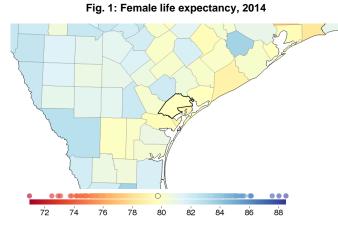
US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

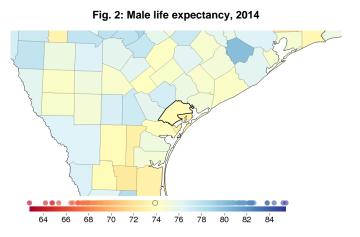
Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

FINDINGS: LIFE EXPECTANCY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 79.7 | 80.8 | 81.5 | 1891 | +3.1 |
| Male | 73.9 | 76.2 | 76.7 | 2263 | +6.0 |



life expectancy at birth (years), 2014



FINDINGS: ALL-CAUSE MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 770.7 | 694.2 | 667.8 | 1959 | -11.4 |
| Male | 1136.0 | 954.8 | 930.1 | 2283 | -21.2 |

Fig. 3: Female all-cause mortality, 2014

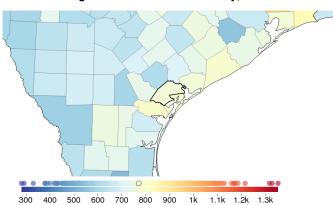
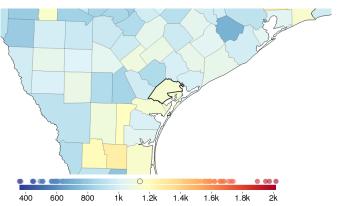


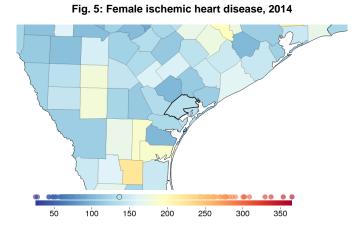
Fig. 4: Male all-cause mortality, 2014

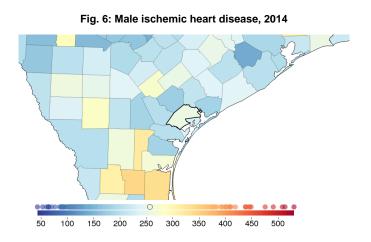


FINDINGS: ISCHEMIC HEART DISEASE

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 136.4 | 127.2 | 124.9 | 1665 | -47.1 |
| Male | 256.4 | 197.7 | 191.5 | 2498 | -44.2 |

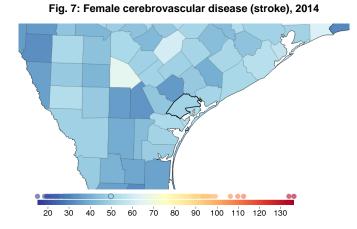
rate per 100,000 population, age-standardized, 2014



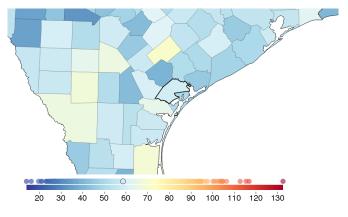


FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 49.7 | 52.0 | 47.4 | 1392 | -50.8 |
| Male | 58.6 | 54.0 | 48.8 | 2261 | -48.2 |







FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 55.3 | 38.4 | 43.8 | 2310 | +39.2 |
| Male | 79.1 | 62.9 | 67.6 | 1668 | -34.0 |

rate per 100,000 population, age-standardized, 2014

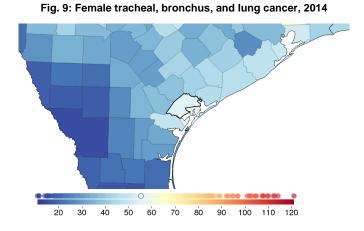
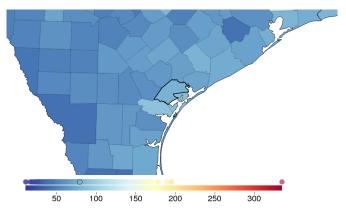


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



FINDINGS: BREAST CANCER

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 26.6 | 25.6 | 25.9 | 1828 | -4.9 |
| Male | 0.3 | 0.3 | 0.3 | 1084 | -8.3 |

rate per 100,000 population, age-standardized, 2014

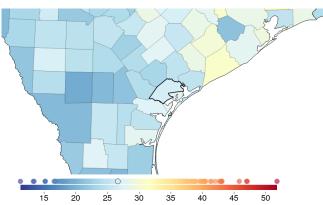


Fig. 11: Female breast cancer, 2014

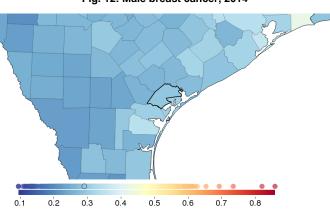


Fig. 12: Male breast cancer, 2014

FINDINGS: MALIGNANT SKIN MELANOMA

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 1.5 | 1.6 | 1.9 | 171 | -24.9 |
| Male | 3.6 | 4.0 | 4.5 | 324 | +11.5 |

rate per 100,000 population, age-standardized, 2014

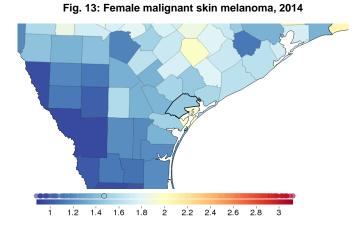
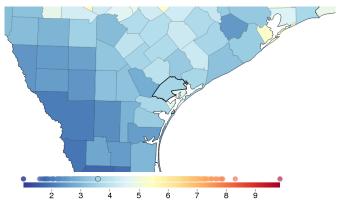


Fig. 14: Male malignant skin melanoma, 2014



FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 76.7 | 55.9 | 49.6 | 2781 | +17.0 |
| Male | 95.9 | 66.9 | 63.8 | 2865 | +60.5 |

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

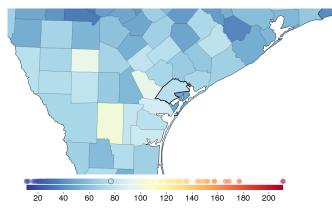
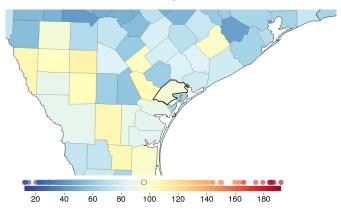


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 7.4 | 8.4 | 9.0 | 694 | -15.1 |
| Male | 25.6 | 28.8 | 30.9 | 669 | -24.5 |

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

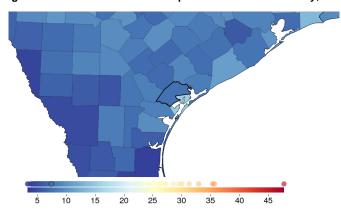
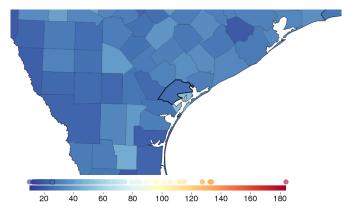
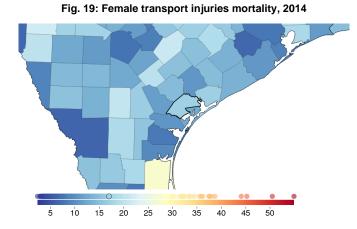


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

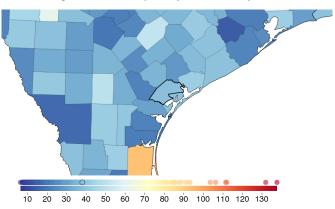


FINDINGS: TRANSPORT INJURIES MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 17.0 | 9.5 | 8.1 | 2281 | -26.1 |
| Male | 38.1 | 24.3 | 19.8 | 2220 | -42.3 |







FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 8.7 | 6.4 | 8.2 | 1802 | +479.9 |
| Male | 13.4 | 13.9 | 18.7 | 1207 | +201.1 |

rate per 100,000 population, age-standardized, 2014



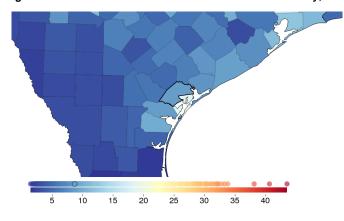
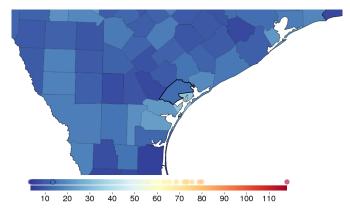


Fig. 22: Male mental and substance use disorders mortality, 2014



FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

| Sex | Refugio County | Texas | National | National rank | % change 1980-2014 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 19.0 | 14.5 | 11.8 | 2901 | +86.2 |
| Male | 43.8 | 27.7 | 22.2 | 3052 | +83.8 |

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,

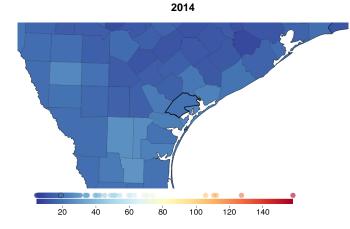
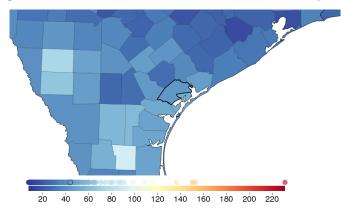


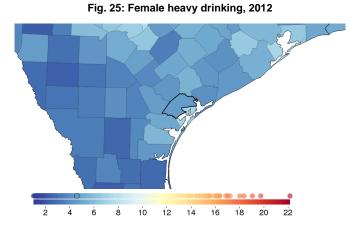
Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

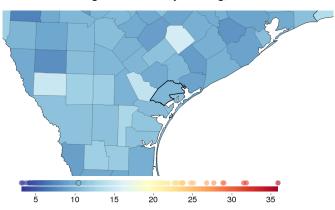


FINDINGS: HEAVY DRINKING

| Sex | Refugio County | Texas | National | National rank | % change 2005-2012 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 4.6 | 5.3 | 6.7 | 1289 | +43.9 |
| Male | 10.4 | 9.5 | 9.9 | 1621 | +1.4 |

prevalence (%), age-standardized, 2012





FINDINGS: BINGE DRINKING

| Sex | Refugio County | Texas | National | National rank | % change 2002-2012 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 12.6 | 10.8 | 12.4 | 1976 | +20.1 |
| Male | 28.2 | 24.5 | 24.5 | 2272 | -7.4 |

prevalence (%), age-standardized, 2012

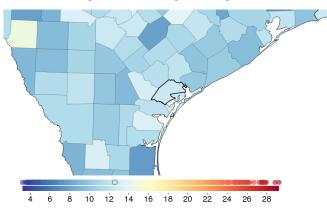


Fig. 27: Female binge drinking, 2012

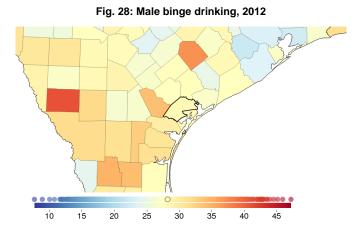


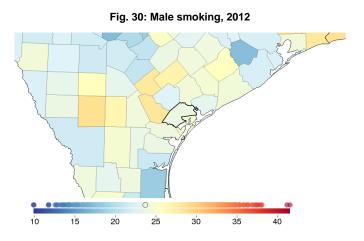
Fig. 26: Male heavy drinking, 2012

FINDINGS: SMOKING

| Sex | Refugio County | Texas | National | National rank | % change 1996-2012 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 18.0 | 15.1 | 17.9 | 552 | -14.5 |
| Male | 23.7 | 22.1 | 22.2 | 1037 | -15.9 |

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



FINDINGS: OBESITY

| Sex | Refugio County | Texas | National | National rank | % change 2001-2011 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 41.7 | 38.9 | 36.1 | 2305 | +21.1 |
| Male | 38.6 | 36.0 | 33.8 | 2111 | +29.3 |

prevalence (%), age-standardized, 2011

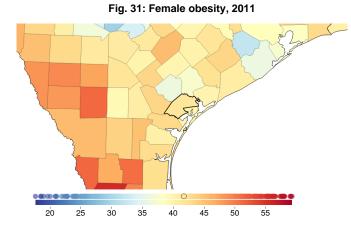
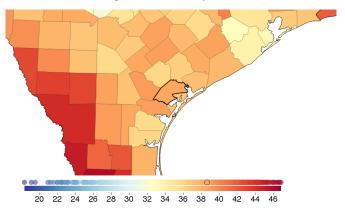


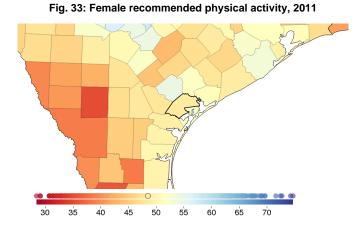
Fig. 32: Male obesity, 2011



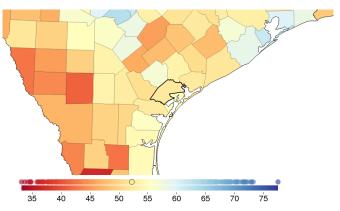
FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

| Sex | Refugio County | Texas | National | National rank | % change 2001-2011 |
|--------|-----------------------|-------|----------|---------------|--------------------|
| Female | 48.5 | 49.5 | 52.6 | 1844 | +14.0 |
| Male | 52.2 | 54.1 | 56.3 | 1831 | +3.4 |

prevalence (%), age-standardized, 2011







CITATION:

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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

