## US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

## FINDINGS: LIFE EXPECTANCY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	77.3	81.2	81.5	2878	+0.0
Male	72.2	77.1	76.7	2707	+5.1

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 86
 88

Fig. 1: Female life expectancy, 2014

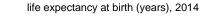
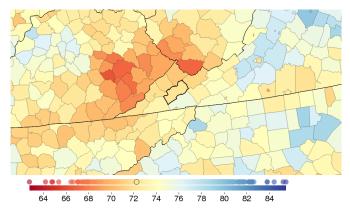


Fig. 2: Male life expectancy, 2014



# FINDINGS: ALL-CAUSE MORTALITY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	936.4	675.3	667.8	2948	+10.6
Male	1251.9	917.4	930.1	2701	-17.1

Fig. 3: Female all-cause mortality, 2014

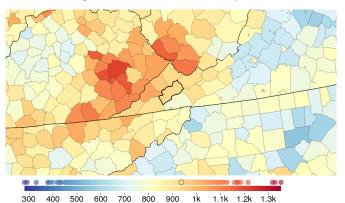
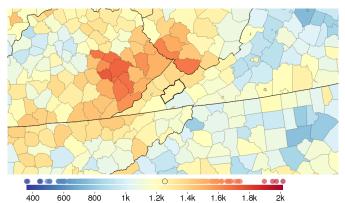


Fig. 4: Male all-cause mortality, 2014



# FINDINGS: ISCHEMIC HEART DISEASE

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	194.4	113.7	124.9	2843	-30.7
Male	269.7	172.6	191.5	2645	-47.2

rate per 100,000 population, age-standardized, 2014

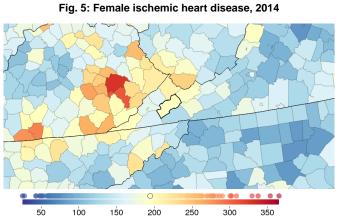
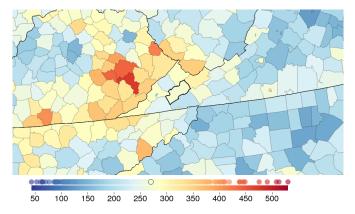


Fig. 6: Male ischemic heart disease, 2014



## FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	47.3	51.3	47.4	1074	-51.4
Male	47.0	52.9	48.8	984	-55.2

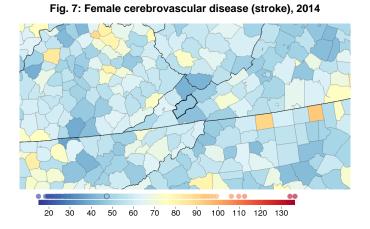
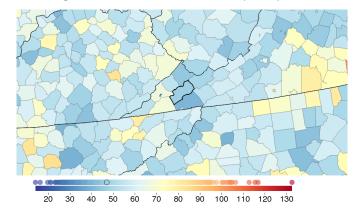
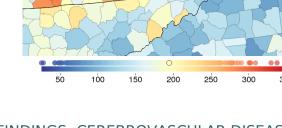


Fig. 8: Male cerebrovascular disease (stroke), 2014





## FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	63.3	44.7	43.8	2811	+113.2
Male	109.0	70.4	67.6	2688	-7.0

rate per 100,000 population, age-standardized, 2014

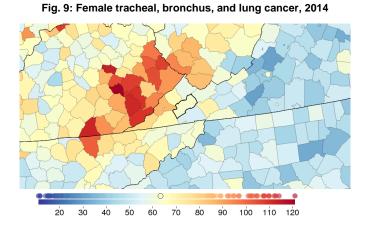
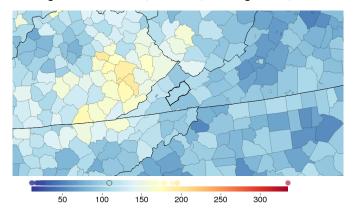


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014



#### FINDINGS: BREAST CANCER

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	30.3	27.6	25.9	2702	+3.0
Male	0.3	0.4	0.3	2183	+1.0

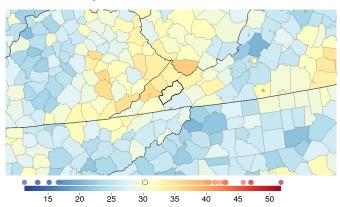


Fig. 11: Female breast cancer, 2014

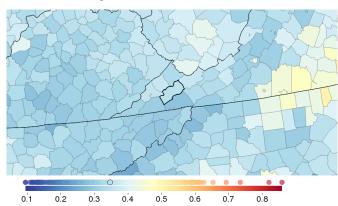


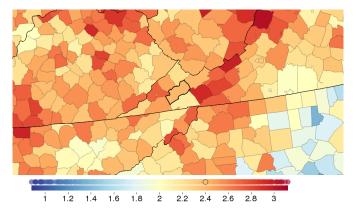
Fig. 12: Male breast cancer, 2014

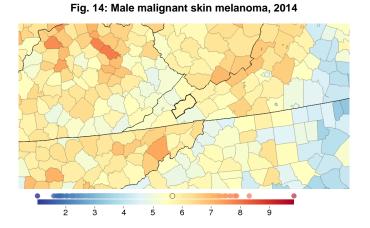
#### FINDINGS: MALIGNANT SKIN MELANOMA

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	2.4	2.0	1.9	2421	+2.5
Male	5.7	4.6	4.5	2448	+66.2

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014





## FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	68.1	52.5	49.6	2446	+72.7
Male	77.3	64.8	63.8	2207	+93.3

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

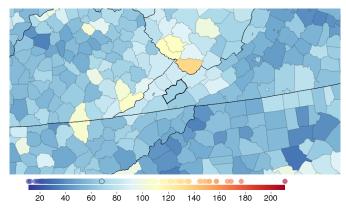
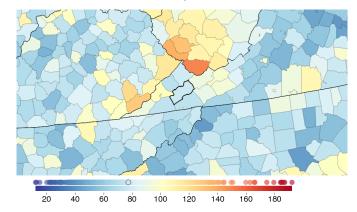


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014

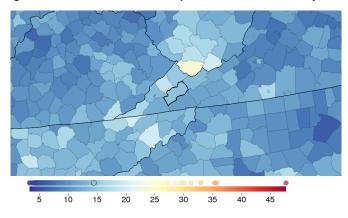


#### FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	<b>Russell</b> County	Virginia	National	National rank	% change 1980-2014
Female	14.4	8.6	9.0	2866	+34.4
Male	45.5	28.5	30.9	2733	-6.8

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014



FINDINGS: TRANSPORT INJURIES MORTALITY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	14.5	6.9	8.1	1806	-2.0
Male	32.7	17.3	19.8	1756	-24.2

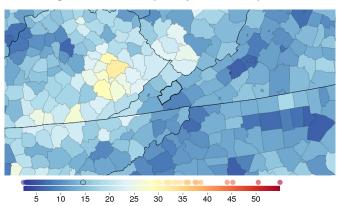
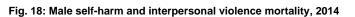
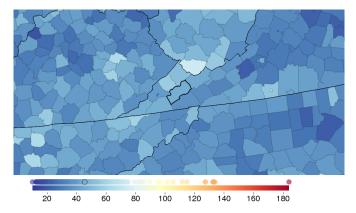
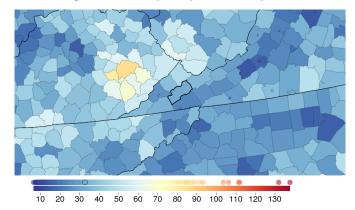


Fig. 19: Female transport injuries mortality, 2014









#### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

Sex	<b>Russell</b> County	Virginia	National	National rank	% change 1980-2014
Female	22.6	5.8	8.2	3075	+1737.2
Male	38.4	13.7	18.7	3049	+450.3

rate per 100,000 population, age-standardized, 2014



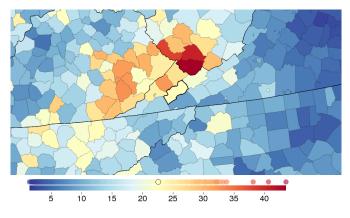
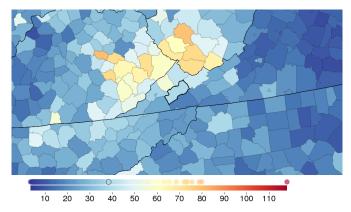


Fig. 22: Male mental and substance use disorders mortality, 2014

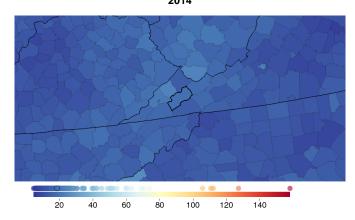


#### FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

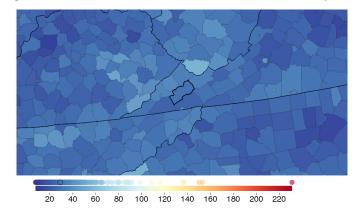
Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1980-2014
Female	18.5	10.8	11.8	2864	+105.2
Male	29.1	19.7	22.2	2508	+48.0

rate per 100,000 population, age-standardized, 2014

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014



#### Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

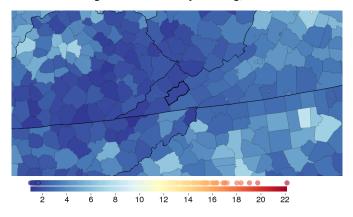


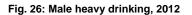
## FINDINGS: HEAVY DRINKING

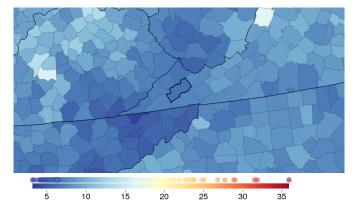
Sex	<b>Russell County</b>	Virginia	National	National rank	% change 2005-2012
Female	1.6	6.0	6.7	56	+22.4
Male	6.3	8.3	9.9	103	+40.4

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012







#### FINDINGS: BINGE DRINKING

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 2002-2012
Female	4.6	11.0	12.4	68	+13.0
Male	16.0	20.8	24.5	157	+10.4

prevalence (%), age-standardized, 2012

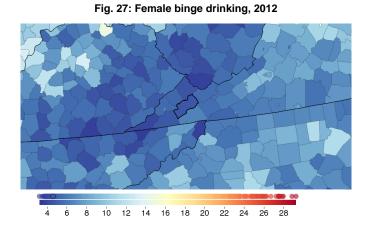
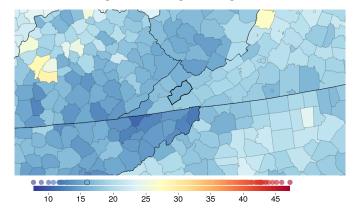


Fig. 28: Male binge drinking, 2012

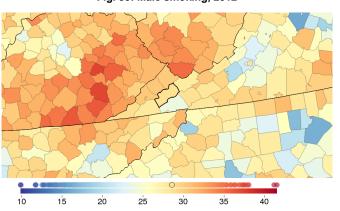


## FINDINGS: SMOKING

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 1996-2012
Female	27.5	17.7	17.9	2877	-3.8
Male	28.6	21.4	22.2	2336	-11.0

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012



## FINDINGS: OBESITY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 2001-2011
Female	40.8	36.2	36.1	2098	+23.2
Male	43.0	33.7	33.8	3053	+34.4

prevalence (%), age-standardized, 2011

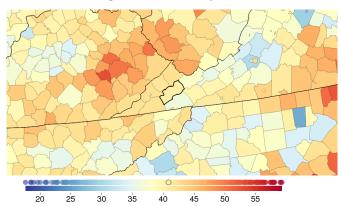


Fig. 31: Female obesity, 2011

Fig. 32: Male obesity, 2011

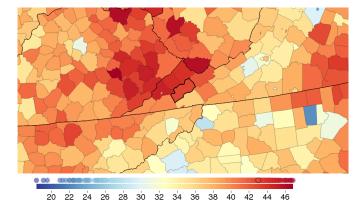


Fig. 30: Male smoking, 2012

#### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	<b>Russell County</b>	Virginia	National	National rank	% change 2001-2011
Female	41.9	53.6	52.6	2669	+18.9
Male	42.5	56.4	56.3	3000	-9.8

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

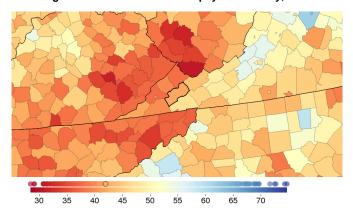
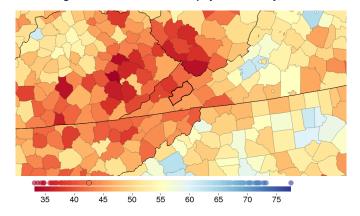


Fig. 34: Male recommended physical activity, 2011



#### **CITATION:**

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Institute for Health Metrics and Evaluation 2301 Fifth Ave., Suite 600 Seattle, WA 98121 USA Telephone: +1-206-897-2800 E-mail: engage@healthdata.org www.healthdata.org

