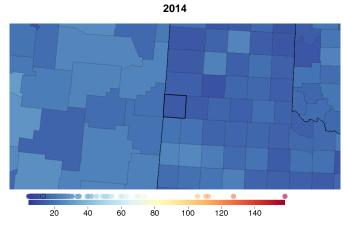


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

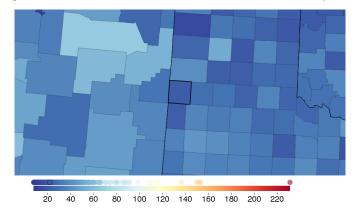
Sex	Parmer County	Texas	National	National rank	% change 1980-2014
Female	13.2	14.5	11.8	1871	+68.4
Male	21.4	27.7	22.2	1413	+23.2

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

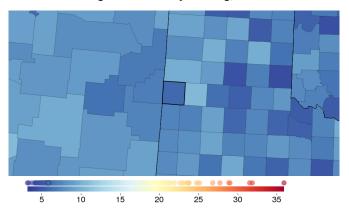


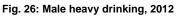
## FINDINGS: HEAVY DRINKING

Sex	Parmer County	Texas	National	National rank	% change 2005-2012
Female	1.8	5.3	6.7	108	+26.7
Male	5.8	9.5	9.9	71	-5.0

Fig. 25: Female heavy drinking, 2012 8 10 12 14 16 18 20 22 þ 4 6

prevalence (%), age-standardized, 2012

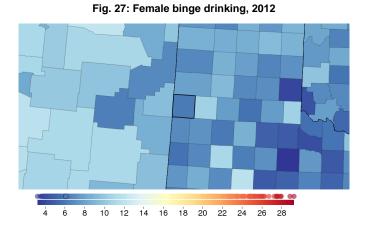


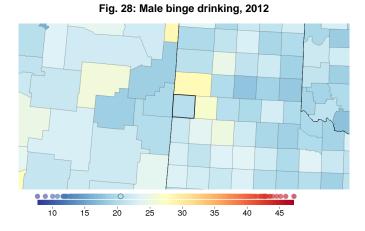


#### FINDINGS: BINGE DRINKING

Sex	Parmer County	Texas	National	National rank	% change 2002-2012
Female	6.1	10.8	12.4	362	+6.7
Male	20.5	24.5	24.5	846	-5.1

prevalence (%), age-standardized, 2012

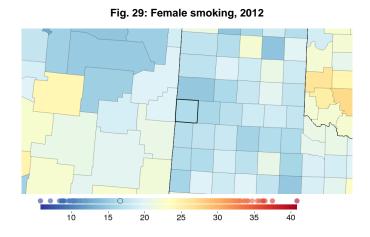


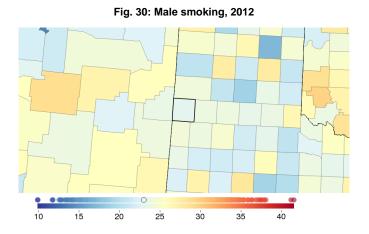


## FINDINGS: SMOKING

Sex	Parmer County	Texas	National	National rank	% change 1996-2012
Female	16.7	15.1	17.9	351	-17.2
Male	23.0	22.1	22.2	841	-19.2

prevalence (%), age-standardized, 2012





## FINDINGS: OBESITY

Sex	Parmer County	Texas	National	National rank	% change 2001-2011
Female	43.8	38.9	36.1	2628	+26.7
Male	39.1	36.0	33.8	2268	+30.8

prevalence (%), age-standardized, 2011

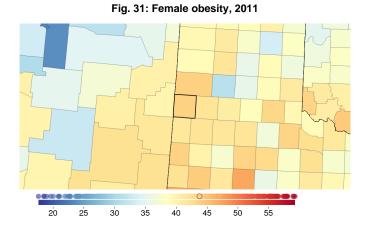
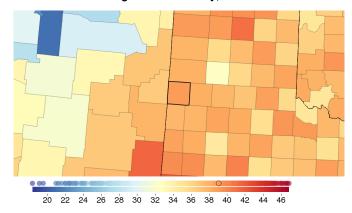


Fig. 32: Male obesity, 2011



## FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Parmer County	Texas	National	National rank	% change 2001-2011
Female	42.8	49.5	52.6	2573	+22.8
Male	46.2	54.1	56.3	2737	+2.0

prevalence (%), age-standardized, 2011

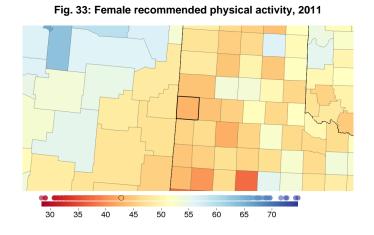
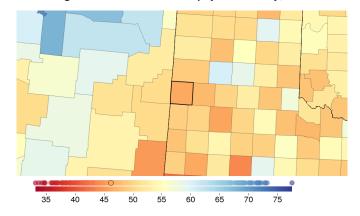


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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