# COUNTY PROFILE: Placer County, California

#### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
+6.6	158	81.5	83.0	83.5	Female
+10.7	148	76.7	78.6	79.4	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

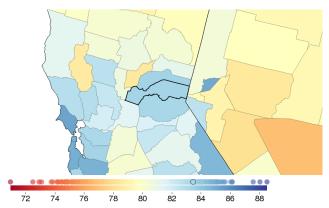


Fig. 2: Male life expectancy, 2014

FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
-35.5	161	667.8	562.8	551.0	Female
-44.3	163	930.1	783.2	763.8	Male

Fig. 3: Female all-cause mortality, 2014

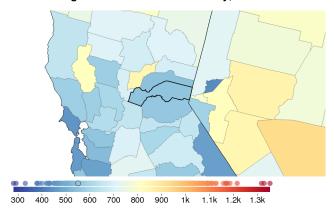
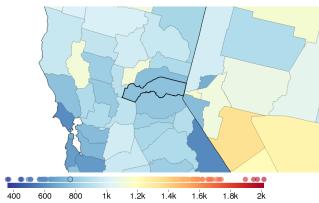


Fig. 4: Male all-cause mortality, 2014

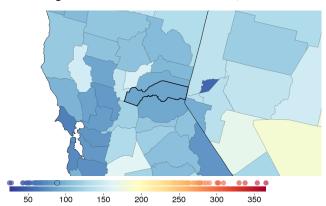


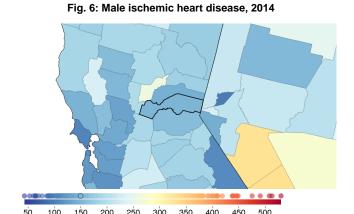
# FINDINGS: ISCHEMIC HEART DISEASE

% change 1980-2014	National rank	National	California	Placer County	Sex
-58.7	305	124.9	110.2	88.5	Female
-64.5	329	191.5	167.9	149.4	Male

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	California	Placer County	Sex
-46.8	1005	47.4	43.0	46.7	Female
-52.7	922	48.8	45.0	46.4	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

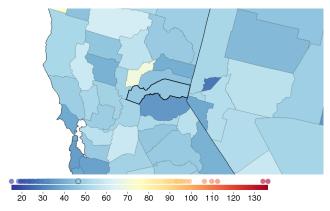
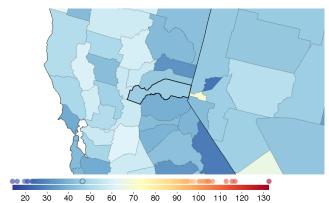


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	California	Placer County	Sex
-27.2	405	43.8	32.5	34.4	Female
-59.1	198	67.6	45.5	45.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

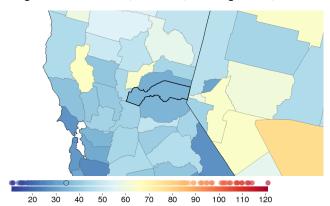


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	California	Placer County	Sex
-33.5	905	25.9	24.3	24.0	Female
-22.7	432	0.3	0.2	0.3	Male

Fig. 11: Female breast cancer, 2014

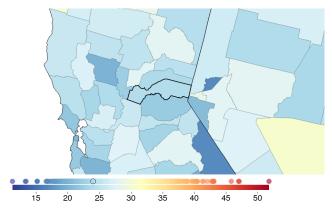
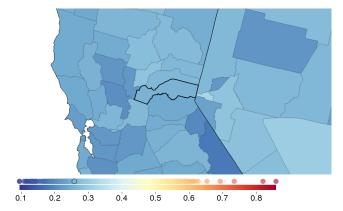


Fig. 12: Male breast cancer, 2014

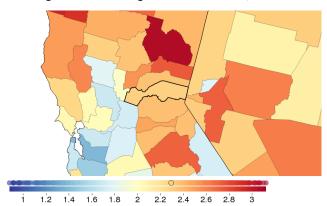


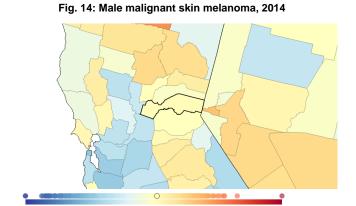
#### FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	California	Placer County	Sex
-1.6	2128	1.9	1.7	2.3	Female
+23.1	2331	4.5	4.1	5.5	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
-3.2	175	49.6	41.2	34.5	Female
+13.5	136	63.8	54.1	43.0	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

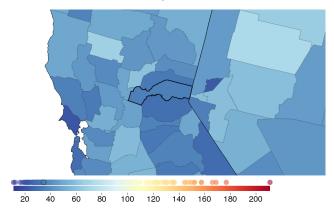
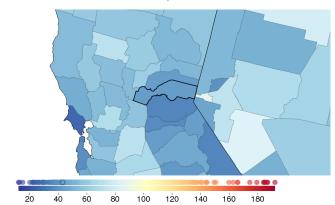


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
-46.7	537	9.0	6.8	7.0	Female
-30.5	720	30.9	25.9	26.0	Male

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

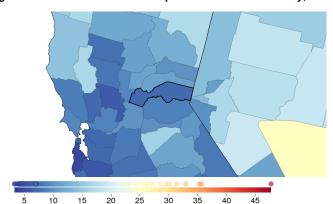


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
-66.6	120	8.1	5.9	5.4	Female
-67.5	230	19.8	15.6	14.9	Male

Fig. 19: Female transport injuries mortality, 2014

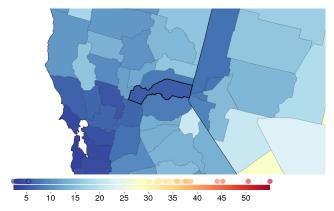
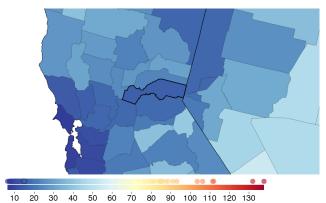


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
+146.0	1034	8.2	6.6	6.3	Female
+90.1	1067	18.7	16.2	12.7	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

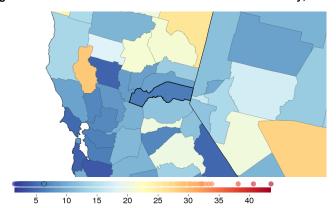
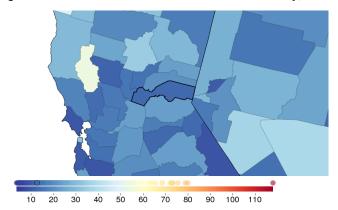


Fig. 22: Male mental and substance use disorders mortality, 2014



## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	California	<b>Placer County</b>	Sex
-23.4	266	11.8	11.3	8.4	Female
-10.6	1292	22.2	22.9	20.7	Male

 $\label{fig:continuous} \textbf{Fig. 23: Female cirrhosis and other chronic liver diseases mortality}, \\$ 

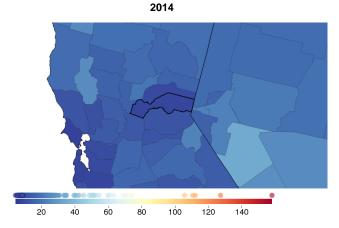
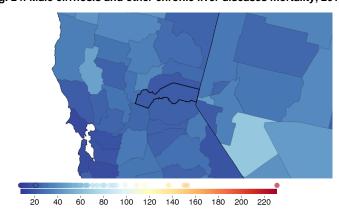


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

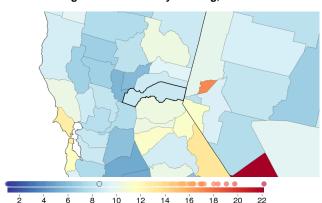


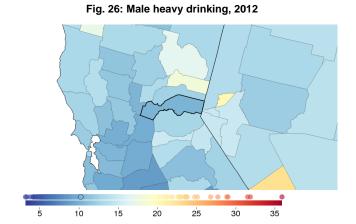
# FINDINGS: HEAVY DRINKING

Sex	<b>Placer County</b>	California	National	National rank	% change 2005-2012
Female	8.6	7.5	6.7	2726	-4.1
Male	10.2	9.4	9.9	1536	-4.5

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	California	<b>Placer County</b>	Sex
-0.8	1983	12.4	11.9	12.6	Female
+8.4	1228	24.5	23.6	22.4	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

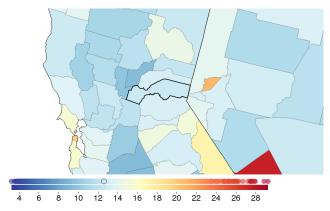
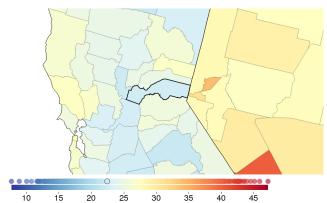


Fig. 28: Male binge drinking, 2012

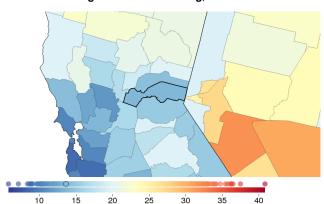


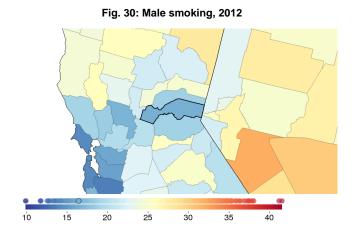
# FINDINGS: SMOKING

% change 1996-2012	National rank	National	California	<b>Placer County</b>	Sex
-28.5	115	17.9	11.8	13.6	Female
-26.5	61	22.2	17.5	16.4	Male

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





## FINDINGS: OBESITY

% change 2001-2011	National rank	National	California	Placer County	Sex
+19.9	45	36.1	32.9	26.0	Female
+28.8	83	33.8	29.4	28.0	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

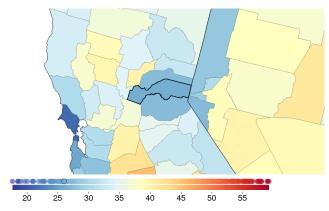
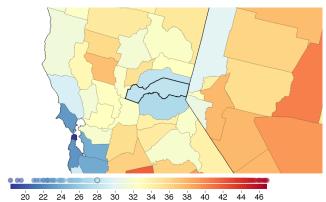


Fig. 32: Male obesity, 2011



#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

% change 2001-2011	National rank	National	California	<b>Placer County</b>	Sex
+6.8	42	52.6	59.2	65.0	Female
-1.7	23	56.3	61.3	68.9	Male

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

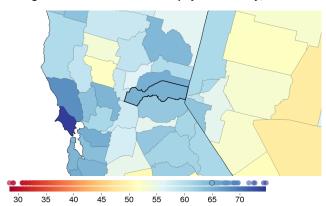
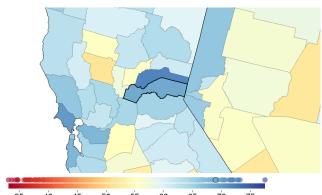


Fig. 34: Male recommended physical activity, 2011



## **CITATION:**

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