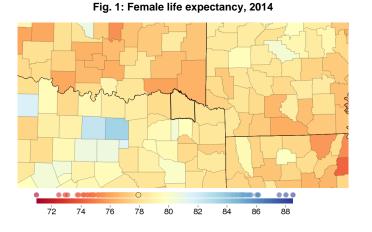
## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

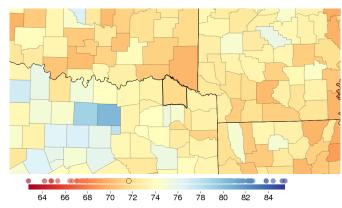
### FINDINGS: LIFE EXPECTANCY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	77.9	80.8	81.5	2675	+1.2
Male	71.6	76.2	76.7	2834	+6.0



life expectancy at birth (years), 2014

Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	867.7	694.2	667.8	2644	+2.2
Male	1245.8	954.8	930.1	2680	-19.5

Fig. 3: Female all-cause mortality, 2014

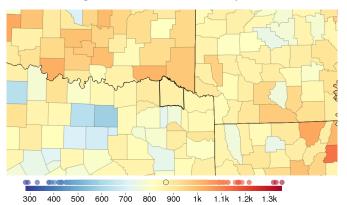
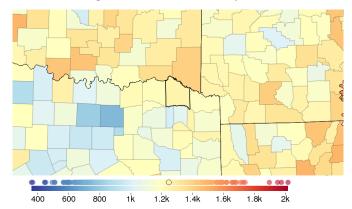


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	244.5	127.2	124.9	3093	-2.1
Male	319.8	197.7	191.5	3005	-36.7

rate per 100,000 population, age-standardized, 2014

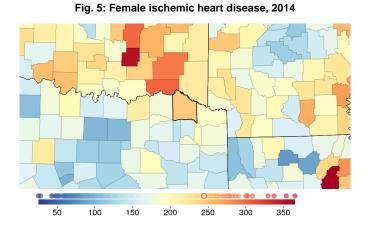
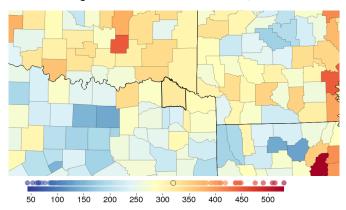
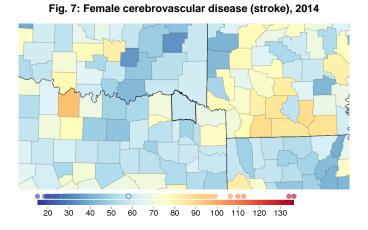


Fig. 6: Male ischemic heart disease, 2014

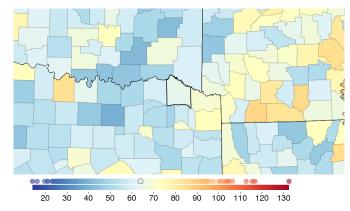


### FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	58.1	52.0	47.4	2263	-55.6
Male	63.9	54.0	48.8	2620	-51.5







## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	57.5	38.4	43.8	2491	+64.9
Male	104.1	62.9	67.6	2564	-24.4

rate per 100,000 population, age-standardized, 2014

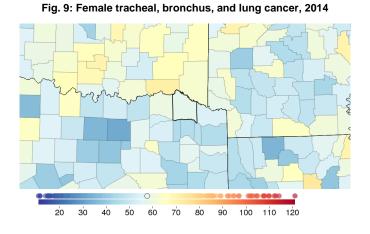
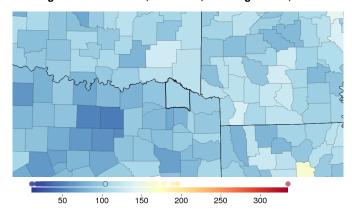


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	28.7	25.6	25.9	2411	-8.6
Male	0.3	0.3	0.3	2214	-10.8

rate per 100,000 population, age-standardized, 2014

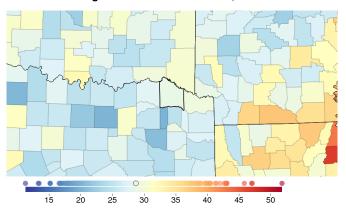
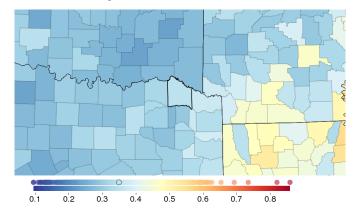


Fig. 11: Female breast cancer, 2014

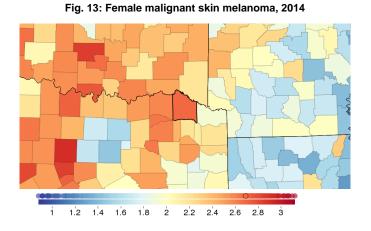
Fig. 12: Male breast cancer, 2014

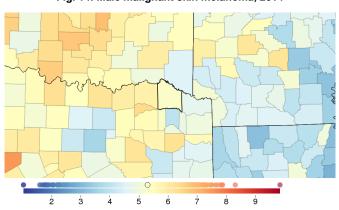


## FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	2.7	1.6	1.9	2974	+0.0
Male	5.3	4.0	4.5	2044	+48.5

rate per 100,000 population, age-standardized, 2014





## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	71.8	55.9	49.6	2604	+51.6
Male	69.8	66.9	63.8	1737	+18.6

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

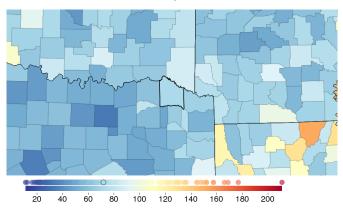
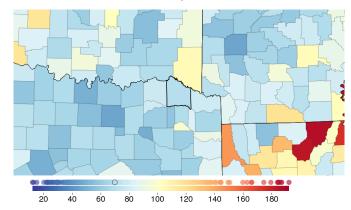


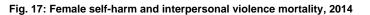
Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

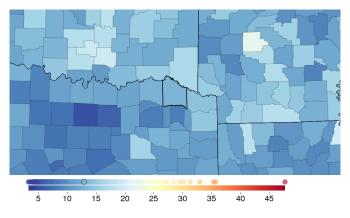


### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	12.9	8.4	9.0	2615	-3.6
Male	45.9	28.8	30.9	2757	-13.0

rate per 100,000 population, age-standardized, 2014





FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	25.8	9.5	8.1	3053	+18.4
Male	58.4	24.3	19.8	3020	-15.4

20

40

60

80

100

120

140

160

180

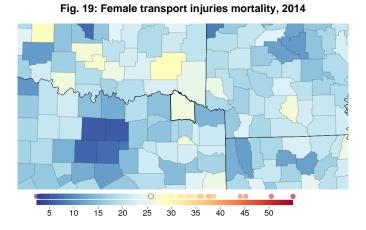
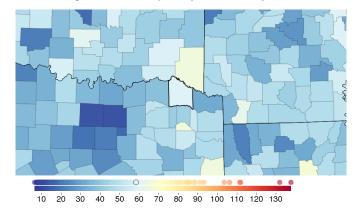


Fig. 20: Male transport injuries mortality, 2014



#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	7.5	6.4	8.2	1474	+423.7
Male	15.3	13.9	18.7	1537	+208.5

rate per 100,000 population, age-standardized, 2014

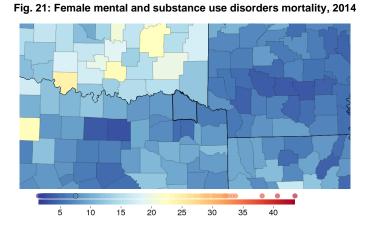
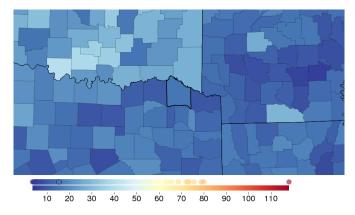


Fig. 22: Male mental and substance use disorders mortality, 2014

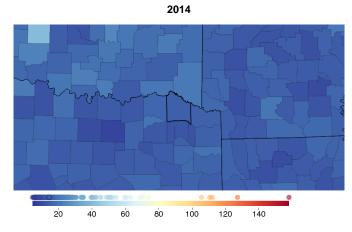


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

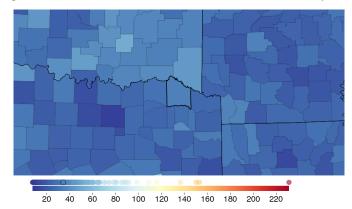
Sex	<b>Red River County</b>	Texas	National	National rank	% change 1980-2014
Female	14.5	14.5	11.8	2216	+29.1
Male	34.3	27.7	22.2	2842	+25.3

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014



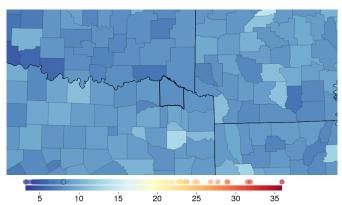
### FINDINGS: HEAVY DRINKING

Sex	<b>Red River County</b>	Texas	National	National rank	% change 2005-2012
Female	3.4	5.3	6.7	692	+20.6
Male	8.0	9.5	9.9	572	+1.2

8 10 12 14 16 18 20 22 þ 4 ត់

Fig. 25: Female heavy drinking, 2012

prevalence (%), age-standardized, 2012



#### Fig. 26: Male heavy drinking, 2012

#### FINDINGS: BINGE DRINKING

Sex	<b>Red River County</b>	Texas	National	National rank	% change 2002-2012
Female	8.0	10.8	12.4	846	+6.5
Male	20.7	24.5	24.5	901	-2.1

prevalence (%), age-standardized, 2012

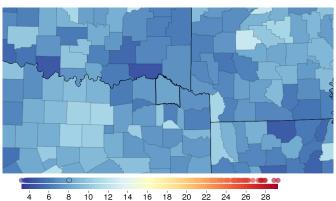


Fig. 28: Male binge drinking, 2012

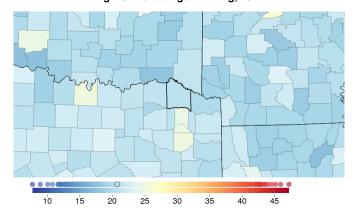


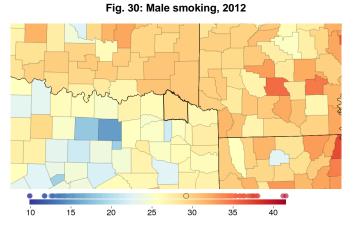
Fig. 27: Female binge drinking, 2012

## FINDINGS: SMOKING

Sex	<b>Red River County</b>	Texas	National	National rank	% change 1996-2012
Female	23.4	15.1	17.9	2071	-8.9
Male	29.2	22.1	22.2	2479	-7.2

prevalence (%), age-standardized, 2012

10 15 20 25 30 35 40



## FINDINGS: OBESITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 2001-2011
Female	44.0	38.9	36.1	2656	+17.5
Male	41.3	36.0	33.8	2863	+28.8

prevalence (%), age-standardized, 2011

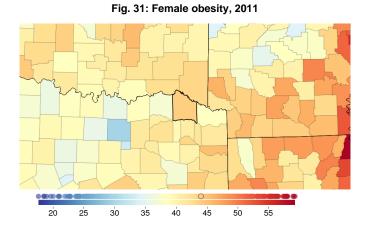
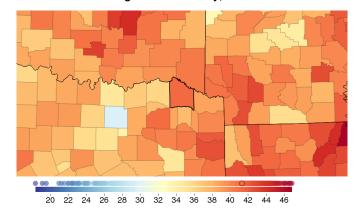
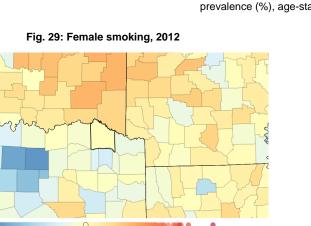


Fig. 32: Male obesity, 2011





#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Red River County</b>	Texas	National	National rank	% change 2001-2011
Female	39.7	49.5	52.6	2815	+13.2
Male	40.9	54.1	56.3	3070	-9.5

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

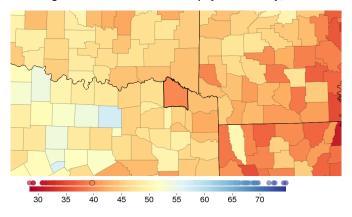
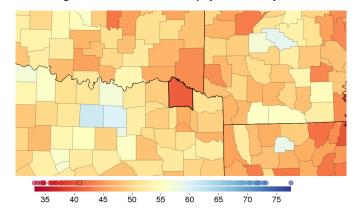


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

Institute for Health Metrics and Evaluation (IHME), US County Profile: Red River County, Texas. Seattle, WA: IHME, 2016.

Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

