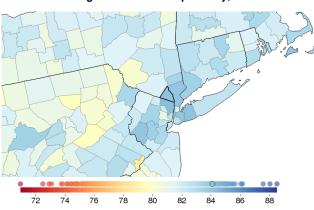
# US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

# FINDINGS: LIFE EXPECTANCY

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1980-2014
Female	84.1	82.5	81.5	58	+8.4
Male	80.8	78.1	76.7	36	+13.0



life expectancy at birth (years), 2014

64 66 68 70 72 74 76 78 80 82 84

Fig. 2: Male life expectancy, 2014

#### Fig. 1: Female life expectancy, 2014

# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1980-2014
Female	515.9	588.6	667.8	84	-44.5
Male	679.3	819.4	930.1	44	-53.4

rate per 100,000 population, age-standardized, 2014

Fig. 3: Female all-cause mortality, 2014

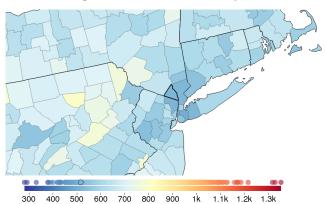
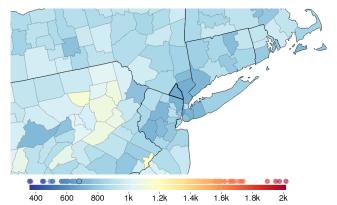


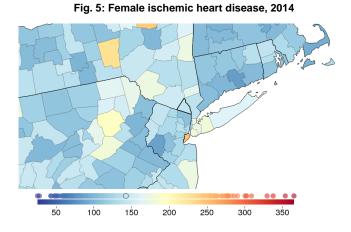
Fig. 4: Male all-cause mortality, 2014



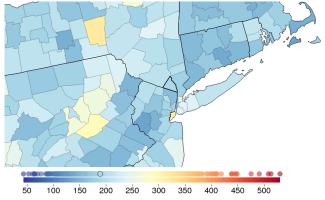
# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	142.3	154.9	124.9	1862	-53.6
Male	188.6	214.9	191.5	1117	-65.5

rate per 100,000 population, age-standardized, 2014



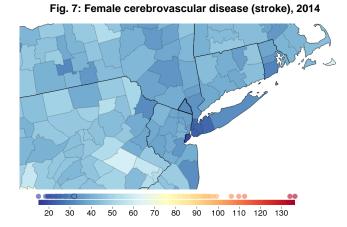


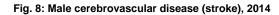


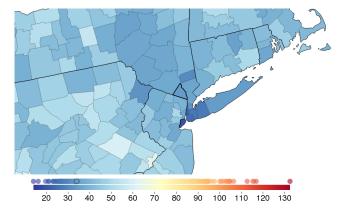
## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	32.0	32.3	47.4	60	-63.4
Male	34.0	34.8	48.8	89	-61.6

rate per 100,000 population, age-standardized, 2014







# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1980-2014
Female	30.2	38.9	43.8	214	-28.0
Male	38.4	57.0	67.6	93	-62.9

rate per 100,000 population, age-standardized, 2014

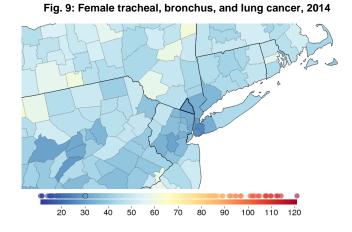
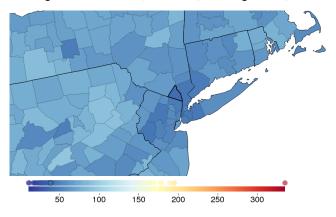


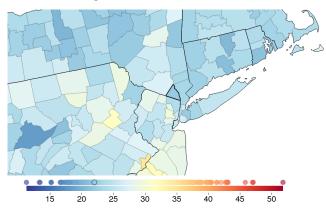
Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



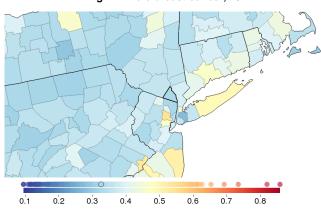
## FINDINGS: BREAST CANCER

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1980-2014
Female	22.0	24.5	25.9	365	-53.7
Male	0.3	0.4	0.3	1849	-32.0

rate per 100,000 population, age-standardized, 2014



#### Fig. 11: Female breast cancer, 2014

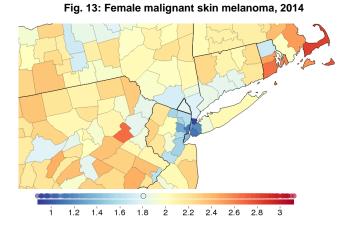


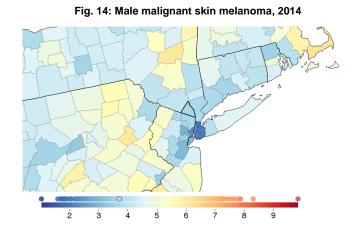
#### Fig. 12: Male breast cancer, 2014

#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	1.8	1.6	1.9	646	-26.4
Male	3.7	3.5	4.5	396	-24.0

rate per 100,000 population, age-standardized, 2014





# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	34.3	40.1	49.6	167	-16.0
Male	47.0	52.8	63.8	247	-14.9

rate per 100,000 population, age-standardized, 2014

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

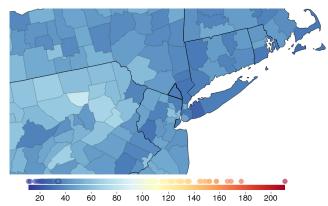
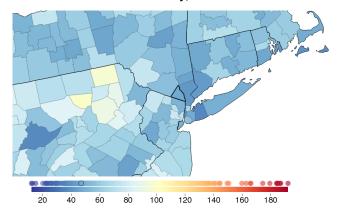


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

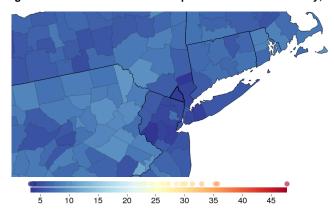


## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	3.7	5.6	9.0	3	-41.9
Male	13.3	20.9	30.9	5	-32.8

rate per 100,000 population, age-standardized, 2014

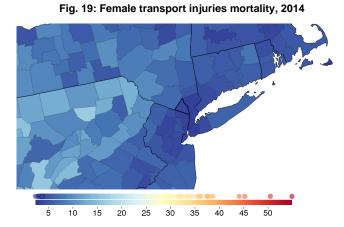
Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	3.7	4.6	8.1	22	-67.4
Male	11.6	11.6	19.8	79	-63.8

rate per 100,000 population, age-standardized, 2014



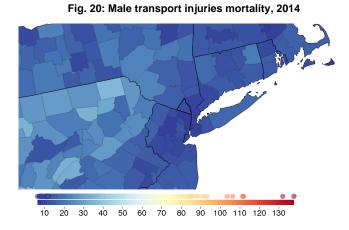
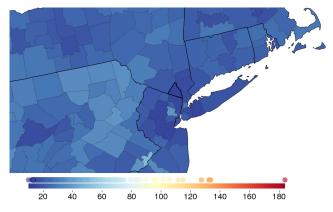


Fig. 18: Male self-harm and interpersonal violence mortality, 2014



## FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1980-2014
Female	3.1	5.3	8.2	97	+178.0
Male	8.9	17.6	18.7	401	+171.6

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

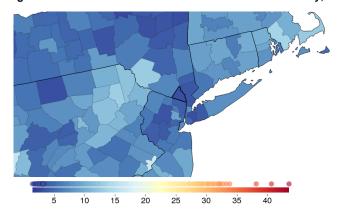
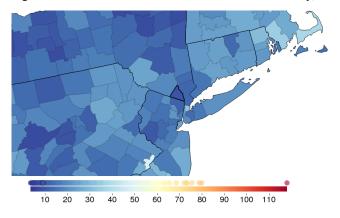


Fig. 22: Male mental and substance use disorders mortality, 2014

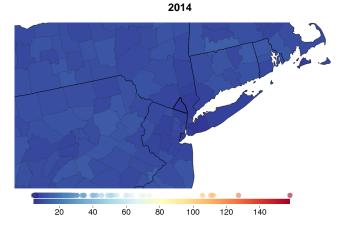


## FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

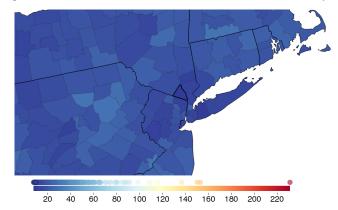
Sex	<b>Rockland County</b>	New York	National	National rank	% change 1980-2014
Female	5.4	7.7	11.8	3	-60.2
Male	9.3	15.5	22.2	15	-61.8

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality,



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

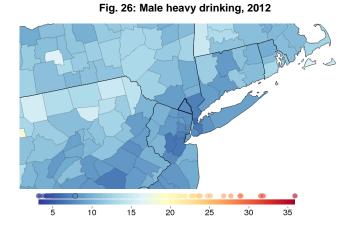


## FINDINGS: HEAVY DRINKING

Sex	<b>Rockland County</b>	New York	National	National rank	% change 2005-2012
Female	5.6	6.1	6.7	1777	+20.1
Male	7.9	9.0	9.9	504	+19.7

prevalence (%), age-standardized, 2012

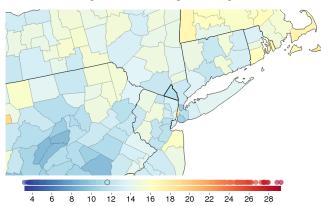
Fig. 25: Female heavy drinking, 2012



## FINDINGS: BINGE DRINKING

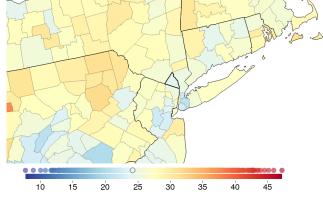
Sex	<b>Rockland</b> County	New York	National	National rank	% change 2002-2012
Female	11.6	13.3	12.4	1765	+20.5
Male	24.2	25.3	24.5	1561	+3.7

prevalence (%), age-standardized, 2012



#### Fig. 27: Female binge drinking, 2012

# Fig. 28: Male binge drinking, 2012

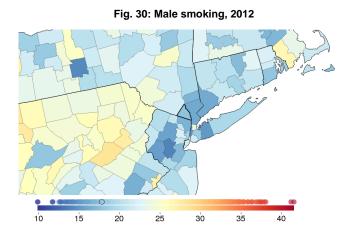


# FINDINGS: SMOKING

Sex	<b>Rockland</b> County	New York	National	National rank	% change 1996-2012
Female	13.2	16.2	17.9	88	-33.7
Male	17.8	19.7	22.2	107	-20.3

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



# FINDINGS: OBESITY

Sex	<b>Rockland County</b>	New York	National	National rank	% change 2001-2011
Female	29.7	33.8	36.1	131	+29.5
Male	34.4	31.2	33.8	529	+50.1

prevalence (%), age-standardized, 2011

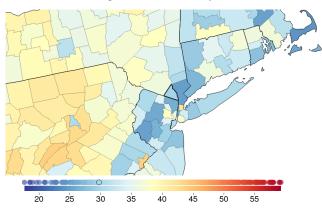
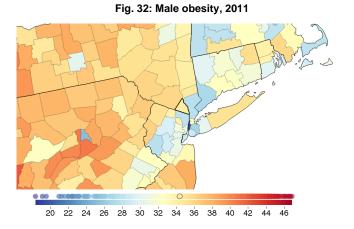


Fig. 31: Female obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Rockland</b> County	New York	National	National rank	% change 2001-2011
Female	51.0	50.8	52.6	1434	+11.0
Male	54.6	55.3	56.3	1318	-4.5

prevalence (%), age-standardized, 2011

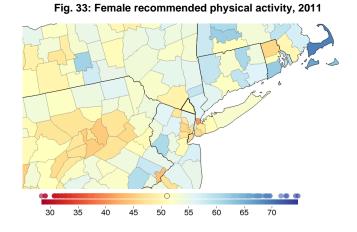
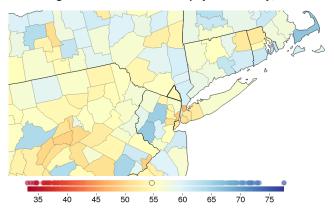


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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