# COUNTY PROFILE: Saint Charles County, Missouri

### US COUNTY PERFORMANCE

The Institute for Health Metrics and Evaluation (IHME) at the University of Washington analyzed the performance of all 3,142 US counties or county-equivalents in terms of life expectancy at birth, mortality rates for select causes, alcohol use, smoking prevalence, obesity prevalence, and recommended physical activity using novel small area estimation techniques and the most up-to-date county-level information.

Explore more results using the interactive US Health Map data visualization (http://vizhub.healthdata.org/subnational/usa).

#### FINDINGS: LIFE EXPECTANCY

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+4.4	646	81.5	80.2	82.0	Female
+9.5	266	76.7	75.3	78.7	Male

life expectancy at birth (years), 2014

Fig. 1: Female life expectancy, 2014

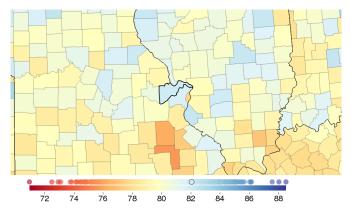
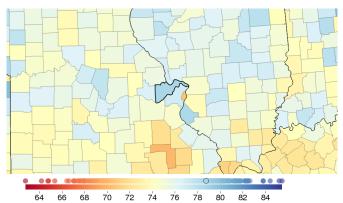


Fig. 2: Male life expectancy, 2014



## FINDINGS: ALL-CAUSE MORTALITY

% change 1980-2014	National rank	National	Missouri	<b>Saint Charles County</b>	Sex
-22.8	709	667.8	738.9	640.4	Female
-40.8	396	930.1	1038.3	833.1	Male

Fig. 3: Female all-cause mortality, 2014

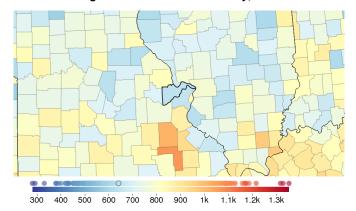
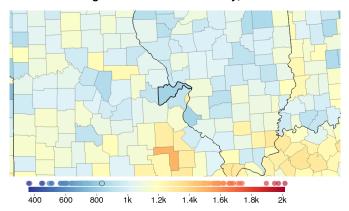


Fig. 4: Male all-cause mortality, 2014

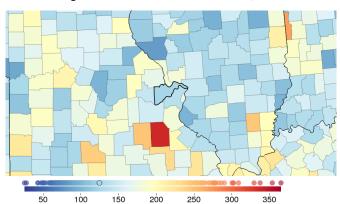


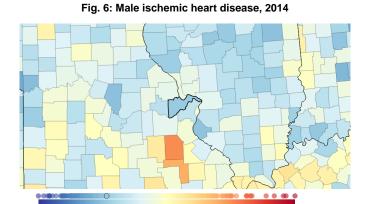
### FINDINGS: ISCHEMIC HEART DISEASE

Sex	Saint Charles County	Missouri	National	National rank	% change 1980-2014
Female	124.5	148.8	124.9	1307	-54.9
Male	172.3	227.9	191.5	747	-66.4

rate per 100,000 population, age-standardized, 2014

Fig. 5: Female ischemic heart disease, 2014





FINDINGS: CEREBROVASCULAR DISEASE (STROKE)

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
-49.2	310	47.4	54.1	38.8	Female
-53.0	573	48.8	54.8	42.9	Male

Fig. 7: Female cerebrovascular disease (stroke), 2014

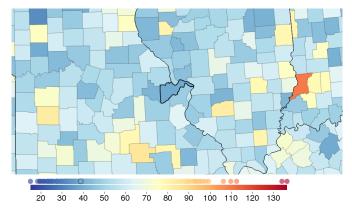
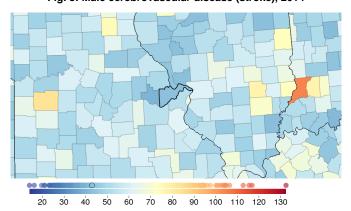


Fig. 8: Male cerebrovascular disease (stroke), 2014



# FINDINGS: TRACHEAL, BRONCHUS, AND LUNG CANCER

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+20.2	1480	43.8	52.7	47.0	Female
-37.8	1276	67.6	83.4	71.1	Male

rate per 100,000 population, age-standardized, 2014

Fig. 9: Female tracheal, bronchus, and lung cancer, 2014

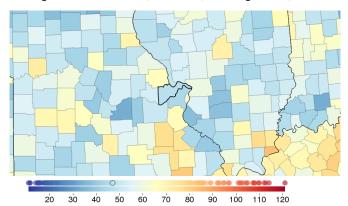


Fig. 10: Male tracheal, bronchus, and lung cancer, 2014

FINDINGS: BREAST CANCER

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
-29.7	1017	25.9	27.4	24.3	Female
-11.9	1679	0.3	0.3	0.3	Male

Fig. 11: Female breast cancer, 2014

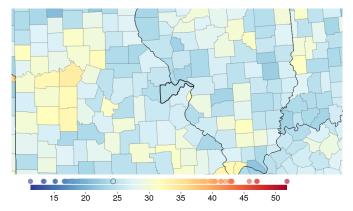
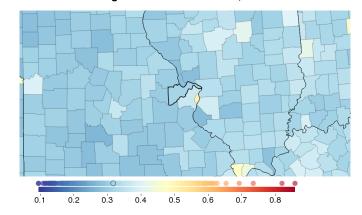


Fig. 12: Male breast cancer, 2014



## FINDINGS: MALIGNANT SKIN MELANOMA

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+5.0	1427	1.9	2.1	2.1	Female
+41.4	1507	4.5	5.2	4.8	Male

rate per 100,000 population, age-standardized, 2014

Fig. 13: Female malignant skin melanoma, 2014

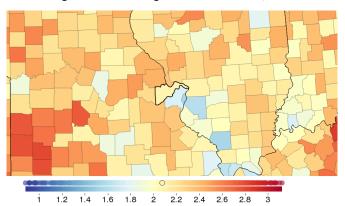
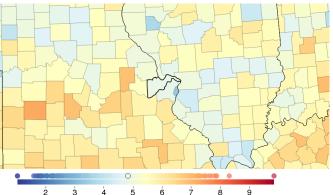


Fig. 14: Male malignant skin melanoma, 2014



# FINDINGS: DIABETES, UROGENITAL, BLOOD, AND ENDOCRINE DISEASES MORTALITY

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+22.6	353	49.6	51.7	38.6	Female
+14.5	396	63.8	66.1	50.3	Male

Fig. 15: Female diabetes, urogenital, blood, and endocrine diseases mortality, 2014

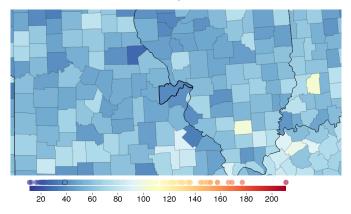
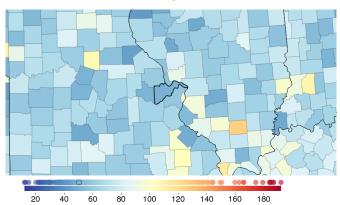


Fig. 16: Male diabetes, urogenital, blood, and endocrine diseases mortality, 2014



## FINDINGS: SELF-HARM AND INTERPERSONAL VIOLENCE MORTALITY

Sex	Saint Charles County	Missouri	National	National rank	% change 1980-2014
Female	7.5	10.3	9.0	716	-9.0
Male	23.5	37.7	30.9	457	-14.9

rate per 100,000 population, age-standardized, 2014

Fig. 17: Female self-harm and interpersonal violence mortality, 2014

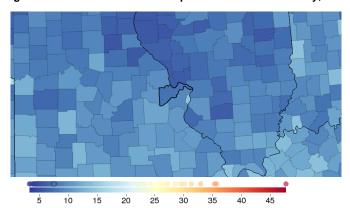


Fig. 18: Male self-harm and interpersonal violence mortality, 2014

FINDINGS: TRANSPORT INJURIES MORTALITY

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
-42.4	179	8.1	10.5	6.0	Female
-61.0	152	19.8	24.2	13.4	Male

Fig. 19: Female transport injuries mortality, 2014

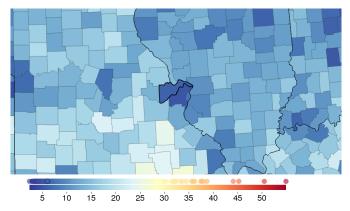
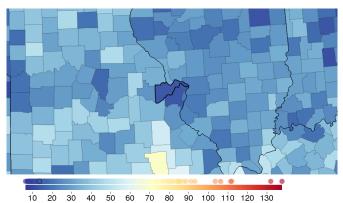


Fig. 20: Male transport injuries mortality, 2014



### FINDINGS: MENTAL AND SUBSTANCE USE DISORDERS MORTALITY

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+724.4	990	8.2	9.9	6.2	Female
+758.2	1358	18.7	21.1	14.3	Male

rate per 100,000 population, age-standardized, 2014

Fig. 21: Female mental and substance use disorders mortality, 2014

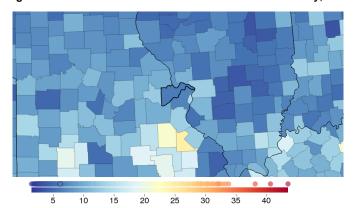


Fig. 22: Male mental and substance use disorders mortality, 2014

FINDINGS: CIRRHOSIS AND OTHER CHRONIC LIVER DISEASES MORTALITY

% change 1980-2014	National rank	National	Missouri	Saint Charles County	Sex
+18.5	275	11.8	10.8	8.4	Female
-18.3	185	22.2	20.9	12.6	Male

Fig. 23: Female cirrhosis and other chronic liver diseases mortality, 2014

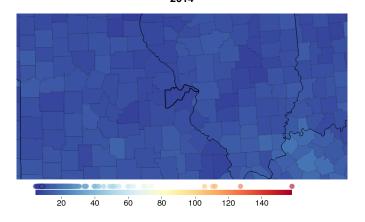
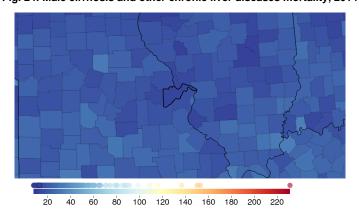


Fig. 24: Male cirrhosis and other chronic liver diseases mortality, 2014

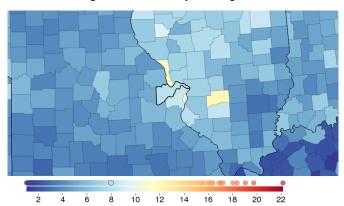


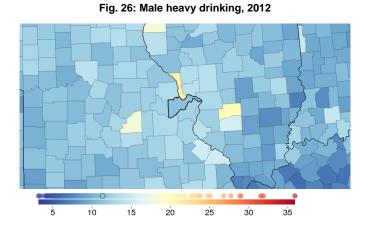
# FINDINGS: HEAVY DRINKING

Sex	Saint Charles County	Missouri	National	National rank	% change 2005-2012
Female	8.0	6.1	6.7	2588	+10.9
Male	11.3	11.5	9.9	2018	+14.8

prevalence (%), age-standardized, 2012

Fig. 25: Female heavy drinking, 2012





FINDINGS: BINGE DRINKING

% change 2002-2012	National rank	National	Missouri	Saint Charles County	Sex
+6.6	2838	12.4	12.8	17.3	Female
-7.4	2279	24.5	27.5	28.2	Male

prevalence (%), age-standardized, 2012

Fig. 27: Female binge drinking, 2012

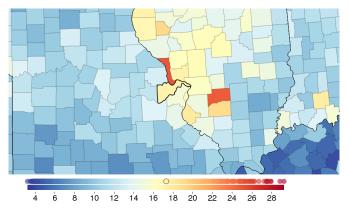
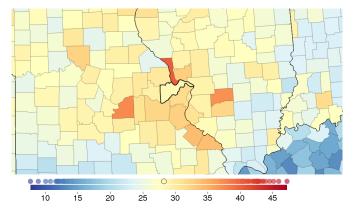


Fig. 28: Male binge drinking, 2012

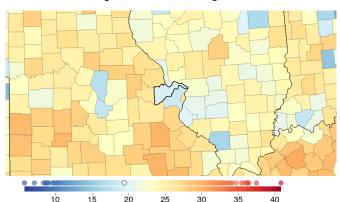


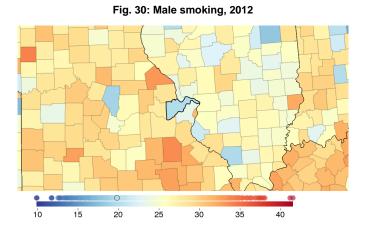
# FINDINGS: SMOKING

Sex	Saint Charles County	Missouri	National	National rank	% change 1996-2012
Female	19.4	23.1	17.9	876	-22.4
Male	19.8	26.5	22.2	248	-30.3

prevalence (%), age-standardized, 2012

Fig. 29: Female smoking, 2012





FINDINGS: OBESITY

% change 2001-2011	National rank	National	Missouri	Saint Charles County	Sex
+37.0	691	36.1	38.9	35.3	Female
+37.0	1362	33.8	36.6	36.9	Male

prevalence (%), age-standardized, 2011

Fig. 31: Female obesity, 2011

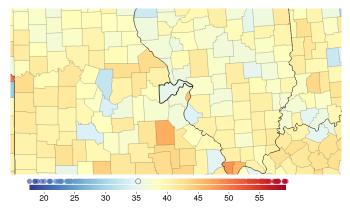
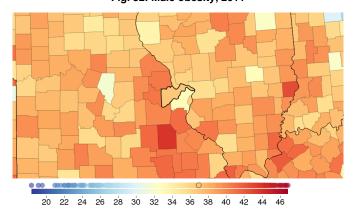


Fig. 32: Male obesity, 2011



### FINDINGS: RECOMMENDED PHYSICAL ACTIVITY

Sex	Saint Charles County	Missouri	National	National rank	% change 2001-2011
Female	55.0	50.3	52.6	741	+9.2
Male	52.7	53.6	56.3	1745	-15.1

prevalence (%), age-standardized, 2011

Fig. 33: Female recommended physical activity, 2011

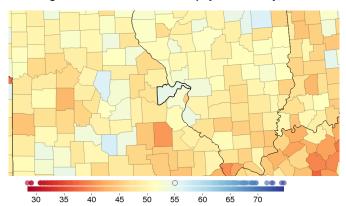


Fig. 34: Male recommended physical activity, 2011

# **CITATION:**

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